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Special Topics in Electronics
and Communication
Engineering - COM 581

ALS COMMUNICATION PROJECT

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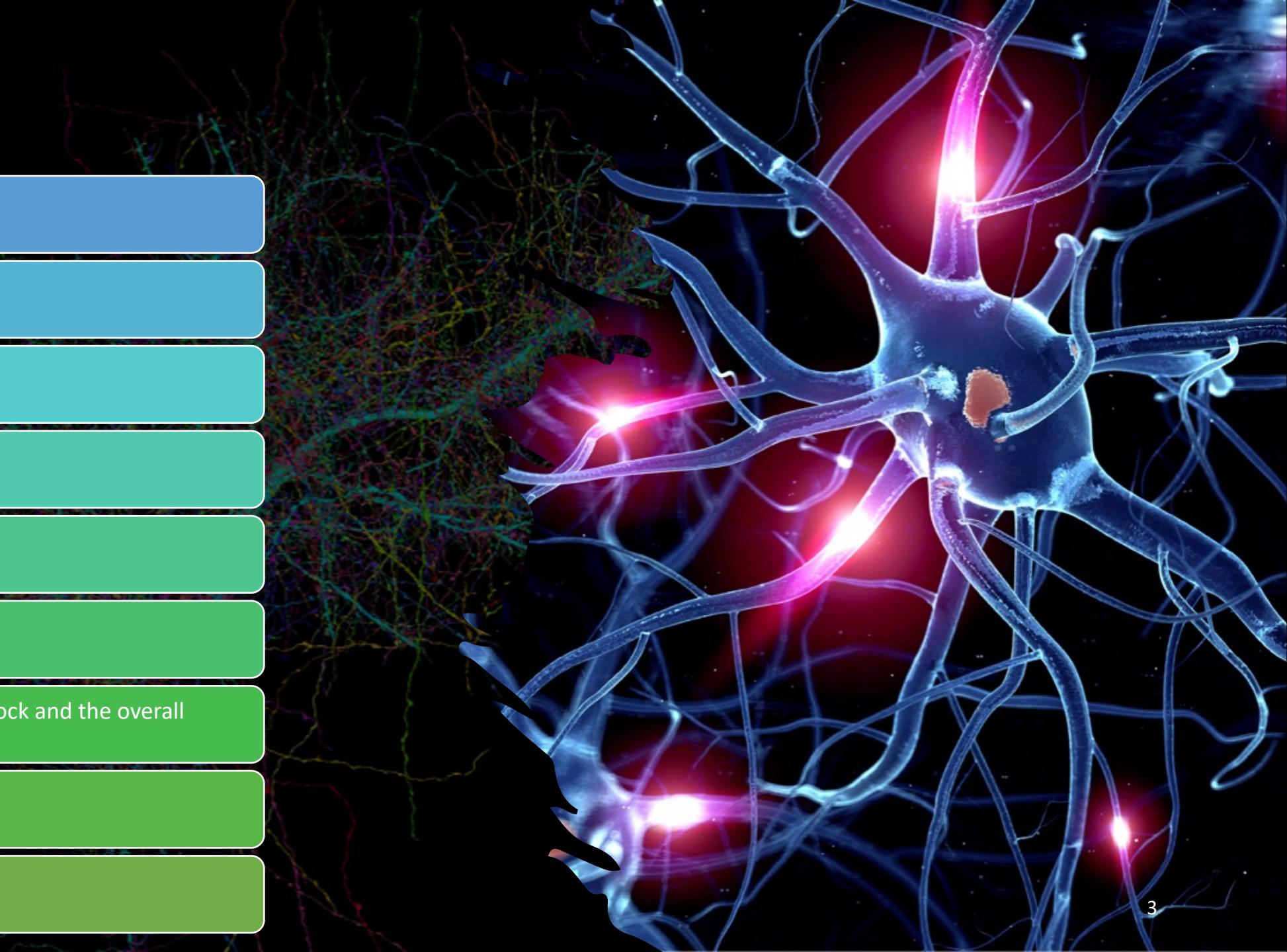
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ACKNOWLEDGMENT

We would like to express our special thanks to Dr. Ahmed Saeed who gave us the opportunity to do this project (ALS Communication project), which helped us in doing a lot of Research and know how to use the ESP-32 Microprocessor, so we are thankful to you.

We had made this project with a lot of effort and utmost sincerity to complete it.

