

Report

MRI KNEE JOINT

CLINICAL HISTORY:

Mild discomfort or stiffness in the knee joint, especially after prolonged activity or exercise.

IMPRESSION:

Diagnosed through a physical examination, medical history, and X-rays of the knee joint. This scan shows no or minimal signs of joint space narrowing or bone spurs.

RISK FACTORS:

Risk factors for developing knee OA, including grade 1, may include age, previous knee injuries, family history of OA, obesity, joint overuse or repetitive stress, and other underlying health conditions.

MANAGEMENT:

Treatment for grade 1 knee OA typically involves conservative measures. This may include lifestyle modifications such as weight management, regular exercise including low-impact activities like swimming or cycling to maintain joint mobility and strengthen the muscles around the knee joint, pain relief medications as needed, and possibly physical therapy. The goal of management is to alleviate symptoms and slow down the progression of OA.

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CONCLUSION:

The patient has been diagnosed with grade 1 knee OA, and a conservative management plan has been recommended. The patient will be followed up to monitor symptoms and assess response to treatment.

Onset of Knee Joint Deterioration / KL Grade 1 Progression of Knee Osteoarthritis

Suggested clinical correlation

*** End Of Report ***

In case of any discrepancy due to typing error, kindly get it rectified immediately. This is a professional opinion, not a diagnosis.