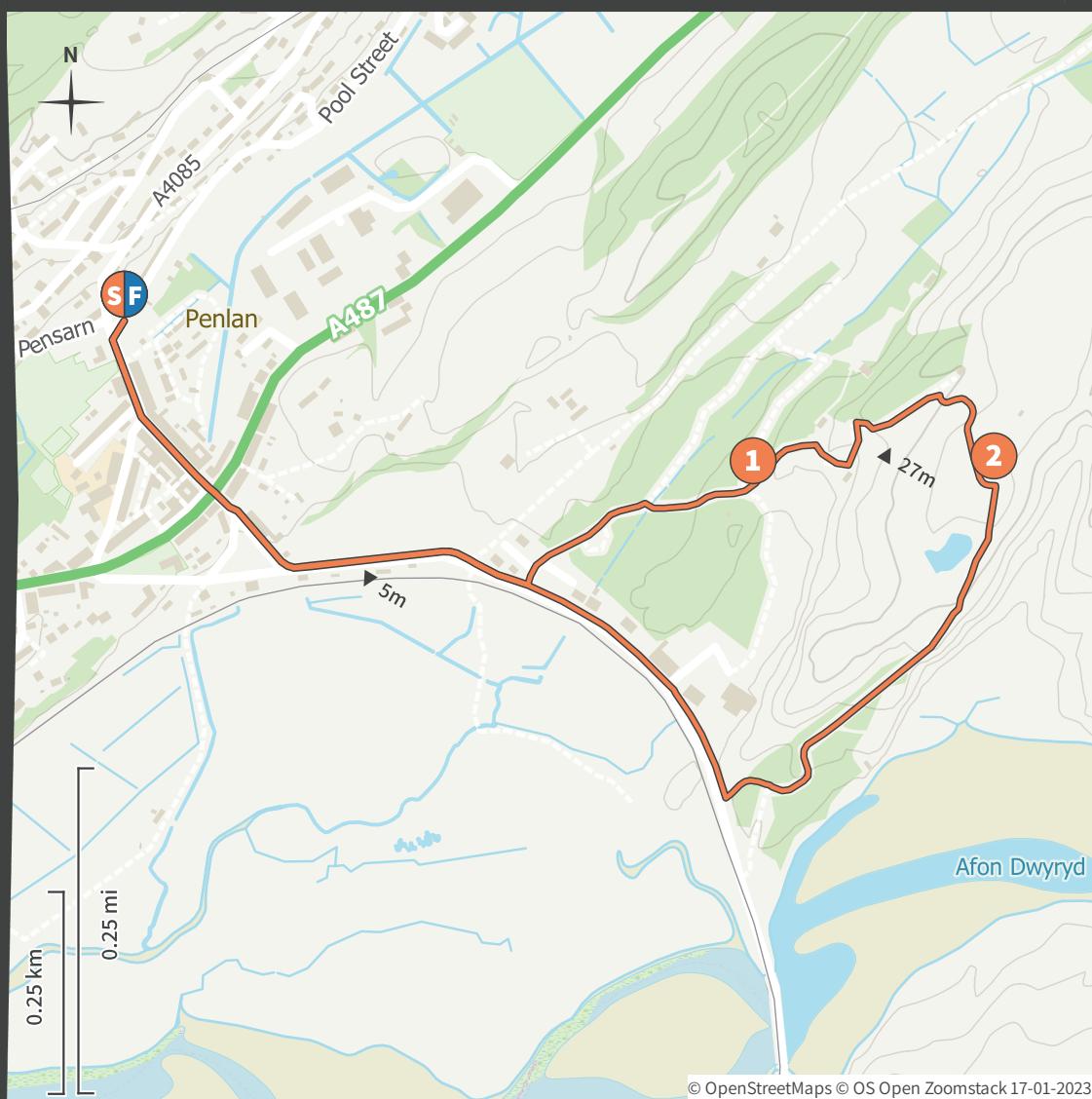




Gwaith Powdwr

A short route through Gwaith Powdwr nature reserve.

Mostly paved tracks. No stiles. Some concrete steps (with handrail) and a few steep sections.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Easy Access



70m



Circular



3.2km | 2.0m



01:00

S

Starting from the High Street, head past the Griffin hotel and down Cambrian View. Turn L at the station and continue along the road until you reach Cooke's industrial estate on your L. Turn into the estate and head straight past the white gates into Gwaith Powdwr nature reserve. You can also pick up a leaflet here with a map of the reserve and details of its history and wildlife.

1

Follow the main tarmac path uphill, turning right at the interpretation panel, and then straight over the concrete bridge. This path will lead you to a large storage shed. Continue straight past this and you'll reach a smaller shed. Follow the path steeply uphill here and you'll reach a pond, followed by a third building with a set of steps alongside it. Follow the steps up to the heathland.

2

Once you reach the top of the steps, continue along the path. There is an optional detour to the L towards the pendulum shed, or you can follow the paths to meet a track which leads back down to the road. Turn R once you reach the road to head back towards the station, then turn R again to return to the start location.



Consider the environment
Please think before you print



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