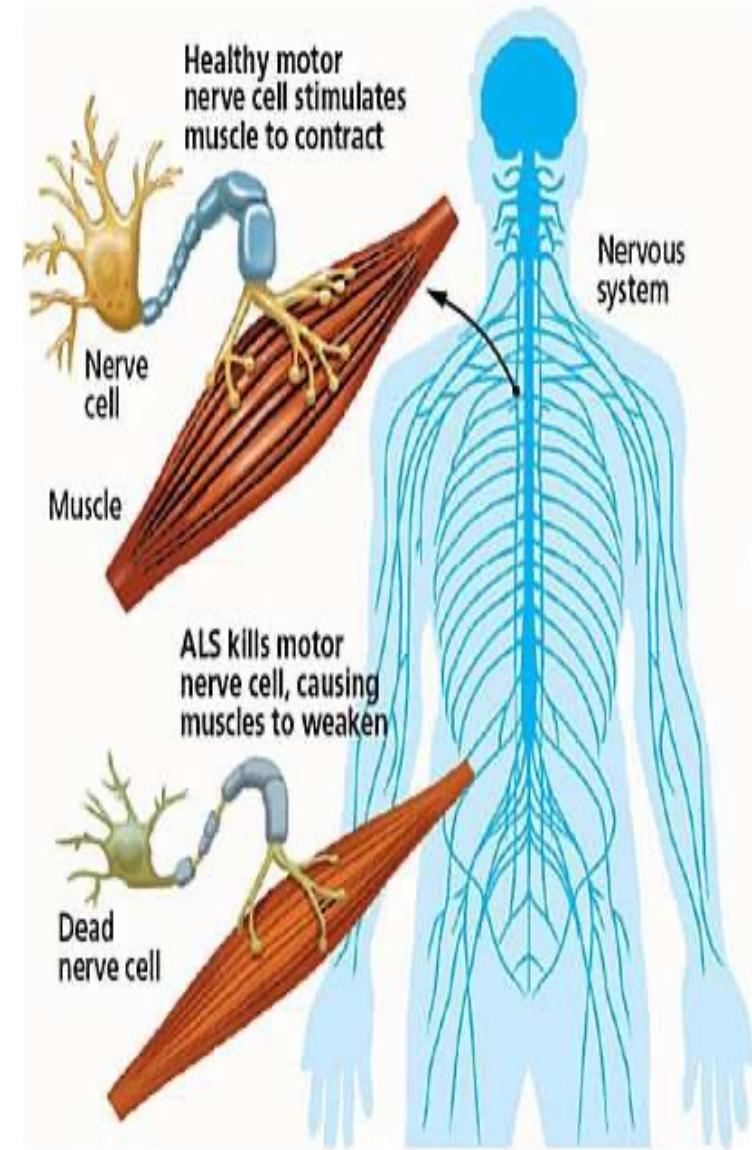
Acknowledgments



INTRODUCTION



- **Amyotrophic lateral sclerosis** or **ALS**, is a progressive nervous system disease that affects nerve cells in the brain and spinal cord, causing loss of muscle control.
- ALS often begins with muscle twitching and weakness in a limb, or slurred speech. Eventually, ALS affects control of the muscles needed to move, speak, eat and breathe. There is no cure for this fatal disease.
- So, we make this project to help ALS patients to communicate with people and to take information from his body like his/her heart rate and connect this information with his/her doctor to follow his/her case.





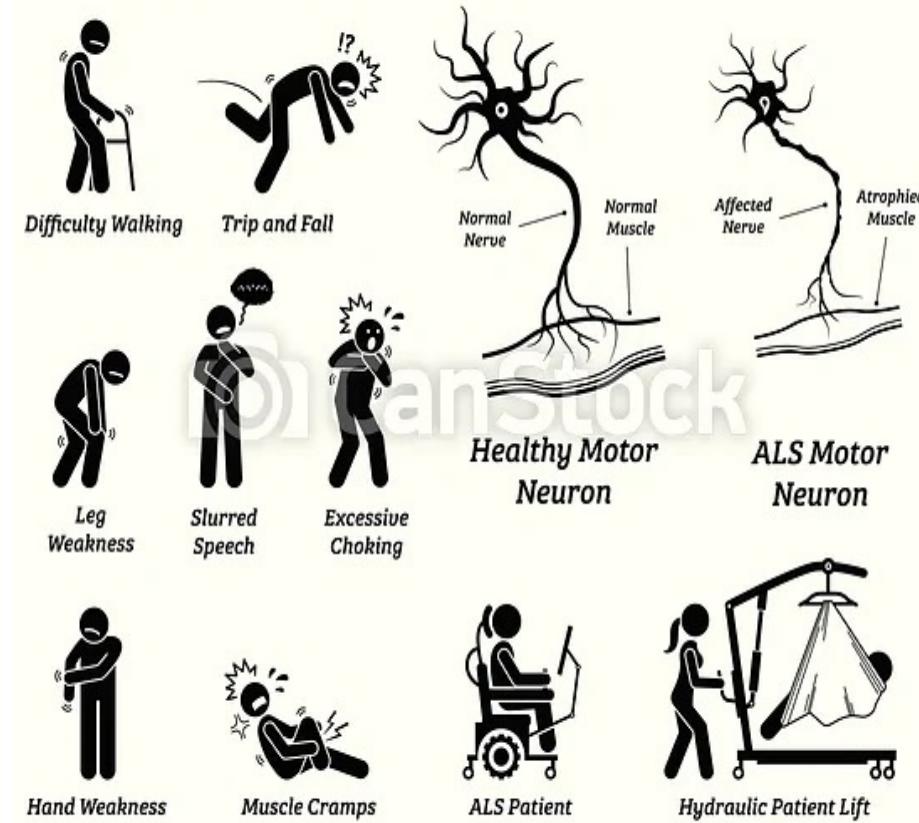
ALS DISEASE

Before we started our project, we did a lot of searches about ALS to study more about this disease and Its Symptoms and to know how can we help them, and we found that:

1. 80 to 95% of people with ALS are unable to meet their daily communication needs using natural speech.
2. Hand weakness or clumsiness.
3. Part of the nervous system that it affects governs cardiac function, including heart rate.
4. Inappropriate crying, laughing or yawning.
5. Cognitive and behavioral changes.
6. Difficulty walking or doing normal daily activities.
7. Weakness in legs, feet or ankles.[1]

We take Stephen Hawking who was suffering from this disease as our case study.

