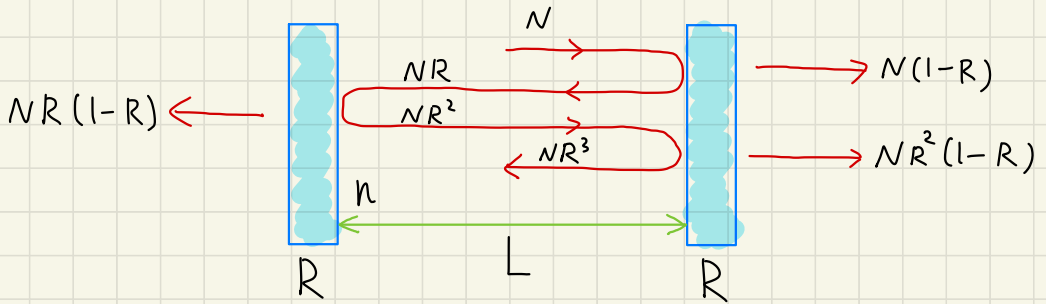


3-1 Cavity composed of two plane mirrors

(1) Putting N photons in a cavity



$$\frac{dN}{dt} = - \frac{\Delta N}{\frac{L}{\left(\frac{c}{h}\right)}} = -N \frac{c(1-R)}{hL}$$

$$\rightarrow \frac{dN}{N} = - \frac{c(1-R)}{hL} dt$$

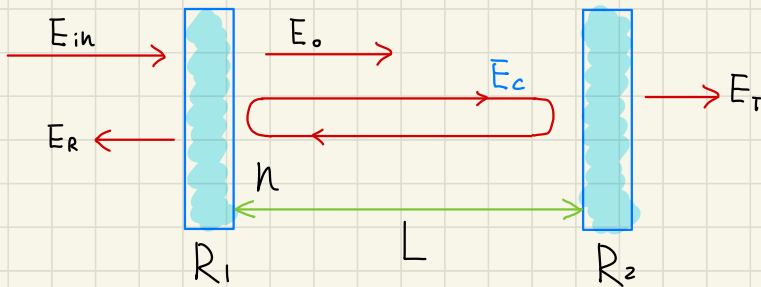
$$\rightarrow N(t) = N_0 e^{-\frac{c(1-R)}{hL} t} = N_0 e^{-\frac{t}{\tau}}$$

Here cavity photon lifetime $\tau = \frac{hL}{c(1-R)}$.

We then get the cavity photon decay rate

$$\boxed{\kappa = \frac{c(1-R)}{hL}} \quad (3-1)$$

(2) A continuous input and the transmission



(a) $R_1 = r_1^2$, $R_2 = r_2^2$

(b) $E_o = \sqrt{1-R_1} E_{in}$

(c) inside the cavity we have circulating field such that

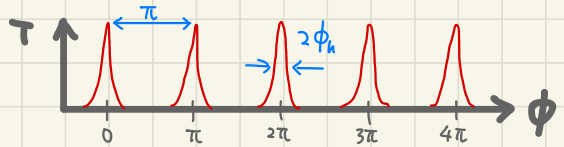
$$E_c = E_o + E_o r_1 r_2 e^{-2i\phi} + E_o (r_1 r_2 e^{-2i\phi})^2 + \dots$$

$$= E_o \left(\frac{1}{1 - r_1 r_2 e^{-2i\phi}} \right) , \text{ where } \phi = n k L$$

$$\begin{aligned} \rightarrow \frac{I_c}{I_o} &= \frac{|E_c|^2}{|E_o|^2} = \frac{1}{1 + r_1^2 r_2^2 - 2 r_1 r_2 \cos(2\phi)} \\ &= \frac{1}{(1 - r_1 r_2)^2 + 4 r_1 r_2 \sin^2 \phi} \\ &= \frac{1}{(1 - \sqrt{R_1 R_2})^2 + 4 \sqrt{R_1 R_2} \sin^2 \phi} \end{aligned}$$

$$(d) \quad E_T = \sqrt{1-R_2} E_c$$

$$\Rightarrow \frac{I_T}{I_{in}} = \frac{|E_T|^2}{|E_{in}|^2}$$



$$= T = \frac{(1-R_1)(1-R_2)}{(1-\sqrt{R_1 R_2})^2 + 4\sqrt{R_1 R_2} \sin^2 \phi} \quad (3-2)$$

