

Year 11 ATAR Psychology Personality Project – VALIDATION



Name: _____

Task:

You will be provided with three (3) questions where you will be required to demonstrate your understanding of the personality theories studied throughout the unit. **You must answer two (2) questions.**

Please indicated by ticking the boxes below which questions you have attempted.

Question 1

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Question 2

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Question 3

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Please record your response on the lined paper provided, clearly labelling which question you are addressing at the top of the page.

You have 64 minutes to complete this task.

Question 1

(29 marks)

Hillary was so sweaty after her workout that she wanted to change her clothes right there by the car. However, she knew the other people around her would not approve, so she waited until she was in the restroom to change. While in the rest room, she was obsessed with making sure her cubical was clean before she undressed, using her own cleaning products in a well-organised bag she brings with her everywhere. Whenever she uses the cleaning products, she tells herself that she needs to kill germs in public spaces because she has a weak immune system and will get sick easily.

Use your understanding of Freud's Psychodynamic theory to explain Hillary's personality and behaviour. In your response:

- Define personality. (1 marks)
- Outline Freud's theory of personality. (5 marks)
- Explain Hillary's personality/behaviour using Freud's structural model. (4 marks)
- Explain Hillary's personality/behaviour using Freud's psychosexual stages of development. (4 marks)
- Define defence mechanisms using Freud's theory, identifying, and describing a defence mechanism in the scenario. (4 marks)
- Explain why people use defence mechanisms. (2 marks)
- Evaluate Freud's theory in its usefulness to explain personality. (6 marks)
- Quality of response. (3 marks)

Question 2

(29 marks)

Monera is the school head girl, she was selected for the role because she completes all her work punctually, can quickly and easily build relationships with her many friends and acquaintances and is able to speak in public calmly and effectively. Monera was working with a group of friends to raise money for an overseas trip, when her friend, Terry, expressed some offensive opinions to the group. Monera felt uncomfortable with what Terry was saying yet did not want to cause confrontation or argument

Using your understanding of Trait theory to explain Monera's personality and behaviour. In your response:

- Outline the trait theory of personality. (4 marks)
- Describe one personality test using trait theory. (4 marks)
- Evaluate the reliability of the test. (2 marks)
- Using McCrae and Costa's trait theory, identify Monera's five personality traits and provide examples from the scenario. (10 marks)
- Compare and contrast McCrae and Costa's trait theory with Eysenck's trait theory, explaining why one is better at illustrating Monera's personality. (6 marks)
- Quality of response (3 marks)

Question 3

(28 marks)

Tarun is in his final year of University, he is currently study Biomedicine and aims to eventually study medicine after his 3 year degree. He has always loved studying and in his spare time he has recently started a band as the drummer and they donate half of their proceeds to a local youth group. He currently lives at home and his family has always been super supportive, his mum and dad providing everything for him; the house rent-free, three meals a day and helped him buy his first car. This is all to ensure that he can focus on his studies. Unfortunately, Tarun has got rejected from studying medicine for the third year in a row that he has applied. He is starting to doubt that he will ever get in and this is impacting his confidence as he starts to believe he is "not good enough to study medicine" and "he is not going to be successful". This has started to reflect in his effort in his coursework for his degree and his band has also noticed that he changed from his usual creative, funny and problem-solving self.

Using your understanding of Humanistic theory to explain Tarun's personality and behaviour. In your response you should include:

- Outline the humanistic theory of personality (4 marks)
- Identify and describe how a Humanistic psychologist would measure personality (5 marks)
- Apply the hierarchy of needs to explain Tarun's personality (12 marks)
- Discuss how the humanistic theory has been used in one real world setting (4 marks)
- Quality of response (3 marks)