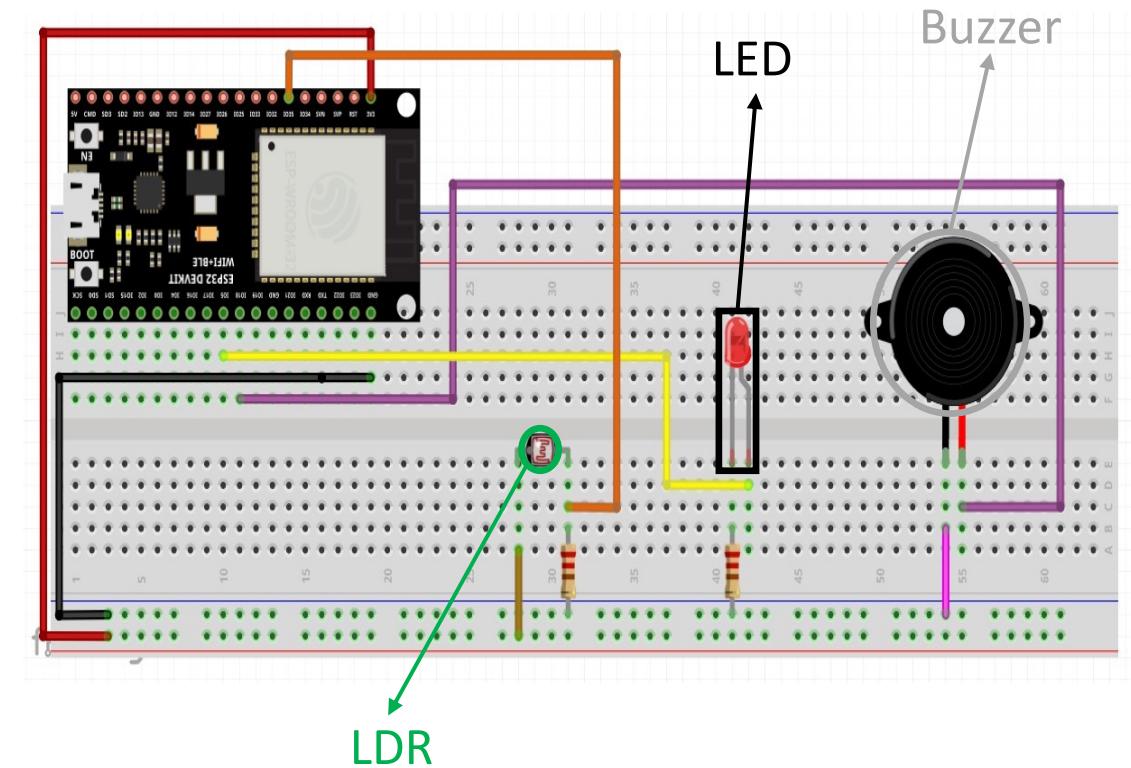
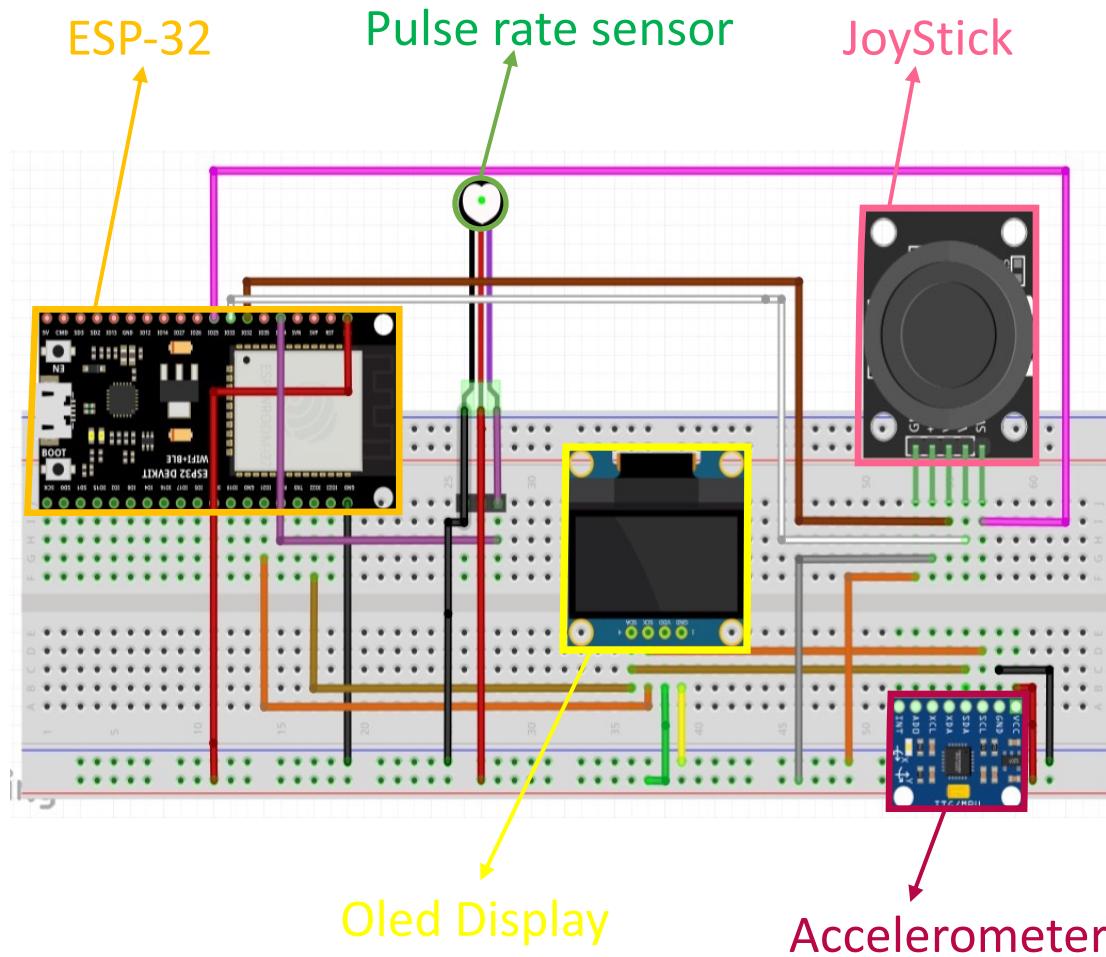
Amyotrophic Lateral Sclerosis (ALS)



