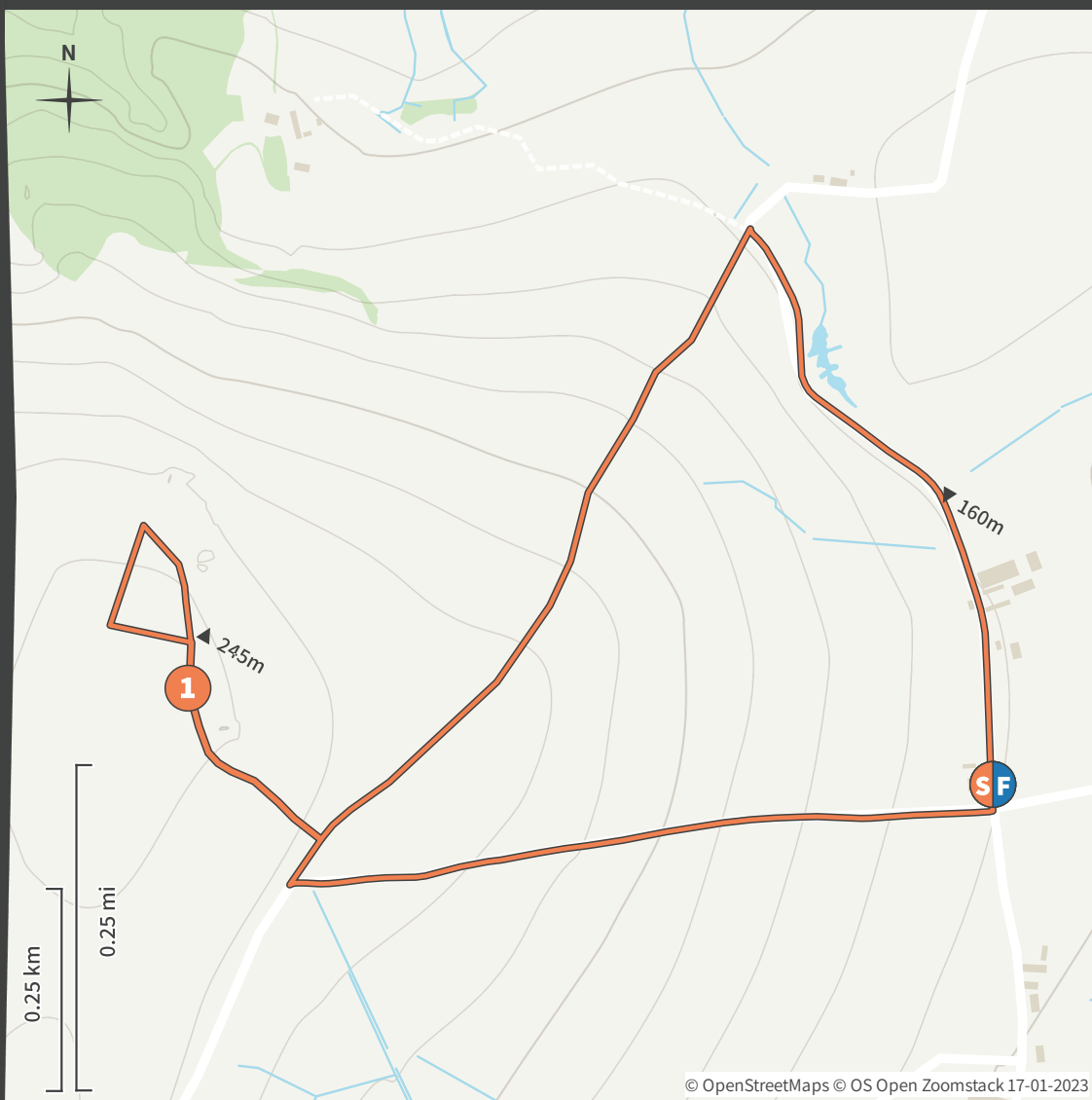




Carnedd Meibion Owen

Visit the three Bronze age "Cairns of the sons of Owen".

A mixture of minor roads and muddy, stony tracks. There are a couple of stiles to negotiate on this route.



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Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



93m



Circular



3.7km | 2.3m



01:15

S

Starting from Canolfan Llwynhirion Brynberian, turn R out of the gate and head up the hill. Turn R off the tarmac road following the bridleway signpost onto the track (Feidr Soar). Turn L through the gates onto the open access moorland. Learn more about Coed Tŷ Canol National Nature Reserve on the information board here. As you follow the path the impressive cairns come into view (Carnedd Meibion Owen). Legend has it that three giant brothers fought each other to the death over their inheritance and turned to stone where they fell.

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Opposite the first rocks, turn L over a stile towards the trig point. Take a moment to enjoy the spectacular 360° views across the Preseli Hills and Pembrokeshire Coast. Continue along exiting over a second stile on the R. Turn R retracing your route back through the gates to the track (Feidr Soar). Turn L and continue down the muddy, stony track until you reach the tarmac road. Turn R and follow the road back to the Canolfan.



Consider the environment
Please think before you print



The Ramblers' Association is a registered charity.
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