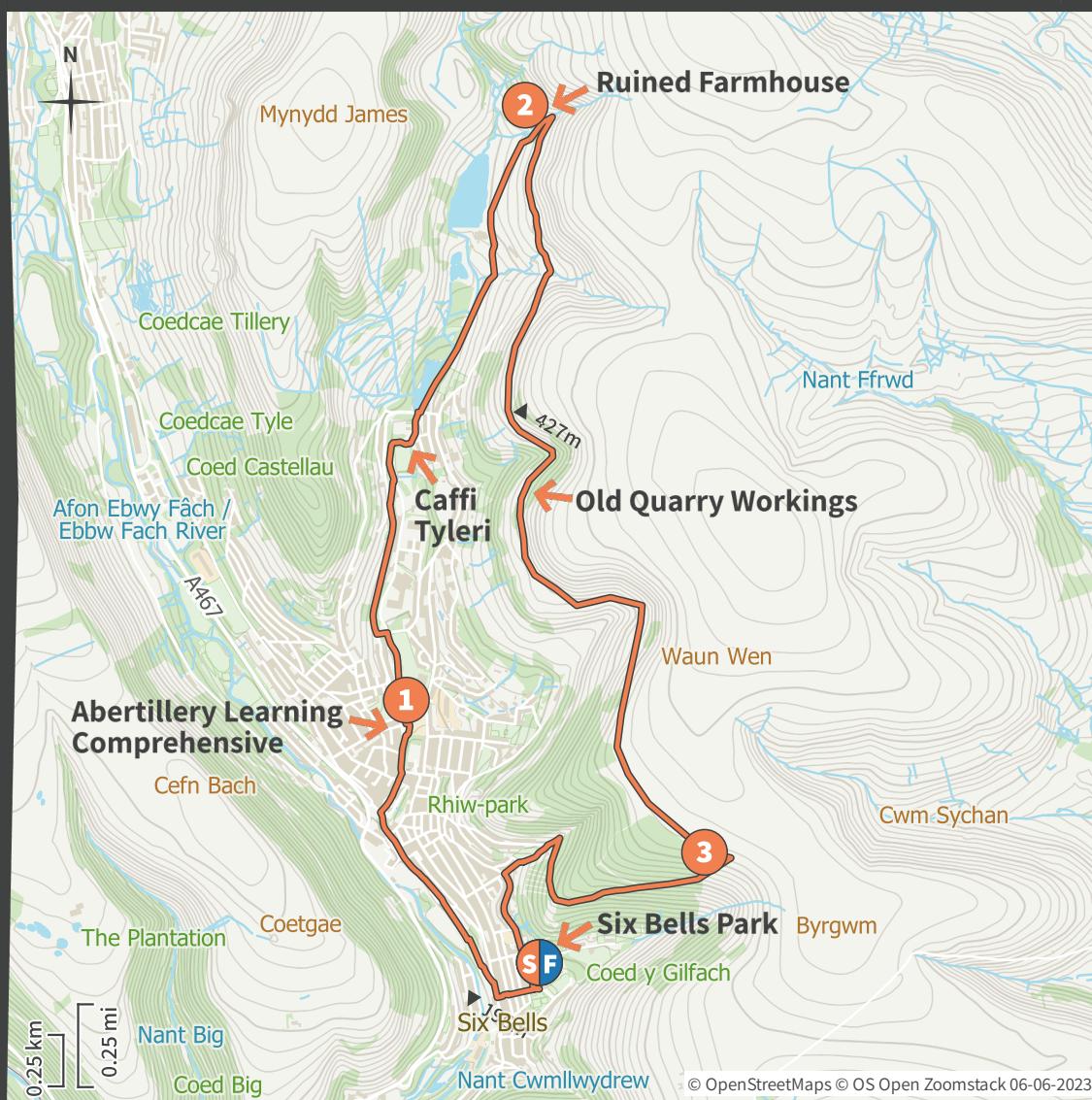




# Six Bells to Top of The Valley

Through the town and around the valley.

Tarmac and single track, some dirt tracks.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Moderate

366m

Circular

11.9km | 7.4m

03:50

**S** Starting from Six Bells Park by the bowls club, walk down Llwyn-on Rd, then down steps to reach Alexandra Rd where you turn R. Continue on this path until a fork to the L drops you down through a gate and continue on this path walking alongside a wall until it leads you out onto Castle Street. Continue Straight on passing Tesco until you reach Alma Street where you turn R after the library.

**1** Head uphill and cross safely to take the 2nd L signed Cwmtillery Lakes. Continue with the school on you R and follow this road for a while until you reach a L turn. Take this and then a R walking past houses to reach a R turn onto Winifred Terrace. Follow the path up and around bringing you out by Caffi Tyleri and Cwmtillery Park. Continue past until you reach Cwmtillery Lakes on Ty-Dan-Y-Wal Road. Cross over and head past Cwmtillery Lakes on your L and follow the tarmac track up towards the reservoir. Here a gate leads through the fields and towards a ruined farmhouse. Once here, turn R and head up the path towards the wall with the small stream on your L.

**2** Pass through the gate and head up to and turning R onto the road. Follow this road until you see a track headed L up the hill and over the top of the disused quarry. Continue on this track as it contours around the valley, past old quarry workings until you see a track headed up towards the woods and the top of the hill. Follow this along the line of the woodland until you reach the top of Nant y Groes valley. From here, a sharp turn to the R will lead you part way down the hill towards a gate that enters the woods.

**3** From the gate the track leads through the woods and contours around the hill headed towards Penrhiggarreg. It exits the woods onto a road where you will turn L and head down the hill towards Cwm Farm Road. Turn L here and follow the road all the way back to Six Bells Park.