Answer 1:

library(foreign)

df <- read.xport("test.xpt")

If there is a more than one dataset in the XPORT format library, a named list of data frames, otherwise a data frame.

Answer 2:

library(haven)

path <- system.file("examples", "iris.sas7bdat", package = "haven")

df <- read\_sas(path)

Answer 3:

library(foreign)

df <- read.arff("C:/Users/Ashwin/Desktop/Data Analytics course material/contact-lenses.arff")