

MINISTRY OF EDUCATION AND SCIENCE OF THE REPUBLIC OF  
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## **Technical tasks of the final project**

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It's an app where users can share their daily schedules 24 hours, inspire and draw inspiration from others, set reactions, subscribe, follow like-minded people and develop networking through an internal messenger.

App helps to develop skills aimed at achieving goals, maintaining life balance, mental state and motivation.

Core functions:

Get the most of benefits.

If you need constant support or control, you can share goals with a mentor and friends or follow others with the help of the messenger function (communicate within the app).

Maintain balance.

Fill out the "emotion" section every night in order to help clear your mind from unnecessary thoughts and make the smartest decisions.

- Share your goals with friends or follow others with the help.
  - Use messenger function and communicate within the app.
  - Watch videos with useful ideas to be motivated.
  - Read articles for effective thinking.
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- GET REMINDERS at a specific time or place, or set recurring reminders so you don't miss anything.
  - WORK TOGETHER with shared lists and errands; this will allow you to do more things with anyone.
  - EASILY VIEW events and tasks for the day, week, and month
  - CREATE FOLLOW-UP TASKS and ACTIVITIES after the meeting, as long as you remember it well
  - SHARE YOUR LISTS AND GIVE INSTRUCTIONS
  - Maximum simple project planning and organization. Now you can share lists with family members, give assignments, communicate, and do much more.
  - By crossing off a lot of tasks from your to-do list, you'll know that you've had a productive day.
  - Track how many tasks you have completed with the app

The app is helpful for:

- to wake up early
- to drink enough Sufficient water
- Control of bad habits, for example, smoking
- Refuse to constantly view the mail / news feed
- Finding a balance between family and work
- Carve out more time for hobbies
- Increase motivation to still do what is planned
- Focusing and concentration on the current business