SQLite

Schema for User Table:

```
CREATE TABLE user_table (
  user_id VARCHAR(50),
  username VARCHAR(50),
  password VARCHAR(100),
  name VARCHAR(100),
  mail VARCHAR(150),
  PRIMARY KEY (user_id)
);
```

Schema for Post Table:

```
CREATE TABLE post_table (
  post_id VARCHAR(50),
  post_name VARCHAR(50),
  post_description TEXT,
  posted_time DATETIME,
  posted_by VARCHAR(50),
  comments_count INT,
  PRIMARY KEY (post_id),
  FOREIGN KEY (posted_by) REFERENCES user_table(user_id)
);
```

Schema for Comments Table:

```
CREATE TABLE comments_table (
  comment_id VARCHAR(50),
  comment TEXT,
  commented_by VARCHAR(50),
  post_id VARCHAR(50),
  PRIMARY KEY (comment_id),
  FOREIGN KEY (commented_by) REFERENCES user_table(user_id),
  FOREIGN KEY (post_id) REFERENCES post_table(post_id)
);
```

The relation between the User table and the Posts table is 1: N

The relation between the Posts table and the Comments table is N: N

SQLite query to find all posts created by a specific user, including the user details.

```
SELECT
post_table.post_id, post_table.post_name, post_table.post_description, post_table.posted_time,
user_table.user_id, user_table.username, user_table.name, user_table.mail
FROM
post_table JOIN user_table ON post_table.posted_by = user_table.user_id
WHERE user_table.user_id = 'specific_user_id';
```