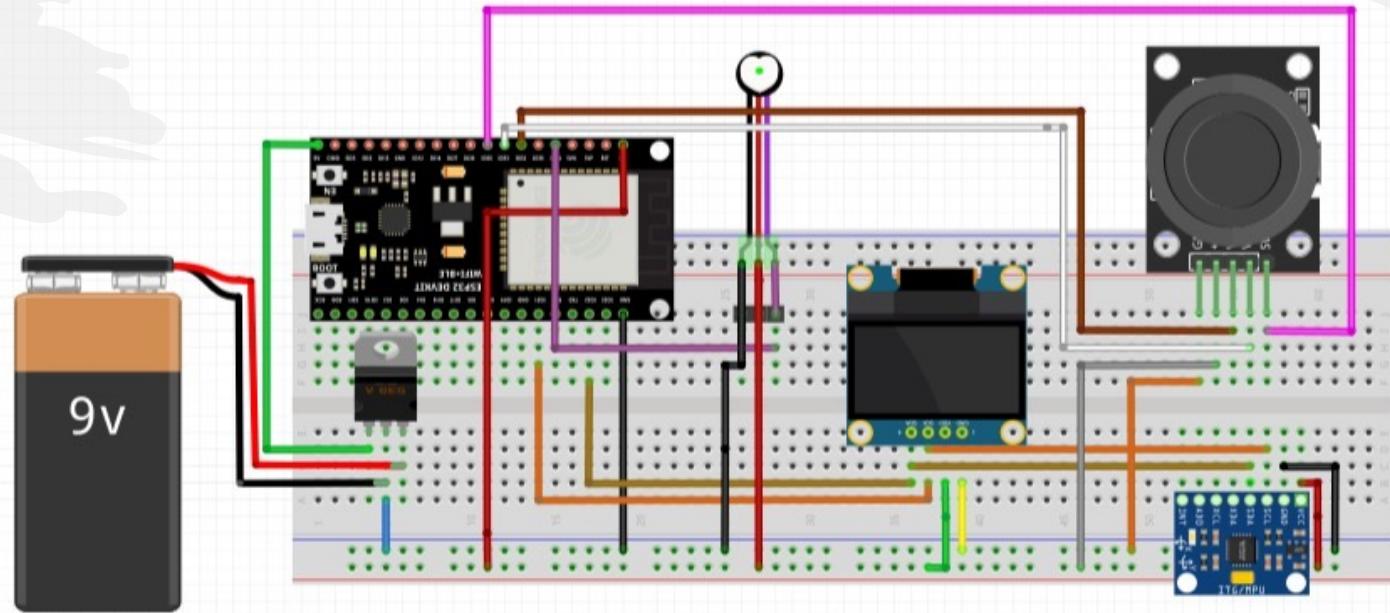


BLOCK DIAGRAM

fritzing



BLOCK DIAGRAM



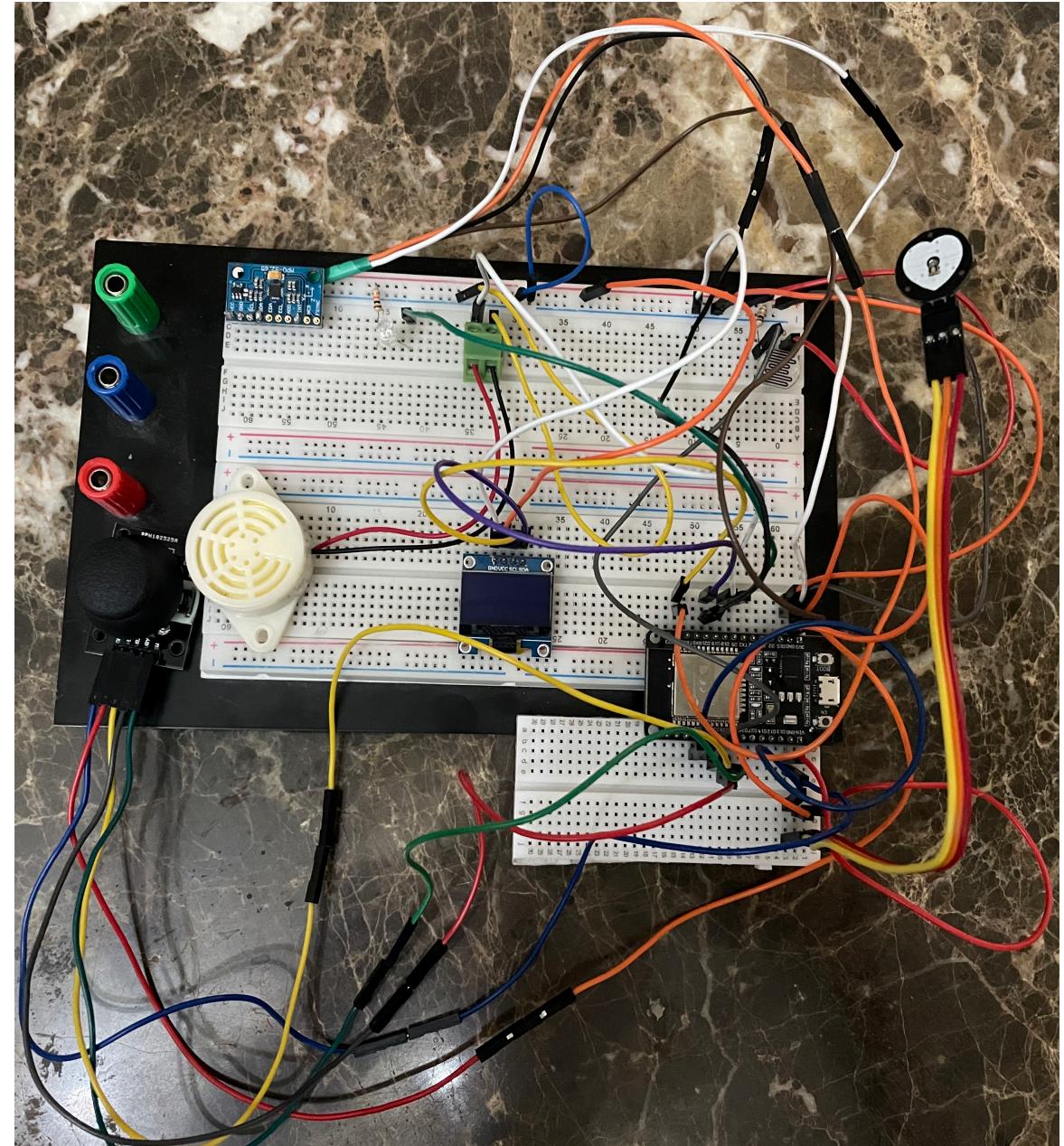
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DESIGN STEPS



