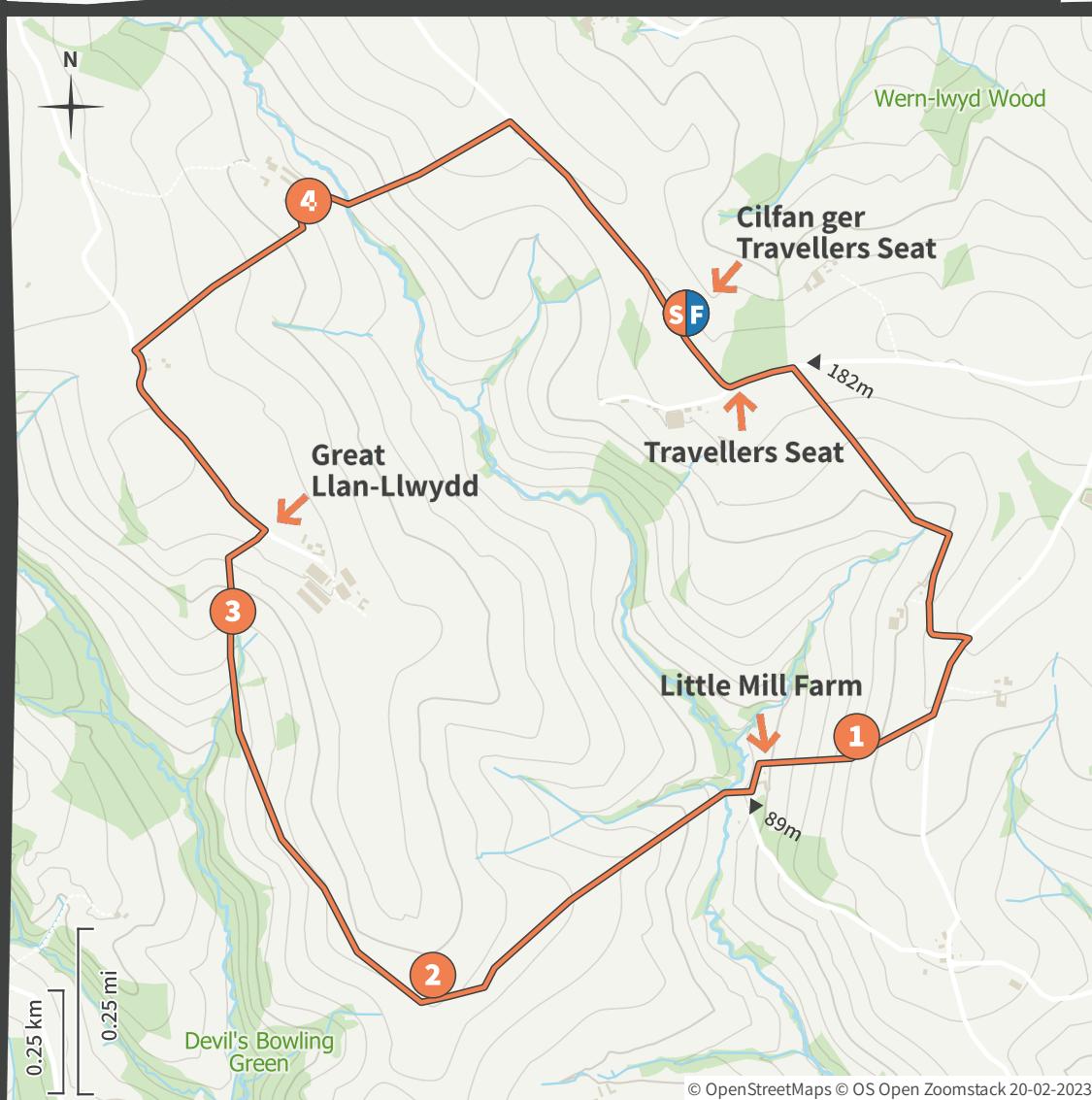




Coedwig Travellers Rest

Taith gerdded bleserus drwy gaeau a dyffrynnoedd Cross Ash.

Traciau caeau a rhywaint o ffordd.



Wedi mwynhau'r daith gerdded hon? Mae 145 o deithiau Llwybrau i Lesiant i'w harchwilio ledled Cymru!

