Mechanisms of Polymorphic and Metamorphic Viruses

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Abstract— Malware has been generally accepted as one of the top security threats to computer systems around the globe. As malware evolves at a tremendous pace and demonstrates new ways to exploit, infect and victimize the computer systems of enterprises and businesses, remaining economically viable is becoming increasingly difficult. The new trends of malware development are focused on the use of complex and sophisticated code to obstruct analysis as well as spoofing contemporary antivirus scanners. Polymorphic and metamorphic viruses use the obfuscation techniques to obstruct deep static analysis and defeat dynamic emulators. Malware may also employ metamorphismbased methods, including encryption and decryption engines, multi-packer, garbage code insertion, instruction permutation, code transformation, anti-debugging and virtual machine, registry modification and polymorphic engines. The structural mechanisms of both polymorphic and metamorphic viruses will be presented and discussed in this paper. Finally, the new complex computer viruses such as W32/Fujacks and W32/Vundo were researched as well.

Keywords-polymorphism, metamorphism, obfuscation, garbage, permutation, decyptor and encryptor, structure

I. INTRODUCTION (HEADING 1)

A computer virus is a (hidden) program, which invades your computer; much like a biological virus that invades a living cell. A computer virus contains code that has the potential to cause damage and/or perform unwanted/unauthorized functions. Computer viruses have impacted a significant number of computers worldwide over the past few years [1, 2]. One of the most important factors is how to detect complex computer viruses. However, to date, the structures of sophisticated viruses are still unclear and ambiguous.

Contradictory results have been reported for detectable and undetectable computer viruses. The fact that there are no algorithms that can perfectly detect all possible viruses implies that there are computer viruses which no algorithm can detect [3, 22]. In addition, research has also demonstrated that modeling of polymorphic shellcode is intractable by known methods, including both statistical constructs and string signatures [4]. New polymorphic and metamorphic techniques make it more difficult to analyze malware. Existing malware detection techniques based on instruction-level comparison have relatively high miss rates in detecting obfuscated

polymorphic and metamorphic malware [5-9]. Many researchers have attempted to detect these complex viruses using dynamic emulator methodologies [10]. Current dynamic analysis methods include registry monitor, API call monitor, file monitor, process monitor, behavior monitor and network monitor [11-13]. A dynamic analysis emulator will execute concurrently with the instrument program and operating system on the same platform. Due to this requirement, it is not always possible to implement a dynamic analysis approach due to scalability issues and /or the analysis environment. New trends on multiple malware research involve machine learning and classification approaches [14-17]. Unfortunately, the mechanisms of polymorphic and metamorphic viruses were not researched in detail by these research works. Others also depicted the normal characteristics of polymorphic and metamorphic viruses with obfuscation, garbage insertion, permutation, polymorphism and metamorphism techniques without directing their efforts to defining structural characteristics [18, 19]. Hence, to-date, the mechanisms of polymorphic and metamorphic viruses have not been fully explained and evaluated yet.

This paper investigates and presents the structural mechanisms of polymorphic and metamorphic viruses with obfuscation, garbage insertion, instruction permutation, code transformation, encryptor, decyptor, polymorphism and metamorphism techniques, as well as methodologies of metamorphic and polymorphic viruses working and evolving. The work was carried out in collaboration with a commercial virus company using static and dynamic analyses for complex computer viruses. The virus algorithms were evaluated to determine their structural models. We derive our motivation from the challenge of successfully modeling these complex computer viruses. Finally, two typical polymorphic and metamorphic viruses are presented with empirically determined structures to clarify how complex computer viruses work, evolve, and replicate themselves.

II. MECHANISM OF POLYMORPHIC VIRUS

A polymorphic virus is a computer virus which is capable of mutating itself when it replicates, making it more difficult to identify with antivirus software. It is a sophisticated type of virus that can wreak havoc on a computer system while



avoiding detection. Polymorphic viruses can mutate their decyptors to a large number of different instances that take millions of different form. More sophisticated mutation engines are also used to generate several billions of different decryption routines [18, 20, 21]. Existing polymorphism techniques typically employ two ways of disguising code. The first rewrites the code each time so that it differs syntactically, but retains the same operational semantics. The other approach is to self-cipher; polymorphism is obtained by randomizing the order of these ciphers and using different keys.

A. Polymorphic Engine

A polymorphic engine (called mutation engine or mutating engine) is a computer program that can transform another program into a version that consist of different code with the same functionality by encrypting the target program via different keys and providing a decryption module that can vary widely. The first released polymorphic engine was written by a Bulgarian virus writer nicknamed Dark Avenger.