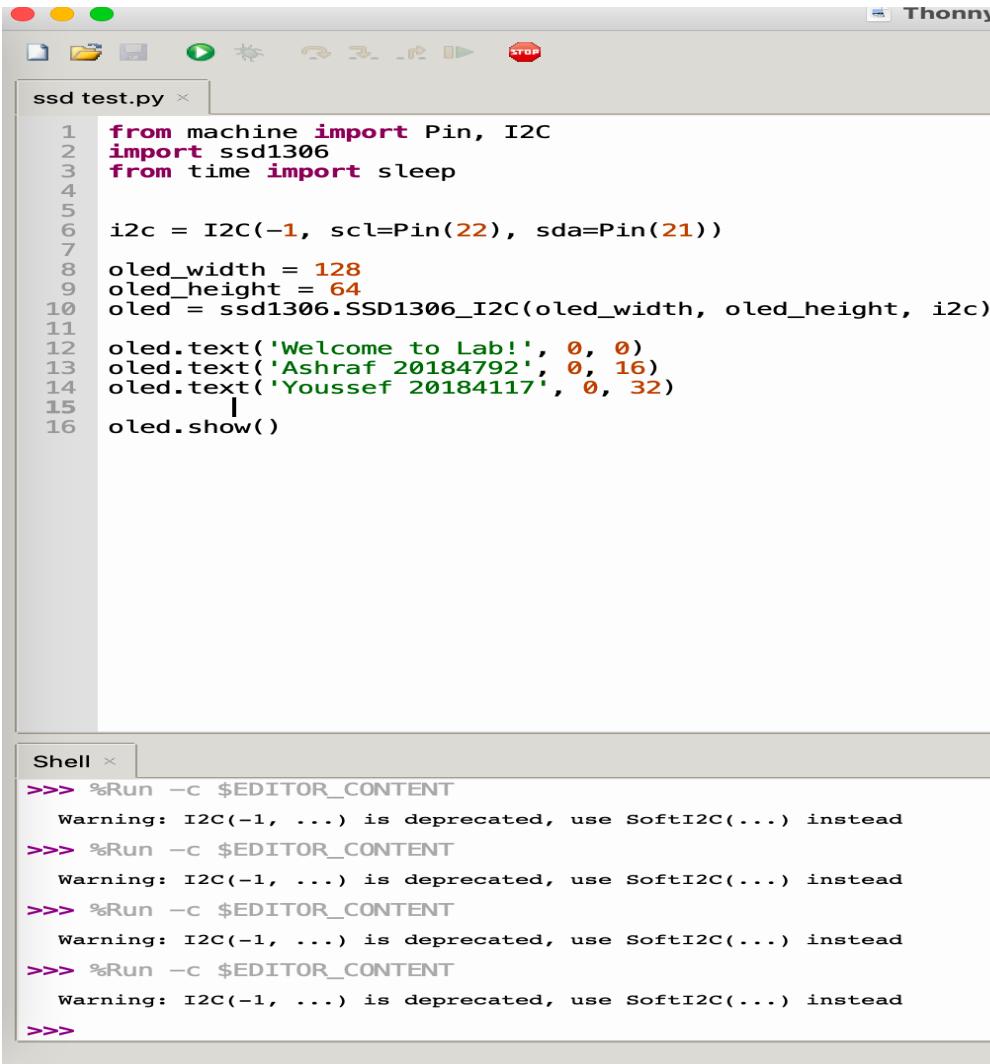
- Connect +ve terminal of the LED to Pin 5 of ESP32 and –ve terminal by resistor to the GND.
- Connect terminal of the LDR to Vcc and the other terminal to Pin 35 of ESP32 and to the GND by resistor.
- Connect +ve terminal of the Buzzer to Pin 18 of ESP32 and –ve terminal to the GND.
- Connect Pulse Rate Sensor to the Vcc, GND and Pin 34.
- Connect Joystick using ADC Connection (Vcc, GND, VRx to Pin 32, VRy to Pin 33, SW to Pin 25).
- Connect Accelerometer using I2C Connection (Vcc, GND, SCL to Pin 22, SDA to Pin 21).
- Connect Oled display using I2C Connection too.





TESTING STRATEGY

Oled Display[4]

