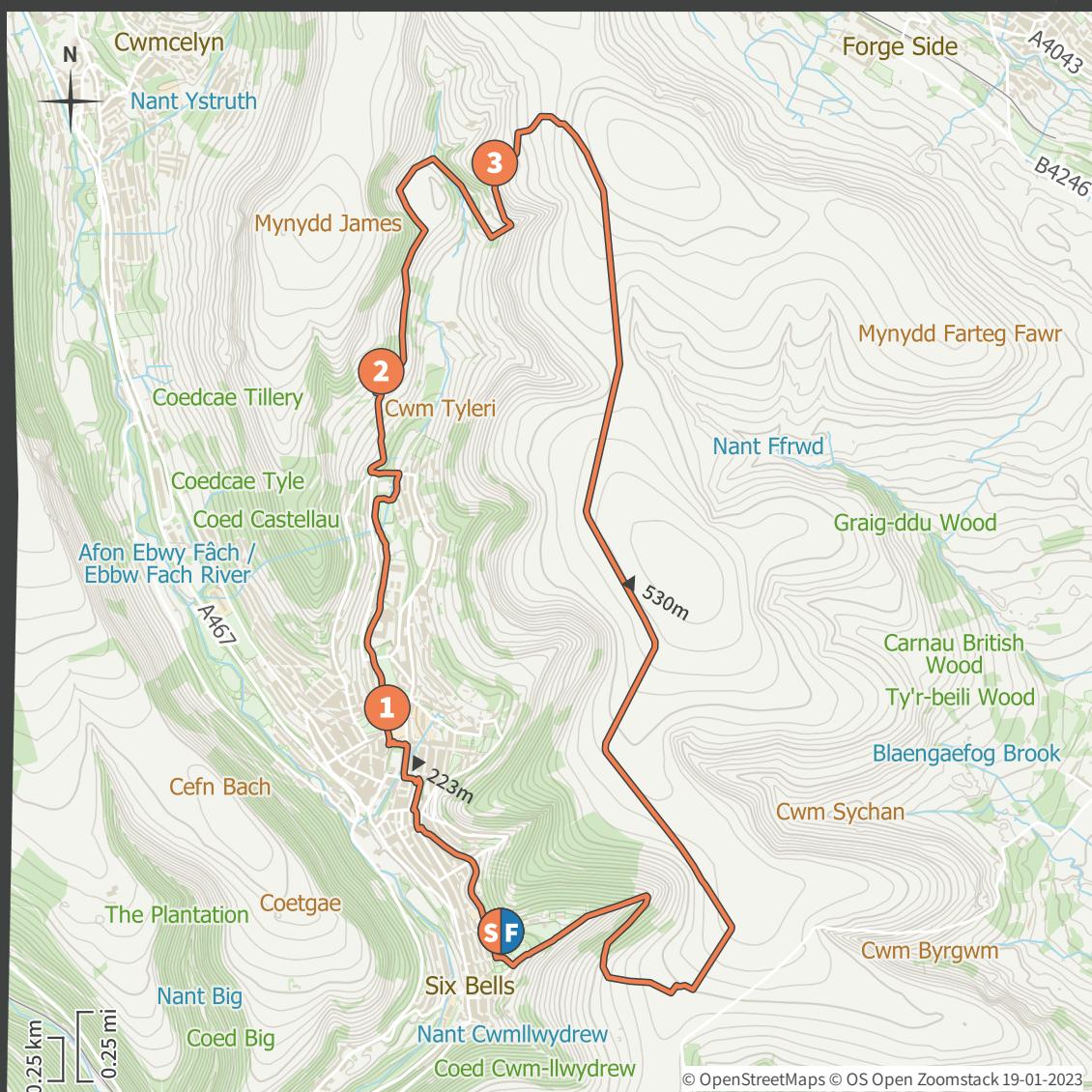




Cwmtilly Lakes Circular

A strenuous walk through abertillery and up onto the moors.

Tarmac, single track and rocky path.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Moderate



462m



Circular



15.1km | 9.4m



04:55

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Starting from Six Bells Park head up towards Cwm Farm Road and continue on this road until it becomes Pantypwdyn Road, continue and turn L onto Hill Street then immediately R onto Bywater Row turn R and then L onto James Street and head straight through the small park before dropping down onto Division Street as it curves to the L. Follow this around and take the R onto Tillary Street and continue on until you find a small path on your L that brings you out next to the school. Turn R and continue with the school on your R.

1

Follow this road for a while until you reach a path leading through the wooded area and bringing you out by Caffi Tyleri and Cwmtilly Park. Continue past until you reach Cwmtilly Lakes on Ty-Dan-Y-Wal Road turn L and take the gate through the woods and up the hill towards another gate that brings you out on an access road headed up the hill next to a drainage culvert. Take this road until it curves to the L but here you will strike out across the fields on a waymarked path headed further into the valley.

2

Follow this track up into the valley and through the woods until it curves around the head of the valley to the R and leads to an old mining bridge across the stream. Take this and head to the L into the woods following the track as it comes out into bracken and heads over a stile and into an old ruined farmhouse. From here head L and up the path next to the small stream, passing through a gate in the wall and up onto the road. Turn L and follow the road until you take a steep rocky track headed up onto the moors.

3

From here the path will meet a rocky and well used track headed R Follow this for a long way across the tops of the moor until you are level with the wind turbines at the top of Nant y Groes Valley. Turn R over the stile after the turbines and head down the track and through the woods until you reach the valley floor. Continue down this road until you reach Six Bells Park.