

1      **Mechanistic Modeling of IgG4-related Disease Informs**  
2      **Disease Pathogenesis and Therapeutic Targets**

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32 **ABSTRACT**

33 **Objectives**

34 Immunoglobulin G4-related disease (IgG4-RD) is a rare systemic inflammatory  
35 condition with limited treatment options. We aimed to develop a mechanistic model  
36 of the circulating immune system for IgG4-RD to inform therapeutic targets.

37 **Methods**

38 Peripheral blood was collected from eight IgG4-RD patients and nine controls, and  
39 analyzed by flow cytometry, serum cytokine proteomics, and single-cell RNA  
40 sequencing. Differential cells, cytokines and cell-cell interactions, along with literature  
41 knowledge were integrated to construct a model topology of IgG4-RD and derive  
42 ordinary differential equations. Using the maximum likelihood approach, the model  
43 was fitted to multi-omic data to infer interaction kinetics, yielding a calibrated model.  
44 *In silico* perturbations were then performed by varying the model parameters to  
45 identify immune components and interactions with the greatest impact on reversing  
46 disease hallmarks, potentially serving as therapeutic targets.

47 **Results**

48 Multi-omic measurements revealed characteristic changes of IgG4-RD, including  
49 elevated plasma cells, reduced naïve CD4<sup>+</sup> T cells, and enhanced expression and  
50 signaling of IL-4, IL-6, and TGF-β. Fitting our IgG4-RD disease model to the multi-omic  
51 measurements, we obtained 15 distinct parameter sets, each representing a possible  
52 set of interaction kinetics under healthy homeostasis and IgG4-RD. *In silico*  
53 perturbations indicated that therapies targeting B cells, IL-4, and IFN-γ could  
54 ameliorate the disease. Furthermore, our model supports potential therapeutic  
55 targeting of disease-associated genes discovered in other studies, as exemplified by  
56 KZF1 and UBR4.

57 **Conclusions**

58 Our mechanistic model of IgG4-RD highlights essential immune components for  
59 disease pathology and provides a quantitative framework to systematically assess the  
60 effects of potential therapeutic targets.

61

62 **KEYWORDS**

63 Immunoglobulin G4-related disease, IgG4-RD; multi-omics; mechanistic modeling; in  
64 silico perturbation; target identification

65 **ABBREVIATION**

Act CD4	active CD4 <sup>+</sup> T cells
Act B	active B cells
BIC	Bayesian Information Criteria
CBC	complete blood count
CD16NKs	CD16 <sup>+</sup> natural killer cells
CM	central memory
CRP	C-reactive protein
CTLs	CD4 <sup>+</sup> cytotoxic T lymphocytes
DCs	dendritic cells
e-GFR	estimated glomerular filtration rate
EM	Effector memory
ESR	erythrocyte sedimentation rate
FYN	FYN Proto-Oncogene, Src Family Tyrosine Kinase
GM-CSF	granulocyte-macrophage colony-stimulating factor
HC	healthy controls
HSPC	hematopoietic stem progenitor cells.
IFN- $\gamma$	interferon gamma
Ig	serum immunoglobulin
IgE	immunoglobulin E
IgG4	immunoglobulin G4
IgG4-RD	immunoglobulin G4-related disease
IKAROS	effector memory
IL	interleukin
iT <sub>reg</sub>	induced regulatory T cells
mDC	myeloid dendritic cells
mono	monocyte
MSD	Meso Scale Discovery
naïve NKs	naïve natural killer cells
naïve CD4	naïve CD4 <sup>+</sup> T cells
nDC	naïve dendritic cells
nT <sub>reg</sub>	natural regulatory T cells
NK	natural killer cells
NKT	natural killer T cells
ODE	ordinary differential equation
PBMC	peripheral blood mononuclear cells
PCA	principal component analysis

pDC	plasmacytoid dendritic cells
scRNA-seq	single-cell RNA sequencing
TCR	T Cell Receptor
TD-Plasma cell	T-dependent plasma cells
TEM	CD8 <sup>+</sup> effector memory T cells
T <sub>FH</sub>	T follicular helper
TGF- $\beta$	transforming growth factor beta
T <sub>H</sub> 2	T helper 2 cells
TI-Plasma cell	T-independent plasma cells
TRDV1	T cell receptor delta variable 1
TRDV2	T cell receptor delta variable 2
T <sub>reg</sub>	regulatory T cells
TWEAK	TNF-related weak inducer of apoptosis
UBR4	E3 ubiquitin-protein ligase
UMAP	uniform manifold approximation and projection
VEGI	vascular endothelial growth inhibitor

