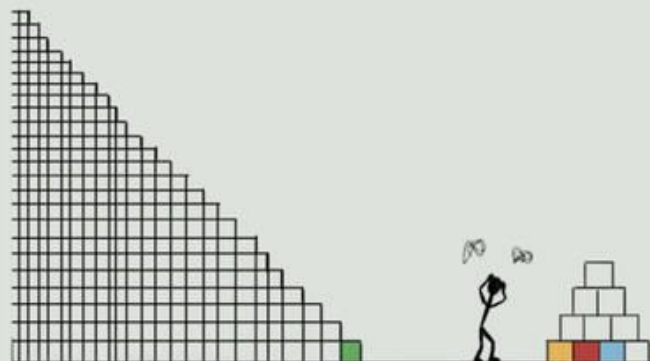




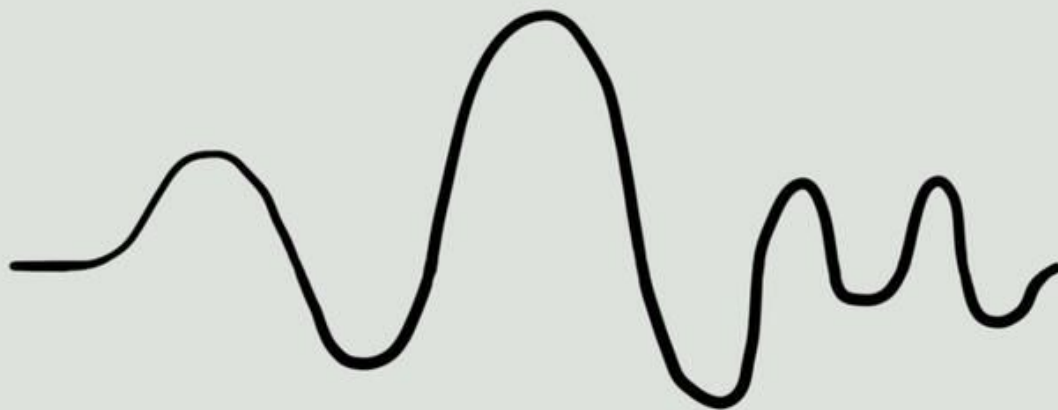
THINGS I
HAVE TO
DO



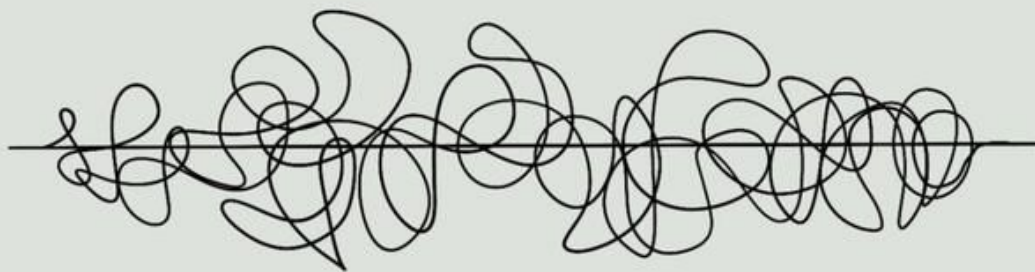
THINGS I HAVE
SUCCESSFULLY
DONE



WHAT YOU EXPECT



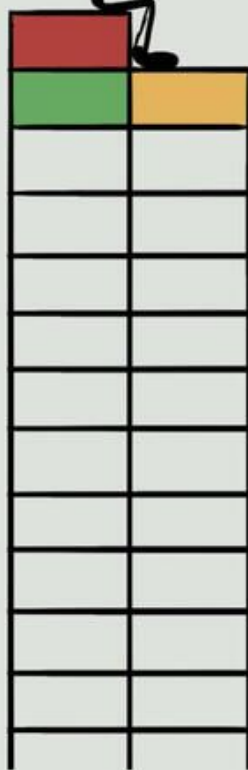
WHAT WILL HAPPEN



WHAT YOU CAN HANDLE



