

UK Opensource Gender Transition Resources

1. Introduction

An open collection of transition-related resources maintained by the Red Hat Pride Community. Contributions welcome!

2. What is this?

A gender transition is a difficult and confusing process and finding vital resources can be even harder. In addition to the social, medical, personal, and interpersonal issues transitions can present, legal and practical changes are often frustrating, obtuse, and overwhelming.

To help, we've created an open source documentation project: [The Open Source Gender Transition Resource List](#). The purpose is to provide clear and easy access to information such as:

- How to legally change your name
- How to navigate changes for various online tools
- Communities, and networks and how to find local and regional specific instruction.

It is our belief at Red Hat that the power of community can make a profound impact on its individual members. And the hope for this project is that those who come after us can transition gracefully and with great ease. Thank you for reading, learning, and helping us achieve this. Please consider contributing!

3. Crisis Hotlines

We recognize that the LGBTQIA+ community faces mental health conditions just like the rest of the population. However, LGBTQIA+ people may experience more negative mental health outcomes due to prejudice and other biases. If you need support in your region, here are resources where you can get help.

3.1. United Kingdom

3.1.1. [The Trevor Project](#)

If you are thinking about suicide and in need of immediate support.

Trevor Lifeline

1-866-488-7386 Available 24/7 Free

TrevorText

Text the word START to 678678 Standard messaging rates apply

TrevorChat

Enter the online portal on The Trevor Project's website Available 24/7 Free please call the TrevorLifeline at 1-866-488-7386 or [chat](#)

3.1.2. THRIVE Lifeline

If you're experiencing a mental health crisis and need to chat with a qualified LGBTQIA+ crisis responder, our partners at THRIVE Lifeline are here for you.

THRIVE Lifeline's experienced suicide interveners partner with oSTEM to help keep you safe during times of acute mental health crises. If you are not in an acute crisis, but are dealing with stress as you navigate identity, orientation, or barriers to academic and professional entry, THRIVE can help! Together, we are here to support your whole-self and we're happy to help you during these troubling times.

Contact Information: +1 (313) 662-8209

Available 24/7, Must be 18 years or older

3.1.3. SAGE

SAGE LGBT Elder Hotline. Older LGBT people who want to talk can be connected with friendly responders who are ready to listen. If you are an LGBT elder or care for one, call the free SAGE Hotline, toll-free 24/7.

Contact information: Toll Free 877-360-LGBT (5428) Available 24/7

3.2. Ireland

3.3. Scotland

3.4. Wales

4. Healthcare

4.1. Vocal Training

4.1.1. YouTube

- [Trans Voice Lessons](#)

5. Companies

6. Internal Corporate Guides

6.1. Red Hat

For transition-related information at Red Hat, see [this page on Mojo](<https://mojo.redhat.com/docs/DOC-1223041>).

7. Internet Accounts

7.1. Google/Gmail

Information on how to change your name and other info may be found [here](<https://support.google.com/accounts/answer/27442?co=GENIE.Platform%3DDesktop&hl=en>). Google appears to have made this process relatively straightforward.

As noted by a contributor: The best approach seems to be creating an email alias, and utilizing that. Your Google sign-in name can't be changed. If you want a fully fresh slate, you can create a new account and forward your old emails, but you cannot transfer purchases.

7.2. Facebook

Load your Facebook profile, and click the down-pointing arrow in the top-right of the page and click Settings. Under General look for Name, click Edit and enter your new name. Click Review Change, enter your password, and click Save Changes.

7.3. LinkedIn

From your profile page, click your name. Click the Edit pen icon at the upper right Change your profile name

7.4. Instagram

Change this in your profile. # Snapchat Display name is editable from Settings Slack Channels: Women In Tech <https://womenintech.slack.com/> LGBTQ in Tech <https://lgbtq.technology/>

Appendix A: Definitions

Opensource Transition Guide Definitions

Appendix B: Contributors

Ashton Davis

Sarah Thornton

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Appendix C: How to Contribute

C.1. Suggesting edits online

If you think of something that can be added but don't want to get into editing docs, you can submit a suggested edit as a GitHub "issue", and one of the maintainers will update the code and PDFs. You will need a free GitHub account to make suggestions.

You can quickly create a new suggestion by filling out the form here: <https://github.com/AshtonDavis/open-source-transition-resources/issues/new/choose>. A suggestion "issue" is basically just an email. Please give your suggestion a title and describe how the content can be improved in the larger comment box.

C.2. Request GitHub Project Access

Send an email to OpenSource Transition Resources Project mailing list (ccs-mod-docs@redhat.com) asking nicely to be given access to OpenSource Transition Resources Project on GitHub. Please give us your GitHub username and use the following subject line: REQUESTING ACCESS.

C.3. Pre-requisites

STEP 1 - AsciiDoc and Hugo

Install AsciiDoc and AsciiDoctor, the guide is written in asciidoc and published using AsciiDoctor and AsciiDoctor-pdf

C.4. Configuring a Local Copy

STEP 1 - Clone the GitHub project locally:

```
git clone git@github.com:AshtonDavis/open-source-transition-resources.git
```

STEP 2 - Verify the GitHub project status:

```
cd open-source-transition-resources
git status
```

STEP 3 - Enable the submodules, for the website theme

```
git submodule init
git submodule update
```

C.5. Contributing Changes

STEP 1 - Create a new branch:

```
git checkout -b <new_branch_name>
```

Example:

```
git checkout -b new_edits
```

STEP 2 - Add content or make edits.

STEP 3 - Add and commit your changes:

```
git add <path_to_file>
git commit -m "<place_your_comments_here>"
```

Example:

```
git add index.adoc
git commit -m -s "Updated the index.adoc file"
```

STEP 4 - Push changes to the remote GitHub repository:

```
git push origin <new_branch_name>
```

Example:

```
git push origin new_edits
```

STEP 5 - Create a new pull request from the GitHub web interface.

STEP 6 - Everyone on the project team will review the merge request and add comments in GitHub. This review process will be open for one week from the day the merge request was submitted. If the merge request is still being actively discussed beyond the one week timeframe, then the merge

request will stay open. Once the merge request discussion is resolved, the merge request will be NACK'd or ACK'd based on the comments given. If no comments are given after a week, then the merge request will be ACK'd.

C.5.1. Configuring the Build Environment

You can build the book locally using [AsciiDoctor](<http://asciidoctor.org/docs/#get-started-with-asciidoctor>).

C.6. Building the PDF's

To build and view the document locally, run the following script:

```
$ publish.sh
```

Alternatively, if you use VS Code, you can build the HTML from the "Run Menu". This will build the source docs list along with country specific docs. They are automatically placed under the website/static/guide folder. The website will link to the source pdf or the html version. Country specific pages will be available under a download link off the main page of the site.