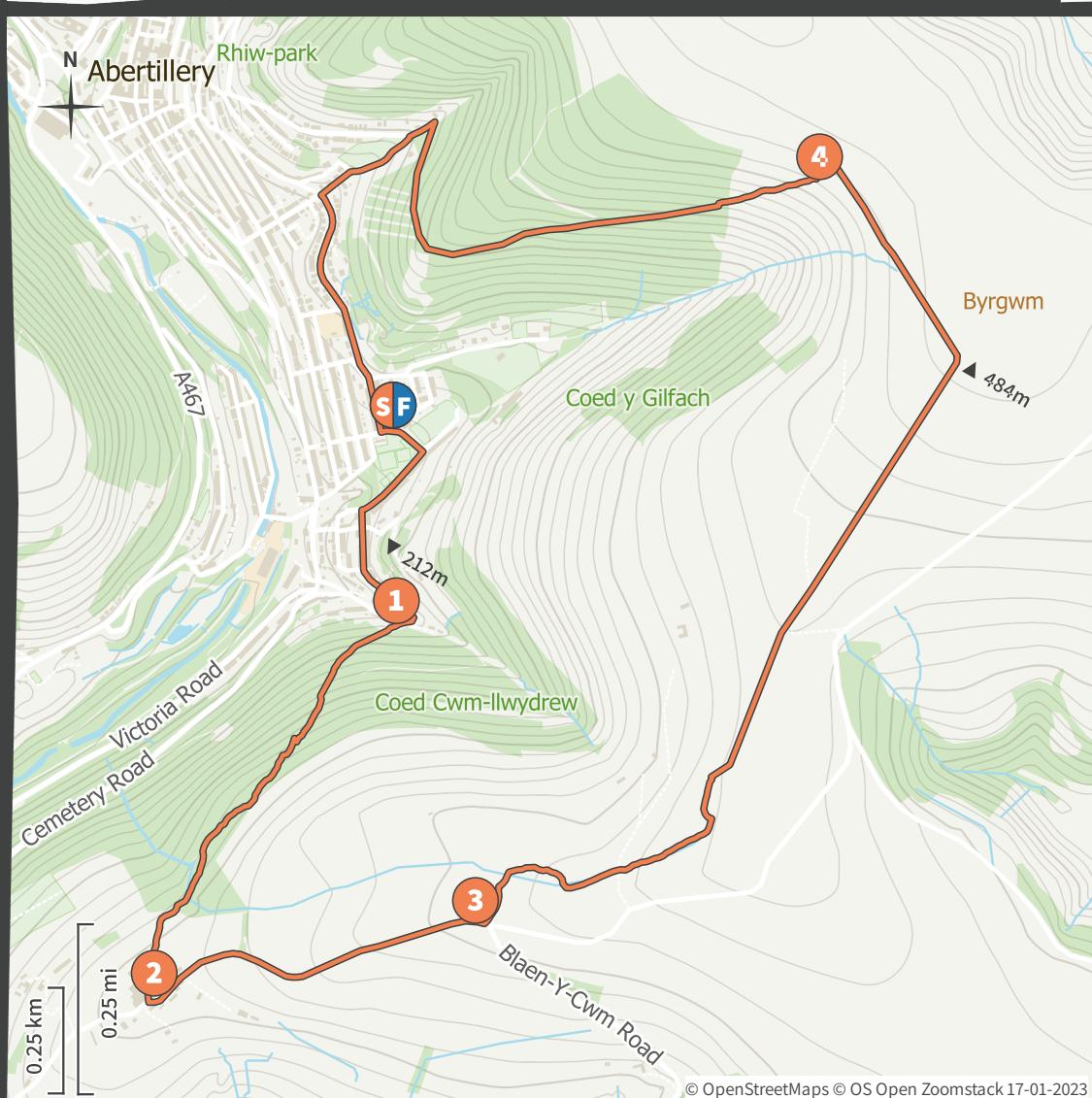




# St Illtyds Walk

A pleasant stroll through woods and moorland.

Variable surfaces, from pavement to rocky paths and muddy singletrack  
(can be muddy in bad weather).



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Moderate



489m



Circular



7.6km | 4.7m



02:00

**S**

Starting from Six Bells Park, where a quick coffee from the café can clear the head before heading out of the park R down the street and taking the first L. Follow this street to the end where a path leads up to cross a road, ahead is a single track path leading up through the woods.

**1**

Follow the narrow track up through the woods until you cross a wooden bridge and go L over a stile and diagonally across the field to the church graveyard of St Illtyds. Feel free to explore the church grounds taking special note of the church door which has some truly old graffiti carved into it.

**2**

After exploring St Illtyds Church go through the cast iron kissing gate, heading L onto the tarmac road which winds gently up towards the moor land. Make sure to take in the beautiful views on either side across the valleys, at the top of the road a gate and cattle grid mark the next stage of the walk.

**3**

From the cattle grid, move L through the grassland and pick up a rocky path that heads up onto the moorland. Follow this up past the wind turbines until the path curves L across the head of Nant y Groes valley. Continue across the valley until a L hand track begins to descend towards the woods.

**4**

From the L hand track descend diagonally across the top of the valley towards the woodland, where a gate leads onto a fire road that winds through the woods and brings you out onto a road at Penhwi garreg, turn L down towards the streets of Abertillery and take your first L, following this road until you arrive back at Six Bells Park for another coffee and some cake!!



Consider the environment  
Please think before you print



The Ramblers' Association is a registered charity.  
(England & Wales No.1093577, Scotland No.SC039799)



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