

HEALTHCARE MEDICAL CENTER

Dr. Robert Williams, M.D.

Endocrinologist

Medical License: ML-12345

123 Medical Plaza, Healthcare City

Phone: 555-0123

Date: February 10, 2024

Time: 10:00 AM

PATIENT INFORMATION:

Name : Emma Anderson

Age : 12 years

Gender : Female

Blood Group : A+

Patient ID : AND004

Weight : 45 kg

PRESCRIPTION:

Rx

1. Multivitamin Tablets

Sig: Take one tablet daily with breakfast

Disp: #30 tablets

Refills: 2

2. Vitamin D3 1000 IU

Sig: Take one tablet daily

Disp: #30 tablets

Refills: 2

VITALS:

Blood Pressure : 110/70 mmHg

Fasting Blood Glucose : 95 mg/dL

HbA1c : 5.4%

SPECIAL INSTRUCTIONS:

- Regular exercise and balanced diet
- Annual diabetes screening
- Maintain healthy weight
- Report any symptoms of excessive thirst/urination
- Follow preventive care recommendations

Next Appointment: May 10, 2024

---

Digitally Signed by

Dr. Robert Williams

Endocrinologist

ML-12345