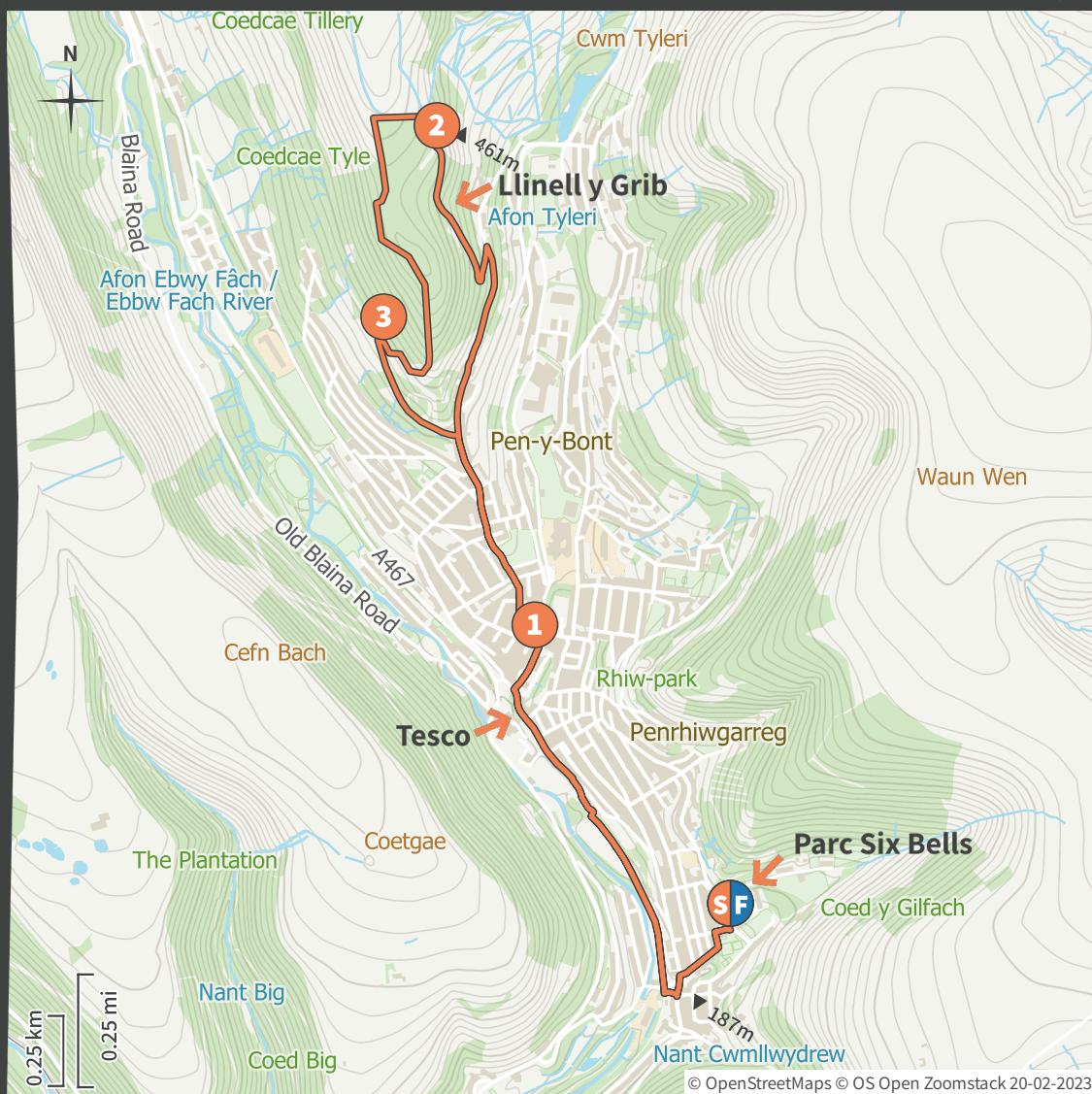




Llwybr yr lâr a'r Cywion

Cymysgedd o gerdded yn y dref a chefn gwlad!

Tarmac, trac sengl a llwybr caregog.



Wedi mwynhau'r daith gerdded hon? Mae 145 o deithiau Llwybrau i Lesiant i'w harchwilio ledled Cymru!



