# MoTrPAC: power calculations for mixed effects datasets with time

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## The underlying model

We simulate linear mixed effects models with a random intercept model. Each subject (g) has its own intercept but the subjects share a common transient trend. There are five time points per subject: one pre- (time point zero) and four post-exercise (time points 1-4). The transient response peaks at the second post-exercise time point, whereas time points 1 and 3 have 25/% of the peak effect. The last time point has no effect. We use the lme4 and simr R packages to calculate the detection power for different cases. We first show example data sets with different within vs. between subject variability ratios. We fix the between variance to 1 and change the within variance.

```
# Helper functions
# Simulate a linear mixed effects dataset
simulate_data <-function(n_t, sigma_between, sigma_within, effects_vec,
                        n_subjects,effect_size,use_arima=F,arima_rho=0.5){
  intecepts = rnorm(n_subjects,sd = sigma_between)
  y = c()
  g = c()
  tp = c()
  for(j in 1:n_subjects){
    errs = rnorm(n_t,sd=sigma_within)
    if(use arima){
      errs = arima.sim(list(order = c(1,0,0), ar = arima_rho),
                       n = n_t,sd = sigma_within)
   effs = effect_size * effects_vec
   y = c(y,intecepts[j]+errs+effs)
   g = c(g,rep(j,n_t))
    tp = c(tp, 0: (n_t-1))
  d = data.frame(y,g,t=tp)
  return(d)
}
# Plot the trajectories of the subjects
plot_longi<-function(d,...){</pre>
  plot(y=d$y,d$t,type="n",ylab="abundance",...)
  points(y=d$y,d$t,type="p",pch=3)
  for(i in unique(d_g^*)(d_g^*)(d_g^*)(d_g^*)(d_g^*), type="1",1ty=2)
  lines(lowess(y=d$y,d$t,f=0.1),lwd=3,col="yellow")
}
# Example dataset:
n_t = 5 # one for pre and then four time points
sigma_between = 2 # random effect standard deviation
n_subjects = 50
```

```
effects_vec = c(0,0.25,1,0.25,0)
effect_size = 1
par(mfrow=c(1,3))
sigma_within = 1
d = simulate_data(n_t,sigma_between,sigma_within ,effects_vec,n_subjects,effect_size)
plot_longi(d,xlab="time points",main="(High) Sigma within: 1")
sigma_within = 0.5
d = simulate_data(n_t,sigma_between,sigma_within ,effects_vec,n_subjects,effect_size)
plot_longi(d,xlab="time points",main="(Medium) Sigma within: 0.5")
sigma_within = 0.1
d = simulate_data(n_t,sigma_between,sigma_within ,effects_vec,n_subjects,effect_size)
plot_longi(d,xlab="time points",main="(Low) Sigma within: 0.1")
```

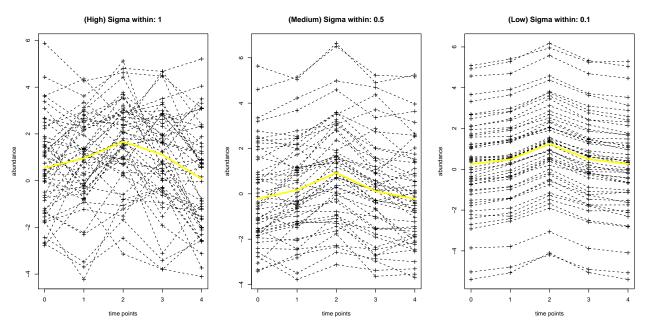


Figure 1: Simulated data examples with different within variance parameters. Greate values lead to a 'noisy' plot. Yellow lines represent the average time reponse.

