



JMV CELEBRATES JEEVAN VIGYAN DIWAS

JMV organized a session on 'Jeevan Vigyan' on the occasion of Jeevan Vigyan Diwas on 22.11.18.

It is celebrated every year on Kartik Shukla Triodashi to commemorate the conferring of Mahapragya Upadhi to Muni Natmal by Jain Acharya Sh. Tulsi.

Students of classes VI- IX and XI participated in this session conducted by Ms Suman. They enthusiastically learnt the fundamentals of Jeevan Vigyan and performed many asnas and exercises.