

Core Services



Physician Assistant Services



Physiotherapy Services



Healthcare Assistants



Nurse Services

Value Added Services



Lab Services
Sample Collection & delivery of reports



Pharmacy Services
Delivery of medicines at home



Medical Equipments **Companion Care**
Rental/Purchase



Patient Transport Services

Contact Us

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Spero

while i breathe, i hope

Home Healthcare

Spero Home healthcare has evolved around the idea of co-existing with hospital and consultants for a patient who is ill enough to need additional health care, but stable enough to be discharged from the hospital.

For Whom

- Recovering from an illness
- Undergoing treatment
- Disabled
- Chronically ill
- Terminally ill
- Senior Citizen care

Home Healthcare Services



Physician Assistant Services

Routine General check-up

Physical examinations (Preventive Check-up)

Traditional home visits (Common Ailments)

On-going treatment of medical conditions

Physician review/consultation for authorization of medical care, nursing care, pharmacy, diagnostics and referral to physical therapy and specialized rehabilitation services

Post-Surgical care

Ambulation

BSL on Glucometer

Bladder Wash

Bladder Wash (In Situ Catheter)

Bilateral Stitch Removal

Catheter removal/insertion/care

Colostomy Care

Counselling

Central line (Advance IV) care and removal

Cast - monitoring and removal

Condom Catheter

Dressing: Small

Dressing: Medium

Dressing: Large

Doctor Visit with Glucometer

Doctor Visit with ECG Machine

Glove Drain Catherization

ICD care and assessment

Insulin injectable

ICD Dressing

IV infusion care and therapy

Injections (IV, IM, SC)

Manual Evacuation of Feaces

Nebulization therapy

Need based Medical Transportation

Ongoing-Preventive Care

Oxygenation therapy

Oxygen therapy

Positioning advice

PEG care

Pain management

Routine ECG monitoring

RT removal/insertion/care

Routine diet management

Stoma care

Sore care advice

Suture/Stapler removal

Tracheobronchial Suctioning

Traction

Tube feedings

Tracheostomy removal & replacement

Unilateral TKR Stitch Removal

V-P Shunt care

Vitals monitoring (Pulse, BP, SPO2, RR etc)

Ventilator support (C-PAP/Bi-PAP)

Wound care management & Skin care



Physiotherapy Services

Core strengthening

Dementia physiotherapy Rehabilitation

Footwear correction

Gait and posture training

Gait Apraxia

Gait training

Joint mobilization

Muscular dystrophy Rehabilitation

Multiple Sclerosis Rehabilitation

Nerve injuries Rehabilitation

Neural tissue mobilisations

Orthotic prescription

Posture retraining

Parkinson's Rehabilitation

Progressive resisted training

Paraplegic rehabilitation

Post Spine Surgery Rehabilitation

Post Surgery muscle training

Postural Retraining

Progressive resisted training

Range of motion

Stroke Rehabilitation

Strengthening

Taping



Health Care Assistants

For 4 Hours

For 8 Hours

For 12 Hours

For 24 Hours



Nurse Services

Bed Sore Care

Companion

Enema

Monitoring Vital Signs

Monitoring Drains

Manage Medication Schedule

Nurse Visit with ECG Machine

Port Care

Patient & Family Education

Positioning

Ryles Tube Feeding

Spong Bath

Training Insulin injection

Wound Care (Dressing)