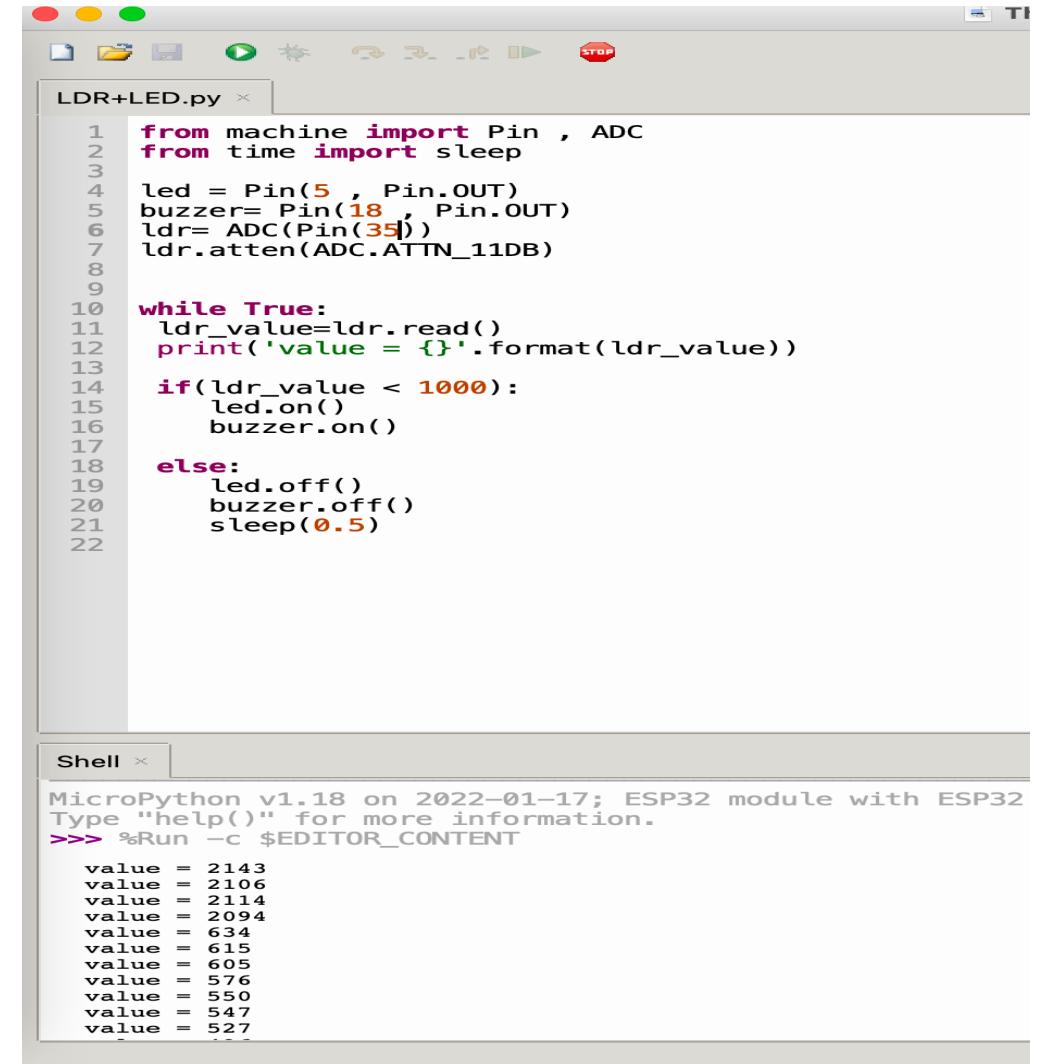


The screenshot shows the Thonny IDE interface. The top window is titled "ssd test.py" and contains Python code for initializing an SSD1306 OLED display. The bottom window is titled "Shell" and shows the output of running the script, which includes several deprecation warnings about using I2C(-1) instead of SoftI2C(...).

```
1 from machine import Pin, I2C
2 import ssd1306
3 from time import sleep
4
5 i2c = I2C(-1, scl=Pin(22), sda=Pin(21))
6
7 oled_width = 128
8 oled_height = 64
9 oled = ssd1306.SSD1306_I2C(oled_width, oled_height, i2c)
10
11 oled.text('Welcome to Lab!', 0, 0)
12 oled.text('Ashraf 20184792', 0, 16)
13 oled.text('Youssef 20184117', 0, 32)
14
15 oled.show()
16
```

```
>>> %Run -c $EDITOR_CONTENT
Warning: I2C(-1, ...) is deprecated, use SoftI2C(...) instead
>>> %Run -c $EDITOR_CONTENT
Warning: I2C(-1, ...) is deprecated, use SoftI2C(...) instead
>>> %Run -c $EDITOR_CONTENT
Warning: I2C(-1, ...) is deprecated, use SoftI2C(...) instead
>>> %Run -c $EDITOR_CONTENT
Warning: I2C(-1, ...) is deprecated, use SoftI2C(...) instead
>>>
```

LED, LDR & Buzzer



The screenshot shows the Thonny IDE interface. The top window is titled "LDR+LED.py" and contains Python code for an LED, LDR, and Buzzer project. The bottom window is titled "Shell" and shows the output of running the script, which prints LDR values and controls an LED and buzzer based on those values.

```
1 from machine import Pin , ADC
2 from time import sleep
3
4 led = Pin(5 , Pin.OUT)
5 buzzer= Pin(18 , Pin.OUT)
6 ldr= ADC(Pin(35))
7 ldr.atten(ADC.ATTN_11DB)
8
9
10 while True:
11     ldr_value=ldr.read()
12     print('value = {}'.format(ldr_value))
13
14     if(ldr_value < 1000):
15         led.on()
16         buzzer.on()
17
18     else:
19         led.off()
20         buzzer.off()
21         sleep(0.5)
22
```

```
>>> MicroPython v1.18 on 2022-01-17; ESP32 module with ESP32
Type "help()" for more information.
>>> %Run -c $EDITOR_CONTENT
value = 2143
value = 2106
value = 2114
value = 2094
value = 634
value = 615
value = 605
value = 576
value = 550
value = 547
value = 527
```

Accelerometer[6]

```
ssd test.py read joystick.py main.py Accel test.py
1 from machine import Pin, I2C ,ADC ,deepsleep
2 from time import sleep,time
3 from mpu import Accel
4 import ssd1306
5 import esp32
6
7 i2c = I2C(scl=Pin(22), sda=Pin(21))
8 mpu= Accel(i2c)
9
10 while True:
11     value = mpu.get_values()
12     y = value["AcY"]
13     x = value["AcX"]
14     z = value["AcZ"]
15
16     if y < 0 and x > 8000 :
17         print("right")
18
19     elif x < 0 and z > 0:
20         print("left")
21     elif y < 0 and x < 7000 and z < 7000:
22         print("back")
23     elif y > 7000 and x < 7000 and z < 7000:
24         print("forward")
25
26     else:
27         print("stop")
28
29     sleep(1.5)
30     print(value)

Shell <
{'AcZ': 5940, 'AcY': -18152, 'AcX': 2796}
left
{'AcZ': 8392, 'AcY': 2540, 'AcX': -13716}
forward
{'AcZ': -496, 'AcY': 9632, 'AcX': -13168}
stop
{'AcZ': -652, 'AcY': 18348, 'AcX': 19768}
right
{'AcZ': 420, 'AcY': -11368, 'AcX': 15040}
back

MicroPython v1.18 on 2022-01-17; ESP32 module with
Type "help()" for more information.
>>>
```

