

Hypoglycemia Unawareness Survey

1. Select the category that best describes you: (check one only) [LowBGSympCat](#)

- ☐ I always have symptoms when my blood sugar is low
- ☐ I sometimes have symptoms when my blood sugar is low
- ☐ I no longer have symptoms when my blood sugar is low

2. Have you lost some of the symptoms that used to occur when your blood sugar was low? [LowBGLostSymp](#)

- ☐ Yes ☐ No

3. In the past six months how often have you had moderate hypoglycemia episodes? [ModHypoEpPast6Mon](#)

(Episodes where you might feel confused, disoriented, or lethargic and were unable to treat yourself)

- ☐ Never
- ☐ Once or twice
- ☐ Every other month
- ☐ Once a month
- ☐ More than once a month

4. In the past year how often have you had severe hypoglycemic episodes?

[SevHypoEpPastYear](#)

(Episodes where you were unconscious or had a seizure and needed glucagon or intravenous glucose)

- ☐ Never ☐ 1 time ☐ 2 times ☐ 3 times ☐ 4 times
- ☐ 5 times ☐ 6 times ☐ 7 times ☐ 8 times ☐ 9 times

☐ 10 times ☐ 11 times ☐ 12 or more times

5. How often in the last month have you had readings <70 mg/dL with symptoms? [Bel70PastMonWSymp](#)

☐ Never ☐ 1 to 3 times ☐ 1 time/week ☐ 2 to 3 times/week
☐ 4 to 5 times/week ☐ Almost daily

6. How often in the last month have you had readings <70 mg/dL without any symptoms? [Bel70PastMonNoSymp](#)

☐ Never ☐ 1 to 3 times ☐ 1 time/week ☐ 2 to 3 times/week
☐ 4 to 5 times/week ☐ Almost daily

7. How low does your blood sugar need to go before you feel symptoms?
[FeelSympLowBG](#)

☐ 60-69 mg/dL ☐ 50-59 mg/dL ☐ 40-49 mg/dL ☐ <40 mg/dL

8. To what extent can you tell by your symptoms that your blood sugar is low?
[ExtentSympLowBG](#)

☐ Never ☐ Rarely ☐ Sometimes ☐ Often ☐ Always