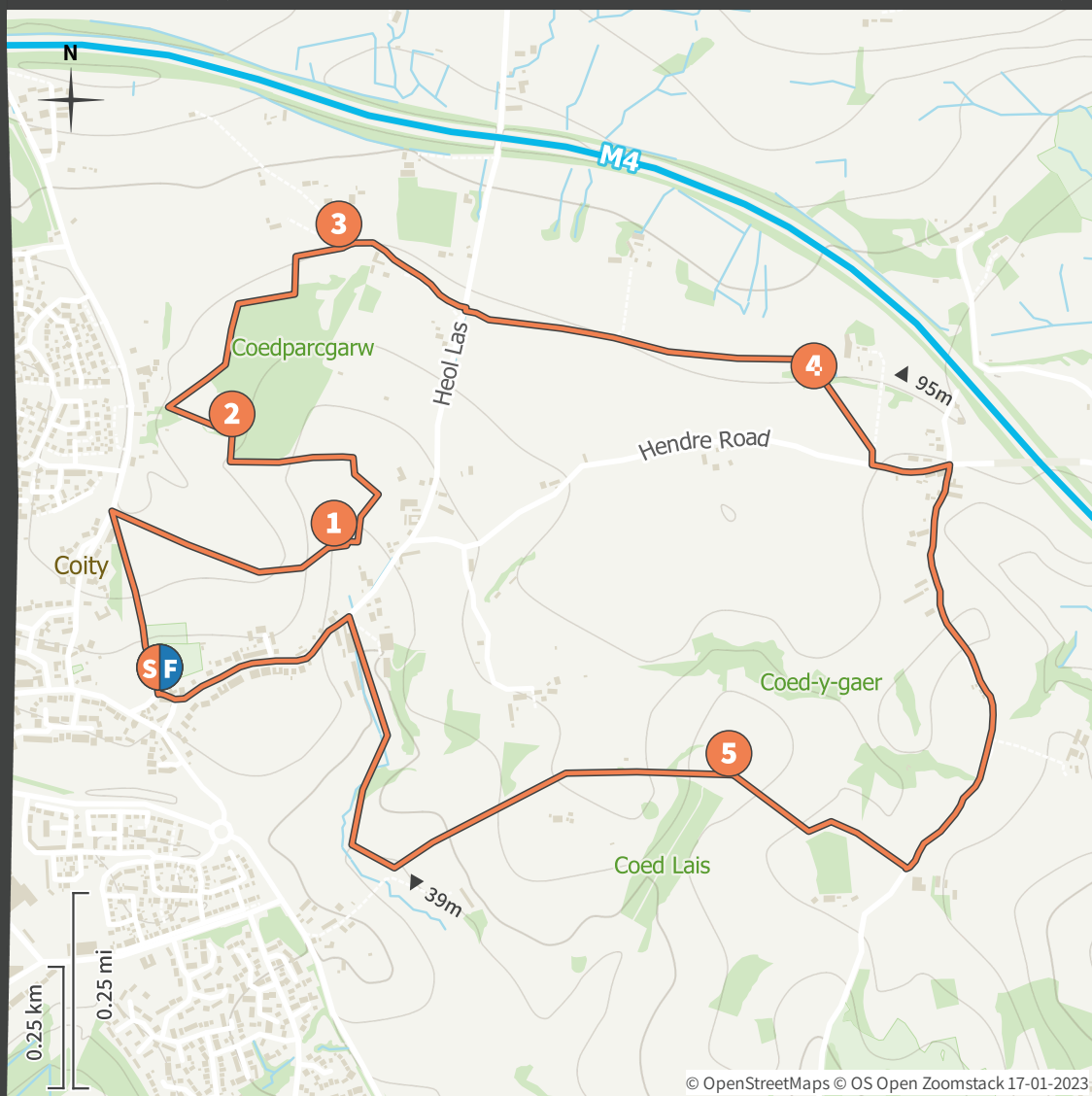




## Coity Circular

Taking in part of Bridgend Circular to Coedymwstyr and back.

Road walking, tracks and fields. Potentially muddy paths. Several stiles and gates.



Leisurely



118m



Circular



6.8km | 4.2m



02:00

**S**

Starting from Coity Castle. If you have travelled by car there is on street parking available at Heol Yr Eglwys near St Marys Church Hall. To the L of the hall you will ascend some steps and follow the path to a gate. Enter the field and head straight uphill (on your R you will also find a playing field) until you are parallel with a large white house on your L. Turn away from the house to walk across the large field, keeping to the walked path if visible. The path will drop down to a cluster of trees and a stile in the fence line.

**1**

Head over the stile, follow the boundary across the field to a stone stile and signpost. Take a L, walk the path that skirts the field via a gate. At the L corner of the field, go L through the gate, follow a short fenced path, L through this gate and enter the field via another gate. Keeping the hedgerow on your L, make your way uphill to the top L corner (this section of the path can become muddy) where you will find a gate. Enter the grassy field, keeping the boundary close on your R which will lead you to a gate.

**2**

The right of way in this field brings you L out of the gate, keeping the boundary on you L to the top of the field before turning back on yourself, walking diagonally down to the bottom L of the field. Follow the path through the vegetation which will lead you to steps ascending to a gate. Follow this designated path through the woods, which is fenced either side of you. It is well sign posted and zig-zags, eventually leading you to another kissing gate.

**3**

Turn R through the kissing gate and walk the track, immediately passing through another kissing gate. Walk this track until you meet another road. Head straight over in the same direction, following the public footpath signs. Stay on this track, over a cattle grid to a farm gate. As the track curves and heads towards the barns, come off the track and keep close to the hedge on your R. Continue through a field gate, straight across the field and the path you need to take will slope downwards. Take the stile to your L.

**4**

Once over this stile, walk diagonally to the bottom L of the field to a kissing gate which meets a road. Turn R towards the main road and take an immediate L. Walk this and turn R once you are at the cross roads, signed to Coychurch. Continue on this track past Coyde-Y-Gaer, look out for a kissing gate with a metal waymark post on your R. Walk straight across this field through a large gate. Keep the woods on your L and head downhill. Stay in this field keeping the hedgerow on your L then pass into the next field on your L.

**5**

Head to the top L of the field to a gate, go straight ahead with the boundary on your R, pass through a second gate. Pass 2 gates over a track and downhill to another gate. Take a L following the fence to 2 gates in a small woods. Exiting the woodland, walk around the base of the hill into a break in the trees. Use the stile (R) and footbridge then turn R, walking the edge of the field to a farmgate. Take the path L past the equestrian centre. At the road, turn L uphill (mindful of traffic) and head straight, returning to the start.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!