



# AI-Powered YouTube Script & Thumbnail Generator

## Task-1

### Objective

To generate a complete YouTube content package using AI tools — including a compelling title, full video script, and thumbnail design — using prompt chaining.

### Tools Used

Tool	Purpose
ChatGPT/Grok	Prompt chaining, title, script, thumbnail text
ElevenLabs	For text to script converter and generator
DALL·E 3 / leonardo	Thumbnail image generation
Canva	Thumbnail text overlay & design & editing of the video
Veed.ai	Script-to-video generation
Gemini 2.5Pro	Video genration through prompting.
Notion	Documentation

### Prompt Chain Documentation

*“I Asked ChatGPT to Run My Day—Here’s What Happened”*

#### YouTube Title Ideas Prompt

▼ Prompt: “Generate 5 catchy, YouTube titles for a lifestyle vlog where I let ChatGPT plan my entire day. The tone should be casual, curious, and fun. Include a mix of mystery and excitement.



**AI Output:**

- "I Let ChatGPT Run My Life for a Day... Total Chaos or Genius?"
- "ChatGPT Planned My ENTIRE Day – You Won't Believe What Happened!"
- "24 Hours Controlled by AI: Was It a Disaster or a Dream Day?"
- "What Happens When ChatGPT Becomes Your Life Coach for a Day?"
- "AI Took Over My Day... The Results Were WILD!"

✅ **Selected Title:**

- "What Happens When ChatGPT Becomes Your Life Coach for a Day?"



**Full Video / Script Prompt (1000–1500 words)**

▼ **Prompt:** "Write a full YouTube video script (first-person vlog style) for the title 'I Asked ChatGPT to Run My Day – Here's What Happened'. Include:

- Short intro and hook
- My prompt to ChatGPT
- Morning plan (wake-up, breakfast, routine)
- Afternoon plan (work, breaks, lunch, fun)
- Evening plan (wind down, habits, reflection)
- Reactions throughout the day (funny/relatable moments)
- Final thoughts: Did AI help or not?
- Strong CTA at the end"



so now it was unable to create a whole 40 sec video together so i did this instead:

What Happens When ChatGPT Becomes Your Life Coach for a Day?  
this is the topic on which i would like to create a youtube sbhort suggest me  
40 sec video script along with the video visuals or a prompt to generate  
video too

divide the video prompt and the script into 8 sec video segments and give me the script and video generating prompt for each 8 sec segment

## ▼ 🧠 AI Output:

### ▼ Output-1

YouTube Video Script: What Happens When ChatGPT Becomes Your Life Coach for a Day?

**Length:** ~1000–1500 words (approx. 8–12 min video at 130–150 wpm speaking rate)

**Tone:** Fun, engaging, relatable, a bit humorous

**Style:** First-person vlog, casual and conversational

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#### [INTRO – 0:00–0:45]

*Camera on, waving, upbeat energy, cozy vlog setup – maybe a coffee mug or laptop nearby*

Hey, what's up, everyone? Welcome back to the channel! So, I had this *wild* idea: what if I let an AI—yep, ChatGPT—plan my entire day? Like, every single thing I do, from the moment I wake up to when I crash at night. Will it turn me into a productivity ninja, or will it just be a total disaster? Stick around to find out what happens when ChatGPT becomes my life coach for a day! Oh, and if you're new here, hit that subscribe button and let's dive into this chaos together!

*Quick cut to a fun transition: maybe a spinning calendar or AI-themed graphics*

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#### [SECTION 1: My Prompt to ChatGPT – 0:45–1:30]

*Cut to laptop screen, showing ChatGPT interface, then back to face*

Alright, so here's what I did. I opened up ChatGPT and gave it this prompt: *"Plan a full day for me, from wake-up to bedtime. I'm a content creator, I love coffee, I'm curious about trying new things, and I want a mix of productivity, fun, and relaxation. Make it detailed, practical, and maybe a little quirky!"*

I hit enter, and ChatGPT spat out this *insanely* detailed schedule. It's got wake-up times, meals, work blocks, and even some... let's just say *interesting* activities. I'm a little nervous but also super curious. Let's see if this AI knows me better than I know myself!

