Name: Keonard Mimoy
Company: Oracle

Employee Code: 15279

JOB DESIGN

| Has each job been designed to provide a variety of tasks throughout the day in terms of physical and mental workload? | V |
|--|----------|
| Are highly repetitive tasks (such as keying) performed for more than 2 hours at any one time? | X |
| Do tasks require constant sitting or standing for more than 2 hours at any one time? | V |
| Are tasks that require a high level of concentration performed for more than 2 hours at any one time? | X |
| Do workers have some choice of when, how and how frequently they perform some tasks or are these determined by the equipment or machine they use or by their supervisor? | V |
| Are workers trained to vary tasks and postures through the day? | X |
| Are individuals given feedback regarding their work performance? | V |

HAZARDOUS MANUAL TASKS

| Are there objects that require pushing, pulling, lifting, lowering, carrying, holding or moving, and do these actions require considerable physical effort or force to complete? | \checkmark |
|--|--------------|
| Are there large, awkward or heavy objects to be handled? | X |
| Is handling required more than 5 times per hour over a day? | X |
| Is handling performed below mid-thigh height or above shoulder height? | X |

LIGHTING

| Is there sufficient lighting for the performance of tasks? | V |
|--|---|
| Are workers able to control incoming natural light? | V |
| Does artificial lighting cause reflection from work surfaces or shadows over the task? | V |
| Do workers find they have tired, sore or irritated eyes at the end of a day? | V |

NOISE

| Is noise a problem in the workplace? | X |
|---|---|
| Is it difficult to hear a normal voice within 1 metre distance? | V |
| Are there distracting or disruptive noises in the area? | V |

| Do screens or partitions control noise? | V |
|--|---|
| AIR QUALITY | |
| Are there problems or complaints about temperature, draughts, odours or lack of fresh air? | V |
| Do workers suffer from dry, irritated eyes at the end of the day? | V |
| Does the workplace seem stuffy? | V |
| Do workers find the temperature cold, hot or fluctuating? | V |