

Name: Ting Vogel

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Title: Challenges of Yongmudo as a Competitive Martial Art

Author: Ting Vogel

Citation:

Abstract: The year 2005 is historic in that it marked UC Martial Arts Program's "VERY FIRST EVER" Annual Yongmudo Championship and the first of its kind in the United States. As with a "first" in anything, the making of this event involved many long hours of planning, some sleepless nights, quite a bit of hand-wringing, and more than a few extra gray hairs (for those with hair at least). This paper outlines some of the factors that must be considered in putting together a tournament for a martial art that has to be stomped into a shape that is competitive in nature and yet remains safe for its participants.

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