The max transmission occurs at $\phi = m\pi$, i.e.

$$T_{max} = \frac{(1-R_1)(1-R_2)}{(1-\sqrt{R_1 R_2})^2}$$

$\frac{1}{2} T_{max}$ occurs at $\phi = m\pi \pm \phi_h$

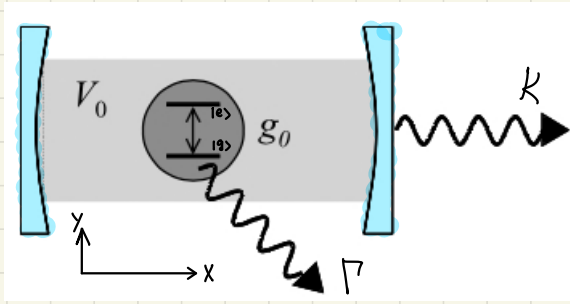
$$\sin^2 \phi_h = \frac{(1-\sqrt{R_1 R_2})^2}{4\sqrt{R_1 R_2}}$$

$$\Rightarrow 2\phi_h = 2\sin^{-1} \left[\frac{1-\sqrt{R_1 R_2}}{2(R_1 R_2)^{1/4}} \right] \approx \frac{1-\sqrt{R_1 R_2}}{(R_1 R_2)^{1/4}}$$

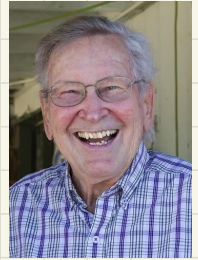
Here we define the finesse (figure of merit)

$$F \equiv \frac{\pi}{2\phi_h} \approx \frac{\pi(R_1 R_2)^{1/4}}{1-\sqrt{R_1 R_2}} \quad (3-3)$$

3-2 Atom-Cavity Coupling & Jaynes-Cummings model (1963)



Edwin Jaynes
(1922-1998)



Fredrick Cummings
(1931-2019)

In this section we study the atom-cavity coupling, and three parameters are important (two level)

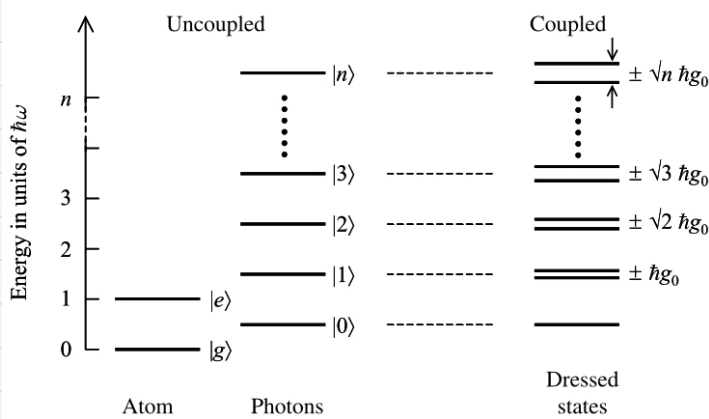
- ① atom-cavity-field coupling constant g_0 .
- ② atomic spontaneous decay rate Γ .
- ③ cavity decay rate K .

Let's first look at the full Hamiltonian

$$\hat{H} = \hat{H}_A + \hat{H}_F + \hat{H}_{AF}$$

$$= \hbar \begin{pmatrix} 0 & 0 \\ 0 & \omega_0 \end{pmatrix} + \hbar \omega \left(\hat{a}^\dagger \hat{a} + \frac{1}{2} \right) + i \hbar \begin{pmatrix} 0 & -g_0 e^{-ikx} \hat{a}^\dagger \\ g_0^* e^{ikx} \hat{a} & 0 \end{pmatrix}$$

Uncoupled
Coupled



The Jaynes-Cummings ladder. The ladder describes the states of a coupled atom-photon system with a coupling constant of g_0 . The states of the uncoupled system are labelled by whether the atom is in the ground state $|g\rangle$ or the excited state $|e\rangle$, and by the number of photons n in the mode.

and use states $|e, n-1\rangle$ and $|g, n\rangle$

construct matrix

$$\hat{H} = \hbar \begin{pmatrix} 0 & 0 \\ 0 & \omega_0 \end{pmatrix} + \hbar \omega \begin{pmatrix} n + \frac{1}{2} & 0 \\ 0 & n - \frac{1}{2} \end{pmatrix} + i\hbar \sqrt{n} \begin{pmatrix} 0 & -g_0 e^{-ikx} \\ g_0^* e^{ikx} & 0 \end{pmatrix}.$$