*Cut to a screenshot of the schedule (blurred for suspense), then back to me with a playful smirk*

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## **[SECTION 2: Morning Plan – 1:30–4:00]**

*Vlog-style montage: getting out of bed, morning routine, upbeat music*

### **6:30 AM – Wake Up**

ChatGPT says I need to wake up at 6:30 AM. 6:30?! I'm not a morning person, but okay, AI, I'll give it a shot. *Groggy footage of me stumbling out of bed, yawning dramatically.* I'm supposed to do five minutes of stretching to "energize my body." So, here I am, doing awkward yoga poses in my pajamas. *Laughs* I look like a confused giraffe, but it's... kinda nice?

### **7:00 AM – Breakfast**

Next, ChatGPT planned my breakfast: overnight oats with almond butter, bananas, and a sprinkle of chia seeds. It even said, "This nutrient-dense meal will fuel your creative brain." Okay, fancy! *Show footage of me mixing oats the night before, then eating.* Honestly, this is bomb. Why don't I eat this every day? Oh right, because I'm lazy. *Winks at camera.*

### **7:30 AM – Morning Routine**

ChatGPT wants me to spend 30 minutes journaling my goals for the day while sipping coffee. *Cut to me with a steaming mug, scribbling in a notebook.* It suggested I write, "What's one thing I want to crush today?" I wrote, "Survive this AI experiment." *Laughs.* But seriously, this coffee-and-journal vibe is low-key therapeutic. ChatGPT might be onto something here!

*Reaction:* I'm shocked. This morning routine feels like I'm in a Pinterest board, but it's actually kinda dope. I'm awake, I'm fed, and I'm ready to tackle the day. AI: 1, Me: 0.

*Transition: upbeat music, maybe a time-lapse of me cleaning up breakfast*

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## **[SECTION 3: Afternoon Plan – 4:00–8:00]**

*Montage: workspace setup, lunch prep, and a quirky activity*

### **9:00 AM – Work Block**

ChatGPT scheduled a 90-minute "deep work" session to edit my next YouTube video. It even suggested I use the Pomodoro technique: 25 minutes of focus, 5-minute breaks. *Show footage of me editing, timer ticking, and me dramatically stretching during a break.* I gotta admit, this focus thing is working. I got more done in an hour than I usually do in three! But during one break, I got distracted by TikTok. *Sheepish grin.* Don't tell ChatGPT.

### **12:00 PM – Lunch**

For lunch, ChatGPT says I should make a "colorful quinoa salad" with veggies, feta, and a lemon-tahini dressing. *Cut to me chopping veggies, looking confused.* I'm not a chef, okay? I almost cut my finger off, but this salad? *Chef's kiss.* It's fresh, it's zesty, and I feel like a health guru. *Takes a big bite, nods approvingly.*

### **1:00 PM – Fun Activity**

Here's where things get weird. ChatGPT told me to "try a new creative hobby for 30 minutes" and suggested... *drumroll...* origami. Yep, folding paper into tiny cranes. *Show footage of me struggling with paper, laughing as it turns into a crumpled mess.* I'm terrible at this, but it's honestly so fun! I made something that vaguely resembles a frog. *Holds up sad origami attempt, laughs.* ChatGPT, why are you making me artsy?

### **3:00 PM – Second Work Block**

Back to work: ChatGPT says I should brainstorm 10 video ideas in 45 minutes. *Show notebook with scribbled ideas.* I came up with some bangers, like "24 Hours Without My Phone" and "Trying Every Coffee Shop in Town." This AI is turning me into an idea machine!

*Reaction:* The afternoon was a rollercoaster. The work blocks kept me on track, the salad was a win, but origami? *Laughs.* I'm not quitting my day job for that. Still, I'm vibing with this AI life coach energy.

