

# The useEffect Cheatsheet

When I started ReactJS, I really enjoyed my first steps, component, props and many fun things about react. One of that features was `useEffect`; it was fun but complicated for me while I struggled to learn it.

Now I want to share my mental model in this small cheat sheet to help you learn `useEffect` better or own a better mental model.

## Philosophy

`useEffect` is not a lifecycle hook. It's a mechanism for synchronizing side-effects ( `fetch`, `setTimeout`, ...) with the state of your app. [EpicReact.dev](https://epicreact.dev)

The main goal is not using `useEffect` for the component lifecycle but using it to do stuff when state-changes (re-renders).

```
useEffect(() => {
  // A: run whenever the deps changes
  return {
    // B: Optional, runs before 1, we call this the clean-up function
  }
}, deps); // deps is Optional too
```

`useEffect`'s running steps:

- 1: Run A
- 2: Wait for new state changes (component re-renders)
- 3: If the `deps` changed
  - Run B to cleanup the previous render's side-effects
  - Go to 2

## Dependencies

- **No dependency:** the side-effect function (A) will run on every state-change (re-render)

```
useEffect(() => {
  // I depend on everything, I'll run on every re-render
});
```

- **Empty Array:** There's nothing to listen to its changes, so it'll run the side-effect function just one time at the state initialization (first render)

```
useEffect(() => {
  // I depend on nothing, I'll run just one time
}, []);
```

- **Non-Empty Array:** The side-effect function runs on every dependency changes (at least one of the dependencies)

```
useEffect(() => {  
  // I depend on state1, state2 and prop1  
  // I'll run on every change of these dependencies  
}, [state1, state2, prop1]);
```

## Each Render Has Its Own Effects

I really love the "[Each Render has its own Effects](#)" title; I think almost all hooks rely on that title. We should note that every render has its own function body and its own values. The same goes for the side-effect function; check this.

```
useEffect(() => {  
  console.log(count)  
}, [count]);
```

let's do some fake state changes and see what happens to the side-effect function.

```
// in the first render, `count` is 0  
// The side-effect function is going to be like this  
( ) => {  
  console.log(0)  
}  
// assume we change `count` to 1 (setCount(1)), next render is like that  
( ) => {  
  console.log(1)  
}  
// and so on...
```

That's how `useEffect` works around dependencies.