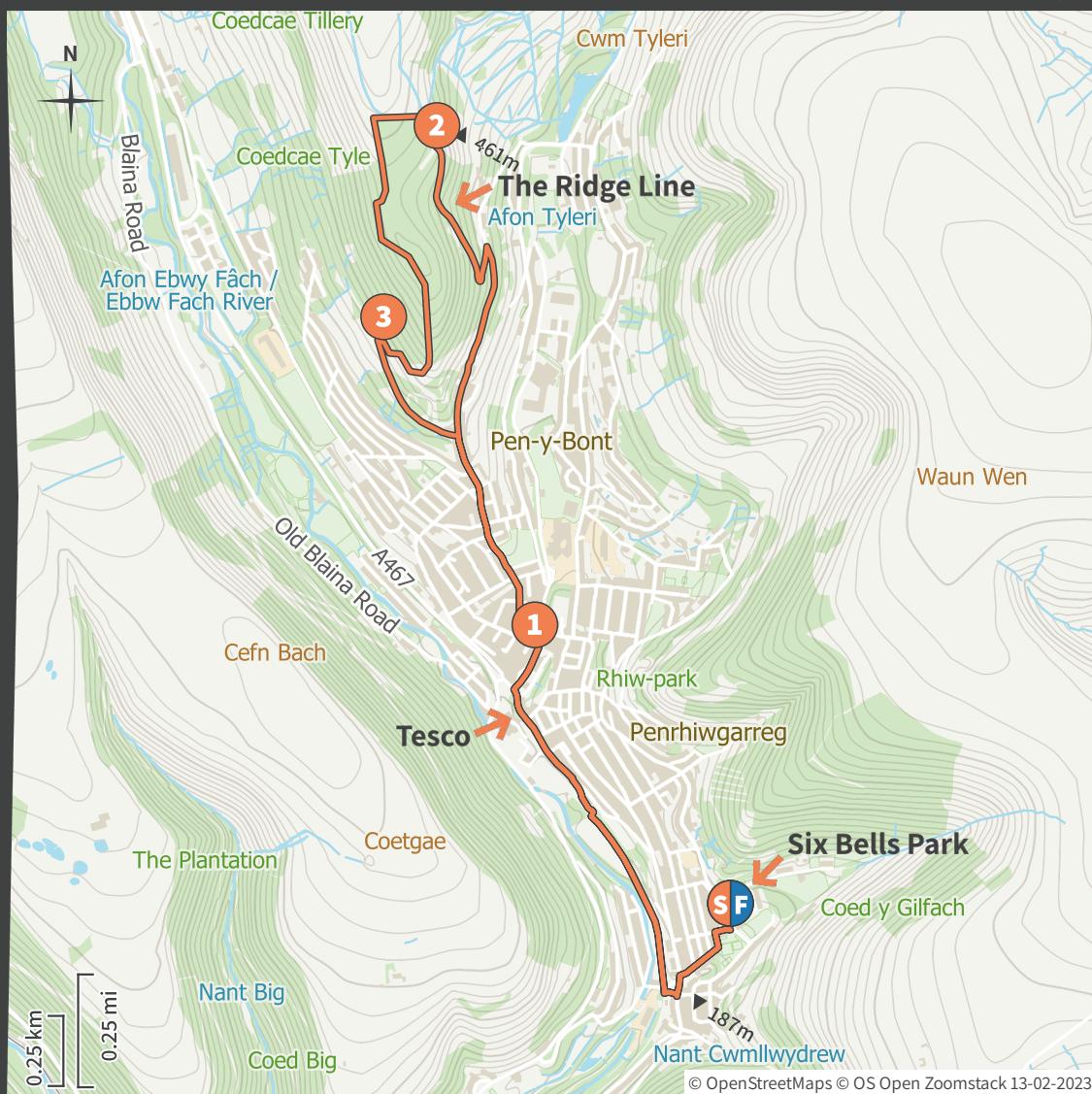
- S** Gan ddechrau o Barc Six Bells, cerddwch i lawr Eastville Road nes i chi gyrraedd Bridge Street. Trowch i'r Ch a cherdded i lawr at Chapel Road. Trowch i'r Dd ac anelwch at y tai lle y bydd trac bach yn arwain i'r Dd. Dilwynch y llwybr hwn nes y gwelwch fforch i'r Ch a fydd yn mynd â chi i lawr at y llwybr beicio. Arhoswch ar y llwybr hwn nes i chi gyrraedd Castle Street. Ewch yn syth yn eich blaen nes i chi gyrraedd Alma Street, yna trowch i'r Dd ac yna ar ben yr allt trowch i'r Ch i Gladstone Road.
- 1** Cymerwch y troad nesaf i'r Dd i Portland Street a dilwynch y ffordd yn syth ymlaen i fyny'r allt nes bod y ffordd yn fforchio. Dilwynch y fforch i'r Dd i Victoria Street a pharhau i gerdded at i fyny. Wrth i'r ffordd ymuno â Ffordd Tŷ-Dan-y-Wal ewch yn eich blaen nes bod y ffordd yn fforchio eto. Arhoswch ar y Ch ac ewch yn eich blaen nes bod y ffordd yn fforchio eto. Yma, dilwynch y llwybr ar y Ch. Dilwynch y ffordd hon nes i chi weld trac lludw a rhwystyr dur o'r blaen i'r Ch i fyny'r allt. Dilwynch y trac lludw hwn wrth iddo droelli i fyny'r bryn nes iddo droi'n sydyn i'r Ch.
- 2** O'r fan hon dilwynch lwybr bach oddi ar y llwybr lludw o'ch blaen nes i chi gyrraedd camfa. Ar ôl croesi'r gamfa, trowch i'r Ch ac anelu i fyny'r bryn ar hyd llinell y blanhigfa nes i chi gyrraedd gât mochyn ar y Ch. Ewch drwy'r gât a dilwynch y llwybr yn syth ymlaen i'r goedwig nes i chi gyrraedd fforch. Bydd y naill lwybr neu'r llall yn mynd â chi i lawr i'r un man, ond os am lwybr mwy diddorol gyda golygfeydd gwych, ewch i'r Ch a dilwynch linell y grib i lawr yr allt nes i chi ymuno â thrac lludw eto. Trowch i'r Dd yma a dilwynch y llwybr nes iddo droi'n sydyn i'r Ch.
- 3** Dilwynch y llwybr hwn wrth iddo ledu ac arwain at dŵr a gât ar Ffordd Tŷ-Dan-y-Wal. Trowch i'r Dd yma a cherdded yn ôl yr un ffordd ag y daethoch chi i ddychwelyd i Barc Six Bells.



