

## **Week – 8 Summary and Learning**

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### **Video – 1 :-**

- In this TEDx talk, "The Way of Improvisation," Dave Morris champions the power of spontaneity, flexibility, and creativity in both personal and professional contexts. He argues that by embracing improvisation, individuals can not only navigate unexpected challenges with grace but also foster deeper connections, collaborate more effectively, and spark innovative ideas.
- Morris emphasizes that improvisation is not just about making things up on the spot. It's about cultivating a mindset of openness, adaptability, and embracing the unknown. By letting go of rigid plans and preconceived notions, we can respond to situations with agility and resourcefulness. This, in turn, can lead to more meaningful interactions, creative problem-solving, and a greater sense of freedom and empowerment.
- Ultimately, Morris encourages us to view improvisation as a tool for personal growth and professional success. By practicing the art of improvisation, we can develop the skills to think critically, communicate effectively, and build stronger relationships.
- Whether it's a spontaneous conversation, a sudden change in plans, or a challenging work project, improvisation can help us navigate life's uncertainties with confidence and creativity.

### **Video – 2 :-**

- The aim of the video is “To Examine the Link between creativity and time”. They went out and found the world’s most talented people. Then they asked them to complete the drawing in just 10 seconds.
- The Limited time was only enough for the first idea. Then they asked to complete the same drawing in 10 mins.
- As a result they found that Creativity is not inspired by the pressure of time but by the freedom , the playfulness.