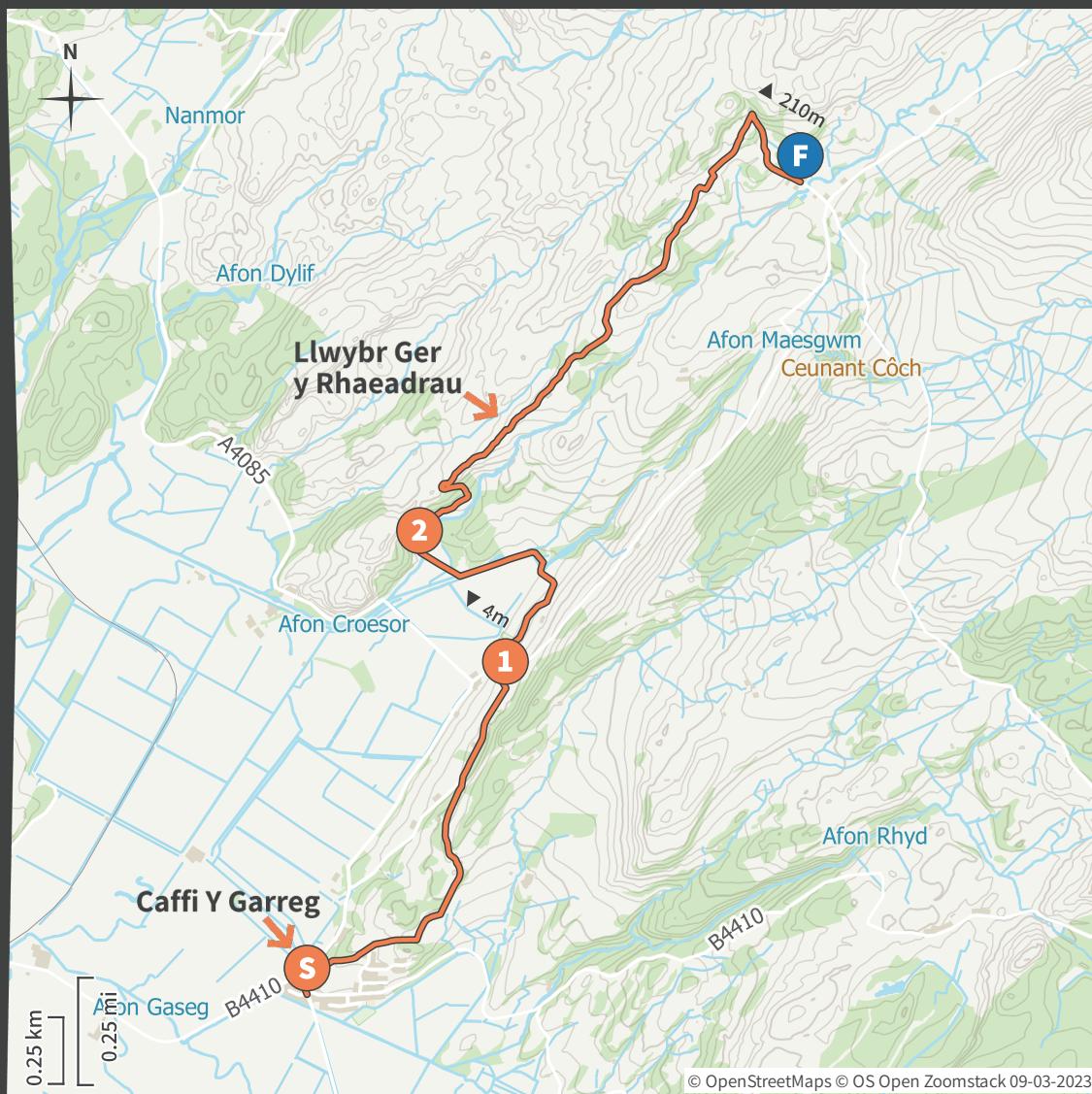


# Croesor

Taith gerdded o Lanfrothen i Groesor gyda rhaeadrau.

