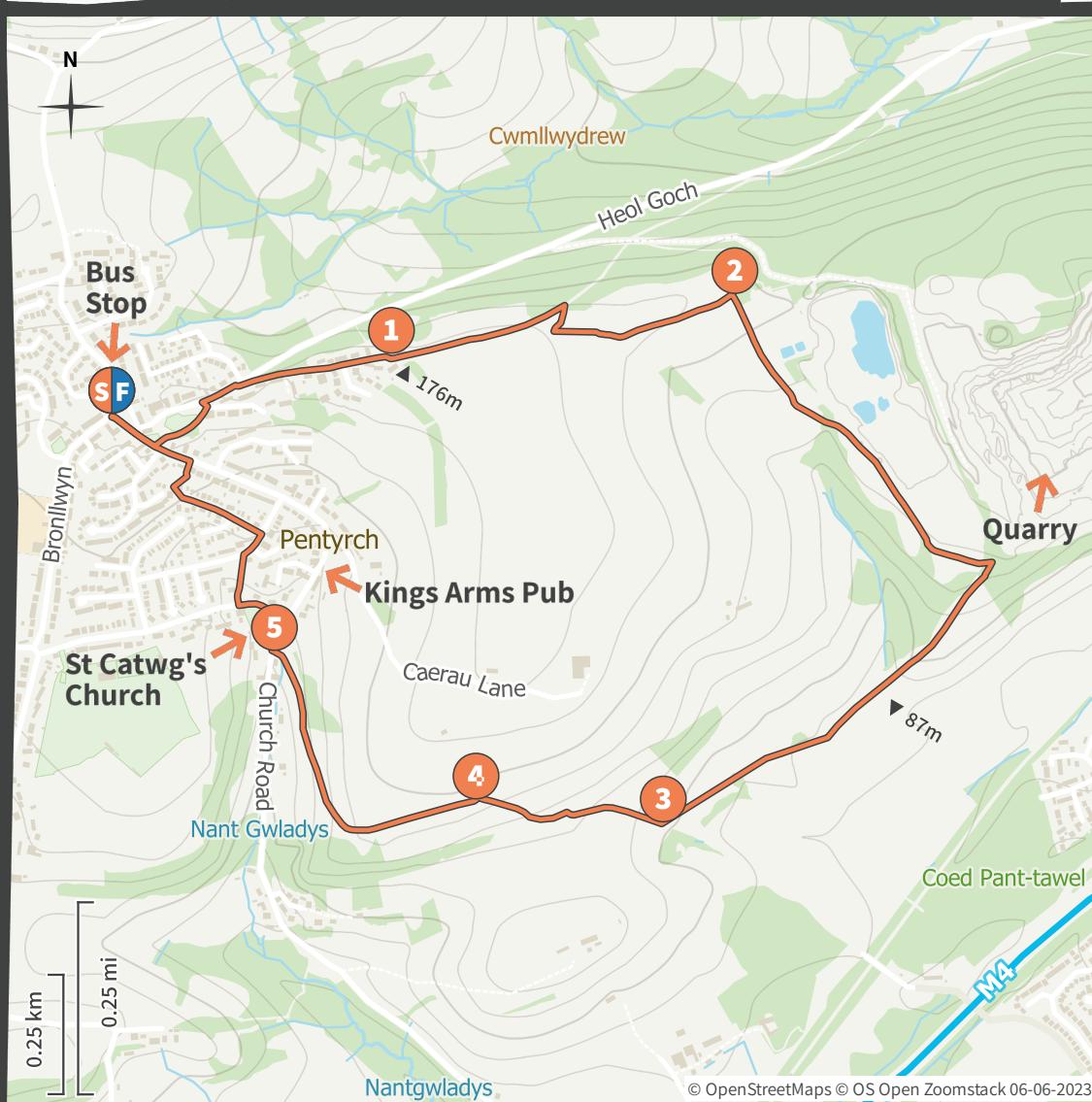




Cwmrhyddgoed

An arboreal feast with rich hedgerows and ephemeral ponds.

Roadside pavement, gravel paths, grassy fields, a deep sunken lane and woodland. Two stiles.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



136m



Circular



5.2km | 3.2m



01:45

- S** Starting from the bus stop in front of the shops on Heol y Pentre, go R and follow the pavement and head past Acapela (Capel Horeb), now a recording studio and arts venue, keeping the building on your L. Take the first footpath L through a gap in the wall just before the yellow house. This path skirts the children's playground. At the road turn R on the narrow pavement and bear R again along Cefn Bychan. Walk to the end of the road.
- 1** Take the narrow gravel track straight ahead until it widens into the beech woods, with a gate on your R. Go through the gate and climb the short slope into a field and turn L crossing the field diagonally to a gate. Keeping close to the hedge on L, after a short distance, cross a stile and go ahead keeping the hedgerow on your L through the next two fields.
- 2** Turn R on a tree lined track and continue ahead passing the quarry on your L, the path narrows then enters a field. Cross diagonally to a swing gate, turn sharp R to a stile into a field. Keep the hedgerow on your R descending to a marker post. Head slight R through a gap in the field boundary, past a shallow pond in a copse of trees on your L to a swing gate. Bear R passing a second pond on your R that is almost hidden by the reeds. Keep straight ahead, to a large oak tree and beyond to the far boundary with a kissing gate where the path drops into a sunken lane.
- 3** Turn R in the sunken lane. This lane was used by pack horses carrying material from the many small mines in the area, down to the canal near Radyr. Continue until the lane bends then take the first kissing gate on your L into the bottom corner of a field. Keep the edge of the field to your L and climb the slope. Pass a gate on your L and at the top of the field near some temporary buildings and a caravan turn L through a kissing gate.
- 4** Keep straight ahead with the hedge on your R through three fields. Where the hedge turns R, head diagonally R down across the field to a marker post and through a gap in the hedge. Through this gap the field boundary will be on your L, heading to a kissing gate and a few steps down into the next field. Cut across the corner of this field through two more kissing gates. The houses along Church Road will be below in the valley on your L. Head diagonally across the last field to a gate onto Church Road.
- 5** Turn R uphill to the Lych Gate of St. Catwg's Church and turn immediately L into Penyel Road, climbing steeply. Just past the church grounds turn R opposite Ty'n y Coed Farm, there is a metal barrier into a green. Head uphill across the green to Lon-y-Fro and turn R. Take the first L into Penffordd and head to the end of the cul-de-sac. Directly ahead a path passes between the houses, continue to a T-junction and R right until the path joins Heol y Pentre. Turn L and walk uphill back to the start of the walk at the village shops.