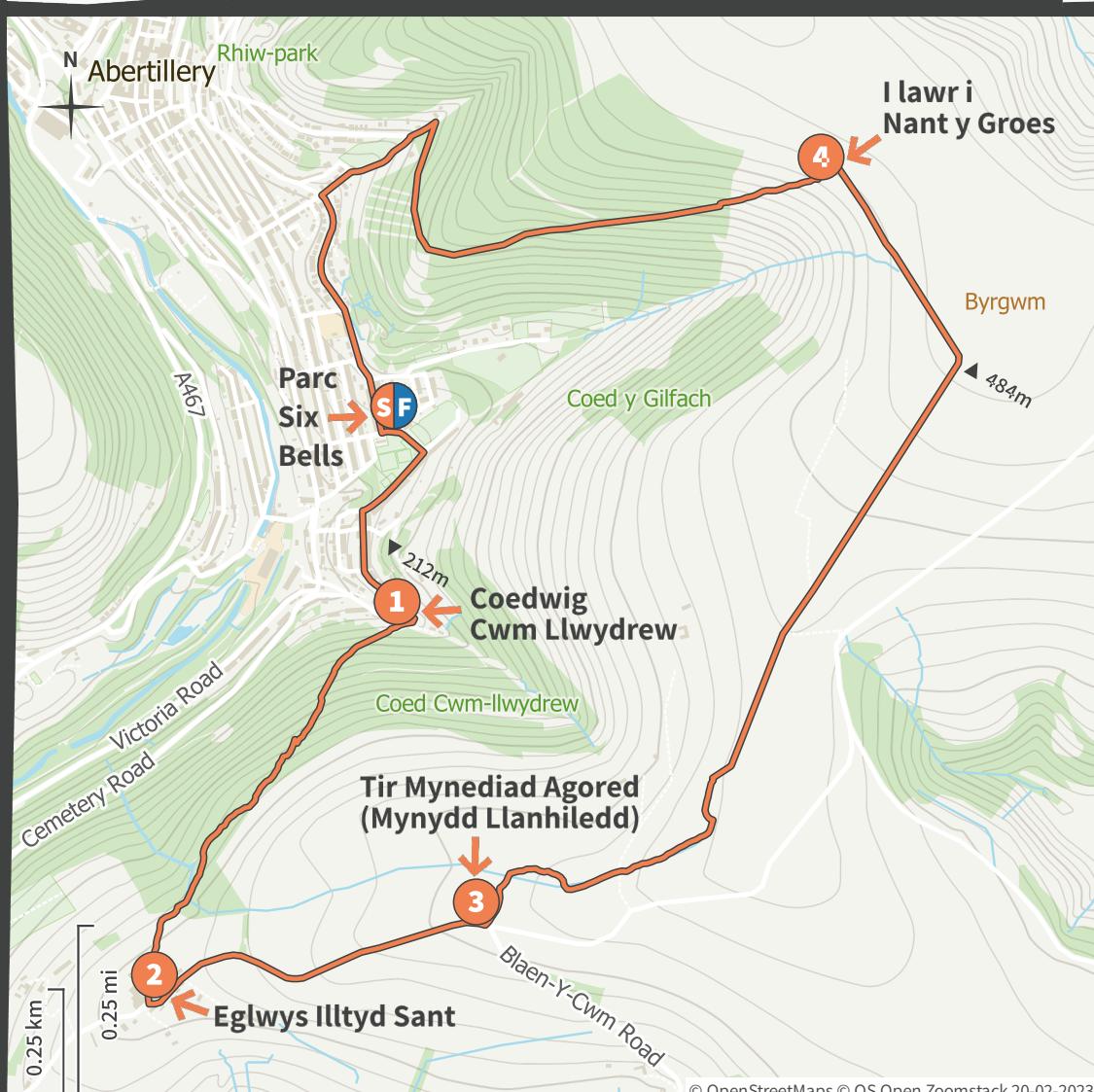




Llwybr St Illtyd

Taith braf drwy goedwig a gweundir.

Arwynebau amrywiol, o balmant i lwybrau caregog a thrac sengl mwdlyd
(gall fod yn fwdlyd mewn tywydd gwael).