*Transition: quick montage of me tidying my desk, upbeat music*

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## **[SECTION 4: Evening Plan – 8:00–10:30]**

*Vlog footage: cozy evening vibes, dim lights, maybe a candle*

### **6:00 PM – Dinner**

ChatGPT planned a "simple yet elegant" dinner: grilled chicken, roasted sweet potatoes, and steamed broccoli. *Show me cooking, maybe dropping a potato on the floor for laughs.* It's supposed to be paired with "calm acoustic music" to set the mood. *Cut to me eating with guitar music in the background.* Okay, this feels like a fancy restaurant, and I'm here for it.

### **7:00 PM – Wind Down**

ChatGPT says I should spend 30 minutes reading a book to "stimulate my mind." It suggested a non-fiction book about creativity. *Show me flipping through a book, looking skeptical.* I usually scroll X before bed, so this feels... intellectual. But I'm into it! I learned a cool tip about sparking creativity, which I might use for my next video.

### **8:00 PM – Reflection**

Here's the sweetest part: ChatGPT told me to write a "gratitude list" for 10 minutes. *Show me writing in a notebook.* I wrote things like, "I'm grateful for my subscribers" (that's you guys!) and "I'm grateful ChatGPT didn't make me run a marathon." *Laughs.* This reflection thing is super wholesome. I feel all warm and fuzzy.

### **9:00 PM – Bedtime Routine**

ChatGPT says I should do a 10-minute skincare routine and be in bed by 10:00 PM. *Show me applying face mask, looking dramatic.* I'm not sure if I'm doing this right, but I feel like a spa queen. *Cut to me in pajamas, waving goodnight.* Lights out, AI style!

*Reaction:* The evening was so chill. I didn't expect to love the gratitude list, but it hit me in the feels. ChatGPT's got me living my best life tonight.

*Transition: fade to black, then back to me in the morning, refreshed*

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## **[SECTION 5: Final Thoughts – 10:30–11:30]**

*Camera on, sitting thoughtfully, maybe with a coffee mug again*

Okay, guys, let's talk about this. Did ChatGPT help or not? Honestly, I'm shook. This AI planned a day that was productive, fun, and weirdly balanced. The morning routine got me energized, the work blocks made me feel like a boss, and that gratitude list? *Chef's kiss.* Sure, the origami was a hot mess, but it made for some laughs.

The biggest surprise? ChatGPT made me try things I wouldn't normally do, like journaling or folding paper frogs. It pushed me out of my comfort zone, and I kinda loved it. I'm giving this AI life coach a solid 8.5/10. It's not perfect—sorry, ChatGPT, I'm not waking up at 6:30 every day—but it gave me a day I'll never forget.

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### **[CTA – 11:30–12:00]**

*Big smile, pointing at camera*

So, what do you think? Would you let ChatGPT plan your day? Drop a comment below and tell me what you'd want AI to make you do! If you enjoyed this video, smash that like button, hit subscribe, and ring the bell so you don't miss my next adventure. Oh, and check out the links in the description for more vlogs and my socials. Thanks for hanging out with me, and I'll see you in the next one! Peace!

*End screen: thumbnail of another video, subscribe button, and a clip of me laughing at my origami fail*

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**Word Count:** ~1050 words (approx. 8–9 min at 130 wpm)

*Note:* You can stretch the runtime by adding more reaction moments, b-roll, or pausing for comedic effect during vlog segments.

### ▼ **Output-2**

**Total Length:** ~90 words (approx. 40 seconds at 130–150 wpm)

**Tone:** Fun, engaging, relatable, humorous

**Style:** First-person vlog, casual, fast-paced for YouTube Shorts

**Music Recommendation:** Chill synth-pop (royalty-free) for a fun, upbeat, modern vibe with catchy electronic beats, sourced from platforms like Epidemic Sound or built-in libraries of AI tools (e.g., VEED, CapCut).

**Format:** Five 8-second segments, each with a script and a video generation prompt for AI tools like Vidnoz, VEED, FlexClip, CapCut, or Vmaker.

