Mahshad Golzarian Melancholy

Program note

Melancholy didn't come to me out of nowhere and inspire me. It was everything I had been feeling, crying to be let out. I wrote it because I needed an outlet. This piece is not just a composition — it's a release. Each phrase was a reflection of emotions I didn't have words for at the time: quiet grief, uncertainty, and the aching stillness that follows a difficult moment. Rather than telling a story, the music exists as a space to feel. There's no resolution offered, just an invitation to sit with whatever arises.

Melancholy

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