

## Report

### **MRI KNEE JOINT**

#### **CLINICAL HISTORY:**

Mild discomfort or stiffness in the knee joint, especially after prolonged activity or exercise.

#### **IMPRESSION:**

Diagnosed through a physical examination, medical history, and X-rays of the knee joint. This scan shows no or minimal signs of joint space narrowing or bone spurs.

#### **RISK FACTORS:**

Risk factors for developing knee OA, including grade 0, may include age, previous knee injuries, family history of OA, obesity, joint overuse or repetitive stress, and other underlying health conditions.

#### **MANAGEMENT:**

Treatment for grade 0 knee OA may focus on conservative measures such as lifestyle modifications, weight management, physical therapy, and pain relief medications. Regular exercise. Pain relief medications, as needed, for minimal discomfort. Follow-up appointment in to monitor symptoms and assess response to conservative management.

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### CONCLUSION:

The patient has been diagnosed with grade o knee OA, and a conservative management plan has been recommended. The patient will be followed up to monitor symptoms and assess response to treatment.

**Healthy Knee Joint / KL Grade o Progression of Knee Osteoarthritis**

Suggested clinical correlation

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\*\*\* End Of Report \*\*\*

In case of any discrepancy due to typing error, kindly get it rectified immediately. This is a professional opinion, not a diagnosis.