#### Power calculation considerations

Obviously, if the time response of an anlyte is transient and involves time points that are not covered in the study then the detection power is zero. Here, we consider power calculations for the data sets as in Figure 1 with different within variance and effect size parameters. We also consider two different methods for analyte discovery: (1) a naive LMM that treats time as factors, and (2) fitting linear and cubic orthogonal polynomials. Given our transient response, we expect that the 2-degree polynomial will detect the differential abundance pattern. Greater degrees can be considered but were ignored because of the low number of time points per subject. All power calculations below are for a significance level of 0.001 (which should be close to an FDR of 0.05).

```
library(lme4);library(simr);library(gplots)
#' Power analysis that treats time as simple factors
#'
#' @param d A data frame of simulated data. For example, output of simulate_data
```

```
#' @param effects_var A numeric vector specifying relative weights for a trajectory
#' Oparam effect_size A number. the effect size to multiply effects_var by
#' @param max_m A number. The maximal numer of subjects to consider in calculations
#' Oparam nsim A number. Number of simulations for simr
#' Oparam alpha A number. The significance level for the power calculations
#' Oparam tp A number. The time point of interest. The power calculation focuses on
#' the ability to detect the effect in this time point
#' @param ... additional parameters to powerCurve (simr)
#'
#' @return A power curve
get_simple_power_plot<-function(d,effects_vec,effect_size,</pre>
                                max_n=700,nsim=10,alpha=0.001,tp=1,...){
  simr_model = lmer(y~factor(t)+(1|g),data=d)
  # specify desired effect sizes
  for(j in 2:n_t){
   fixef(simr_model)[paste("factor(t)",j-1,sep="")] = effects_vec[j]*effect_size
  # Analysis at a range of sample sizes
  model3 <- extend(simr_model, along="g", n=max_n)</pre>
  pc3 <- powerCurve(model3, along="g",</pre>
                    test=fixed(paste("factor(t)",tp,sep=""),"z"),
                    alpha=alpha,nsim=nsim,...)
 return(pc3)
#' Power analysis that uses polynomials to model time trajectories.
#' @param d A data frame of simulated data. For example, output of simulate_data
#' @param effects_var A numeric vector specifying relative weights for a trajectory
#' @param effect_size A number. the effect size to multiply effects_var by
#' @param max_m A number. The maximal numer of subjects to consider in calculations
#' Oparam nsim A number. Number of simulations for simr
#' Oparam alpha A number. The significance level for the power calculations
#' Oparam poly_deq A number. The polynomial degree. The power calculation focuses on
#' the ability to detect the effect in this trajectory type
#' Oparam ... additional parameters to powerCurve (simr)
#'
#' @return A power curve
get_poly_power_plot<-function(d,effects_vec,effect_size,</pre>
                              max_n=700,nsim=10,alpha=0.001,poly_deg=2,...){
n_t = length(unique(d$t))
pp = poly(0:(n_t-1),2)
yy = effects_vec*effect_size
new_effects_vec = lm(yy~pp)$coefficients[-1]
rownames(pp) = as.character(0:(n_t-1))
d_pp = pp[as.character(d$t),]
rownames(d_pp) = NULL
 d = data.frame(d,d_pp)
model = lmer(y~X1+X2+(1|g), data=d)
 fnames = summary(model)$coefficients
 fnames = rownames(fnames)[-1]
 simr_model = model
 # specify desired effect sizes
```

```
for(j in 1:length(fnames)){fixef(simr_model)[fnames[j]] = new_effects_vec[j]}
 # Analysis at a range of sample sizes
model3 <- extend(simr_model, along="g", n=max_n)</pre>
pc3 <- powerCurve(model3, along="g",</pre>
                   test=fixed(fnames[poly_deg],"z"),
                   alpha=alpha,nsim=nsim,...)
return(pc3)
}
#' Auxiliary function for plotting power curves with errors.
#'
#' @param l A list of powerCurve objects
#' @param cols A vector of colors, length(cols)>=length(l)
#' @param cols A vector of pch codes, length(pchs)>=length(l)
#' Oparam ... Additional paramaters for legend
plot_ci_results<-function(1,cols = c("red","green","blue"),pchs=20:24,</pre>
                          xlab="Number of subjects",...){
  if(class(l[[1]])[1] == "powerCurve"){l = lapply(l,summary)}
  plot(1[[1]][,1], 1[[1]][,4], ylim=c(0,1.2), type="b",col=cols[1],pch=pchs[1],
       xlab=xlab,ylab="power")
 for(j in 1:length(l)){
   x = 1[[j]][,1]
   ui = pmin(1,1[[j]][,6])
   li = pmax(0,1[[j]][,5])
   arrows(x, li, x, ui, length=0.05, angle=90, code=3,col=cols[j])
   if(j>1){
      lines(l[[j]][,1], l[[j]][,4],type="b",col=cols[j],pch=pchs[j])
   }
  abline(h=0.8,lty=2)
  legend(x="topleft",legend=names(1),pch=pchs,col=cols,lwd=2,ncol=3,...)
```

### Results

We plot the results below. Error bars represent variance detected during the simulations of the simr package. To avoid unnecessary code duplication, we show only one code example (for Figure 2).