Let $ig_0 e^{-ikx} = \Omega$, the Hamiltonian becomes

$$\hat{H} = \hbar \begin{pmatrix} 0 & 0 \\ 0 & \omega_0 \end{pmatrix} + \hbar \omega \begin{pmatrix} n + \frac{1}{2} & 0 \\ 0 & n - \frac{1}{2} \end{pmatrix} + \hbar \begin{pmatrix} 0 & \sqrt{n} \Omega \\ \sqrt{n} \Omega^* & 0 \end{pmatrix}.$$

$$\Rightarrow \hat{H}_{JM} = \hbar \begin{pmatrix} (n + \frac{1}{2})\omega & \sqrt{n} \Omega \\ \sqrt{n} \Omega^* & (n + \frac{1}{2})\omega - \delta \end{pmatrix} \quad (3-4)$$

which is the so-called Jaynes - Cumming's model.

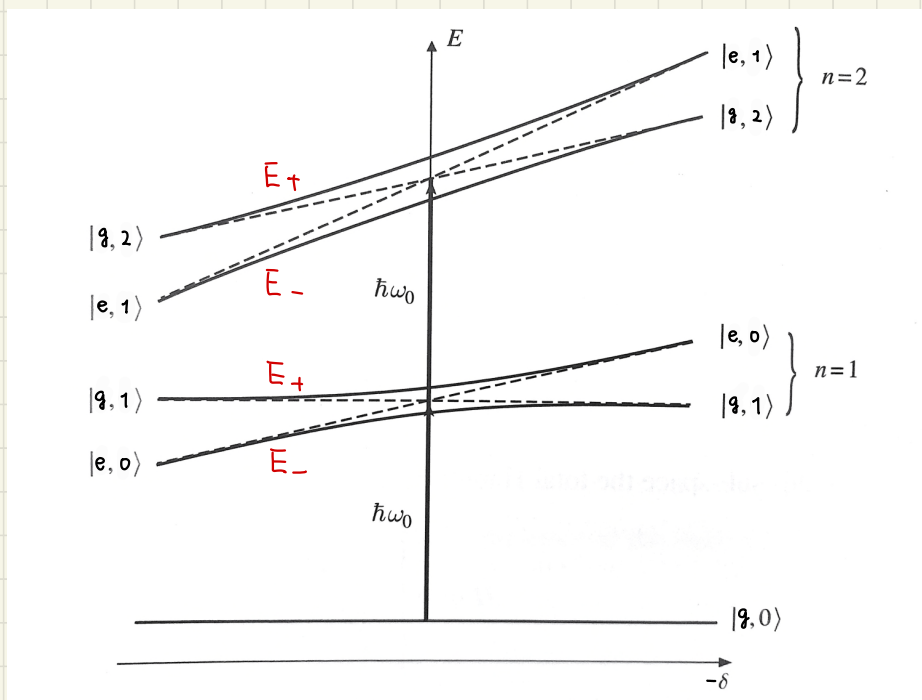
Here detuning $\delta = \omega - \omega_0$.

3-3 Eigenstate of Jaynes-Cummings model

We here diagonalize \hat{H}_{JM}

$$\begin{vmatrix} \hbar(n+\frac{1}{2})\omega - E & \hbar\sqrt{n}\Omega \\ \hbar\sqrt{n}\Omega^* & \hbar(n+\frac{1}{2})\omega - \hbar\delta - E \end{vmatrix} = 0$$

$$\rightarrow E_{\pm} = \hbar \left[(n+\frac{1}{2})\omega - \frac{1}{2}\delta \pm \frac{1}{2} \sqrt{\delta^2 + 4n|\Omega|^2} \right] \quad (3-5)$$



$$\rightarrow |\varphi_{\pm}, n\rangle \propto \frac{\delta \pm \sqrt{\delta^2 + 4n|\Omega|^2}}{2\sqrt{n}\Omega^*} |g, n\rangle + |e, n-1\rangle, \quad (3-6)$$

which is called dressed state and has entanglement.