Wedi mwynhau'r daith gerdded hon? Mae 145 o deithiau Llwybrau i Lesiant i'w harchwilio ledled Cymru!



Cymedrol



489m



Cylchol



7.6km | 4.7m



02:00

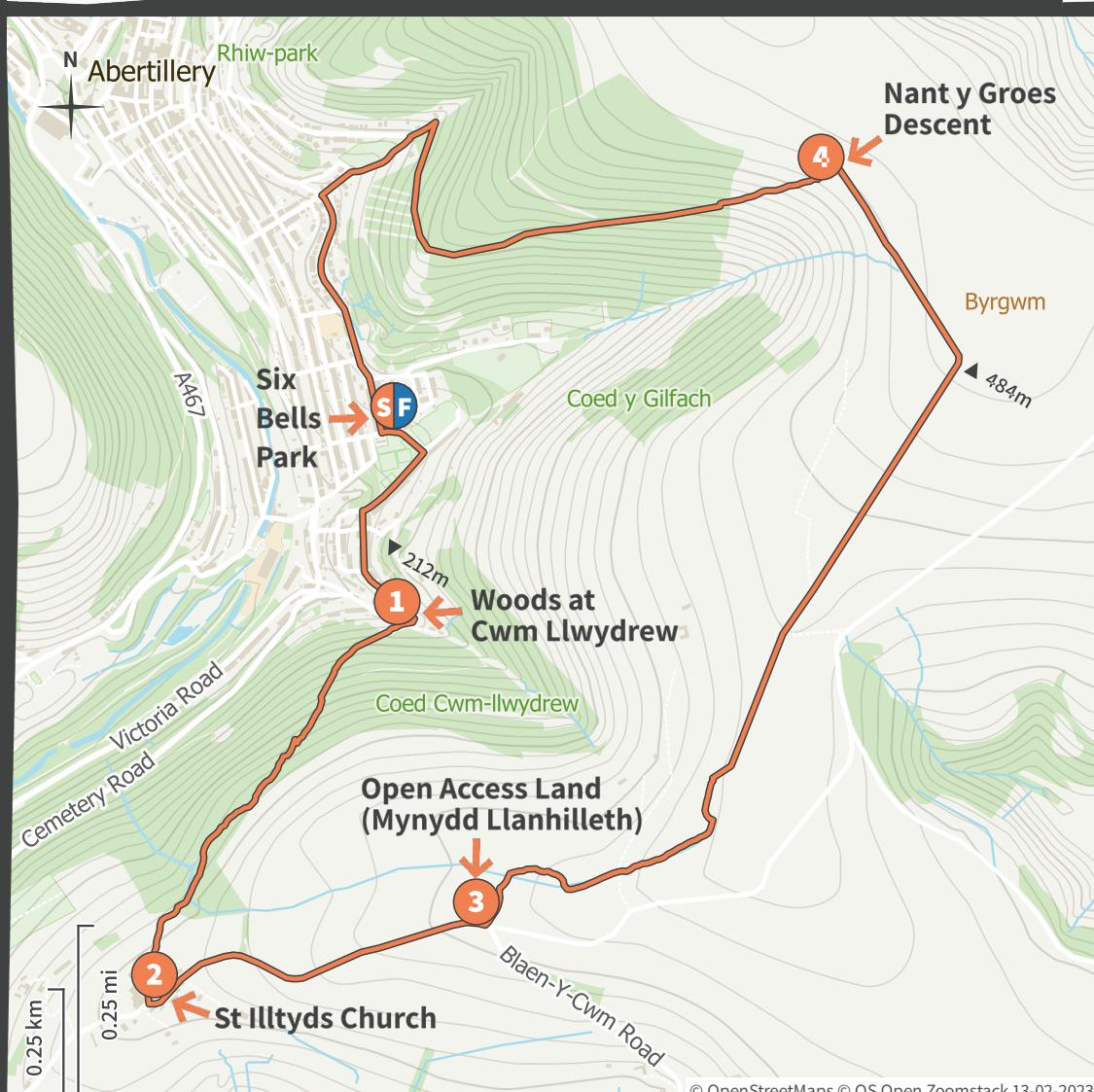
- S** Gan gychwyn o Barc Six Bells, lle y gall coffi bach cyflym o'r caffi glirio'r pen cyn dechrau, gadewch y parc gan gerdded i'r Dd i lawr y stryd a chymryd y troad cyntaf ar y Ch. Dilynwch y stryd hon i'r pen lle mae llwybr yn arwain at ffordd. Croeswch y ffordd ac o'ch blaen fe welwch llwybr un trac yn arwain i fyny drwy'r goedwig.
- 1** Dilynwch y llwybr cul i fyny drwy'r goedwig nes i chi groesi pont bren a thro i'r Ch dros gamfa gan gerdded yn groes-gongl ar draws y cae i fynwent eglwys Illtud Sant. Mae croeso i chi grwydro tir yr eglwys gan dalu sylw arbennig i ddrws yr eglwys sydd â hen graffiti wedi'i gerfio yn ynddo.
- 2** Ar ôl archwilio Eglwys Illtyd Sant ewch drwy'r gât mochyn haearn bwrw, gan anelu i'r Ch i ddilyn ffordd darmac sy'n ymdroelli'n raddol i fyny at y gweundir. Gwnewch yn siŵr eich bod yn edmygu'r golygfeydd godidog o bobtu'r dyffrynnoedd. Ar ben y ffordd mae gât a grid gwartheg sy'n nodi cam nesaf y daith.
- 3** O'r grid gwartheg, ewch i'r Ch drwy'r glaswelltir a dilyn llwybr caregog sy'n arwain i fyny i'r gweundir. Dilynwch hwn i fyny heibio'r tyrbinau gwynt nes bod y llwybr yn troi i'r Ch ar draws blaen cwm Nant y Groes. Cerddwch ar draws y cwm nes i chi weld llwybr i'r Ch sy'n gostwng yn raddol tuag at y goedwig.
- 4** O'r llwybr ar y Ch, cerddwch yn groes-gongl i lawr pen y cwm tuag at y coetir, lle mae gât yn arwain at drac lludw sy'n ymdroelli drwy'r coed ac yn dod â chi allan ar ffordd ym Mhenrhiewgarreg. Trowch i'r Ch i lawr tuag at strydoedd Abertyleri a chymerwch y troad cyntaf i'r Ch, gan ddilyn y ffordd nes i chi ddychwelyd i Barc Six Bells am goffi arall a darn o gacen!!



