

Cyrraedd yma | Getting here

Mewn car, priffordd yr A470 o dde neu ogledd Cymru a'r A44 o Lanllieni. Mae modd cyrraedd yno ar drafnidiaeth gyoeddus ac orsaф drenau agosaf yw Llandrindod (11 milltir). Mae busiau'n pasio trwy Rhaeadr Gwy yn rheolaidd ac yn llai aml trwy Llanwrthwl.

By car, main A470 form north or south Wales and A44 from Leominster. Accessible by public transport with the closest train station being Llandrindod Wells (11 miles). Regular buses pass through Rhayader and less frequently through Llanwrthwl.

Ramblers Cymru
Paths to Wellbeing | Lwybrau i Lesiant

OS Map Coverage: OS Explorer 200

Allwedd / Key

Route Number	Route Name	Distance	Description
1	Riverside Walk	5.0 km	Llwybr gweddol wastad, heb gamfeydd, ar hyd ymyl yr afon o amgylch tref Rhaeadr Gwy. A fairly flat, stile free riverside route around the town of Rhayader.
2	Tan-y-pistyll Wood Loop	6.6 km	Llwybr darluniadwy trwy gymysgedd o goedtiroedd hynafol. A picturesque route through a mixture of ancient woodlands.
3	Glyn Bridge Loop	8.4 km	Cylchdaith at Bont y Glyn ar hyd rhannau o Daith Gerdded Dyffryn Gwy a'r cefn gwlad oddi amgylch. A circular walk to the Glyn Bridge along parts of the Wye Valley Walk and surrounding countryside.
4	Gwastedyn Hill Loop	9.8 km	Taith ddolenog a bryniog i Fryn Gwastedyn. Circular hilly loop onto Gwastedyn hill.
5	Castle Hill Loop	4.5 km	Llwybr cylchol mwy mynyddig o Gaufron o amgylch Bryn Castell trwy sawl coetir a thir amaeth. A circular hillier route from Gaufron around Castle Hill through multiple woodlands and farmland.
6	Llanwrthwl Junction Pool	4.5 km	Taith ddolenog i fyny allt yn arwain at dir mynediad aghored ac yn ôl trwy'r coetir. Circular loop uphill leading onto open access land and back through the woodland.
7	Llanwrthwl Loop	1.2 km	Llwybr byr o amgylch Llanwrthwl i ymestyn eich coesau a chael ychydig o awyr iach. A short route around Llanwrthwl to stretch your legs and get some fresh air.
8	Llanwrthwl Graig Duu	6.0 km	Llwybr cylchol o Llanwrthwl i'r comin gyda golygfeydd ysbleennydd i law y dyffryn. A circular route from Llanwrthwl onto the common with spectacular views down the valley.

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Llun o Goetir Waun Capel a dynnuwyd yn yr hydref.
An autumnal shot of Waun Capel Woodland.

Y golygfa wrth edrych i lawr y dyffryn.
The view looking down the valley.

Llwybr trwy'r goedwig heibio i adfeilion ffermdy.
Footpath through the wood past farmhouse ruins.

pathstowellbeing.ramblers.org.uk