Hen and Chicks Walk

A mix of urban and wild walking!

Tarmac, single track and rocky path.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Moderate



341m



Circular



8.8km | 5.4m



02:55

S

Starting from Six Bells Park walk down Eastville Road until you reach Bridge Street. Turn L and walk down until Chapel Road where you turn R and head across and towards the houses where a small track will lead around to the R. Continue on this path until a fork to the L drops you down onto the cycle path continue on this path until it leads you back out onto Castle Street. Continue straight on until you reach Alma Street where you turn R and then at the top of the hill turn L onto Gladstone Road.

1

Take the next R onto Portland St and follow this straight on up the hill until you reach a fork in the road. Take the Victoria Street fork on the R and continue heading up. As the road becomes Ty-Dan-y-Wal Road continue on until another fork. Stay on the L hand fork and continue until yet another fork, where you will again take the L hand route. Continue along this road until you see a dirt track and steel barrier headed L up the hill. Follow this fire road (dirt track) as it winds up the hill until it turns sharply L.

2

From here follow a small path off the fire road ahead of you until you reach a stile, cross and turn L and head up the hill along the line of the plantation until you reach a kissing gate on your L. Pass through and follow the path straight on into the woods until you reach a fork, either path will take you down to the same point, but for a more interesting descent with excellent views head L and follow the line of the ridge down the hill until you meet fire road again. Turn R here and follow the path until it curves sharply L.

3

Follow this path as it widens and leads to house and a gate onto TY-Dan-Y-Wal Road. Turn R here and retrace your steps all the way back to Six Bells Park.



Consider the environment
Please think before you print



The Ramblers' Association is a registered charity.
(England & Wales No.1093577, Scotland No.SC039799)

