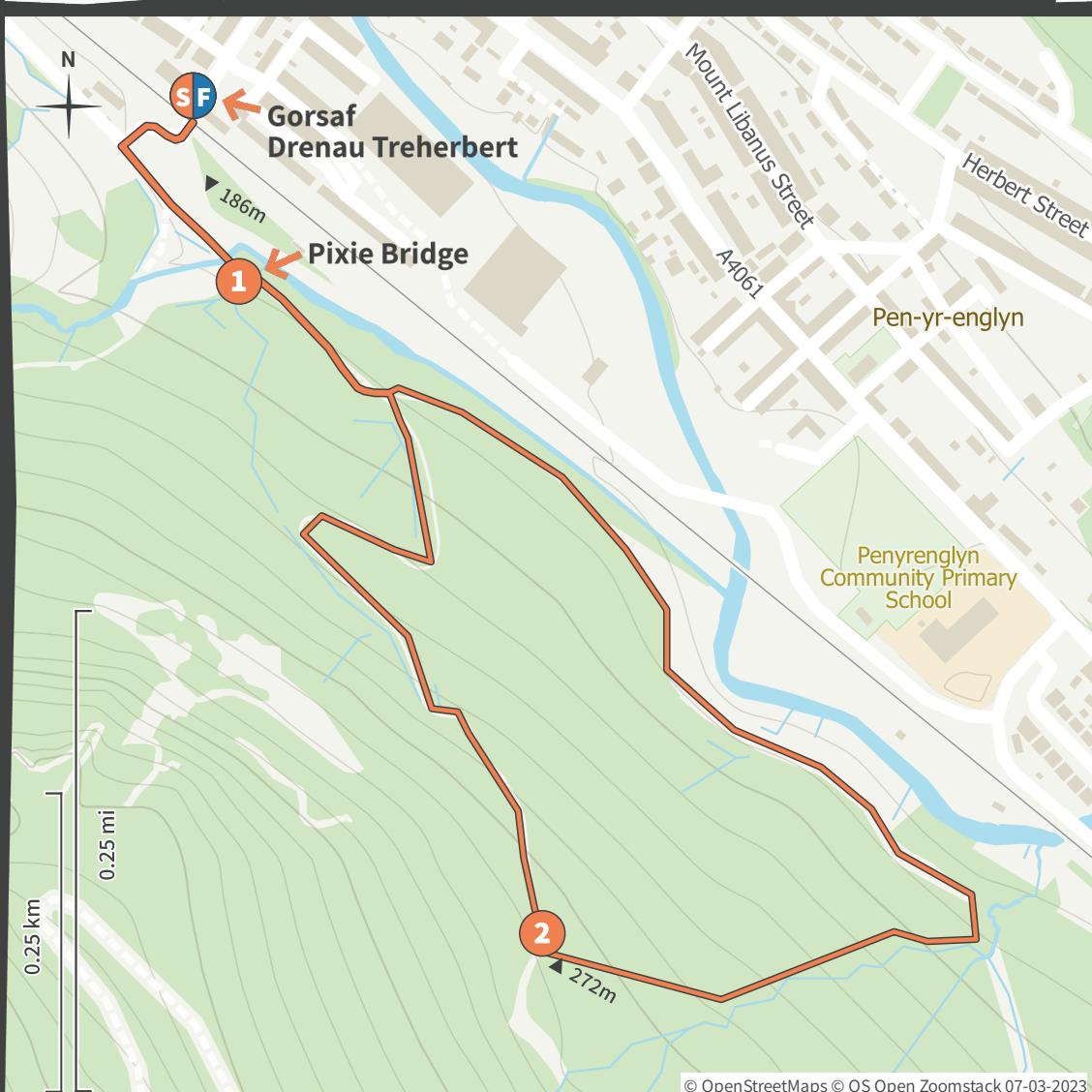




# Llwybr y Goedwig

Edmygwch lonyddwch coedwig y cwm.

Llwybrau graean a cherrig ar lethrau a all fod yn rhydd dan draed. Llwybrau mwdlyd o bosibl.



Wedi mwynhau'r daith gerdded hon? Mae 145 o deithiau Llwybrau i Lesiant i'w harchwilio ledled Cymru!



Hamddenol



98m



Cylchol



2.6km | 1.6m



00:50

**S** Gan ddechrau o orsaф drenau Treherbert, croeswch y traciau rheilffordd yn ddiogel drwy'r gatiau i gerddwyr. Ar ôl croesi'r traciau, dilynwrh y llwybr i'r Dd sy'n ymlwybro o amgylch safle'r 'Hen Fragdy'. Ewch i'r Ch ar ôl y llethr byr i gefn y safle a thrwy'r rhwystr i'r goedwig. Arhoswch ar y llwybr hwn, dros y bont sy'n cael ei galw'n 'Pixie bridge'. I'r Ch o'r bont mae rhaeadr fechan ac i'r Dd fe welwch lecyn agored gyda meinciau bonyff i chi gael hoe fach cyn mynd yn eich blaen.

**1** Gan aros ar y llwybr hwn, pan fydd yn fforchio, ewch i'r Dd i ddechrau dringo'r llethr. Arhoswch ar y prif lwybr sy'n mynd o amgylch y coetir. Mae yna lethr graddol ar y llwybr hwn nes bod y llystyfiant ar y Ch yn arwain at dir agored, gan roi golygfaw i chi o Benyrenglyn ac Ynyswen pan fydd y tir wedi gwastatâu rhywfaint. Yma, arhoswch ar y prif lwybr wrth iddo arwain drwy'r goedwig.