#### Power curves as a function of sample size

```
sigma_between = 1 # random effect standard deviation
n_subjects = 100
sigma_within = 1
effect_size = 0.5
nsim = 3
d = simulate_data(n_t, sigma_between, sigma_within , effects_vec, n_subjects, effect_size)
ps1 = get_simple_power_plot(d, effects_vec, effect_size, max_n=700, nsim=nsim, alpha=0.001, tp=1)
ps2 = get_simple_power_plot(d, effects_vec, effect_size, max_n=700, nsim=nsim, alpha=0.001, tp=2)
ps3 = get_poly_power_plot(d, effects_vec, effect_size, max_n=700, nsim=nsim, alpha=0.001)
plot_ci_results(list("S:tp=2"=ps2, "S:tp=1"=ps1, "P:q"=ps3), cex=1.3)
```

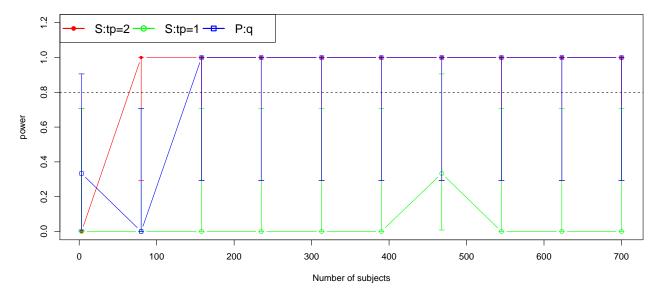


Figure 2: High within variance (sigma=1), peak effect size is 0.5. S denotes the simple LMM that treats time points af factors with fixed effects, whereas P denotes a model that fits orthogonal polynomials for detecting the overall trend. For the simple LMM method we condifer the power to detect either the peak effect at the second post-exercise time point, or the previous time point with 25 percent of the peak effect. Naturally, for this effect we get lower power.

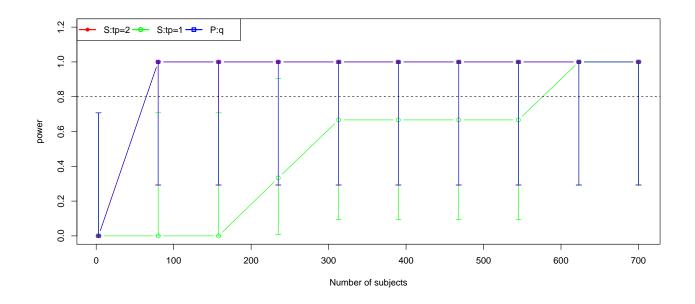


Figure 3: Medium within variance (sigma=0.5), peak effect size is 0.5

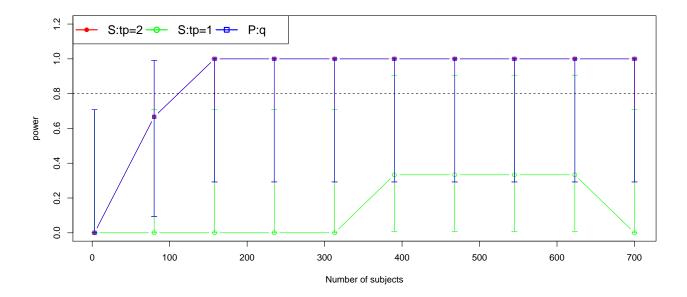


Figure 4: High within variance (sigma=1), peak effect size is 0.25.