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### **Segment 1: Intro (0:00–0:08)**

**Script:**

"Yo, what's good, everyone? I let ChatGPT plan my entire day! Will this AI make me a productivity rockstar or a total mess? Let's dive in!"

**Video Generation Prompt:**

"A cheerful young adult in a cozy, modern living room, waving at the camera, with a glowing AI interface (holographic checklist) floating nearby. Background shows a sunrise through a window, coffee mug on a table. Style: colorful, cinematic, warm lighting, dynamic composition, vertical 9:16 for YouTube Shorts."

**Notes:** Use an AI avatar or stock footage of a vlogger. Add text overlay: "ChatGPT Plans My Day!" Music: Chill synth-pop intro beat.

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## Segment 2: ChatGPT Prompt (0:08–0:16)

**Script:**

"I told ChatGPT: 'Plan my day, I'm a content creator, love coffee, make it quirky!' It gave me a wild schedule—let's see how it goes!"

**Video Generation Prompt:**

"A laptop screen showing a ChatGPT interface with a glowing schedule, zoomed in briefly, then panning to a young adult smirking playfully. Background includes a desk with a coffee mug and notebook. Style: modern, colorful, cinematic lighting, vertical 9:16, techy vibe with floating AI icons."

**Notes:** Use a blurred schedule graphic for suspense. Add text overlay: "AI's Crazy Plan!" Transition with a quick calendar spin effect.

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## Segment 3: Morning Highlights (0:16–0:24)

**Script:**

"Up at 6:30 AM—ugh! Stretching like a confused giraffe, then eating bomb overnight oats. ChatGPT's got me feeling like a Pinterest pro!"

**Video Generation Prompt:**

"A montage of a young adult yawning and stretching awkwardly in pajamas, then eating colorful oats in a cozy kitchen. Background shows a sunrise and coffee mug. Style: vibrant, cinematic, warm pastel tones, vertical 9:16, fast-paced cuts for vlog energy."



**Notes:** Generate two quick clips (stretching, eating). Add text overlay: "Morning Vibes!" Use chill synth-pop for upbeat energy.

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## Segment 4: Afternoon Highlights (0:24–0:32)

### Script:

"Edited videos like a boss, but origami? Total fail! *Laughs* This paper frog is a disaster, but ChatGPT's keeping me on track!"

### Video Generation Prompt:

"A montage of a young adult editing on a laptop, then laughing at a crumpled origami attempt in a bright workspace. Background includes a notebook and coffee cup. Style: colorful, cinematic, dynamic lighting, vertical 9:16, humorous and lively."

**Notes:** Generate clips for editing and origami fail. Add text overlay: "Origami Disaster!" Quick cuts with chill synth-pop beat drop.

## Segment 5: Quirky Afternoon Activity (0:40–0:48)

### Script:

"ChatGPT says dance for fun! I'm busting moves—look at this! *Laughs* AI's got me grooving!"

### Video Generation Prompt:

"A young adult dancing awkwardly but joyfully in a bright living room, with colorful AI checklist icons floating around. Background includes a coffee table and vibrant decor. Style: modern, colorful, cinematic lighting with dynamic camera angles, vertical 9:16, lively and humorous vibe."

**Notes:** Generate a quick clip of a fun, silly dance (e.g., flossing or robot dance). Add text overlay: "AI Dance Party!" Use chill synth-pop for energetic rhythm.

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## Segment 6: Evening Wind-Down (0:48–0:56)

### Script:

"Evening vibes: sipping tea, reading a book. ChatGPT's turning me into a cozy intellectual!"

### Video Generation Prompt:

"A young adult sipping tea and flipping through a book in a cozy, dimly lit room with a glowing lamp. Background shows a soft blanket and AI checklist fading out. Style: warm, cinematic, pastel tones, vertical 9:16, serene and inviting."

**Notes:** Generate a calm clip with a cozy aesthetic. Add text overlay: "Cozy AI Vibes!" Transition with a soft fade to match chill synth-pop's mellow beat.