67 **INTRODUCTION**

68 Immunoglobulin G4-related disease (IgG4-RD) is a recently recognized rare systemic  
69 fibroinflammatory condition with an estimated prevalence rate of 0.78-1.39 per  
70 100,000 person-years [1][2][3]. The afflicted patients exhibit elevated serum IgG4  
71 concentrations [4] and the affected organs often display lymphoplasmacytic infiltrates,  
72 storiform fibrosis, obliterative phlebitis, and mild to moderate eosinophilia, which can  
73 lead to highly destructive conditions [5]. Its diagnosis requires combining  
74 histopathological analysis via biopsy, blood tests to assess IgG4 antibodies, and  
75 exclusion of other conditions.

76 The hallmarks of IgG4-RD include plasma cells, CD4<sup>+</sup> cytotoxic T lymphocytes (CTLs),  
77 T follicular helper (T<sub>FH</sub>) cells, regulatory T cells (T<sub>reg</sub>), M2 macrophages, upregulation of  
78 Th2 cytokines, as well as elevated serum levels of IgG4 and IgE [5-8]. Current  
79 treatments for IgG4-RD rely on steroids to suppress immune responses, which often  
80 lead to side effects and relapses [9]. The discovery that B cells play a central role in  
81 IgG4-RD has encouraged monoclonal antibody trials to target B cell surface proteins,  
82 such as rituximab for CD20 and inebilizumab for CD19 [10-13]. Recently, inebilizumab  
83 became the first approved drug for IgG4-RD by the U.S. Food and Drug Administration.

84 Numerous recent studies utilized single-cell RNA sequencing (scRNA-seq)  
85 technologies to investigate IgG4-RD, confirming a significant increase in IgG4-secreting  
86 plasma cells [14-18]. In the tissue lesions, specific lymphocyte subsets were discovered,  
87 such as TOP2A-expressing T and B cells; furthermore, communications between  
88 myeloid and lymphoid cells were enhanced [15]. While these studies unveiled disease  
89 features, key questions remain, such as what additional cell types are involved and  
90 how cells and cytokines interact to drive disease progression. Understanding the  
91 disease mechanism is essential for developing targeted therapies, a crucial step  
92 towards improved patient outcomes.

93 Mechanistic modeling refers to the construction of mathematical representations  
94 of biological systems grounded in underlying biological processes. These models  
95 facilitate dynamic simulation of pathological processes, enabling prediction of disease  
96 progression, identification of key drivers, and rational design of therapeutic  
97 interventions [19]. For example, mechanistic modeling has been instrumental in  
98 predicting treatment response and optimizing therapeutic interventions for  
99 rheumatoid arthritis and inflammatory bowel disease [20, 21]. Here, we employ multi-  
100 omic measurements, disease biology, and ordinary differential equation (ODE)-based  
101 modeling techniques to develop a mechanistic model of IgG4-RD ([Figure 1](#)). Our model  
102 delineates a disease network that captures complex interactions among essential  
103 immune cell populations, cytokines, and cell-cell communications. It recapitulates the

104 effects of existing therapies, such as rituximab and inebilizumab, and provides a  
105 quantitative framework for discovering novel targets with therapeutic potential.

106 **METHODS**

107 **Study ethics**

108 This study was performed in accordance with the Declaration of Helsinki and approved  
109 by the Research Ethics Committee at Peking University International Hospital (ethics  
110 approval number: 2023-KY-0035-02). All patients provided written informed consent.

111 **Patient recruitment and sample collection**

112 Eight treatment-naïve IgG4-RD patients (4 males, 4 females, aged 39-72 years) were  
113 enrolled from Peking University International Hospital, Peking University People's  
114 Hospital, and Peking Union Medical College Hospital. They were surveyed for medical  
115 history, physical examination, as well as imaging, laboratory, and pathological  
116 evaluations ([Table 1](#), [Supplementary Table 1](#)). Nine healthy individuals (3 males, 7  
117 females, aged 51-62 years) were also recruited. Peripheral blood was collected for  
118 further measurements ([Supplementary Table 2](#)).

