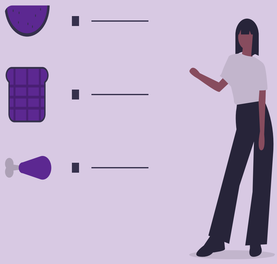
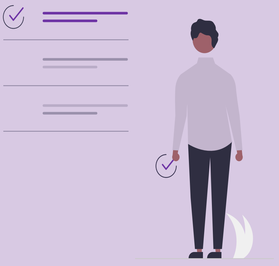
ABOUT

SERVICES



DIET PLANNER



DAILY ROUTINE PLANNER

EXERCISE SUGGESTOR