

HEALTHCARE MEDICAL CENTER

Dr. Robert Williams, M.D.

Endocrinologist

Medical License: ML-12345

123 Medical Plaza, Healthcare City

Phone: 555-0123

Date: January 15, 2024

Time: 10:30 AM

PATIENT INFORMATION:

Name : David Anderson

Age : 45 years

Gender : Male

Blood Group : O+

Patient ID : AND001

Weight : 85 kg

PRESCRIPTION:

Rx

1. Metformin 1000mg Tablets

Sig: Take one tablet twice daily with meals

Disp: #60 tablets

Refills: 2

2. Glimepiride 2mg Tablets

Sig: Take one tablet once daily before breakfast

Disp: #30 tablets

Refills: 2

VITALS:

Blood Pressure : 138/88 mmHg

Fasting Blood Glucose : 165 mg/dL

HbA1c : 7.8%

SPECIAL INSTRUCTIONS:

- Take medications at the same time each day
- Monitor blood glucose levels regularly
- Follow recommended diet plan
- Exercise moderately for 30 minutes daily
- Report any hypoglycemic episodes

Next Appointment: February 15, 2024

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Digitally Signed by

Dr. Robert Williams

Endocrinologist

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