

A WORLD OF ORIGINAL TRAVEL IDEAS

lonely planet

APRIL 2019



With  
GUEST  
EDITOR

BEAR GRYLLS

Our 10<sup>th</sup>  
Anniversary Issue

**100 ADVENTURES TO LAST A LIFETIME**

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## guest editor's note



Travel and exploration have always been a quintessential part of being British. Travel is in our blood; it fuels our diversity and it makes us a nation of pioneers. A lot of us were raised on stories of early explorers and their spirit of endeavour.

Many of those stories were about pushing boundaries and exploring the unexplored, always going that little bit further. That spirit of adventure reminds us that, as humans, we are at our best when we look beyond ourselves: when we don't judge people by their looks, creed or race, but are open to change and to challenge and to pushing ourselves beyond what is familiar – beyond what is comfortable. That's why an unofficial motto of the British special forces is: 'Always a little further'. I remember that when I'm travelling. Those four words have often helped me push on through discomfort, pain and fear. And they've opened the door to so many incredible adventures. The pages of this 10th-anniversary issue of *Lonely Planet* magazine are full of advice for some great adventures – take as much of it on-board as you can, and then just go. That's the magic. Plan a little, but be open to surprises. That's often where the fun, spontaneous stuff happens: off the beaten track. And that's where *Lonely Planet* magazine has thrived over its first decade: we do things differently. And we equip you to be ready to go whenever adventure calls... and always that little bit further.

**Bear Grylls**

@BearGrylls @beargrylls



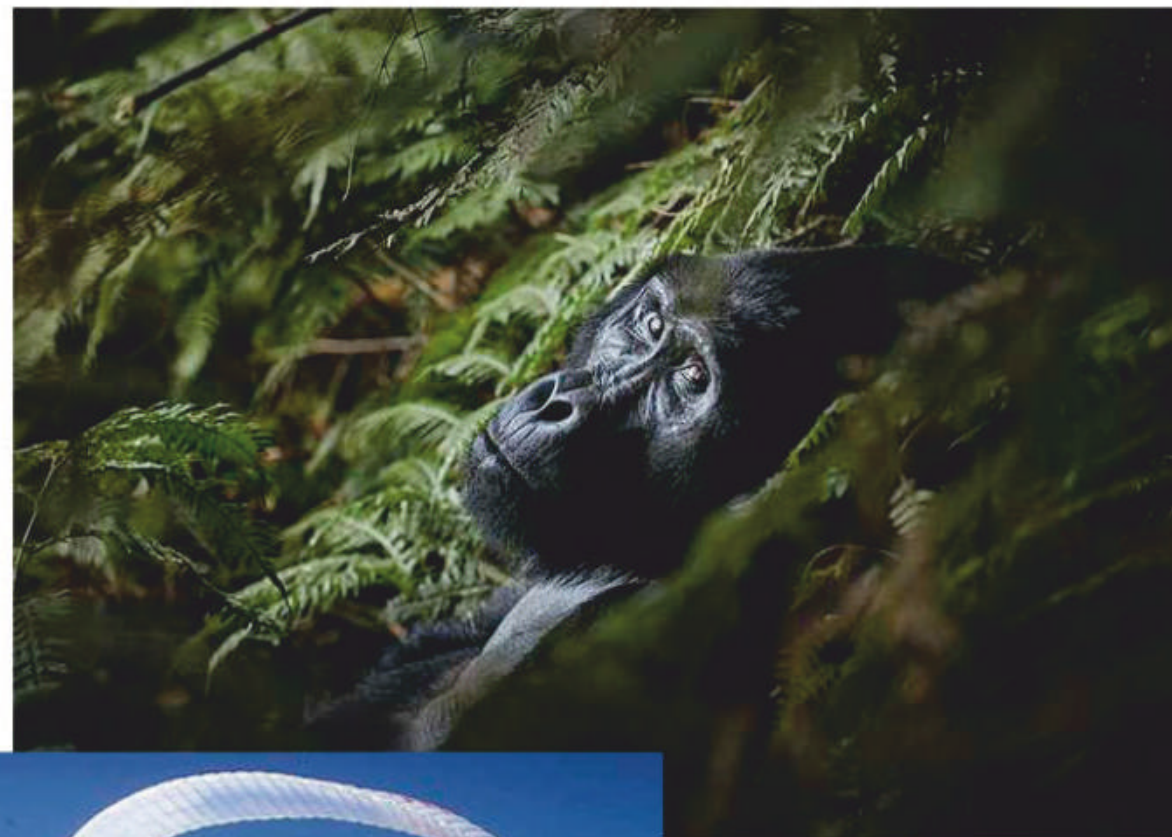
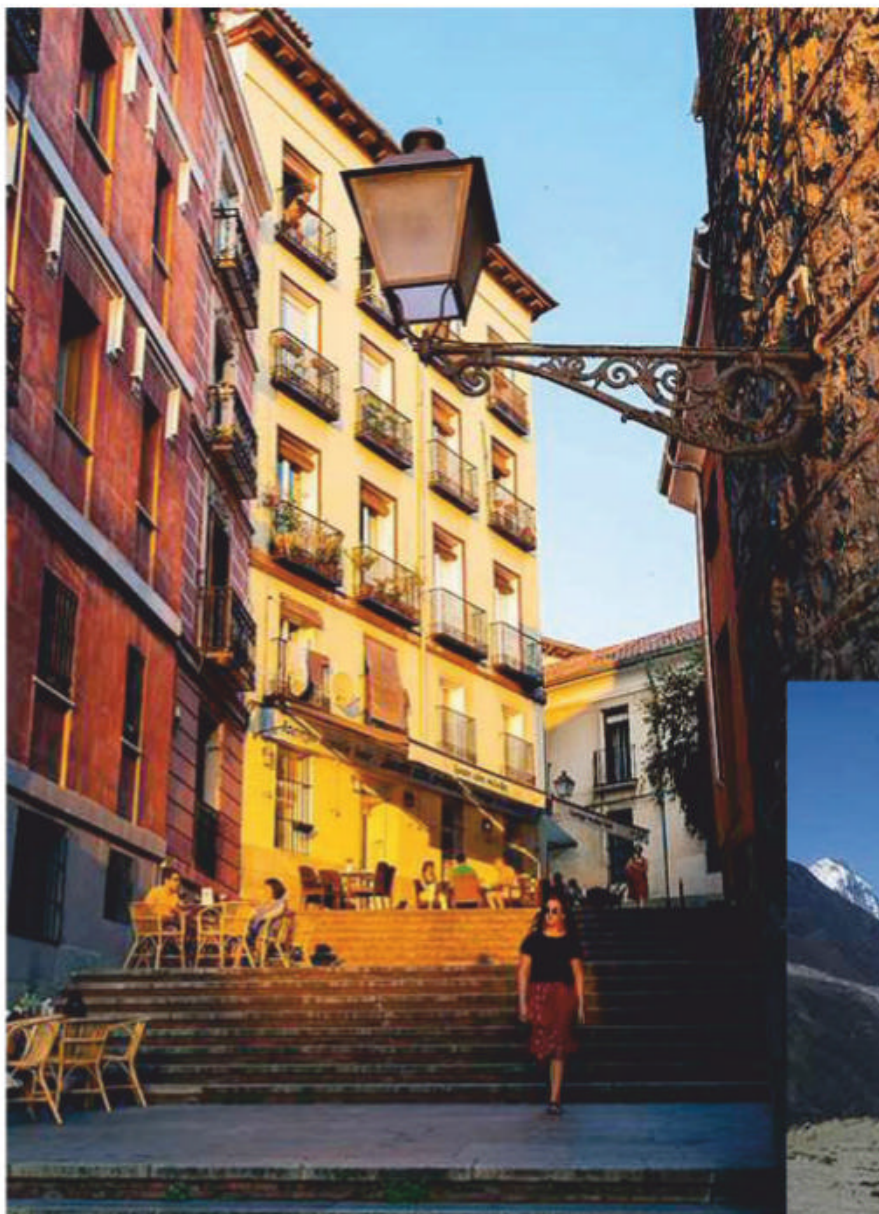
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### Award-winning *Lonely Planet* magazine