119 **Immune profiling by flow cytometry**

120 Eleven immune cell populations were measured by flow cytometry (Beckman DxFLEX  
121 instrument), namely granulocytes, monocytes, dendritic cells (DCs), B cells, natural  
122 killer cells (NKs), natural killer T cells (NKTs), and the following T cell subsets, CD4<sup>+</sup> T  
123 cells, CD8<sup>+</sup> T cells, regulatory T cells (T<sub>reg</sub>), naïve CD8<sup>+</sup> T cells, and naïve CD4<sup>+</sup> T cells.  
124 The antibody markers are provided in [Supplementary Table 3](#), and gating strategies  
125 are displayed in [Supplementary Figure 1](#). Software Flowjo (V.10.8.1) was used for  
126 analysis. Concurrently, the total count of white blood cells (number/ml) in the  
127 peripheral blood was measured by Dymind 5-Part Auto Hematology Analyzer  
128 DH56CRP.

129 **Cytokine profiling by MSD proteomics**

130 A total of 40 serum cytokines were quantified by Meso Scale Discovery (MSD) enzyme-  
131 linked immunoassays, according to manufacturer's guidelines (MSD SQ120MM  
132 instrument). The premixed antibodies listed in [Supplementary Table 4](#). The plates  
133 were immediately analyzed on an. The MSD Discovery Workbench software was used  
134 to establish a standard curve and conduct data analysis. Non-detectable values were  
135 imputed by 0.1\*lower limit of detection (LLOD).

136 **Single-cell RNA sequencing and quality control**

137 scRNA-seq was performed on peripheral blood mononuclear cells (PBMCs) derived  
138 from the IgG4-RD patients. Briefly, 5 ml of peripheral blood was drawn and PBMCs  
139 were collected. After determining their concentration and viability, cells were loaded  
140 onto the 10X Genomics Chromium for on-machine and library construction.  
141 Sequencing was performed on the Illumina NovaSeq X Plus platform. Raw sequences  
142 were processed using the Cell Ranger software (V.6.0.2, 10x Genomics) and aligned to  
143 the reference genome GRCh38-2020-A. For healthy controls, single-cell transcriptome  
144 of PBMCs derived from healthy individuals with matching age, sex, and ethnicity as the  
145 case group were obtained from public datasets, with the GEO accession numbers listed  
146 in [Supplementary Table 5](#).

147 Cells detected with < 200 genes, and genes expressed in < 3 cells were filtered out.  
148 For each sample, cells with > 10% transcripts mapping to the mitochondrial genes, or  
149 cells with a unique feature count distributed in < 2.5% or > 97.5% in all cell populations  
150 were removed. All mitochondrial genes were removed. Finally, 18,884 genes  
151 expressed in both the patient group and the healthy control group were preserved.

## 152 **Clustering and annotation of single cells**

153 The single-cell transcriptome from all samples were merged in Seurat [22] (V.4.1.1) into  
154 a combined dataset. Log-normalization was applied to the expression values. The top  
155 2,000 highly variable genes were identified, scaled and centered, followed by  
156 dimensionality reduction via principal component analysis (PCA). Harmony [23]  
157 package (V.0.1.0) was then applied to the PCA embeddings for batch correction. The  
158 top 30 Harmony-corrected principal components were selected for cell clustering using  
159 Seurat's shared nearest neighbor (SNN) graph construction and the Louvain algorithm.  
160 For cell type annotation, reference labels from a publicly available PBMC single-cell  
161 transcriptome dataset [24] were transferred using Seurat's FindTransferAnchors and  
162 TransferData functions. Annotation results were validated with the automatic  
163 annotation tool SingleR (V.1.8.1) and cross-checked with canonical marker genes.

## 164 **Detection of cell-cell communications**

165 CellChat [23] (V.1.5.0) was used to assess the global communications among cells and  
166 quantify the intercellular communication networks. The normalized expression matrix  
167 was loaded into CellChat. The CellchatDB.human reference database was used for  
168 setting the secreted signaling pathways.