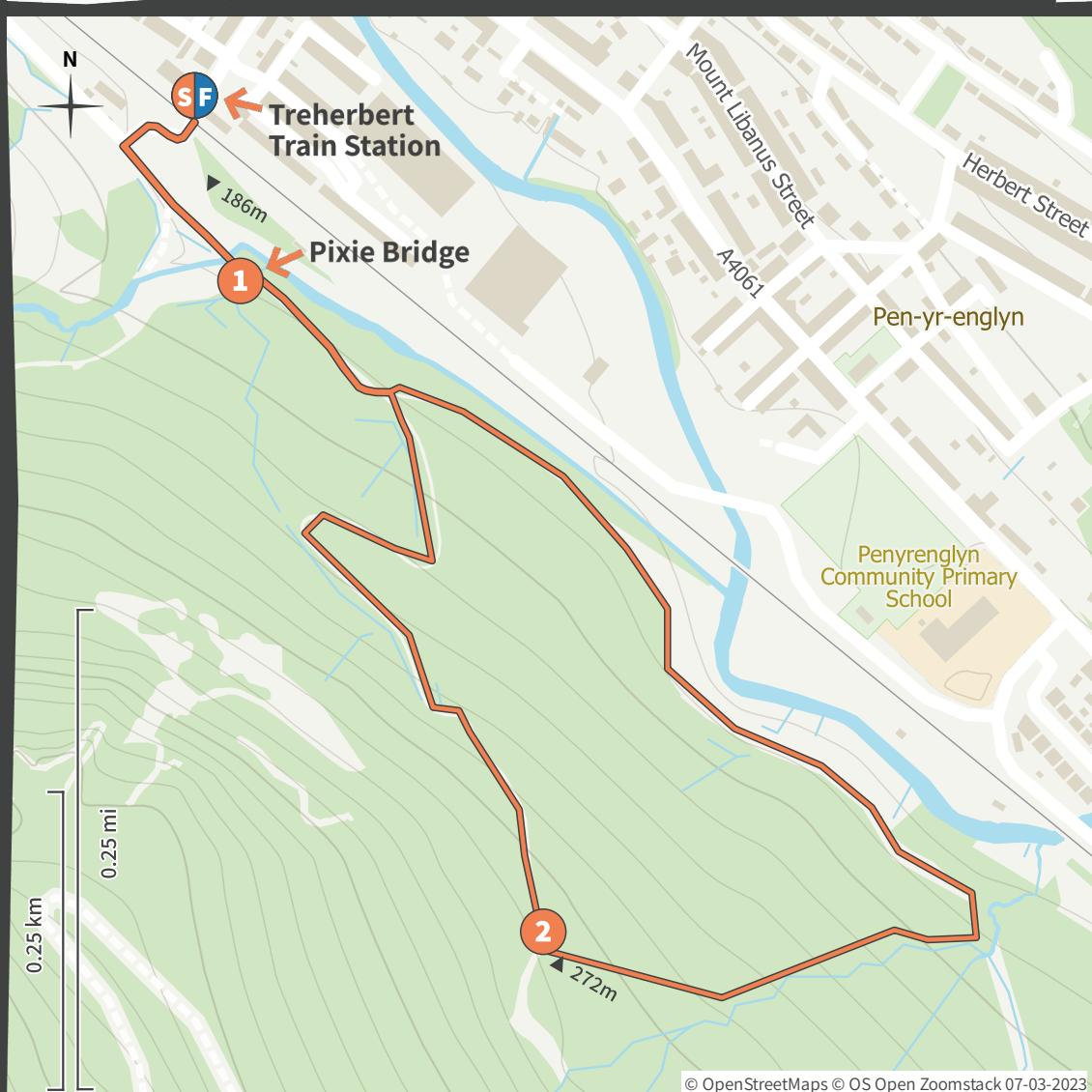
**2** Bydd y llwybr yn dechrau disgyn ond cofiwch y gall cerrig rhydd fod dan draed, felly cymerwch ofal. Ar waelod y llethr, trwch i'r Ch ac ewch yn eich blaen ar hyd y llwybr ehangach. Dilynwrh y prif lwybr hwn yr holl ffordd yn ôl i'ch man cychwyn, gan groesi Pixie Bridge unwaith eto, gan wyro i'r Dd o amgylch traciau gorsaf drenau Treherbert. Mae toledau cyhoeddus ar ben y stryd (Station Street), yn ogystal â siopau ar y ffordd uchaf (Bute Street).



## Forest Walk

Admire the tranquillity of the valley forest.

Gravelled and stoned paths on inclines/declines which can be loose underfoot. Potentially muddy paths.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



98m



Circular



2.6km | 1.6m



00:50

**S** Starting from Treherbert train station, head safely over the train tracks via the pedestrian gates. Once over the tracks, take the path to the R which wraps around the 'Old Brewery' site. Take a L after the short ascent to the back of the site and through the side of the forest barrier. Continue on this path, over the 'Pixie bridge'. To the L of the bridge is a small waterfall and to the R you will see an open space with log benches to enjoy a seat before you head on.

**1** Continuing on this path, at the first split, take a R which will start to ascend. Stay on the main path that wraps around the woodland. There is a gradual ascent on this path until the vegetation on your L opens up, giving you a view Penyrenglyn and Ynyswen and the incline has levelled out some. At this point, continue forward and stay on the main path as it cuts through the forest.

**2** The path will begin to descend but be mindful the surface underfoot can have loose rocks, take care of your footing. Once at the bottom of the descent, turn L and continue on the wider path. Follow this main path all the way back to your starting point, crossing the Pixie Bridge once again, wrapping R around to the tracks of Treherbert train station. There are public toilets at the top of the street(Station Street), as well as shops along the top road (Bute Street).



Consider the environment  
Please think before you print



The Ramblers' Association is a registered charity.  
(England & Wales No.1093577, Scotland No.SC039799)