The mutation engine works in the following way:

push [ebp+var_xx] ; *outBuf (EDI),

call GetSizeOfCode ;

push ebx ; sizeOfCode

call SeekStartOfVirus

push ebx ; *inBuf (ESI)

call MetaEngine cmp ebx, 0 jz short EngineFailed

The input buffer is a pointer to the virus code in the *inBuf, the output buffer is a polymorphic decryption routine with an encrypted virus body in the *outBuf, sizeOfCode is the size of the encrypted virus code. Where ebp and ebx are the general registers to initial the base address for the buffer.

B. Polymorphic Encryptors

Simple encryption:

"XOR", "ADD", A becomes B, B becomes C, C becomes
 D, where A, B, C, D are the viral encrypted codes

Advanced encryption

 XYZ, X is encrypted by A, Y is encrypted by B, Z is encrypted by C.

Long character key for the encryption, decrypt the code with another long key (the key is hard to guess)

 WVYYX, key is ABCD, Encrypt W with A, V with B, first Y with C, next Y with A, X with B.

Mutation encrypt is a multiple encrypt method. The code is encrypted again with the same or a different key.

Transposition encrypt is definitely weak because a random key could construct the original opcode.

C. Polymorphic Decryptors

All ciphering algorithms are not equivalent. Some behave like an XOR with a short key and is easy to decrypt. Another well-

tested algorithm is the Random Decryption Algorithm (RDA), in which there is no way to retrieve the key.

The weak crypto:

- Deterministic RDA: the computation time is always the same (W32/Crypto)
- Non-deterministic RDA: the computation time cannot be guessed (W32/IHSix)

The strong crypto:

- A deciphering function D gathers the information needed to compute the key and decipher the corresponding code.
- Encrypted code EVP₁ (key k₁) contains all the antiviral mechanisms.
- Encrypted code EVP₂ (key k₂) is in charge of the infection and polymorphism/metamorphism mechanisms.
- Encrypted code EVP₃ (key k₃) contains all the optional payloads.

Pseudo-random generation algorithm (PRGA):

• The PRGA modifies the state and outputs a byte of the key stream. In each iteration, the PRGA increments *i*, adds the value of S pointed to by *i* to *j*, exchanges the values of S[*i*] and S[*j*], and then outputs the element of S at the location S[*i*] + S[*j*] (modulo 256). Each element of S is swapped with another element at least once every 256 iterations [22]

It is perfect and used in the virus of W32/Crypto.

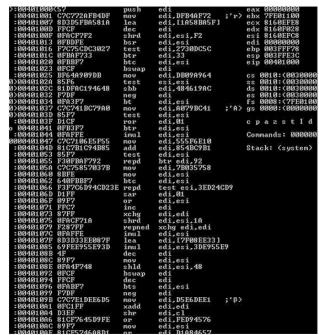


Figure 1. Demo of Entry Point Obfuscation

III. MECHANISM OF METAMORPHIC VIRUS

A metamorphic virus is capable of rewriting its own code with each infection, or generation of infection, while maintaining the same functionality [19]. Metamorphic code is code that can reprogram itself. Often, it does this by translating its own code into a temporary representation, editing this representation and rewriting itself back to normal codes [27].

A. General Obfuscation

Code obfuscation techniques are exploited by polymorphic and metamorphic viruses to hide their behavior from antivirus scanners. Due to the reversal protection benefits, several obfuscation techniques have been developed and investigated to generate different computer virus forms via garbage insertion, code transformation, and registry modification etc. Some methods manipulate the aggregation of control or data, while others affect the ordering. Garbage code insertion is a simple technique used by metamorphic and polymorphic engines to change the byte sequence of viral code. They insert code with no effect or function like NOP codes and/or other complex codes that are presented in the literal of the viral Darwinism of W32. Evol as follows:

MOV r32, [ebp+Random8]

- MOV r32, Random32
- OP r32, Random32; OP = ADC/ADD/AND/OR/SBB/SUB/XOR
- MOV RandomReg8, Random8

Instruction transformation: actual transformations performed by the metamorphic engine on itself are as follows:

B9 00 10 00 00 mov ecx, 1000h

Transformed to:

B9 10 B2 00 3C mov ecx, 3C00B210h

81 C1 F0 5D FF C3 add ecx, 0C3FF5DF0h; ecx = 1000h

B. Entry Point Obfuscation (EPO)

Entry Point Entry Obfuscation (EPO) is a technique used by malware authors to dissuade AV scanners from investigating the files that have been infected. For a virus to activate and acquire control, it needs to place itself within the line of execution. Traditionally this was done by changing the entry point into the target executable to first point to the virus code, which will presumably, at some point, release control back to the host executable. EPO-enabled malware will patch the target executable somewhere in the middle of its execution train with jmp/call instructions and receive control that way [28]. By doing this, EPO will fool the AV scanner that looks for a modified entry point as part of its heuristics engine, as shown in Fig.1. At entry point (EP) with address 401000, the viral codes are obfuscated with different and complex transformation EDI instructions. Some instructions are abnormal with infrequent usage in normal files as bswap and repned. These are generated by the metamorphic engine to get more forms but with no effect on real file execution. These instructions are inserted after push instructions, so we assume that registers will be modified later on. Hence, it is difficult for anti-virus researchers to capture them via a single signature.

