

Gym Details

Fee Structure:

- **Admission Charge:** ₹1500 (one-time, for the first month)
- **Monthly Fee:** ₹1000

Operating Hours:

- **Morning Session:** 5:00 AM - 11:00 AM
- **Evening Session:** 4:00 PM - 8:00 PM
- **Weekly Schedule:** Open 6 days a week, closed on Sundays.

Facilities & Features:

- **Type:** Unisex Gym
- **Trainers:** Professional male and female trainers are available.
- **Equipment:** A comprehensive range of equipment is available, including:
 - Cardio machines
 - Well-labelled dumbbells
 - Free weights
 - Selectorized machines
- **Amenities:**

- Changing rooms
- Spacious workout area
- Ample parking space

Location & Contact:

- **Address:** Jamshedpur - Musabani Rd, Sunder Nagar, Jamshedpur, Jharkhand 831002
- **Contact Number:** 07717785235

Key Highlights (from Reviews):

- Trainers are knowledgeable, hardworking, and provide good guidance.
- The owner is disciplined and maintains a positive environment.