## 169 **Construction of the disease model topology**

170 The topology of the IgG4-RD disease model was informed by essential cell types,  
171 cytokines, and inter-cellular interactions detected by our multi-omic measurements.  
172 Additionally, critical cell-cell and cell-cytokine interactions were sourced from the

173 IgG4-RD literature and the ImmunoGlobe database were incorporated into the model.  
174 Based on this topology, an ODE model was developed using the dMod package [24] to  
175 describe the interaction dynamics in IgG4-RD. Inter-cellular interactions were modeled  
176 by mass action kinetics and Hill kinetics [25]. Mass action kinetics described processes  
177 such as cellular differentiation and cytokine production, while the Hill kinetics  
178 characterized the activating or inhibiting roles of cytokines in cellular interactions.  
179 Detailed mathematical formulas are provided in the [Supplementary Note](#).

180 **Estimation of model parameters**

181 Model parameters were estimated by fitting the ODE model to the multi-omic data  
182 obtained from both patients and healthy controls. A maximum-likelihood approach  
183 implemented through a multi-start gradient-based optimization algorithm in the  
184 dMod package was employed. Specifically, cell abundances and cytokine  
185 concentrations simulated by the model were fitted to the population counts and ratios  
186 obtained from flow cytometry and scRNA-seq, as well as cytokine levels measured by  
187 MSD proteomics.

188 The multi-omic measurements from the patients were assumed to represent the  
189 disease steady state, whereas those from healthy controls reflected the healthy steady  
190 state. The model structure and parameters were held constant across both states,  
191 except for specific interactions listed in [Supplementary Table 6](#), which, as informed by  
192 disease biology, represented alterations in immune interactions associated with IgG4-  
193 RD. A key distinction between the two states was the recognition of a self-antigen,  
194 which reflects the autoimmune nature of IgG4-RD. Furthermore, the healthy state was  
195 treated as the initial condition for the disease model.

196 Given the high number of model parameters relative to the multi-omic data,  
197 uncertainty in the estimated parameter values was anticipated. To address this, an  
198 ensemble approach was employed to infer multiple parameter sets that provided an  
199 acceptable fit to the multi-omic data. Using a threshold of 10 in Bayesian Information  
200 Criteria (BIC) differences, 15 unique parameter sets were accepted for the ODE model,  
201 resulting in 15 instances of the calibrated model.

202 **Sensitivity analysis**

203 The sensitivity analysis was performed by systematically altering each model  
204 parameter across all 15 parameter sets with several orders of magnitude. For each  
205 hallmark, the parameters associated with largest changes were identified, indicating  
206 the impactful cells and cytokines as potential therapeutic targets.

207 ***In silico* perturbation**

208 *In silico* perturbation was performed on the calibrated disease model. Model  
209 parameters corresponding to each target were altered by several magnitudes of fold-  
210 changes (with log10 fold-change ranging from -1.1 to 9) to ensure robustness. Changes  
211 in disease hallmarks, in response to various target perturbations, were quantified as  
212 the relative post-treatment variation from baseline disease-state levels.

213 **Statistical analysis**

214 Mann Whitney U test was used to compare quantitative measurements in the patients  
215 against the healthy controls, e.g., cell populations derived from flow cytometry or  
216 cytokine levels derived from MSD proteomics.  $P < 0.05$  was considered statistically  
217 significant. Data were analyzed with GraphPad Prism 10.0.2.

218 **Data availability statement**

219 Expression matrix of the scRNA-seq have been uploaded to GSA (GSA ID:  
220 PRJCA042846). Other data are available upon reasonable request.

221 **RESULTS**

222 **Circulating immune cells in IgG4-RD patients**

223 We utilized flow cytometry to measure populations and states of circulating immune  
224 cells in five IgG4-RD patients and nine healthy controls ([Supplementary Figure 1](#),  
225 [Supplementary Tables 2 & 3](#)). Among the 11 measured immune cell types, modest  
226 changes were observed for three cell types in the patients: DCs and naïve CD4<sup>+</sup> T cells  
227 were decreased, and monocytes were increased ([Figure 2A](#)). The reduction of naïve  
228 CD4<sup>+</sup> T cells confirms the findings of a previous study [26].

229 **Circulating cytokines in IgG4-RD patients**

230 A total of 40 cytokines were measured by MSD proteomics platform in seven IgG4-RD  
231 patients and eight healthy donors ([Supplementary Tables 2 & 4](#)). In the patients, the  
232 concentration of interleukin (IL)-7 was significantly decreased, whereas those for IL-1,  
233 IL-4, IL-6, IL-10, IL-12p70, and IL-15 were increased ([Figure 2B](#)). Therein, the increase  
234 of IL-4 was the most significant ( $p=0.002$ ). While some of these cytokines (IL-4, IL-6,  
235 and IL-10) were known to change in IgG4-RD [27], to our knowledge, others (IL-7, IL-1,  
236 IL-12p70 and IL-15) are reported for the first time.