C. Code Transposition – W32/Vundo

Code transposition can modify the structure of a program at the instruction or module level by physically recoding it, while reversing/altering the execution flow using conditional jumps or unconditional branches as shown in Fig.2 with the W32/Vundo virus. The W32/Vundo engine will generate instructions that are not reliant upon the original code, and of which, the functionality is essentially "do-nothing". However, these instructions actually do alter the original code flow as they are random and inserted in the gap places of jump flows. The control flow methods are used in this kind of viruses with jmp flows [24, 25, 26]. The generation of W32/Vundo virus looks like this:

Push ecx; Entry Point, instructions modified in following insertion $\mbox{\it Jmp}$ instruction $\mbox{\it I}$

instruction1; Garbage codes insertion eg Nop and/or other transformations Jmp instructions2

instructions2

Jmp instructions n

Entropy Data; Packed data, compressed data or encrypted data

The measurement of randomness or unpredictability in an event sequence or series of data value was investigated to distinguish between normal files and abnormal files [5]. But it is feasible to absolutely determine the entropy data, which can minimize both false positives and false negatives.

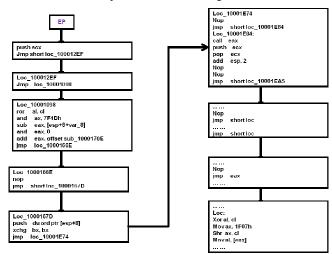


Figure 2. Instruction Permutation and Transpoistion

D. Host Code Mutation

A metamorphic engine is used to transform executable (binary) code. The behavior of such an engine varies from virus to virus, but many elements remain the same. A metamorphic engine has to implement some sort of an internal disassembly in order to parse the input code. After disassembly, the engine will transform the program code and produce new code that retains its functionality and yet looks different from the original code. The virus body will not only mutate itself in new generations, but it also mutates the code of the host. To do this, the virus uses a randomly executed codemorphing routine.

E. Anti-Debugging

Anti-debugging techniques are ways for a program to defend itself if it runs under control of a debugger. They are used by commercial executable protectors, packers and malicious software to prevent or slow-down the process of reverse-engineering. The following morph codes appeared in the Evol virus with a breakpoint over its mutation codes. If the engine finds a breakpoint on debugging, it will jump to the following routine that will result in a crash.

AntiDebug:

cmp byte ptr [ebx+7], 0BFh; are we in kernel mode?

inz short ret AntiDebug

mov ecx, 1000h ; counter = 1000h

mov edi, 40000000h or edi, 80000000h

add edi, ecx ; edi = C0001000hrep stosd ; copy bytes to [edi]

ret AntiDebug:

retn ; this will result in a crash

F. W95 / Zmist Code Integration

W95/Zmist was written by Zombie, a Russian legal polymorphic and metamorphic virus writer. It is also an advanced metamorphic virus with entry point obfuscation, polymorphic decryptor, anti-heuristics, and code integration techniques. The following are characteristics of this virus.

- Entry point obscuring virus
- Randomly use an additional polymorphic decryptor
- Code integration technology
- Mistfall engine it is capable of decompiling portable executable files to its small elements
- Regenerate code and data references, including the relocation information and rebuild the executable
- Insert jump instructions after every single instruction of the code section
- Perfect anti-heuristics virus: Instead of alerting infected codes directly by making the section writable, an anti-heuristic trick is used for decrypting the virus codes.
- Reliable

W32/Zmist virus implemented an even more sophisticated technique, named *code integration* by the researcher Peter Ferrie and Peter Szor, which has never been seen in any previous virus [29]. Zmist's engine can decompile portable executable (PE) files to their smallest elements, requiring 32MB of memory. Then, the virus moves code blocks out of the way, inserts itself into the block, regenerates codes and data references, and rebuilds the execution as shown in Fig.3. Code integration and morphing techniques are presented and exploited by metamorphic and polymorphic viruses in the form of cavity infection, multi-packers, payload, and stealth etc.

IV. METHODOLOGY OF W32/FUJACKS

W32/Fujacks is a variant of metamorphic virus, which is famous for the panda icon after infection. This virus is written

by a 25-year old, believed to be "WhBoy", the infamous nickname that is embedded in most variants of W32/Fujacks.

