```sql
1  SELECT Food_Name, Calories FROM food WHERE calories < (SELECT calorie_count FROM customer WHERE customer_id = 0)
2  UNION
3
4  SELECT Food_Name, Calories FROM food NATURAL JOIN customer WHERE favorite_food = food_name;
5
```

100%   1:5

Result Grid   Filter Rows: Search   Export:

Food_Name	Calories
Sour cream dip	134
Ice cream, regular	267
Ice cream, rich	369
Soft serve ice cream	348
Ice cream bar, chocolate covered	169
Ice cream bar, chocolate covered	278
Ice cream sandwich	143
Light ice cream	216
Light soft serve ice cream	221
Light ice cream sandwich	130
Light ice cream bar	153
Light fudgesicle	122
Sherbet	278
Sherbet	95
Low fat, low sugar ice milk	153
Cheese (cheddar, Swiss)	114
Cheese (cheddar, Swiss)	69
Feta or goat cheese	99
Feta or goat cheese	100

```sql
1   SELECT spl.split_id, COUNT(spl.split_id)
2   FROM Customer cu NATURAL JOIN Splits spl
3   GROUP BY spl.split_id
4   HAVING COUNT(spl.split_id) > 1
5   ORDER BY spl.split_id asc
6
7   Limit 15;
```

100%   41:1

Result Grid   Filter Rows: Search   Export: Fetch rows:

split_id	COUNT(spl.split_...
2	2
3	3
4	4
5	2
6	3
9	2
10	3
16	2
25	2
29	2
35	4
40	2
42	2
43	2
49	2

DDL COMMANDS:
DROP TABLE IF EXISTS 'Food'
CREATE TABLE Food (name varchar,
                                   'calories' int,
                                   'servings' int,
                                   PRIMARY KEY ('name'),
                                   );

DROP TABLE IF EXISTS 'Equipment'
CREATE TABLE Equipment ('name' varchar,
                                        'type' varchar,
                                        PRIMARY KEY ('name')
                                        );

DROP TABLE IF EXISTS 'Customer'
CREATE TABLE Customer (customer_id int,
                                       'height' int,
                                       'weight' int,
                                       'name' string,
                                       'age' int,
                                       'goal' varchar,
                                       'calorie_count' int,
                                       'split_id' int,
                                       PRIMARY KEY ('customer_id'),
                                       FOREIGN KEY ('name') REFERENCES
'Food'(name)
                                       );

DROP TABLE IF EXISTS 'Splits'
CREATE TABLE Split ('split_id' varchar,
                                  'workout1' varchar,
                                  'workout2' varchar,
                                  'workout3' varchar,
                                  'workout4' varchar,
                                  'workout5' varchar,
                                  'workout6' varchar,
                                  'workout7' varchar,
                                  PRIMARY KEY ('split_id'),

```sql
                                    FOREIGN KEY ('workout1') REFERENCES
'Workouts'('workout_name'),

                                    FOREIGN KEY ('workout2') REFERENCES
'Workouts'('workout_name'),

                                    FOREIGN KEY ('workout3') REFERENCES
'Workouts'('workout_name'),

                                    FOREIGN KEY ('workout4') REFERENCES
'Workouts'('workout_name'),

                                    FOREIGN KEY ('workout5') REFERENCES
'Workouts'('workout_name'),

                                    FOREIGN KEY ('workout6') REFERENCES
'Workouts'('workout_name'),

                                    FOREIGN KEY ('workout7') REFERENCES
'Workouts'('workout_name')

                                    );

DROP TABLE IF EXISTS 'WORKOUTS'
CREATE TABLE Workouts ('workout_name' varchar,
                                    'muscle_group' varchar,
                                    'sets' int,
                                    'weight' int,
                                    'reps' int,
                                    'equipment_name' varchar,
                                    PRIMARY KEY ('workout_name'),
                                    FOREIGN KEY ('equipment_name')
REFERENCES 'Equipment'('equipment_name')
                                    );
```