237 **Altered cell types and cell-cell communications in IgG4-RD**

238 We performed scRNA-seq on PBMCs from eight IgG4-RD patients. For comparison,  
239 single-cell transcriptome of PBMCs from six healthy controls were obtained from  
240 public datasets, matching our IgG4-RD patients on age, sex, and ethnicity [28-30]  
241 ([Supplementary Table 5](#)). Following stringent batch correction, quality control and

242 data integration, 24 cell clusters were annotated and compared [31] ([Figure 3A-B](#),  
243 [Supplementary Figure 2](#)).

244 The key metrics informed by the single-cell transcriptome for mechanistic  
245 modeling were cell proportions and cell-cell communications. Consistent with  
246 previous reports, the proportions of CD16<sup>+</sup> NK cells and plasma cells were increased in  
247 the patients [17, 32] ([Figure 3C](#)). Furthermore, naïve CD4<sup>+</sup> T cells and TRDV1  $\gamma\delta$ T cells  
248 were reduced, with the former also captured in our flow cytometry measurement.  
249 Leveraging these measurements, we computed ratios of several essential cell types,  
250 including pDC/mDC, CD56<sup>+</sup>NK/CD16<sup>+</sup>NK, memory-B/naïve-B, and plasma-cells/naïve-B  
251 ([Figure 3D](#)). Meanwhile, a dramatic shift of cell-cell communications was detected  
252 under IgG4-RD. Both incoming and outgoing signals were strengthened in CD16<sup>+</sup> NK  
253 cells, CD14<sup>+</sup> monocytes, CD8<sup>+</sup> effector memory T cells (T<sub>EM</sub>), and TRDV2  $\gamma\delta$ T cells  
254 ([Figure 3E](#)). IL-4, IL-6, and IFN- $\gamma$  were enhanced in the patients compared to the  
255 controls ([Figure 3F](#)), correlating to our MSD proteomic measurements. Unique  
256 signaling molecules were identified, such as the disease-specific TWEAK/TNFSF12  
257 signaling in CD14<sup>+</sup> monocytes and the healthy control-specific VEGI/TNFSF15 signaling  
258 in CD4<sup>+</sup> T<sub>EM</sub> cells ([Supplementary Figure 3](#)). Several other immune factors displayed  
259 notable changes in IgG4-RD, e.g., galectin that mediates both innate and adaptive  
260 immune responses [34], annexin that modulates stress and inflammatory responses  
261 [35], the C-C motif chemokine ligand (CCL), and IL-2 that regulates CD4<sup>+</sup> T cell  
262 differentiation, T<sub>reg</sub> functions, and CD8<sup>+</sup> T cell functions [36] ([Supplementary Figure 4](#)).

263 Taken together, the single-cell measurements suggest that under IgG4-RD, CD16<sup>+</sup>  
264 NK cells were increased in both proportion and inter-cellular signaling; CD4<sup>+</sup> naïve cells  
265 were decreased; numerous other cell types, including CD14<sup>+</sup> monocytes, CD4<sup>+</sup> T<sub>EM</sub>,  
266 CD8<sup>+</sup> T<sub>EM</sub>, and  $\gamma\delta$ T cells, were not changed in proportion but their inter-cellular  
267 signaling were enhanced; and the hallmark cytokines for inflammation including IL-4,  
268 IL-6, and IFN- $\gamma$ , were increased in both expression and inter-cellular signaling.

## 269 **Modeling the immune regulation for IgG4-RD**

270 We leveraged these multi-omic measurements, along with established IgG4-RD  
271 pathophysiology and the canonical immunological reactions, to construct a disease  
272 model for IgG4-RD (Methods). Our model is a complex network comprised over 30  
273 essential immune cells and cytokines, as well as more than 100 parameters modeled  
274 by ODE to describe the interaction kinetics ([Figure 4, Supplementary Note](#)). The key  
275 immune cells include **NK cells** (CD56<sup>+</sup> NK and CD16<sup>+</sup> NK), **DC cells** (naïve DC, myeloid  
276 DC and plasmacytoid DC), **B cells** (naïve and active B, T cell-dependent plasma and T  
277 cell-independent plasma), and **T cells** (naïve CD4<sup>+</sup> T, active CD4<sup>+</sup> T, natural T<sub>reg</sub>, induced  
278 T<sub>reg</sub>, cytotoxic CD4<sup>+</sup> T, T<sub>FH</sub>, and T<sub>H2</sub> cells). Essential cytokines include **interleukins** (IL-1,

