function	Extra large	large	medium	small	tiny
insert	5.088803798 s	31.772956 ms	551.17 µs	92.41 µs	96.438 µs
append	7.778833 ms	1.276404 ms	293.56 µs	556.427 μs	96.438 µs

The code is testing two ways to double the numbers in an array. One way, called 'doublerAppend', is like making a new list and adding the doubled numbers to the end. The other way, called 'doublerInsert', is like making a new list and putting the doubled numbers at the beginning. When we try both ways with small arrays, it's clear that the 'doublerAppend' is quicker. It seems like when we use the 'doublerInsert' way, it takes longer and longer as the array gets bigger. So, the 'doublerAppend' way seems to work better when we're dealing with larger bunches of numbers.