St Illtyds Walk

A pleasant stroll through woods and moorland.

Variable surfaces, from pavement to rocky paths and muddy singletrack
(can be muddy in bad weather).



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Moderate



489m



Circular



7.6km | 4.7m



02:00

- S** Starting from Six Bells Park, where a quick coffee from the café can clear the head before heading out of the park R down the street and taking the first L. Follow this street to the end where a path leads up to cross a road, ahead is a single track path leading up through the woods.
- 1** Follow the narrow track up through the woods until you cross a wooden bridge and go L over a stile and diagonally across the field to the church graveyard of St Illtyds. Feel free to explore the church grounds taking special note of the church door which has some truly old graffiti carved into it.
- 2** After exploring St Illtyds Church go through the cast iron kissing gate, heading L onto the tarmac road which winds gently up towards the moor land. Make sure to take in the beautiful views on either side across the valleys, at the top of the road a gate and cattle grid mark the next stage of the walk.
- 3** From the cattle grid, move L through the grassland and pick up a rocky path that heads up onto the moorland. Follow this up past the wind turbines until the path curves L across the head of Nant y Groes valley. Continue across the valley until a L hand track begins to descend towards the woods.
- 4** From the L hand track descend diagonally across the top of the valley towards the woodland, where a gate leads onto a fire road that winds through the woods and brings you out onto a road at Penrhiggarreg, turn L down towards the streets of Abertillery and take your first L, following this road until you arrive back at Six Bells Park for another coffee and some cake!!



Consider the environment
Please think before you print



The Ramblers' Association is a registered charity.
(England & Wales No.1093577, Scotland No. SC039799)