279 IL-4, IL-6, IL-7, IL-10, IL-12, IL-15, IL-33), TGF- $\beta$ , IFN- $\gamma$ , and GM-CSF. Notably, the ODE  
280 representations were fit with our multi-omic measurements to derive calibrated  
281 model parameters. After assessing thousands of parameter sets, 15 top-performing  
282 parameter sets that best aligned with multi-omic measurements were identified,  
283 forming 15 calibrated instances of the disease model for IgG4-RD (Supplementary  
284 Figure 5, Supplementary Table 7). Essentially, these model instances depict how self-  
285 antigen triggers a cascade of outcomes in IgG4-RD, including activation, proliferation  
286 and differentiation of immune cells, as well as secretion of cytokines, resulting in a  
287 shift of the immune system away from homeostasis.

#### 288 **Biological insights derived from the mechanistic model**

289 We verified that all 15 instances of the model recapitulated the measured changes in  
290 cells and cytokines (Figure 5A). Furthermore, for cell types detected by scRNA-seq in  
291 percentages, the model was applied to infer their population counts. As such, CD16 $^{+}$   
292 NK cells, myeloid or plasmacytoid DCs, CD4 $^{+}$  CTLs, T-dependent plasma B cells were  
293 found elevated in the diseased state (Supplementary Figure 6), in line with various  
294 other reports [32, 39].

295 Next, we investigated the changes in interaction kinetics, which were arguably  
296 more subtle compared to the cell type changes. Some processes were inferred as  
297 differentially regulated in IgG4-RD, e.g., increased production of IL-4 and GMC-SF by  
298 T<sub>H</sub>2 cells, enhanced differentiation of active CD4 $^{+}$  T cells into CD4 $^{+}$  CTLs, as well as  
299 heightened activation of naïve B cells. Conversely, some processes appeared as  
300 unchanged in IgG4-RD, including IL-2 production by active CD4 $^{+}$  T cells and the  
301 differentiation of these cells into T<sub>FH</sub> cells. These results suggest specific mechanistic  
302 differences in immune regulation in IgG4-RD (Figure 5B).

#### 303 **Therapeutic targets informed by the IgG4-RD mechanistic model**

304 The quantitative nature of our disease model facilitates discovery of potential  
305 therapeutic targets through *in silico* perturbation experiments. To that end, we  
306 performed a sensitivity analysis to systematically interrogate the impact of each model  
307 parameter on IgG4-RD hallmarks, aiming to pinpoint those capable of reversing the  
308 hallmarks from the diseased state to the healthy state (Supplementary Figures 8-16).  
309 Each parameter was changed by several magnitudes of changes to ensure robustness  
310 of the results. As such, three most effective cytokines were identified: IL-4, IL-6, and  
311 IFN- $\gamma$ . In addition, motivated by monoclonal antibody therapies targeting B cells, we  
312 assessed the effects of depleting CD20 $^{+}$  B cells (including naïve and active B cells) by  
313 rituximab [40] and depleting CD19 $^{+}$  B cells (including all B cells and plasma cells) by  
314 inebilizumab [13].

315 The effects of perturbing these five selected targets on disease hallmarks were  
316 assessed (Figure 6A, *Supplementary Figures 18, 22*). Four of the interventions, namely  
317 depleting B cells by both rituximab and inebilizumab, reducing IL-4, and increasing IFN-  
318  $\gamma$ , would bring down plasma cells and consequently reduce the IgG4 production.  
319 Meanwhile, anti-IL-6 treatment did not seem to offer this benefit. We further  
320 scrutinized IL-6 related processes, and found that IL-6-induced  $T_{FH}$  differentiation  
321 impacted  $T_{FH}$ ,  $T_{reg}$ , and plasma cells, all of which are essential cell types for IgG4-RD  
322 (*Supplementary Figure 20,21*). Since regulating cellular differentiation is inherently  
323 more complex than depleting specific cells or cytokines, IL-6 unlikely represents a  
324 viable therapeutic target. Taken together, therapies for B-cell depletion, anti-IL-4, and  
325 activating IFN- $\gamma$  harbor the potential to correct for immune dysregulation in IgG4-RD.

