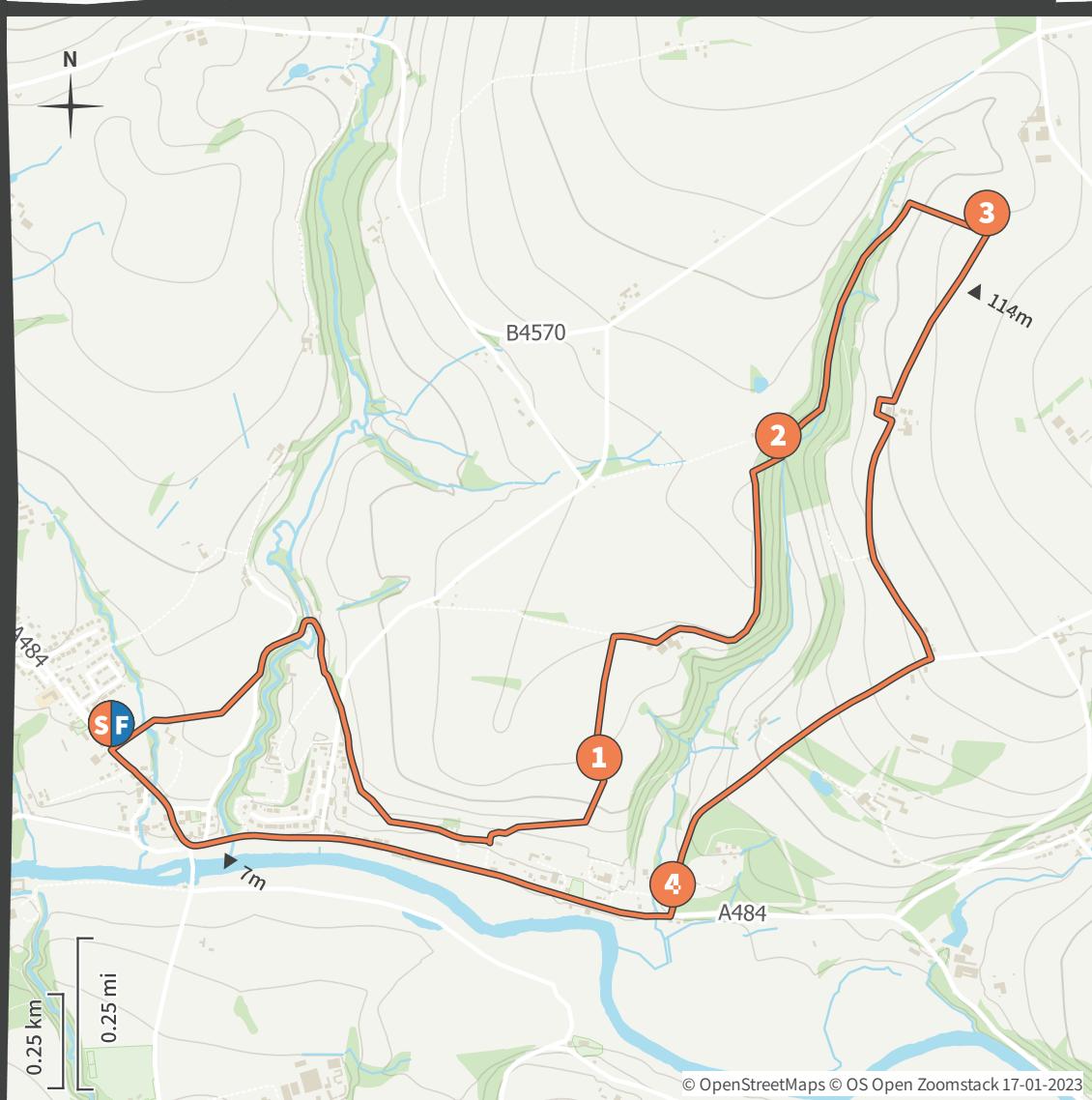




Penrallteifed Loop

Great views and picturesque places along this loop.

Mixture of pavement, road, track and woodland.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Moderate



187m



Circular



8.2km | 5.1m



02:25

S

Starting from Coracle Hall, go through a small gate behind the toilet block into a field. Follow the track, keeping the farm buildings to your R and head diagonally up the field. Turn R then immediately L at the gap, heading to a stile into a lane by a small cottage. Turn L and follow the tarmac lane down a steep hill to two former watermills. The leet that powered these can still be seen. The lane continues to a junction with a B road. Head straight across into a stony lane.

1

Just past the end of the house and down a hedge lined path, a stile brings you into a field. Head L towards the farm and go through the farmyard via two gates. Keep the farmhouse on your R and head straight on, turning L onto a concrete driveway. Follow this up past a house to a tall stile at the top corner of a small meadow. Keep the hedge to your R and at its end, head L uphill to the top of the field and over the stile by a farm gate (great view across the Teifi valley and beyond to the Preselli hills here).

2

Follow the hedge line and through two gates to a 12ft. wide gate leading into a farm access road - turn R. Turn L into the farmyard. Keep the farmhouse on your L and follow the hedge line into the top of the woodland. Follow the path to a stile and over this into the bottom of a field. Keep the woods on your R for 50 yards, then head into the woods following the obvious path, trending downwards till you cross the stream at the bottom via a wooden bridge.

3

The path climbs up the other side of the woods, then trends L parallel to the stream till you reach a farm gate. Past this gate is private land, to your R are a few steps up to a stile that leads to the bottom of a field. Turn L to another stile into a large field. Turn R and follow the hedge line uphill to top of the field. Turn L here and follow the footpath waymarkers to a lane. Turn L past a farm and up to the pub. To continue on the walk, turn R over the stile and follow the hedge line through two fields towards the buildings.

4

Good views of the Deify valley and Preseli hills in the distance here. Go round the farm buildings to the R, over 3 stiles in close succession into a concrete farm access lane and follow this till you reach a tarmac lane. Turn R and head downhill till you come to the main "A" road next to Dar Cymru water treatment plant. Turn R and walk along the main road back to Llechyd bridge, following the road uphill to the R back to the Coracle Hall.



Consider the environment
Please think before you print



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