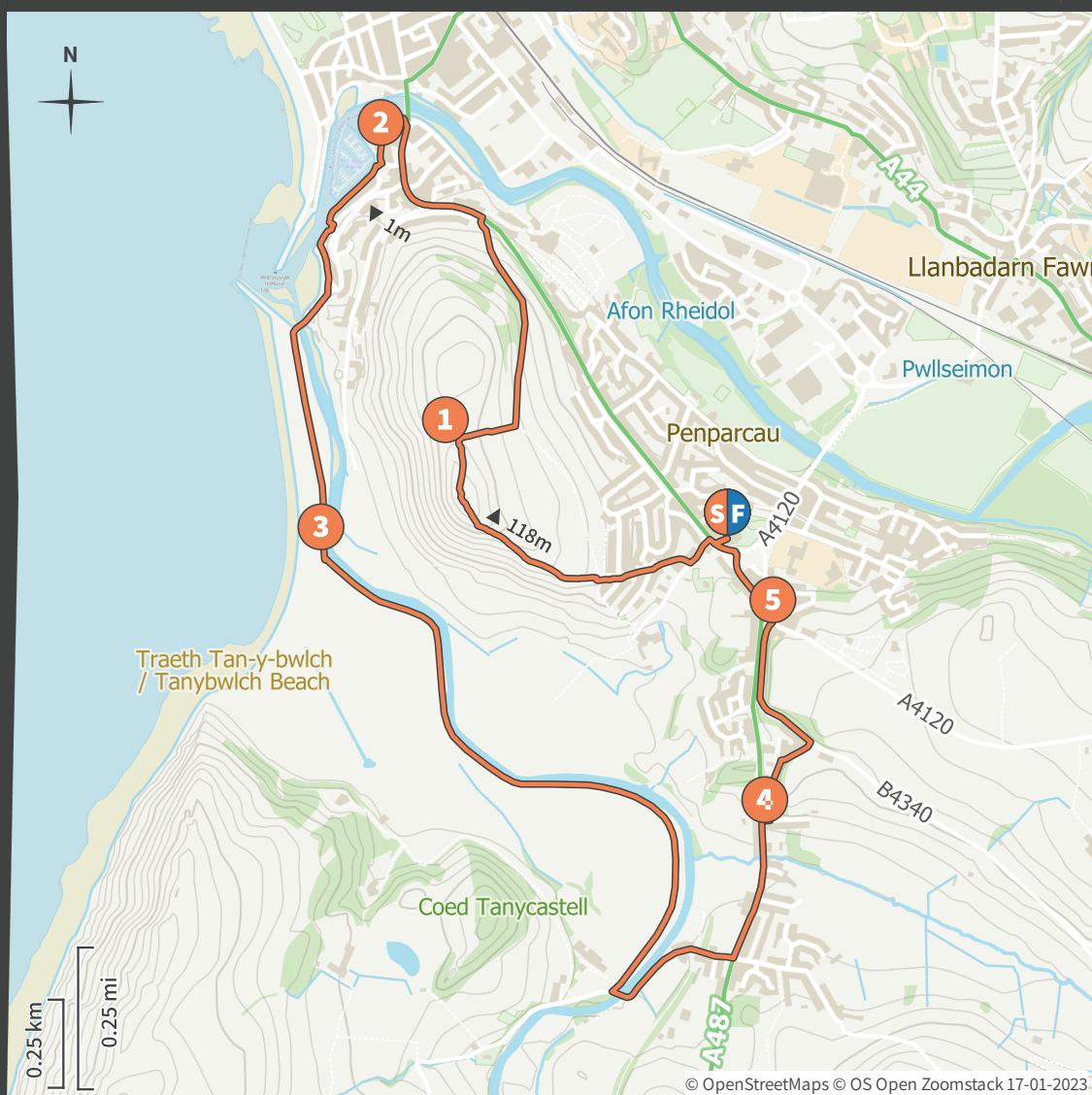




Pen Dinas Long Loop

A slightly longer, more strenuous loop onto Pen Dinas.

A mixture of beach, footpath, track and road.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Moderate



183m



Circular



7.5km | 4.7m



02:20

S

Starting from Penparcau Hub, turn R and walk along Penparcau Rd for a short distance before turning L onto Piercefield Lane. Take the first R off Piercefield Lane onto Parc Dinas and go straight over the roundabout and continue up the hill. Turn R onto the footpath and continue up the track and through the gate and follow the sign for Bryngaer Pen Dinas Hillfort. Follow the higher footpath up the hill which takes you to the monument. Enjoy the views here.

1

Head straight past the monument and drop down over the hill - there are many well trodden paths here. When you come to the fence line turn R. Follow the path downhill and go through the gate, you will now have a fence either side, continue straight. Go through the pedestrian gate and join a dirt track for a short distance. You will then see a wooden pedestrian gate on your R, leave the dirt track and follow the footpath.

2

Follow this well trodden path through the woodland and enjoy the far reaching views of Aberystwyth on your R. There are many waymarkers along this path pointing you straight. You join Penparcau Road turn R. Head along the road for a little while and turn L onto a footpath joining Ceredigion Coastal Path before you cross Aberystwyth bridge. Follow the coastal path into the car park keeping the harbour on your R. Follow Y Lanfa Road and go past Aberystwyth Justice Centre on your R. Then turn R staying on Y Lanfa Road.

3

Follow the path in front of the houses keeping the harbour on your R. The Path follows the harbour and will take you past Aberystwyth University Boathouse. You will then join Pen Yr Angor road and turn R. Follow the road and cross the bridge to come to Tan Y Bwlch Beach. Turn L and walk along one of the paved path or the beach and enjoy the sound of the waves smashing. You will see a free standing pedestrian gate and wooden fencing on your R, turn R and follow the path to leave the seafront keeping the river on your L.

4

Continue along the path along the edge of the river with the farmland on your R, the path meanders with the river and is steadily bending around to the R. You will eventually come through a pedestrian gate leading onto a road, turn L to join the road, you will go over a bridge over the river. Follow the road into Rhodyfelin, turn L onto A487. Walk along the road and turn R onto the no through road after Clyn Cennin and Llwyn Helyg. Head down the road for a short distance turn R onto the footpath with a thick hedge on your L.

5

Walk along the footpath through the woodland, gently curving around to the R, then take a L onto B430. Follow the road until you join Penparcau Road; turn L. Follow Penparcau Road until you arrive back at Penparcau Hub.



Consider the environment
Please think before you print



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