326 Lastly, we assessed whether disease markers not directly included in our model  
327 could be evaluated. Liu et al. proposed IKAROS and UBR4 as drivers of autoimmunity  
328 in IgG4-RD [41]. They discovered that genomic variants IKAROS-p.(Arg183His) and  
329 UBR4-p.(Cys4179Ter) led to hyperactivation of the Src kinase FYN, which in turn  
330 augmented T Cell Receptor (TCR) signaling and  $T_{H2}$  polarization in IgG4-RD. As such,  
331 restoring these hyperactive pathways could ameliorate the disease. To evaluate their  
332 translational potential, we simulated the effects of weakened TCR signaling through  
333 reducing the activation rate of  $CD4^+$  T cells or depleting them. We also simulated the  
334 effects of weakened  $T_{H2}$  polarization through reducing the differentiation rate of  $T_{H2}$   
335 cells or increasing their death rate. Our results suggested that these two approaches  
336 affected the disease hallmarks differently (Figure 6B). Attenuating  $T_{H2}$  polarization  
337 primarily reduced  $T_{H2}$ ,  $T_{reg}$ , plasma cells, and IL-4. Suppressing TCR signaling reduced  
338  $T_{reg}$ ,  $CD4^+$  T cells, IL-2, TGF- $\beta$ , IFN- $\gamma$ , IL-6 and IL-10, while paradoxically increasing  
339 plasma cells and IL-4 levels. Overall, our simulations demonstrated the potential of  
340 targeting  $T_{H2}$  polarization for treating IgG4-RD, and a mixed response from  
341 suppressing TCR signaling.

## 342 **DISCUSSION**

343 In this study we comprehensively characterized the circulating immune landscape of  
344 IgG4-RD through multi-omic profiling (flow cytometry, proteomics, and single-cell  
345 transcriptomics), revealing essential cellular and molecular signatures that defined the  
346 disease pathophysiology. By integrating these datasets with established IgG4-RD  
347 mechanisms, we constructed a mechanistic model that unifies individual discoveries  
348 into a cohesive framework, revealing feedforward and feedback loops that sustain  
349 immune dysregulation in IgG4-RD.

350 A notable finding was the significant reduction of IL-7 in the IgG4-RD patients, a  
351 cytokine critical for naïve T-cell homeostasis [42]. Indeed, the circulating naïve CD4<sup>+</sup> T  
352 cells were reduced in our patients. Reduced IL-7 likely contributes to impaired  
353 adaptive immune regulation, creating a permissive environment for pathogenic B-cell  
354 responses, leading to expansion of antibody-secreting plasma cells and elevation of  
355 IgG4 levels. Notably, our data also revealed hyperactivation of innate immunity,  
356 exemplified by increased CD16<sup>+</sup> NK cells and monocytes, alongside enhanced  
357 intercellular communications in these populations. The rise in NK cells paralleled  
358 elevated IFN- $\gamma$  expression, suggesting heightened tissue inflammation. With these  
359 pathophysiological features, we observed a synergistic cytokine milieu: while pro-  
360 inflammatory cytokines (IL-1, IL-6, IL-12, IL-15) promoted chronic inflammation, anti-  
361 inflammatory cytokines (IL-4, IL-10) were upregulated for counterbalance.  
362 Paradoxically, the increase of IL-4 and IL-10 can exacerbate the disease by promoting  
363 B-cell differentiation [43] and fibrosis [44] under failed compensatory response.  
364 Besides, we also detected reduced  $\gamma\delta$ T cells, a feature shared with other autoimmune  
365 diseases such as Rheumatoid Arthritis and Systemic Lupus Erythematosus [45],  
366 suggesting enhanced inflammation due to the loss of regulatory function. Collectively,  
367 these findings depict a coordinated breakdown of immune homeostasis in IgG4-RD  
368 characteristic of chronic inflammation, autoimmunity, and fibrosis.