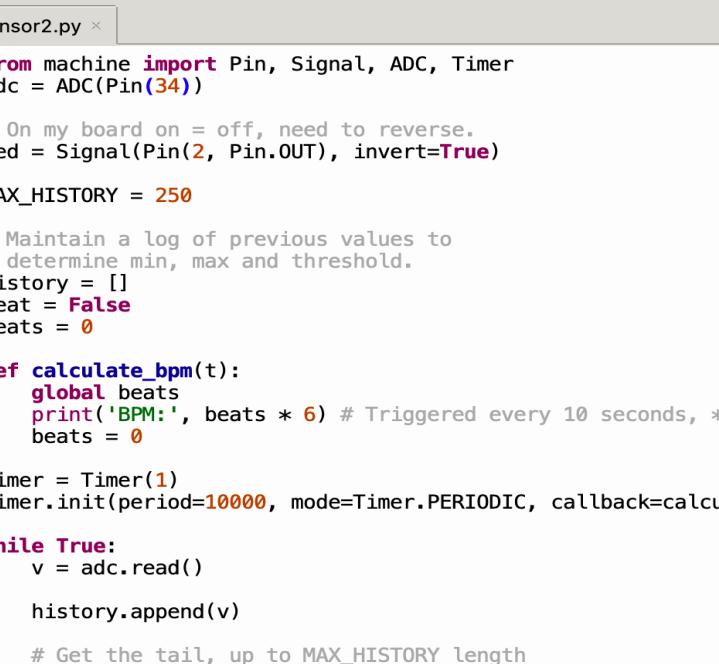
Joystick[5]

```
ssd test.py read joystick.py
1 from machine import Pin, ADC
2 from time import sleep_ms
3
4 x = ADC(Pin(32, Pin.IN))
5 y = ADC(Pin(33, Pin.IN))
6 x.atten(ADC.ATTN_11DB)
7 y.atten(ADC.ATTN_11DB)
8
9 while True:
10     x_val = x.read()
11     y_val = y.read()
12     print('Current position:{},{}'.format(x_val,y_val))
13     sleep_ms(300)

Shell <
Current position:1835,4095
Current position:1837,1943
Current position:0,1947
Current position:1831,1947
Current position:1834,0
Current position:1839,1949
Current position:1840,1949
Current position:1837,1951
Current position:1839,1950
Current position:1835,1950

MicroPython v1.18 on 2022-01-17; ESP32 module with ESP32
Type "help()" for more information.
>>>
```

Pulse Rate Sensor_[2]



The screenshot shows the Thonny Python IDE interface. The title bar reads "Thonny - /Users/ashrafmala". The main window displays a Python script titled "heart sensor2.py". The code implements a heart rate monitoring system using an ADC pin (34) on a microcontroller. It uses a Timer to trigger a periodic callback every 10 seconds to calculate the BPM. The script maintains a history of previous values to determine the minimum and maximum values for calculating the beat period.

```
from machine import Pin, Signal, ADC, Timer
adc = ADC(Pin(34))

# On my board on = off, need to reverse.
led = Signal(Pin(2, Pin.OUT), invert=True)

MAX_HISTORY = 250

# Maintain a log of previous values to
# determine min, max and threshold.
history = []
beat = False
beats = 0

def calculate_bpm(t):
    global beats
    print('BPM:', beats * 6) # Triggered every 10 seconds, * 6 = bpm
    beats = 0

timer = Timer(1)
timer.init(period=10000, mode=Timer.PERIODIC, callback=calculate_bpm)

while True:
    v = adc.read()
    history.append(v)

    # Get the tail, up to MAX_HISTORY length
    history = history[-MAX_HISTORY:]

    minima, maxima = min(history), max(history)
```

MicroPython v1.18 on 2022-01-17; ESP32 module with ESP32
Type "help()" for more information.

```
>>> %Run -c $EDITOR_CONTENT
```

BPM: 0
BPM: 54
BPM: 42
BPM: 48

MicroPython v1.18 on 2022-01-17; ESP32 module with ESP32
Type "help()" for more information.

>>>

WIFI & Thing Speak

```
Shell x
connecting to network...
network config: ('192.168.1.10', '255.255.255.0', '192.168.1.1', '217.52.47.130')
{'field1': 2774}
{'field1': 2771}
{'field1': 2775}
{'field1': 2773}
{'field1': 2773}
```



Overall System



```
Final.py x
1 from machine import Pin, I2C ,ADC
2 from time import sleep
3 from mpu import Accel
4 import ssd1306
5 import urequests
6 import network, time
7
8 #For the led , buzzer & LDR
9 led = Pin(5 , Pin.OUT)
10 buzzer= Pin(18 , Pin.OUT)
11 ldr= ADC(Pin(35))
12 ldr.atten(ADC.ATTN_11DB)
13
14 #For the joystick
15 X = ADC(Pin(32, Pin.IN))
16 Y = ADC(Pin(33, Pin.IN))
17 X.atten(ADC.ATTN_11DB)
18 Y.atten(ADC.ATTN_11DB)
19
20 #For the display &accelometer
21 i2c = I2C(scl=Pin(22), sda=Pin(21))
22 mpu= Accel(i2c)
23
24 oled_width = 128
25 oled_height = 64
26 oled = ssd1306.SSD1306_I2C(oled_width, oled_height, i2c)
27
28 #For ThingSpeak
29 HTTP_HEADERS = {'Content-Type': 'application/json'}
30 THINGSPEAK_WRITE_API_KEY = '7UKLHPE2R62D0TXJ'
31
32 UPDATE_TIME_INTERVAL = 5000 # in ms
33 last_update = time.ticks_ms()
34
35 ssid='AM'
36 password='941999*#'
37
38 # Configure ESP32 as Station
39 sta_if=network.WLAN(network.STA_IF)
40 sta_if.active(True)
41
42 if not sta_if.isconnected():
43     print('connecting to network...')
44     sta_if.connect(ssid, password)
45     while not sta_if.isconnected():
46         pass
47     print('network config:', sta_if.ifconfig())
48
49
50
51 while True:
52
53     ldr_value=ldr.read()
54
55     value = mpu.get_values()
56     y = value["AcY"]
57     x = value["AcX"]
58     z = value["AcZ"]
59
60     oled.invert(True)
61
62     if(ldr_value < 1000):
63         led.on()
64         buzzer.on()
65
66     else:
67         led.off()
68         buzzer.off()
69     sleep(0.5)
70
71
72     if y < 0 and x > 8000 :
73         print("right")
74         oled.fill(0)
75         oled.text('Eat', 50, 32)
```

