Question 5 (7 marks)

Evaluate the following definite integrals exactly.

(a)
$$\int_{0}^{\frac{\pi}{4}} 12 \sin^{4} 2x \cos 2x \, dx$$
 Put $u = \sin 2x$ (4 marks)

(b)
$$\int_{0}^{\frac{1}{2}} \tan^{2} \left(\frac{\pi x}{2}\right) dx$$

(3 marks)