369 Importantly, we leveraged ODEs and model fitting to obtain a quantitative model  
370 that captured immune interaction kinetics in IgG4-RD. This quantitative framework  
371 allows *in silico* perturbation to pinpoint most critical disease factors and predict  
372 intervention effects. Our simulations proposed that anti-IL-4 treatment, increasing  
373 IFN- $\gamma$ , or depleting B cells could potentially reverse IgG4-RD. Notably, all three  
374 strategies would reduce naïve T<sub>reg</sub> cells and plasma cells. Furthermore, intricate  
375 regulation lies in each strategy: neutralizing IL-4 suppresses pathogenic T<sub>H</sub>2 response,  
376 enhancing IFN- $\gamma$  restores T<sub>H</sub>1 anti-fibrotic balance [46], and depleting B cells eliminates  
377 autoreactive plasma cells. Thus, each strategy targets a different aspect of the immune  
378 dysregulation, which all lead to reduced IgG4 production.

379 It is noteworthy that our model is generalizable to evaluate potential targets not  
380 directly included in our network. We simulated the impact of two recently identified  
381 driver genes (IKAROS and UBR4) for IgG4-RD [41] by disrupting the immune pathways  
382 they regulate. Although these interventions shifted several disease hallmarks toward  
383 a healthy state, our *in silico* perturbations highlighted additional cell types and  
384 cytokines that would require complementary approaches to target. Thus, our model  
385 can inform the rational design of combination therapies, such as multi-target “cocktail”  
386 regiments, to address the complexity of IgG4RD pathogenies.

387 As a rare fibro-inflammatory disease, IgG4-RD suffers from limited treatment  
388 options. With the recent approval of inebilizumab and other promising clinical trials  
389 [47], the therapeutic landscape is rapidly evolving. By integrating pharmacodynamic  
390 data from clinical trials, our disease modeling framework can further evolve into  
391 quantitative systems pharmacology modeling, which is hopeful for establishing robust,  
392 biology-informed relationships between drug exposures and clinical responses,  
393 improving success rates of late-stage drug development for IgG4-RD.

394 We acknowledge several limitations of this study. First, the modest sample size,  
395 though characteristic of rare disease research, may limit the generalizability of our  
396 findings. Second, as our cohort was comprised of Chinese patients, validation in  
397 diverse ethnic populations will be highly valuable. Third, our mechanistic model of  
398 IgG4-RD is a simplified representation of the disease biology. For example, circulating  
399 IL-15 was increased in our patients, and although anti-IL-15 trials are being tested for  
400 other auto-immune diseases [49], we did not explicitly model it in IgG4-RD due to  
401 limited information. Inclusion of additional cell types and disease markers in the future  
402 would allow for more comprehensive examinations. Lastly and importantly,  
403 therapeutic targets predicted by our *in silico* analyses require rigorous wet-lab  
404 experiments and clinical validation to establish their biological and therapeutic  
405 relevance. Future studies incorporating larger, multi-ethnic cohorts and experimental  
406 validation will further refine our model and accelerate the development of targeted  
407 therapies for this complex disorder.

## 408 **ACKNOWLEDGEMENT**

409 We thank members of the Intelligent Computing in Biomedicine Lab for insightful  
410 discussions. We thank the patients who donated their samples for this study.

## 411 **CONTRIBUTIONS**

412 HG, SJ, RBC, AK, and CP designed the study and drafted the manuscript. HG, HY, YF, SL  
413 and LZ assembled the study cohort, consented the patients, and collected patient  
414 information and blood samples. ZL<sup>3</sup> and RBC performed flow cytometry, MSD  
415 proteomics, and single-cell RNA sequencing. AK, MR, MG, AB and AZ<sup>2</sup> performed  
416 disease modelling and *in silico* perturbations. SJ, ZY, AZ<sup>3</sup>, ZL<sup>3</sup> and CP performed  
417 bioinformatic analysis and statistical analysis. ZL<sup>4,5</sup>, WZ, UW, AL and AZ<sup>2</sup> queried  
418 literature and curated information. All authors contributed to result interpretation and  
419 discussions. CP and HG are guarantors of this work.

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## 426 **FUNDING**

427 This work was supported by the Capital's Funds for Health Improvement and Research  
428 [CFH 2024-2-8022].

## 429 **COMPETING INTERESTS**

430 Simon Junankar, Marcus Rosenblatt, Aidin Biibosunov, Milad Ghomlaghi, Anqi Zhang,  
431 and Atefeh Kazeroonian are employed by Differentia Bio. Yan Ge, Zhou Lin, Ziyue Yan,  
432 Ava Zhao, and Robin B Chan were employed by AliveX Biotech. The remaining authors  
433 declare no competing interests.

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