Cymedrol 208m Cylchol 6.7km | 4.2m 02:05

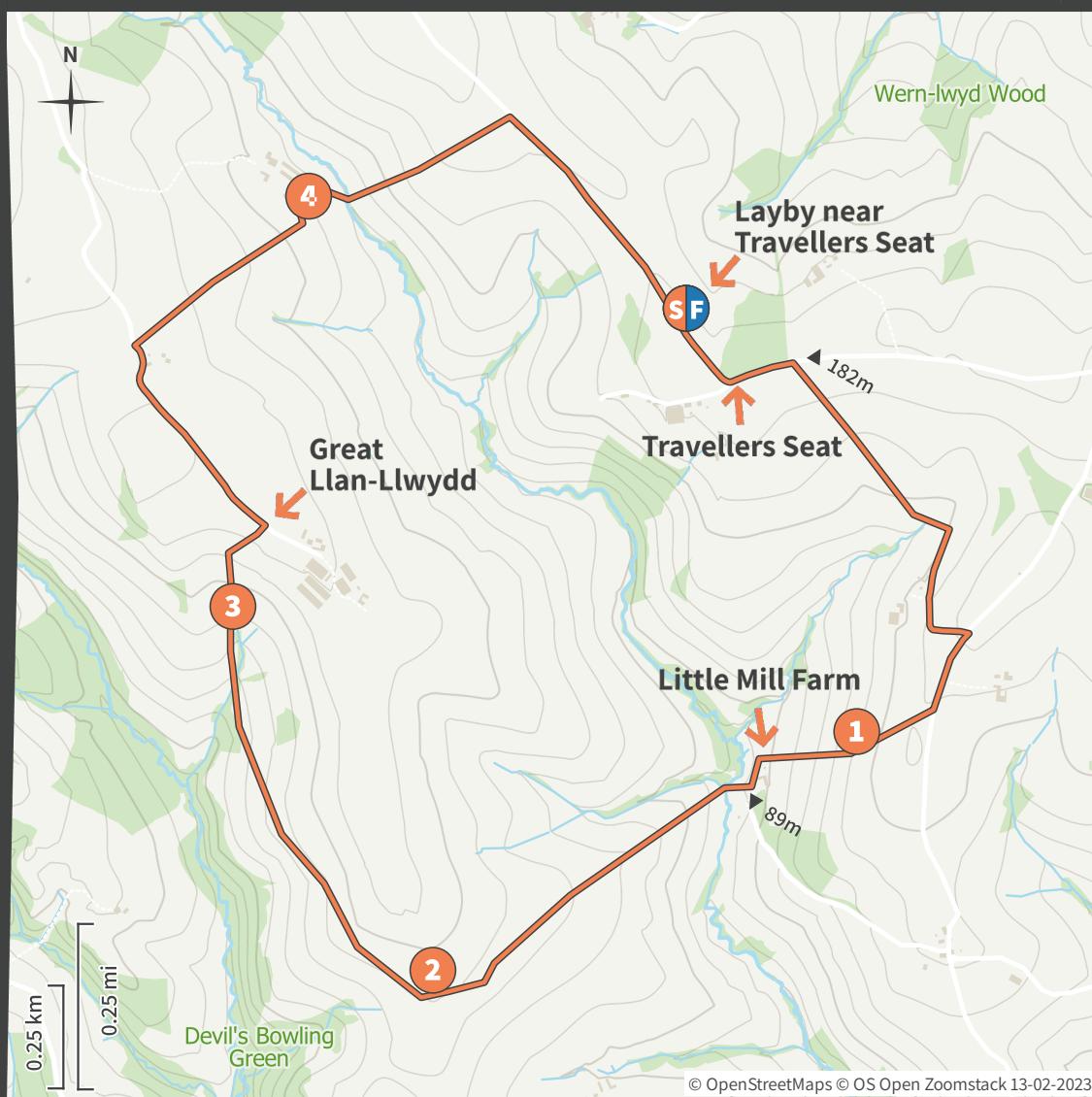
- S** Gan gychwyn o'r gilfan, ewch tua'r de i lawr y ffordd wrth iddi wyro i'r Ch heibio Travellers Seat. Ewch yn eich blaen nes i chi weld camfa ar y Ch. Croeswch y gamfa i'r cae a cherdded yn groes-gongl i'r Ch ar draws y cae nes i chi gyrraedd camfa arall. Ar ôl croesi'r gamfa ewch yn eich blaen at gamfa arall gan fynd i'r Dd. Dilynwch y gwrych o amgylch y cae gan groesi'r gamfa nesaf i ymuno â'r ffordd. Trowch i'r Ch ac yna'n syth i'r Dd a dilynwch y ffordd nes i chi weld camfa arall ar y Dd. Croeswch hon i'r cae ac ewch yn eich blaen gan gadw'r gwrych ar y Dd i chi.
- 1** Hanner ffordd ar hyd y gwrych mae gât yn arwain i gae arall. Gyda'r gwrych nawr ar y Ch, croeswch gamfa arall i'r cae nesaf lle mae'r llwybr yn mynd i lawr y bryn ac i mewn i'r cae nesaf. O'ch blaen fe welwch gât arall. Ewch drwy hon a throï i'r Ch, gan gerdded o amgylch fferm fach cyn troi i'r Dd ger ffîn y cae ac i lawr tuag at gât arall. Ewch drwy'r gât i'r cae nesaf a cherddwch i fyny'r allt, gan gadw llinell y ffens ar y Ch nes i chi gyrraedd y gamfa nesaf. Ewch yn syth yn eich blaen i'r cae nesaf.
- 2** Croeswch y cae nesaf a throï i'r Dd gan ddilyn y gwrych nes bod camfa arall yn mynd â chi i gae arall. Trowch i'r Ch a chadw'r gwrych ar y Ch nawr a'i ddilyn at gamfa arall sy'n arwain i gae arall. Cadwch y gwrych ar y Dd a'i ddilyn nes ei fod yn gwyo i'r Dd. Yma, croeswch y cae at y gwrych gyferbyn a chadwch hwn ar y Ch nes bod llwybr yn arwain drwy'r goedwig fach ac allan i gae arall.
- 3** Croeswch y cae hwn gyda'r gwrych ar y Ch i chi, i gae arall lle byddwch yn cerdded yn groes-gongl i'r Dd tuag at gât a chamfa sy'n arwain i'r ffordd. Trowch i'r Ch a cherdded ar hyd y ffordd nes i chi gyrraedd y tai. Ar ôl y tŷ olaf bydd trac i'r Dd yn arwain i'r cae. Cadwch y gwrych ar y Ch a cherddwch drwy'r gât ar yr ochr bellaf i'r cae nesaf, cadwch y clawdd ar y Dd ac ewch yn eich blaen nes i chi gyrraedd llwybr glaswelltog sy'n arwain at fferm.
- 4** Ewch yn eich blaen i'r cae nesaf a cherddwch i'r gornel Ch lle mae gât yn arwain i gae arall. O'r fan hon ewch yn eich blaen gan gadw'r clawdd ar y Ch i chi a chroesi llinell y ffens i'r cae nesaf. Ewch yn syth yn eich blaen tuag at gât ger y goeden. Ewch drwy'r gât ac yn syth ymlaen eto nes i chi gyrraedd gât sy'n arwain i'r ffordd. Trowch i'r Dd a cherdded ar hyd y ffordd nes i chi gyrraedd y gilfan.



