

## Blood Glucose Attitudes Scale

**1. I would rather deal with hypoglycemic episodes (low blood glucose) than with blood glucoses that are too high. [DealHypoEp](#)**

☐ 1 - Strongly disagree

☐ 2 - Disagree

☐ 3 - Neutral

☐ 4 - Agree

☐ 5 - Strongly agree

**2. I would rather undertreat hypoglycemic episodes (low blood glucose) than risk high blood glucose numbers later. [UndertreatHypo](#)**

☐ 1 - Strongly disagree

☐ 2 - Disagree

☐ 3 - Neutral

☐ 4 - Agree

☐ 5 - Strongly agree

**3. I am concerned that even one or two high blood glucose readings could cause damage to my body. [HighBGDamage](#)**

☐ 1 - Strongly disagree

☐ 2 - Disagree

☐ 3 - Neutral

☐ 4 - Agree

☐ 5 - Strongly agree

**4. I am concerned that frequent hypoglycemic episodes (low blood glucose) could cause damage to my body. [FreqHypoDamage](#)**

☐ 1 - Strongly disagree

☐ 2 - Disagree

☐ 3 - Neutral

☐ 4 - Agree

☐ 5 - Strongly agree

**5. I am more worried about the dangers of high blood glucose than about the dangers of low blood glucose. [DangersHighBG](#)**

☐ 1 - Strongly disagree

☐ 2 - Disagree

☐ 3 - Neutral

☐ 4 - Agree

☐ 5 - Strongly agree

**6. Responding to high blood glucose numbers. How high would your blood glucose need to be before you would typically take action to bring it down?**  
\_\_\_\_\_ mg/dl

[HighBGLevTakeAction](#)

**7. Responding to low blood glucose numbers. How low would your blood**

**glucose need to be before you would typically take action to bring it up?**

\_\_\_\_\_ mg/dl

**LowBGLevTakeAction**

**8. What is your (not necessarily your health care provider's) current A1C goal?**

\_\_\_\_\_ %

**PtCurrA1cGoal**