3-4 Dynamics & Damping

We neglect $(n + \frac{1}{2})\hbar\omega$ in Eq. (3-4) and get the interaction Hamiltonian

$$\hat{H}_{JM} = \hbar \begin{pmatrix} 0 & \sqrt{n} \Omega \\ \sqrt{n} \Omega^* & -\delta \end{pmatrix}. \quad (3-7)$$

$$\begin{aligned} |\psi(t)\rangle &= C_e(t) |e, n-1\rangle + C_g(t) |g, n\rangle \\ &= \begin{pmatrix} C_g(t) \\ C_e(t) \end{pmatrix}. \end{aligned}$$

The Schrödinger equation reads

$$\begin{aligned} i\hbar \partial_t \begin{pmatrix} C_g \\ C_e \end{pmatrix} &= \hbar \begin{pmatrix} 0 & \sqrt{n} \Omega \\ \sqrt{n} \Omega^* & -\delta \end{pmatrix} \begin{pmatrix} C_g \\ C_e \end{pmatrix} + \mathcal{L}\psi \\ \Rightarrow \begin{pmatrix} \dot{C}_g \\ \dot{C}_e \end{pmatrix} &= \begin{pmatrix} -i\sqrt{n}\Omega C_e \\ -i\sqrt{n}\Omega^* C_g + i\delta C_e - \frac{\Gamma}{2} C_e \end{pmatrix}. \quad (3-8) \end{aligned}$$

We phenomenologically add two damping terms to describe cavity loss and atomic decay.

When intra-cavity photon number $n=1$ and $K \gg \Gamma$,

- ① $|\Omega| \gg \frac{\kappa}{2}$ is called strong coupling region.
- ② $|\Omega| \ll \frac{\kappa}{2}$ is called weak coupling region.

3-4-4 Strong coupling

For ①
$$\begin{cases} \dot{C}_g = -i \sqrt{n} \Omega C_e \\ \ddot{C}_e = -i \sqrt{n} \Omega^* \dot{C}_g + i \delta \dot{C}_e, \end{cases} \quad \begin{matrix} C_g(0) = 0 \\ C_e(0) = 1 \end{matrix}$$

$$\rightarrow \ddot{C}_e - i \delta \dot{C}_e + n |\Omega|^2 C_e = 0$$

Let $C_e = e^{at}$

$$\rightarrow a^2 - i \delta a + n |\Omega|^2 = 0$$

$$\rightarrow a = \frac{i}{2} \left(\delta \pm \sqrt{\delta^2 + 4n |\Omega|^2} \right)$$

$$\rightarrow \begin{cases} C_e(t) = e^{\frac{i}{2} \delta t} \cos\left(\frac{t}{2} \sqrt{\delta^2 + 4n |\Omega|^2}\right) \\ \quad + \frac{i \delta e^{\frac{i}{2} \delta t}}{\sqrt{\delta^2 + 4n |\Omega|^2}} \sin\left(\frac{t}{2} \sqrt{\delta^2 + 4n |\Omega|^2}\right) \quad (3-9) \\ C_g(t) = \frac{2i \sqrt{n} \Omega e^{\frac{i}{2} \delta t}}{\sqrt{\delta^2 + 4n |\Omega|^2}} \sin\left(\frac{t}{2} \sqrt{\delta^2 + 4n |\Omega|^2}\right) \quad (3-10) \end{cases}$$

One can then derive the probability

$$\begin{aligned} P_e(t) &= |C_e(t)|^2 = 1 - |C_g(t)|^2 \\ &= 1 - \frac{4\hbar|\Omega|^2}{\delta^2 + 4\hbar|\Omega|^2} \sin^2\left(\frac{t}{2} \sqrt{\delta^2 + 4\hbar|\Omega|^2}\right) \end{aligned}$$

For $\hbar = 1$

(a) $|\Omega| \gg \delta$,

$$\rightarrow \begin{cases} P_e(t) = \cos^2(|\Omega|t) \\ P_g(t) = \sin^2(|\Omega|t) \end{cases} \rightarrow \text{Rabi oscillation!}$$

We get one-photon Rabi oscillation, AKA. vacuum Rabi oscillation because of the initial state $|e, 0\rangle$.

(b) $|\Omega| \ll \delta$,

$$\begin{cases} P_e(t) = 1 \\ P_g(t) = 0 \end{cases} \rightarrow \text{no decay!!}$$

The spontaneous decay is NOT an intrinsic property of an atom!!