Travellers Rest Wood

a pleasant walk through the fields and valleys of Cross Ash.

Field tracks and some road.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Moderate



208m



Circular



6.7km | 4.2m



02:05

S

Starting from the layby, head south down the road as it curves L past Travellers Seat, continue on until you see a stile on your L, cross into the field and continue diagonally L across the field until you reach another stile, cross over and continue on to another stile going R, follow the hedgerow around the field crossing the next stile onto the road. Turn L and then immediately R and follow the road until you see another stile on the R. Take this into the field and continue with the hedgerow on your R into the next field.

1

Halfway along the hedge a gate leads into another field, with the hedgerow now on your L, cross another stile into the next field where the path drops down the hill and into the next field. Ahead you will see another gate, cross this and turn L, walking around the small farm before turning R at the field boundary and dropping down towards another gate. Cross this into the next field and walk up the hill, keeping the fence line on your L until you reach the next stile and continue straight into the next field.

2

Cross into the next field and turn R following the hedge until another stile takes you into another field turn L and keep the hedge on your L now as you follow it to another stile that leads into another field, keep the hedgerow on your R as you follow this until it curves R. Here, cross the field to the opposite hedgerow and keep this on your L until a path leads through the small woods and out into another field.

3

Cross this field with the hedge on your L into another field where you will head diagonally R towards a gate and stile that lead out onto the road. Turn L and head along the road until you reach the houses. After the last house there will be a track to the R leading into the field. Keep the hedgerow on your L and walk through the gate on the far side into the next field, keep the hedgerow on your R and continue until you reach a grassy track leading to a farm.

4

Pass through into the next field and walk to the L hand corner where a gate leads into the next field. From here continue with the hedge on your L and cross the fence line into the next field. Continue straight on towards a gate by the tree. Pass through and head straight on again until a gate leads out onto the road. Turn R and walk along the road until you reach the layby.