Traciau lludw a llwybrau graean yn bennaf. Rhai rhannau llithrig.



Wedi mwynhau'r daith gerdded hon? Mae 145 o deithiau Llwybrau i Lesiant i'w harchwilio ledled Cymru!



**S** Gan gychwyn o gaffi Y Garreg, dilynwrch y ffordd i'r Gogledd tuag at Feddgelert. Dilynwrch y llwybr cyntaf ag arwydd arno ar y Dd, gyferbyn â'r dafarn. Dilynwrch hwn nes i chi gyrraedd cyffordd â thair gât mochyn. Ewch drwy'r gât yn syth o'ch blaen ac yna'n syth i'r Ch drwy'r gât nesaf, i gae. Dilynwrch y trac i fyny'r allt, gan wyro fymryn i'r Ch. Ewch drwy'r gât haearn las a dilynwrch y trac i fyny'r allt, heibio'r bythynnod cerrig. Bydd y trac yn dechrau mynd i lawr yr allt ac yna'n ymuno â ffordd.

**1** Ar y ffordd fe welwch dai carreg gyda dau lwybr ag arwydd arnynt ar y Ch. Dilynwrch yr ail lwybr (wrth yml y coeden ffawyd fawr) sy'n mynd drwy bâr o gatiau haearn ac ar hyd trac. Croeswrch gamfa ysgol. Bydd y llwybr yn arwain i gae aored, gyda gât ar y Ch sy'n arwain at bont dros nant. Croeswrch y bont a dilynwrch y llwybr troed ag arwydd arno.