3-4-5 Weak coupling

$$\text{For } \textcircled{2} \begin{cases} \dot{C}_g = \underline{-i \sqrt{n} \Omega C_e} \\ \ddot{C}_e = -i \sqrt{n} \Omega^* \dot{C}_g - \frac{1}{2} n^{\frac{1}{2}} \frac{dn}{dt} \Omega^* C_g + i \delta \dot{C}_e \\ \dot{n} = \underline{-nK} \end{cases}$$

and initial conditions $C_g(0) = 0$, $C_e(0) = 1$.

$$\ddot{C}_e = -n |\Omega|^2 C_e + \frac{i}{2} \sqrt{n} K \Omega^* C_g$$

for $\delta = 0$, $n = 1$ and

$$\dot{C}_e = -i \sqrt{n} \Omega^* C_g \rightarrow C_g = \underline{\underline{i \frac{1}{\sqrt{n} \Omega^*} \dot{C}_e}}$$

$$\rightarrow \ddot{C}_e + \frac{K}{2} \dot{C}_e + |\Omega|^2 C_e = 0 \quad (3-11)$$

$$\rightarrow a^2 + \frac{K}{2} a + |\Omega|^2 = 0$$

$$\rightarrow a = \frac{1}{2} \left(-\frac{K}{2} \pm \sqrt{\frac{K^2}{4} - 4|\Omega|^2} \right)$$

$$\rightarrow C_e(t) = A e^{-\frac{t}{2} \left(\frac{K}{2} + \sqrt{\frac{K^2}{4} - 4|\Omega|^2} \right)} + B e^{-\frac{t}{2} \left(\frac{K}{2} - \sqrt{\frac{K^2}{4} - 4|\Omega|^2} \right)}$$

We now analyze the decay constant for $k^2 \geq 16|\Omega|^2$ and compare it with the spontaneous decay rate in free space

$$\Gamma_{\text{free}} = \frac{P^2 \omega^3}{3\pi \hbar \epsilon_0 c^3} \quad (2.2.18)$$

To see any enhancement in cavity, we need to check the slow decay mode

$$e^{-\frac{\Gamma}{2} \left(\frac{k}{2} - \sqrt{\frac{k^2}{4} - 4|\Omega|^2} \right)} \quad \text{and its decay constant}$$

$$\begin{aligned} \left(\frac{k}{2} - \sqrt{\frac{k^2}{4} - 4|\Omega|^2} \right) &= \frac{k}{2} - \frac{k}{2} \left(1 - \frac{16|\Omega|^2}{k^2} \right)^{\frac{1}{2}} \\ &\approx \frac{k}{2} - \frac{k}{2} + \frac{4}{k} |\Omega|^2 - \dots \\ &\approx \frac{4}{k} |\Omega|^2. \end{aligned}$$

Next we have to express k as the function of cavity finesse F and quality factor Q .

$$\text{From Eq. (3-3), } F = \frac{\pi \sqrt{R}}{1-R}$$

$$\rightarrow (1-R)^2 F^2 - \pi^2 R = 0$$

$$\rightarrow R = \frac{1}{2F^2} \left(2F^2 + \pi^2 - \pi \sqrt{4F^2 + \pi^2} \right) \approx 1 - \frac{\pi}{F}.$$

From Eq. (3-1) and define $Q \equiv \frac{2LF}{\lambda}$

$$K = \frac{c(1-R)}{nL} \approx \frac{c\pi}{nLF} = \frac{2c\pi}{n\lambda Q} \quad (3-12)$$

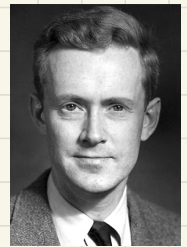
The slow decay constant becomes

$$\frac{4}{K} |\Omega|^2 \approx \frac{\lambda Q}{c\pi} \left(\frac{P^2 \omega}{\hbar \epsilon_0 V} \right) \quad \text{for } n=1$$

The enhancement factor reads

$$\frac{\frac{4}{K} |\Omega|^2}{\Gamma_{\text{free}}} = \frac{\frac{\lambda Q}{c\pi} \left(\frac{P^2 \omega}{\hbar \epsilon_0 V} \right)}{\frac{P^2 \omega^3}{3\pi \hbar \epsilon_0 c^3}} = \frac{3Q\lambda^3}{4\pi^2 V}$$

$$\rightarrow F_P \equiv \frac{3Q\lambda^3}{4\pi^2 V} \quad (3-13)$$



Edward Purcell
(1912-1997)

is called Purcell factor.

E. Purcell was the first person who showed that spontaneous decay rate can be enhanced even in a bad cavity!!