LIFE
CHANGING
IDEA



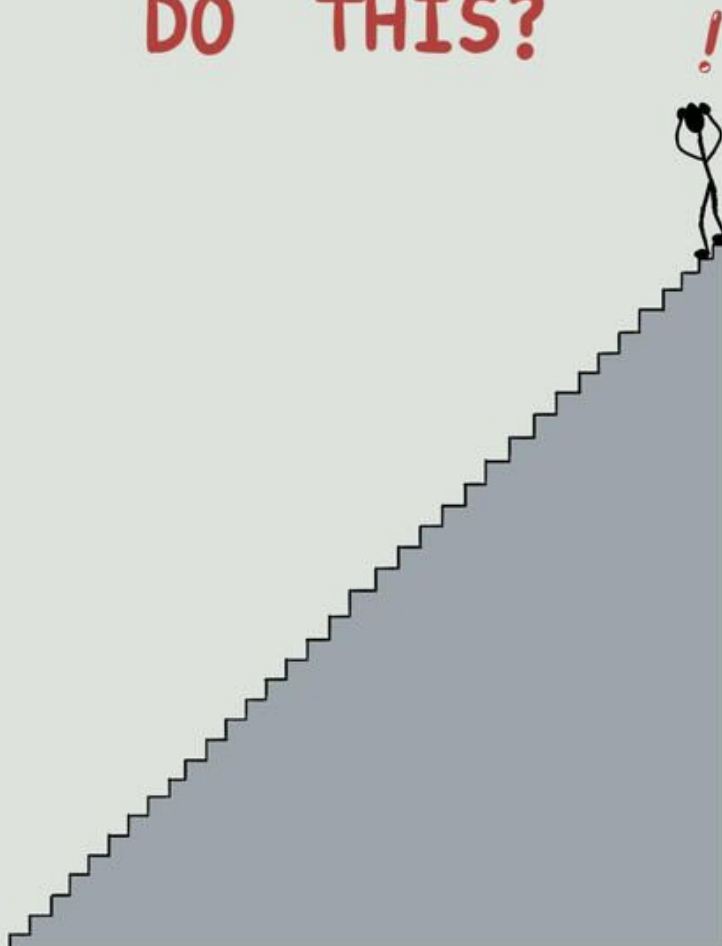
FAILURES



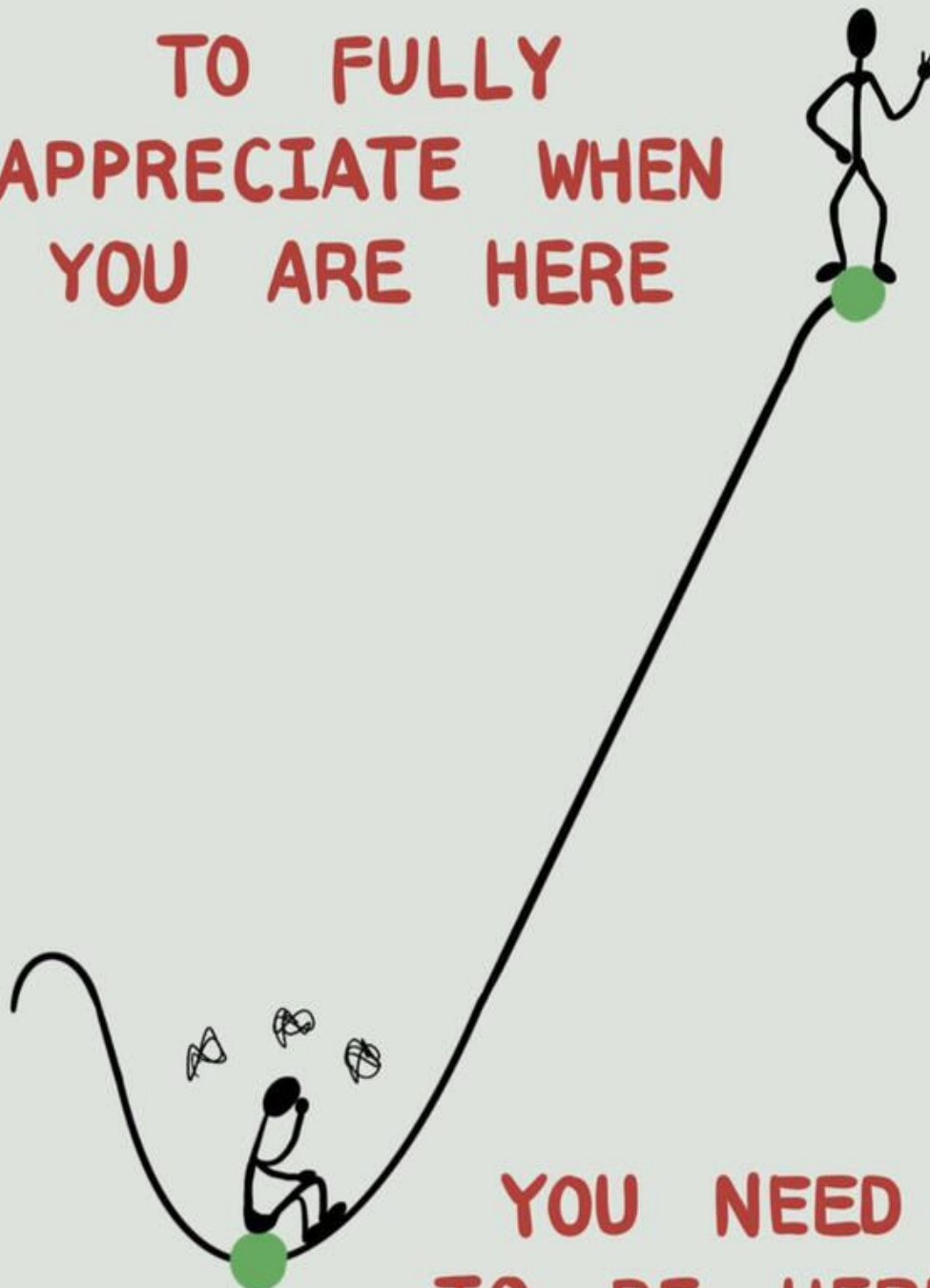
I CAN DO
THIS ALL
DAY



DID I REALLY
DO THIS?



TO FULLY
APPRECIATE WHEN
YOU ARE HERE



YOU NEED
TO BE HERE



CONSISTENCY



INTENSITY

PERCEPTION



EMOTIONAL
REACTION

PERCEPTION



REFLEXION



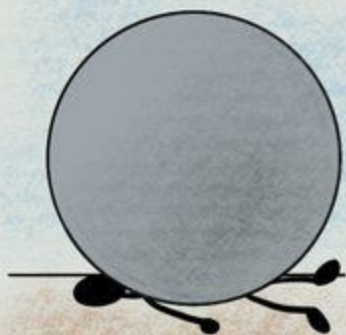
ACTION



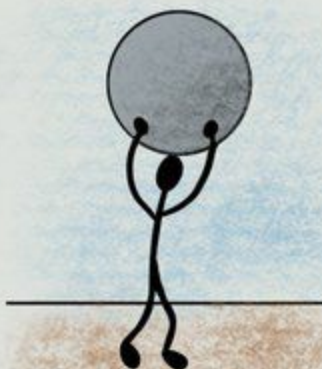
ADDING THIS STEP
WILL CHANGE YOUR LIFE
FOR BETTER!



LEARNING



HOW IT
FEELS
RIGHT NOW



WHEN YOU
PLAN TO
START



WHEN YOU
ACTUALLY
DO