**Travel Media Awards**  
Photography Award (2017/18)  
**Jonathan Gregson**  
Writer of the Year (2017)  
**Oliver Smith**  
Publication of the Year (2017)

**Cheapflights Awards**  
Favourite UK Consumer  
Travel Magazine (2017)



Far left and above: The spirit of adventure in this issue ranges from the backstreets of Madrid (p90) to the jungles of Uganda (p49). Left: Our guest editor, high up in the Himalaya



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## SUBSCRIBE, P18

Get six issues of *Lonely Planet* magazine for £21, saving 22%, and you'll also receive a Chilly's Bottle to keep your drinks hot or cold

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## THIS MONTH'S COVER

For our special issue marking 10 years of *Lonely Planet* magazine, newsstand and subscriber covers both show New Zealand's tallest peak, Aoraki or Mount Cook, and a road winding towards it – one of our 100 adventures to last a lifetime (p65).

## OUR PROMISE TO YOU

*Lonely Planet* magazine provides trusted, independent travel advice and inspiration. At times our writers and photographers receive support from travel providers, such as tourist boards, tour operators, hotels and airlines. Before accepting that support, we complete thorough research so we can be confident we're recommending experiences that are right for you. We never exchange third-party support for a guarantee of positive coverage and always deliver a balanced view.

Look for these symbols to quickly identify listings in our Top Picks guides each month

- Sights Activities Eating
- Drinking Entertainment
- Shopping Sleeping

Prices throughout the magazine correct at time of going to press. Prices for hotel rooms are for double, en suite rooms with breakfast in low season, unless otherwise stated. Flight prices are for a representative return fare, including one piece of hold baggage, unless otherwise stated.

NEWSSTAND AND SUBSCRIBER COVER IMAGE: MATTHEW HAHNEL.  
CONTENTS PHOTOGRAPHS: AUGUST DELLERT/THE EDIBLE COUNTRY, KEVIN FAINGNAERT, ROB GREIG, JONATHAN GREGSON, ADRIENNE PITTS, MATT MUNRO





**OUR ADVENTURE THEME**

You'll find a spirit of adventure celebrated right through this special 10th anniversary issue, overseen by our Guest Editor Bear Grylls. The famed global adventurer and Chief Scout is pictured here checking proofs of our pages on the barge he calls home, moored on the Thames in London. Bear reflects on his belief that travel, if carried out responsibly, is a force for good (p38 and p42) – a belief also close to our hearts at Lonely Planet, and which has woven through the pages of our magazine during its first decade.

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