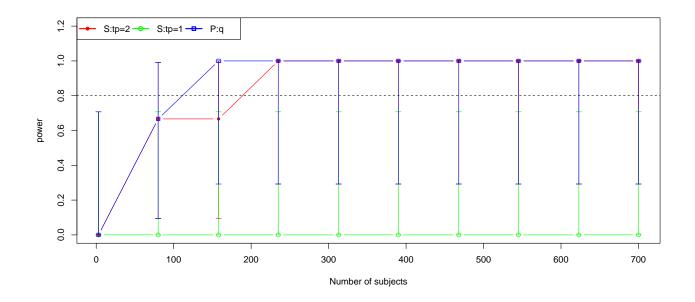


Figure 5: Medium within variance (sigma=0.5), peak effect size is 0.25

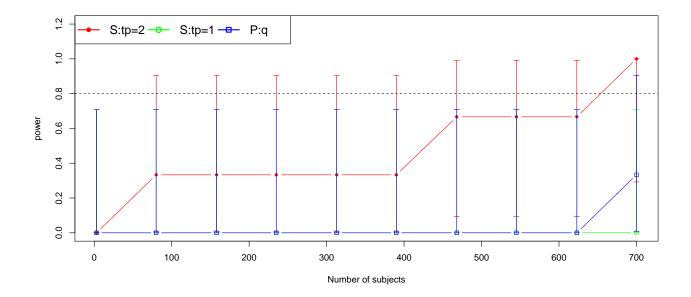


Figure 6: High within variance (sigma=1), peak effect size is 0.1

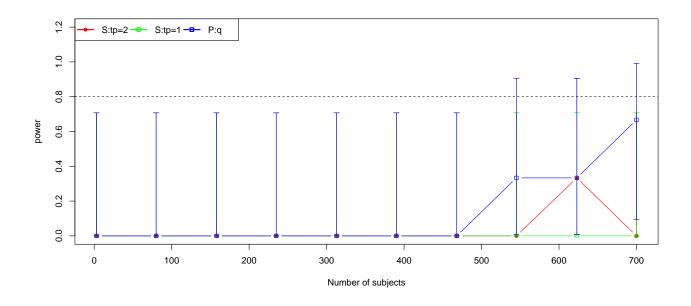


Figure 7: Medium within variance (sigma=0.5), peak effect size is 0.1

#### Power curves as a function of effect size

We fix the sample size to 120 and examine the power of different effect sizes.

```
n_subjects = 120
sigma within range = c(0.25, 0.5, 1)
effect_size_range = seq(0.1,1,by=0.1)
res_tp2 = list();res_q = list()
for(sigma_within in sigma_within_range){
  m1 = c(); m2=c()
  for (effect_size in effect_size_range){
    d = simulate_data(n_t, sigma_between, sigma_within ,effects_vec, n_subjects, effect_size)
    ps_tp = get_simple_power_plot(d,effects_vec,effect_size,max_n=n_subjects,
                                nsim=nsim,alpha=0.001,tp=2,breaks=n_subjects)
    ps_tp = summary(ps_tp)[1,]
    ps_tp[1] = effect_size
    m1 = rbind(m1,ps_tp)
    ps_q = get_poly_power_plot(d,effects_vec,effect_size,max_n=n_subjects,
                              nsim=nsim,alpha=0.001,breaks=n_subjects)
    ps_q = summary(ps_q)[1,]
    ps_q[1] = effect_size
    m2 = rbind(m2,ps_q)
  res_tp2[[as.character(sigma_within)]] = m1
  res_q[[as.character(sigma_within)]] = m2
plot_ci_results(res_tp2,xlab="Peak effect size")
```

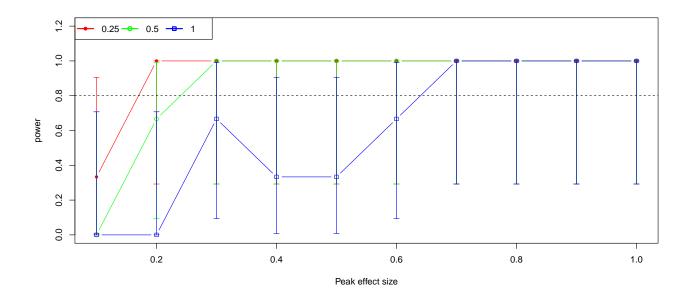


Figure 8: Power as a function of peak effect size when treating time as simple factors. Number of subjects is fixed at 120. The different curves represent different within variance.

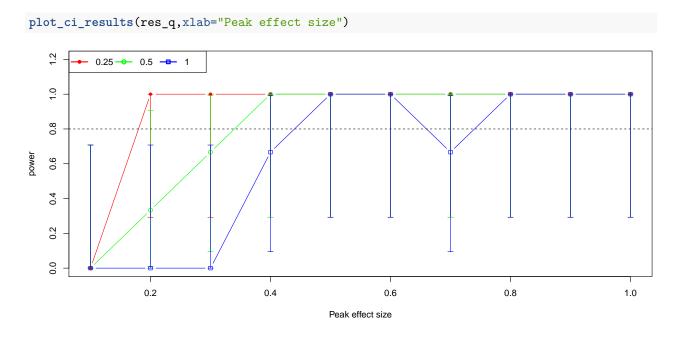


Figure 9: Power as a function of peak effect size when fitting polynomials to model time. Number of subjects is fixed at 120. The different curves represent different within variance.

# Conclusions

Except for the case with very low effect and high within variance, we reach satisfactory power for the discussed sample sizes for the study (at least 700 subjects).

For lower sample sizes (100-200) we still see a reasonable power for high or medium effects as along as the

within variance is not too high.