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Liz Murray: Homeless to Harvard



Personality

The life of Liz Murray is one of extraordinary tenacity and tenacity. She endured unspeakable adversity yet never gave up on her goals. As a homeless teen, Liz persisted with unflinching determination and wouldn't give up hope. Her extraordinary strength and bravery are on full display as she pursues her goals without hesitation. Liz's unshakeable attitude serves as an example of the strength that comes from conquering challenges and is an encouragement to all.



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Cognition

Liz Murray's story shows us how our perceptions of ourselves and others can be influenced by our past experiences. Growing up in poverty, Liz often saw herself as not smart or capable enough to succeed. However, her mother's death from AIDS sparked a desire in Liz to make something of herself and change her perception.

Liz's perception of others was also shaped by her experiences with violence and drug addiction in her neighborhood. However, as she gained opportunities and encountered people willing to help, her perception of others began to change.

Despite the challenges, Liz maintained a positive attitude and demonstrated compassion towards others who were struggling. Her resilience and determination were key factors in her success and serve as an inspiration to many.

Emotion

Liz's emotions in "Homeless to Harvard" through Paul Ekman's seven basic emotions:

- 1) Happiness/Joy
- 2) Sadness
- 3) Fear
- 4) Disgust
- 5) Anger
- 6) Surprise
- 7) Contempt

Determination is also a prominent emotion exhibited by Liz throughout the film, driving her to overcome challenges and pursue her dream of attending Harvard University.

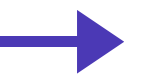


Emotional state

Elizabeth Murray, the main character of "Homeless at Harvard," goes through many different emotions, including sadness, loneliness, fear, stress, and hope. She is able to deal with these emotions in a healthy way, and she ultimately achieves her goal of graduating from Harvard.

Elizabeth demonstrates a high level of emotional intelligence (EI). She is self-aware, self-regulating, motivated, empathetic, and socially skilled. These qualities help her to overcome the challenges she faces in her life.

Elizabeth's story shows that emotional intelligence can help you achieve your goals, even when things are tough. If you want to be successful, it is important to develop your EI. There are many resources available to help you do this.





Social environment/ communication: How do family, friends and social environment impact Liz Murray's personal growth?

Liz Murray's personal growth is influenced by her family, friends, and social environment. Her family's drug addiction has a negative impact on her life, but her relationship with her sister provides her with love and support. Her high school teacher and friends at the homeless shelter also provide her with guidance, support, and encouragement. Liz's resilience and determination inspire others to believe in themselves and to pursue their own dreams. Her experiences with homelessness and poverty shape her views on helping others. She recognizes the importance of community and helping those in need.



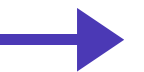
What do you think is Liz Murray's aim, motive and motivation for life according to a movie?

Liz Murray is a living example that no matter what challenges we face, we can overcome them if we have the determination and the will to succeed. She grew up in poverty and homelessness with drug-addicted parents, but she never gave up on her dreams. She was determined to get an education and build a better life for herself.



Components of mind

Liz Murray was born into poverty and raised by drug-addicted parents. She was homeless for a time and often went to bed hungry. Despite these challenges, she never gave up on her dreams. She worked hard in school and eventually got accepted to Harvard University. She graduated from Harvard in 2009 and is now a successful author and motivational speaker. Her story is an inspiration to us all, showing that we can overcome any challenge if we have the determination and the will to succeed.



What are your conclusions after watching the movie? What do you think is the meaning of the film?

Liz Murray was homeless and raised by drug addicts. She was able to overcome these challenges and graduate from Harvard University. Her story is an inspiration to us all, showing that we can overcome any challenge if we have the determination and the will to succeed.



Psychology can help us understand the personality of individuals like Liz Murray. By studying developmental psychology, social psychology, personality psychology, abnormal psychology, and cognitive psychology, we can gain insights into how her early experiences, social interactions, unique strengths and vulnerabilities, mental health, and cognitive processes shaped her life journey.

Did psychology class help you understand Liz Murray's personality?