Shell x

```
{'AcZ': 1280, 'AcY': -16032, 'AcX': -356}
stop
left
{'AcZ': 1300, 'AcY': -15972, 'AcX': -356}
stop
left
{'AcZ': 1328, 'AcY': -15952, 'AcX': -372}
```

```
Final.py x
1
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```

```
77
78 elif x < 0 and z > 0:
79     print("left")
80     oled.fill(0)
81     oled.text('Sleep', 50, 32)
82     oled.show()
83 elif y < 0 and x < 7000 and z < 7000:
84     print("back")
85     oled.fill(0)
86     oled.text('toilet', 50, 32)
87     oled.show()
88 elif y > 7000 and x < 7000 and z < 7000:
89     print("forward")
90     oled.fill(0)
91     oled.text('tired', 50, 32)
92     oled.show()
93     buzzer.on()
94
95 else:
96     oled.fill(0)
97     print("stop")
98
99
100 print(value)
101
102 if time.ticks_ms() - last_update >= UPDATE_TIME_INTERVAL:
103
104     x=ldr.read()
105
106     ldr_readings = {'field1':x}
107     request = urequests.post( 'http://api.thingspeak.com/update?api_key=' + THINGSPEAK_WRITE_API_KEY, json = ldr_readings, headers = HTTP_HEADERS )
108     request.close()
109     print(ldr_readings)
110
111
112
113
114 while True:
```

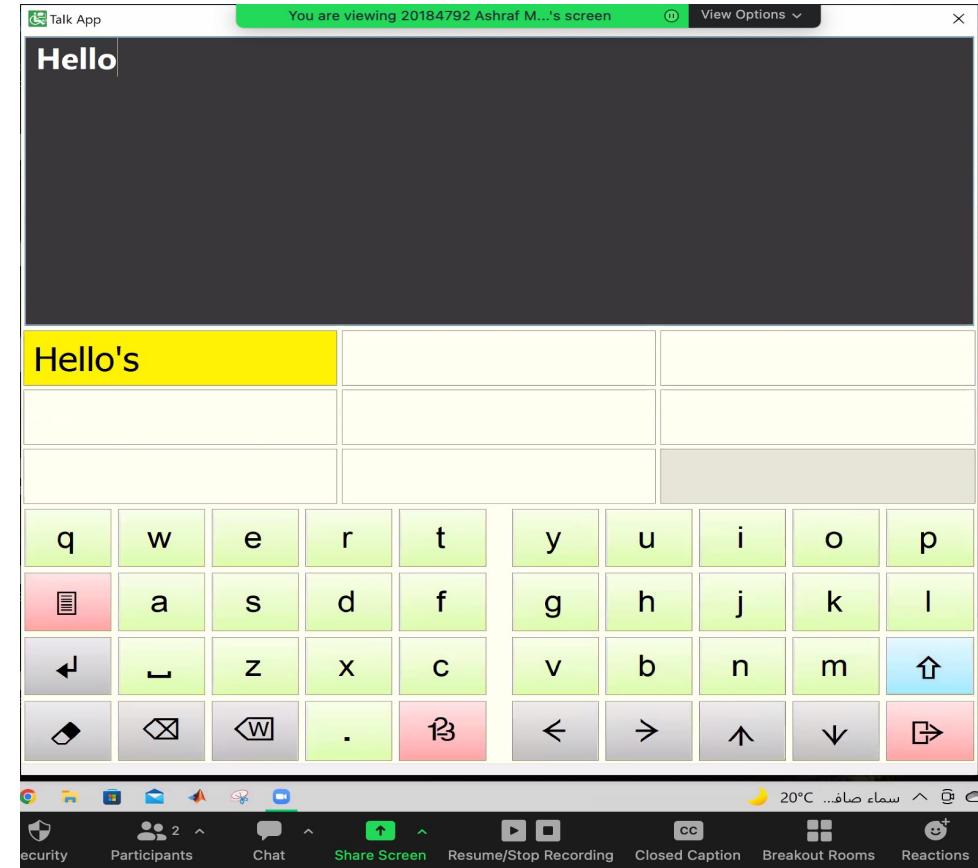
```
114
115     xx = X.read()
116     yy = Y.read()
117
118     if yy==4095 and 4095 > xx :
119         print("right")
120         oled.fill(0)
121         oled.text('Yes', 50, 32)
122         oled.show()
123
124
125
126     elif xx < 4095 and yy==0 :
127         print("left")
128         oled.fill(0)
129         oled.text('No', 50, 32)
130         oled.show()
131
132
133
134     elif yy < 4095 and xx==0 :
135         print("back")
136         oled.fill(0)
137         oled.text('IDK', 50, 32)
138         oled.show()
139
140
141
142     elif xx==4095 and 4095 > yy:
143         print("forward")
144         oled.fill(0)
145         oled.text('Thanks', 50, 32)
146         oled.show()
147
148
149
150
151
break
sleep(0.2)
```



CONCLUSION



We do our best to try to help ALS patients with our limited Possibilities and components, and we are sure that our project can be improved using advanced components like Brain Signal Sensors and use programs like ACAT which can make an interface from human interactions to the device[3], and we tried to use it in our project, but we couldn't finish it on time.





REFERENCES



References

- [1] M. C. Staff, "MAYO CLINIC," 22 2 2022. [Online]. Available: <https://www.mayoclinic.org/diseases-conditions/amyotrophic-lateral-sclerosis/symptoms-causes/syc-20354022>.
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