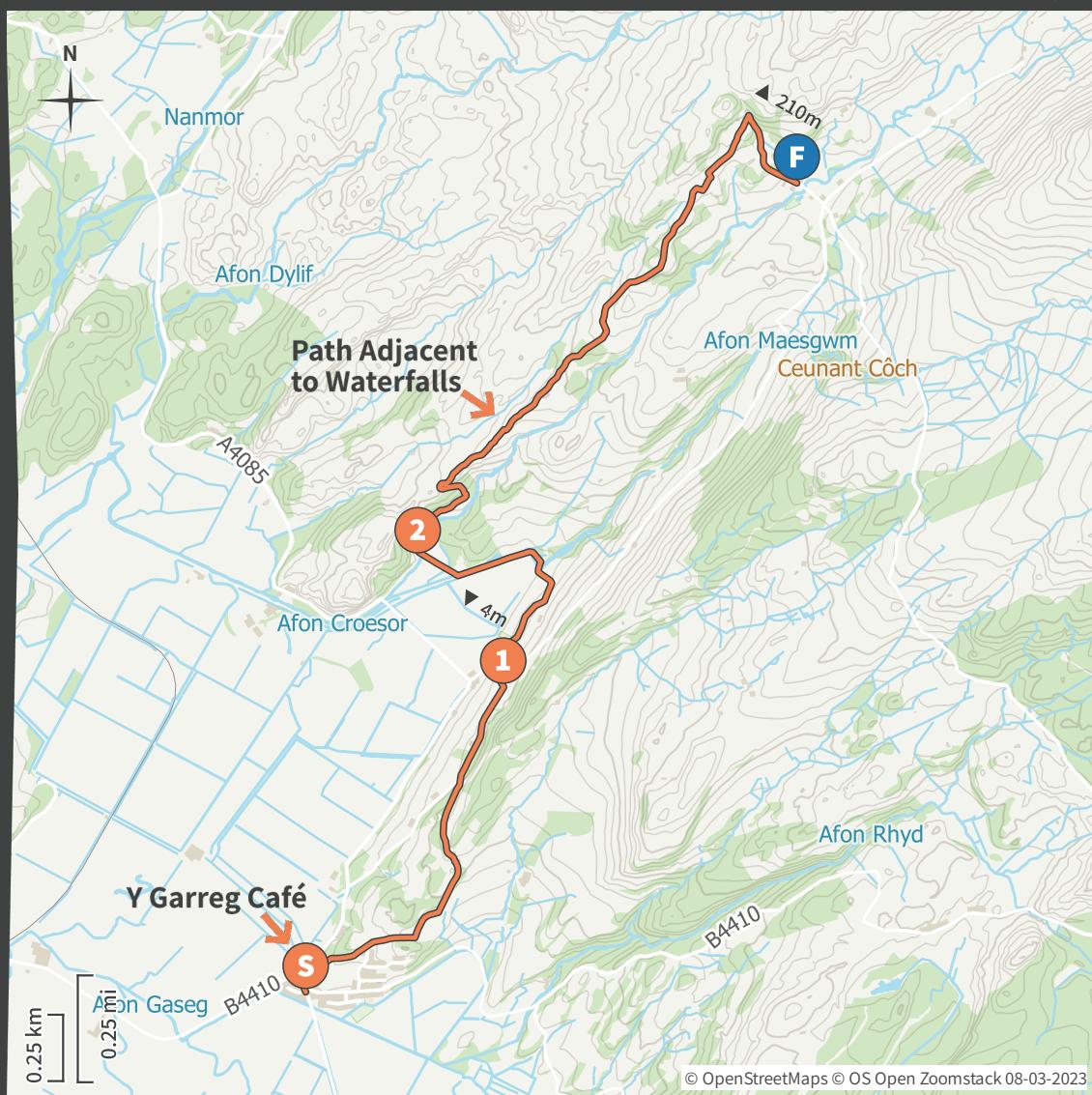
**2** Wrth y fforch, trowch i'r Dd. Gan ddilyn y llwybr, byddwrch yn mynd heibio nifer o raeadrau. Ceir llwybr sy'n rhedeg ochr yn ochr â'r rhaeadrau, yn ogystal â llwybr arall sy'n parhau i fyny'r allt gan osgoi yml y dŵr. Os dewiswrch y llwybr cyntaf, cymerwrch ofal gan y gall fod yn llithrig pan fydd hi'n wlyb, ac mae'n agos at y dŵr. Yn y naill achos a'r llall, mae'r llwybrau'n cyfarfod ar ôl y rhaeadrau. O'r fan hon, parhewch gan ddilyn y llwybr troed, i fyny'r allt, heibio ffermdai Garth y Foel a Chae Glas ac i fyny at y ffordd. Trowch i'r Dd yma i gyfeiriad Croesor.



# Croesor

A walk from Llanfrothen to Croesor featuring waterfalls.

Mostly dirt and gravel paths. Some slippery sections.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Moderate



308m



Linear



5.5km | 3.4m



02:00

**S** Starting from the Y Garreg café, follow the road North towards Beddgelert. Take the first path signposted on your R, opposite the pub. Follow until you reach a junction of three kissing gates. Head through the gate straight ahead and then immediately L through the next gate, leading through a field. Follow the track uphill, slightly to the L. Head through the blue iron gate and follow the track uphill, past the stone cottages. The track will begin to trend downhill and then join a road.

**1** Along the road you'll encounter some stone houses with two paths signposted to the L. Take the second path (beside a large beech tree) which heads through a pair of iron gates and along a track. You'll pass over a ladder stile. The path will meet an open field, with a gate to your L leading to a bridge over a stream. Cross this and follow the signposted footpath.

**2** At the fork, turn R. Following the path, you'll pass a series of waterfalls. There is a path which runs directly alongside the waterfalls, as well as another path that continues uphill but avoids the waters edge. If you choose to take the former, take care as it can be slippery when wet, and runs close to the water. In either case, the paths converge after the falls. From here, continue following the footpath, trending uphill, past Garth y Foel and Cae Glas farm houses and up to the road. Turn R here for Croesor.