# Asaf S. Mazar

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University of Southern California | Department of Psychology 3620 South McClintock Ave., Los Angeles, CA 90089 USA

### **Education**

Expected 2022 Ph.D., Social Psychology

University of Southern California Advisor: Dr. Wendy Wood

2017 - 2019 M.A., Psychology

University of Southern California

Thesis: "Illusory Motives, Elusive Habits: Lay Theories of Everyday Behavior"

Advisor: Dr. Wendy Wood

2013 - 2016 B.A., Psychology and English Literature (*cum laude*)

Ben-Gurion University of the Negev (Israel)

Senior thesis (Psychology): "The Effects of Construal Level and Task Complexity

on Underestimation of Task Completion Times"

Senior thesis (Literature): "His thoughts were not his thoughts": Interrelated

Selfhood in Thomas Mann's The Magic Mountain"

### **Employment**

2019 – Research assistant

University of Southern California

CDC inGear Prediabetes Prevention Initiative

2019 - 2019 Behavioral Scientist (summer internship)

Catalyst Behavioral Sciences

2016 - 2017 Project Assistant

University of Southern California, Psychology Department

With Dr. Wendy Wood

2015-2016 Research Assistant

Ben-Gurion University of the Negev, Psychology Department

2014-2016 Research Assistant

Ben-Gurion University of the Negev, Glazer School of Management

### **Publications**

**Mazar, A.,** Wood, W. (2018). Defining Habit. In B. Verplanken & S. Orbell (eds.), *The Psychology of Habit*. London, UK: Springer.

# **Submitted Manuscripts**

Haran, U., Moran, S., **Mazar, A.**, Hurwitz, M. (under review). Functional Overconfidence: When (and Why) Advisors Express Overconfidence.

**Mazar, A.,** Wood, W. (under review). Illusory Motives, Elusive Habits: Lay Theories of Everyday Behavior.

**Mazar, A.,** Itzchakov, G., Lieberman, A., Wood, W. (under review). The Unintentional Nonconformist: Habits Promote Resistance to Social Influence.

**Mazar, A.,** Wood, W., Tomaino, G., Carmon, Z. (under review). Sustaining Sustainability: Lessons from the Psychology of Habits.

Wood, W., Mazar, A., Neal, D., (under review) Habits: Not Goal-Driven, Sometimes Goal-Directed.

# **Manuscripts in Preparation**

Mazar, A., Wood, W. Expected and Experienced Reward in Gym Habit Formation.

#### **Conference Presentations**

- 2020 **Mazar, A.,** Wood, W. (February 2020) Illusory Motives, Elusive Habits: Lay Theories of Everyday Behavior. Motivation preconference to the annual meeting of the Society for Personality and Social Psychology, New Orleans, Louisiana, United States.
- Mazar, A., Wood, W. (April 2019) Misattribution in Lay Theories of Automatic Behavior. USC mHealth Collaboratory, Los Angeles, California, United States.
- 2019 **Mazar, A.,** Wood, W., Lieberman, A., Itzchakov, G. (February 2019) Unintentional Determination: when Habits Override Social Influence. Annual meeting of the Society for Personality and Social Psychology, Portland, Oregon, United States.
- 2018 **Mazar, A.,** Wood, W., Lieberman, A., Itzchakov, G. (July 2019) Unintentional Determination: When Habits Override Social Influence. The Ohio State Symposium on Social Psychology, Columbus, Ohio, United States.

#### **Poster Presentations**

- 2020 **Mazar, A.,** Wood, W. (February 2020). Illusory Motives, Elusive Habits: Lay Theories of Everyday Behavior.
- 2019 **Mazar, A.,** Wood, W. (February 2019). Misattribution in Lay Theories of Automatic Behavior. Annual meeting of the Society for Personality and Social Psychology, Portland, Oregon.
- 2018 Haran, U., **Mazar, A.**, Moran, S., & Hurwitz, M. (November 2018). Functional Overconfidence: When (and why) Advisors Express Overconfidence. Annual meeting of the Society for Judgment and Decision Making, New Orleans, Louisiana.

#### **Awards and Funding**

University of Southern California, Psychology Department Research Grant, 2019 University of Southern California, Psychology Department Travel Grant, 2019 Society for Personality and Social Psychology Graduate Travel Award, 2019 University of Southern California, Summer Grant Writing Workshop Grant, 2018 University of Southern California, Psychology Department Research Grant, 2018 University of Southern California, Psychology Department Travel Grant, 2018

### **Conferences Organized**

2017 Science of Habits. Catalina Island, California. University of Southern California.

# **Teaching**

University of Southern California, Psychology Department Teaching Fellowship Experimental Research Methods, Fall 2019 Statistics, Spring 2019 Non-experimental Research Methods, Fall 2018

University of Ben-Gurion, Department of Linguistics and Foreign Literatures, Teaching Assistant Survey of American Literature, Spring 2016

University of Ben-Gurion Tutelage Program, Individual Tutor Inferential Statistics, 2015-2016 Cognitive Psychology, 2016

#### **Professional associations**

Society for Personality and Social Psychology

#### **Research Interests**

Habit; Behavior Change; Automatic Processes; Lay Theories