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## Segment 7: Final Reflection (0:56–1:04)

### Script:

"ChatGPT's plan was wild! Productive, fun, weirdly perfect. Try it? Like, sub, comment—peace!"

### Video Generation Prompt:

"A young adult smiling thoughtfully at the camera in a cozy room, pointing energetically. Background includes a glowing AI interface dissolving and a coffee mug. Style: vibrant, cinematic, warm lighting, vertical 9:16, with bold text animations for 'Like & Sub!'"

**Notes:** Add AI-generated subtitles and text overlay: "AI Life Coach Win?" End with chill synth-pop outro and end screen (thumbnail, subscribe button).

| Used mixer of both the outputs

## Thumbnail Prompt

### ▼ Prompt:

"Suggest 3 catchy thumbnail text ideas (max 4–5 words each) for the video 'I Asked ChatGPT to Run My Day'."

### ▼ Output:

- "AI Controlled My Life!"
- "What Just Happened?!"
- "ChatGPT Was My Boss"

Selected title: AI Controlled My Life!

▼ **Thumbnail Image Prompt:**

A young adult looking surprised while a friendly robot in a suit hands them a to-do list in a morning kitchen setting, digital clock showing 7:00 AM, cinematic lighting, pastel tones, AI interface floating around them.

**4** 🎙️ **Voiceover + Music Prompt**

▼ **Prompt given to grok**

"Write a 30-second engaging YouTube intro voiceover script for the title 'I Asked ChatGPT to Run My Day'. Also, suggest a royalty-free music genre that fits the vibe (fun + productive)."

**Suggested Music Genre:**

- Upbeat lo-fi
- Chill synth-pop
- Wholesome ukulele background

▼ **Final Script prompt given to ElevenLab.io**

Yo, what's up, everyone? [excited] I let ChatGPT plan my entire day! [curious] Will this AI make me a productivity rockstar or a total mess? [playful] Let's dive in! [energetic] 6:30 AM—ugh! [groaning] Stretching like a confused giraffe, [silly] then eating bomb overnight oats. [satisfied] ChatGPT's got me feeling like a Pinterest pro! [proud] Edited videos like a boss, [confident] but origami? [surprised] Total fail! [giggle] ChatGPT says dance for fun! I'm busting moves—look at this! Laughs AI's got me grooving!" [optimistic] [Reaction] ChatGPT's plan was wild! [excited] I'm kinda impressed! [impressed] Would you try it? [curious] Like, sub, comment—peace! [energetic]

it generated an audio according to my need and then it was edited in the video.



## 5 Summary: How I Created Two AI-Powered Videos Using Prompt Engineering

Over the course of this project, I created two AI-powered videos using prompt engineering and a mix of cutting-edge tools. For the **first video** (40 seconds), I started by generating the script using **Gemini 2.5 Pro**, which gave me a well-structured narrative. After finalizing the script, I used **11Labs** to convert it into high-quality voiceover audio. Then, using **Canva**, I manually edited the video — syncing visuals with voice, adding transitions, and designing it to match the tone. In this process, I experimented with different script-generation tools like **ChatGPT**, **Grok**, and **Gemini**, and selected the best-performing version for my final output, while documenting every prompt and iteration along the way.

For the **second video** (also 40 seconds), I tested an end-to-end automation workflow. I directly used a detailed prompt inside **Grok**, and then fed it into **Veed.ai**, which automatically generated a complete video — including visuals and integrated voiceover. This allowed me to experience how a single creative prompt can lead to a fully finished video using AI alone.

Additionally, I explored visual tools like **Leonardo AI** and **Sora by ChatGPT** to generate conceptual and supporting images. Although I tried multiple combinations throughout the process, I always picked the best result that aligned with the message and tone I was aiming for. I kept all my documentation inside **Notion**, as I found it intuitive, clean, and very helpful for organizing each step and learning prompt-based creation from start to finish.