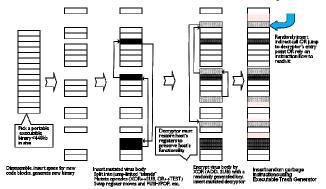


Figure 3. Zmist decompiling PE file and integrating codes

A. Mechanism of W32/Fujacks

Fujacks is also another advanced metamorphic virus with morphing techniques. It has been propagated in the wild in china. The characteristics are as follows:

- Entry point obfuscation (EPO): Advanced obfuscation viral codes are inserted after the PUSH instructions to emulate later in other forms.
- Garbage code insertion: they strength their effects on the seldom usage instructions and registers modification technique to the junk codes insertion.
- Instruction permutation: Instructions are permutated after the PUSH EDI instructions.
- Register randomization (EDI, and ESI): The other forms have different obfuscated codes based on the random registers changed.
- Anti-debugger
- Anti-Virtual Machine
- Internally packed: The packer are organized and hidden in the obfuscated codes to avoid the deep unpacking.

Algorithmic Decompression: a typical algorithm is generated to decompress the files, then infecting all the packing or compressed files. Fig.4 shows the structural model of the structure of Fujacks virus with extra/additional poly instructions, encrypted data, decryption engine and infected files. The infector virus concludes four elements (PE header, Poly instructions, Encrypted data, Decryption engine). In poly instructions part, the complex transformation EDI instructions are inserted after the entry point PUSH instructions, which modify registers in the later emulation forms with the entry point obfuscation technique. The junk codes are inserted after the entry point with PUSH EDI instruction. Below the junk codes and poly instructions element, the encrypted data is packed with the multi-packers, which is restored in the data section. The packer is included in the deception engine element with PUSHAD instructions, which encrypt the main viral codes internally. The encryptor and decryptor engines are also packed in the complex codes. After decrypting the viral codes, Fujacks runs to infect the host files and makes more multi-vector threats. The infected files are shown in blue with the MZ label.

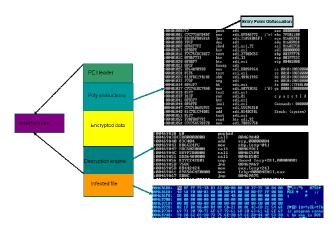


Figure 4. Structure of W32 / Fujacks

B. Attacking approach

Fujacks doesn't raise an alert to the entry point of the host. Instead it appends itself to the code. They are multi-vector threats, usually including an aggressive downloader that updates itself frequently. They can infect both executable and non-executable files over insecure media such as open network shares and USB drives, thus slipping through the cracks of loosely managed IT policies. Once successful, trusted media files can be further infected with malicious code or hyperlinks through PE file infection, web-based exploits over HTML or media files targeted against dispatched and vulnerable applications. The characteristics are as follows:

- File size: 173,580 bytes
- A variant of metamorphic virus
- Infect the PE, Compress files (.RAR.ZIP et al) and possibly HTML files with malicious hyperlinks of windows ANI 0-day exploit
- Upon execution. It drops itself (TXPlatform.exe) and infected files (regedit.exe)
- Create Desktop_1.ini: Located in infected folder and tag the infected data-detected as W32/Fujacks.remnants virus (McAfee)
- Autorun worm virus
- Infected type: Pre-pending

Fig.5 shows a typical process of virus infection and execution on the host files to illustrate how Fujacks works and evolves. There are three types of infecting methodology (pre-pending, appending, and cavity). Cavity is more complex than others but Fujacks just uses pre-pending method to infect all possible host files without internal codes changing. Fujacks makes more obfuscation on the entry point, packing itself with multipackers. Firstly, it runs itself on the entry point obfuscation viral codes to defeat the reversing and detection; meanwhile, other mechanisms are exploited to anti debugging and anti virtual machine running the codes. While unpacking main functional codes that is loaded in the data section, it will drop another similar malicious code and attach itself to the host PE header. It will infect all files launched on all the folders, decomposing files, downloading viral codes, updating itself,

hyper linking malicious URL on HTML and updating itself until all the folders are labeled with desktop.ini.

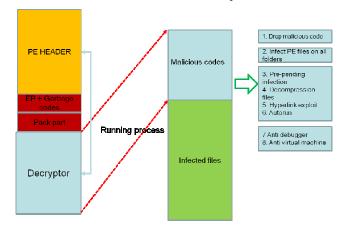


Figure 5. Infecting and Executing of W32 / Fujacks

V. CONCLUSION

In this paper, we present the mechanisms of polymorphic and metamorphic viruses with more complex polymorphism and metamorphism techniques like encryptor and decryptor, entry point obfuscation, general obfuscation, anti-debugger, code integration, code transposition, host code mutation, polymorphic and metamorphic engines etc. A novel mechanism of Fujacks virus is presented to demonstrate the methodology of how the morphing viruses work and construct themselves to defeat scanners and deep reversing. The polymorphic and metamorphic creations will come very close to the concept of a theoretically undetectable virus. In future, we will pay more attention to the detection of these morphing codes, saying no to the virus writers and stepping ahead of them once again.

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