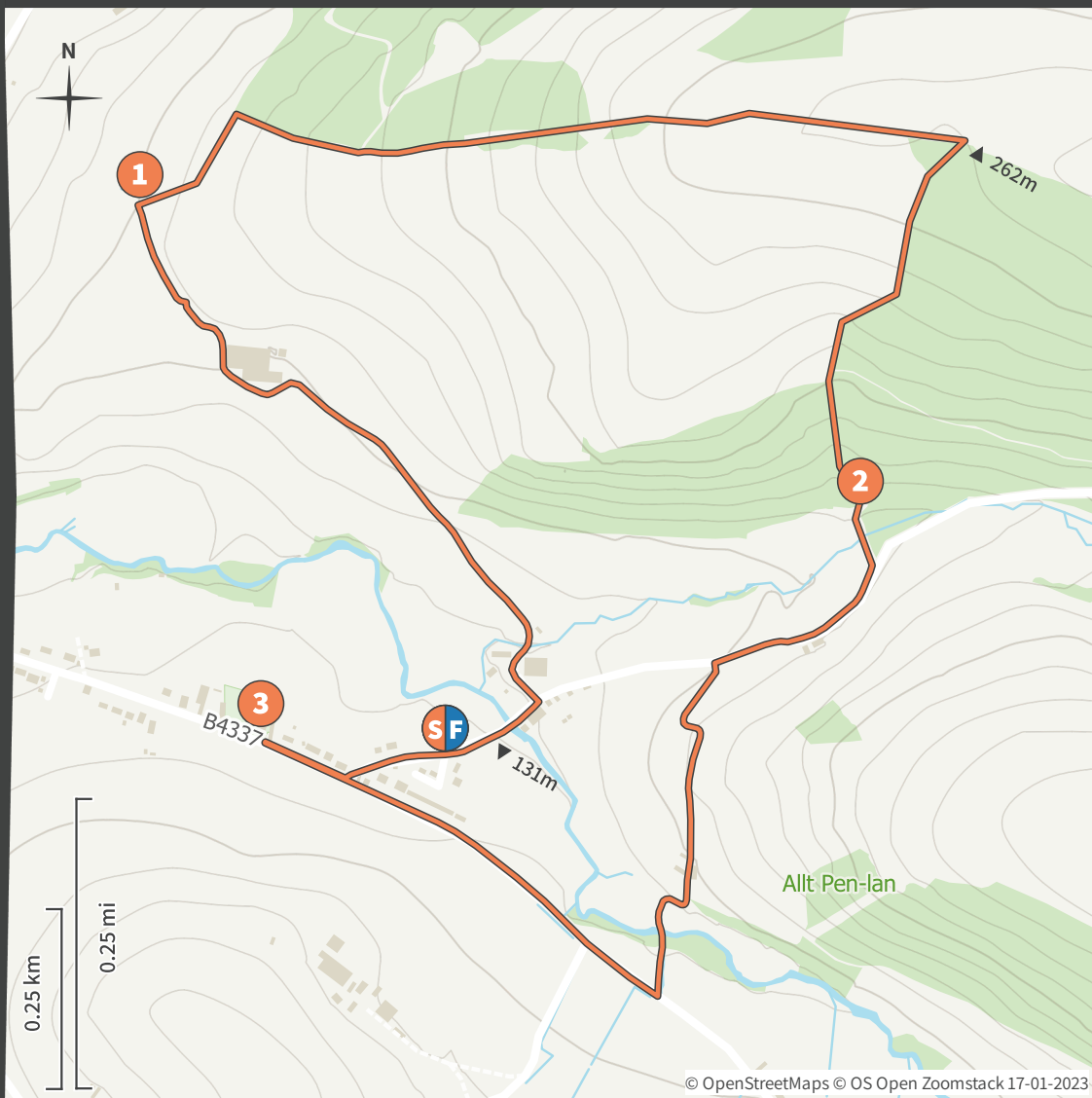




Rhydybont Loop

A scenic stroll through local woodlands.

A mixture of minor roads, tracks, fields and woodlands. Gates and stiles feature. Good footwear is essential.



Leisurely 158m Circular 4.8km | 3.0m 01:35

- S** Starting from Lon Felin Rhydybont head R along the road away from the houses. Turn L onto the stony track at Rhydybont House and follow this as it meanders through the farmyard and uphill. Pass through a second farmyard and continue ahead until the track turns uphill to the R. Go through the gate ahead onto a wide tree lined grassy track. Continue ahead until reaching an open area with a Spring ahead of you. Holding water throughout the year this area can be very wet in winter. Take the stile on your R entering a field.
- 1** Cross the fields ahead and two further stiles entering Allt Llwyn-crwn woodland. Head R taking another stile as you ascend through the trees. Emerge onto a stony track following the waymarking uphill (L). As the track bears R continue through the gate ahead along a wide tree lined track. Continue uphill crossing a stile and follow the route along the fence line to a gate. Go through gate, immediately turning R through another gate into the stunning Allt Tan-coed-cochion woodland. Follow the fence line down through the trees.
- 2** Go through gate, cross the stream and take a second gate emerging onto the road. Turn L and follow the road, a short distance after the buildings turn L onto a stony track. Follow the track to the farm passing through the farm yard. Bear R heading through a gate and cross the footbridge over the Duar. This tributary feeds into the River Teifi further along its course. Follow path along the stream heading up through the gate ahead onto the road (B4337). Turn R continuing along the road until reaching Rhydybont Congregational Chapel.
- 3** Originally constructed in 1778, the Chapel was rebuilt in 1829 and again in 1911, to the design of architect Sir William Beddoe Rees of Cardiff. From the Chapel turn around and head back along the road in the direction you just came from. Turn L onto Lon Felin Rhydybont to return to your starting point.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!