

HEALTHCARE MEDICAL CENTER

Dr. Robert Williams, M.D.

Endocrinologist

Medical License: ML-12345

123 Medical Plaza, Healthcare City

Phone: 555-0123

Date: January 28, 2024

Time: 09:45 AM

PATIENT INFORMATION:

Name : Michael Anderson

Age : 15 years

Gender : Male

Blood Group : O+

Patient ID : AND003

Weight : 58 kg

PRESCRIPTION:

Rx

1. NovoRapid (Insulin Aspart)

Sig: Inject as per sliding scale before meals

Disp: #3 pens (100 units/mL)

Refills: 3

2. Lantus (Insulin Glargine)

Sig: Inject 20 units subcutaneously at bedtime

Disp: #2 pens (100 units/mL)

Refills: 3

3. Glucose Test Strips

Disp: #200 strips

Refills: 3

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VITALS:

Blood Pressure : 118/76 mmHg

Fasting Blood Glucose : 210 mg/dL

HbA1c : 8.5%

SPECIAL INSTRUCTIONS:

- Check blood glucose 4-6 times daily
- Record all insulin doses and glucose readings
- Carry fast-acting glucose at all times
- Regular physical activity with glucose monitoring
- Contact immediately if blood sugar < 70 mg/dL

Next Appointment: February 11, 2024

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Digitally Signed by

Dr. Robert Williams

Endocrinologist

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