



**OS Map Coverage: OS Explorer 256**

**Cyrraedd yma | Getting here**

Gwasanaethir Pwll Glas gan wasanaeth rheolaidd bws rhif 55 rhwng Rhuthun a Chorwen; Graig Fechan gan wasanaeth bws rhif 76T (dydd Gwener yn unig).

Pwll Glas is serviced by the regular 55 between Ruthin and Corwen. Graig Fechan by the 76T (Fridays only).

**Allwedd / Key**

<b>1</b>	<b>Graig Fechan Family Loop</b>	<b>2.8 km</b>	Cymsgedd hyfryd o goetir a chaeau yn y daith gerdded fer hon. A lovely mix of woodland and fields in this short walk.
<b>2</b>	<b>Graig Wyllt Family Loop</b>	<b>3.4 km</b>	Llwybrau trwy goetir ac o gwmpas Gwarchodfa Natur Graig Wyllt. Woodland trails in and around Graig Wyllt Nature Reserve.
<b>3</b>	<b>In the Shadow of Moel y Plas</b>	<b>5.8 km</b>	Mwynhewch rai o lethrau isaf De Clwyd. Enjoy some of the lower slopes of the Southern Clwydians.
<b>4</b>	<b>Llanbenwch Link up</b>	<b>6.6 km</b>	Lonydd a llwybrau gwledig gyda golygfeydd gwyth ar Fryniau Clwyd. Country lanes and paths with great views of the Clwydians.
<b>5</b>	<b>Link Path A</b>	<b>1.9 km</b>	Llwybr cyswllt rhwng y Llwybrau Milltiroedd cymunedol. A link path between the Community Miles routes.
<b>6</b>	<b>Link Path B</b>	<b>2.2 km</b>	Llwybr cyswllt rhwng y Llwybrau Milltiroedd cymunedol. A link path between the Community Miles routes.
<b>7</b>	<b>Coed Cilygoeslwyd Family Loop</b>	<b>2.6 km</b>	Taith hamddenol i'r warchodfa natur ac o'i hamgylch, i fyny lonydd bychain ac ar draws caeau. A leisurely walk to and around the nature reserve up lanes and across fields.
<b>8</b>	<b>Pen y Gaer and Efenechtyd</b>	<b>5.7 km</b>	Llwybrau llai adnabyddus gyda golygfeydd hyfryd ar Fryniau Clwyd. Lesser known paths with lovely Clwydian views.

**pathstowellbeing.ramblers.org.uk**

**RAMBLERS CYMRU**  
Paths to Wellbeing | Llwybrau i Lesiant

N S E W

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1 kilometre  
1 mile

Moel Llanfair

Moel y Plas

Camfa gerrig yng ngwarchodfa natur Graig Wyllt.  
Stone stile in Graig Wyllt nature reserve.

Gwarchodfa natur Graig Wyllt.  
Graig Wyllt nature reserve.

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