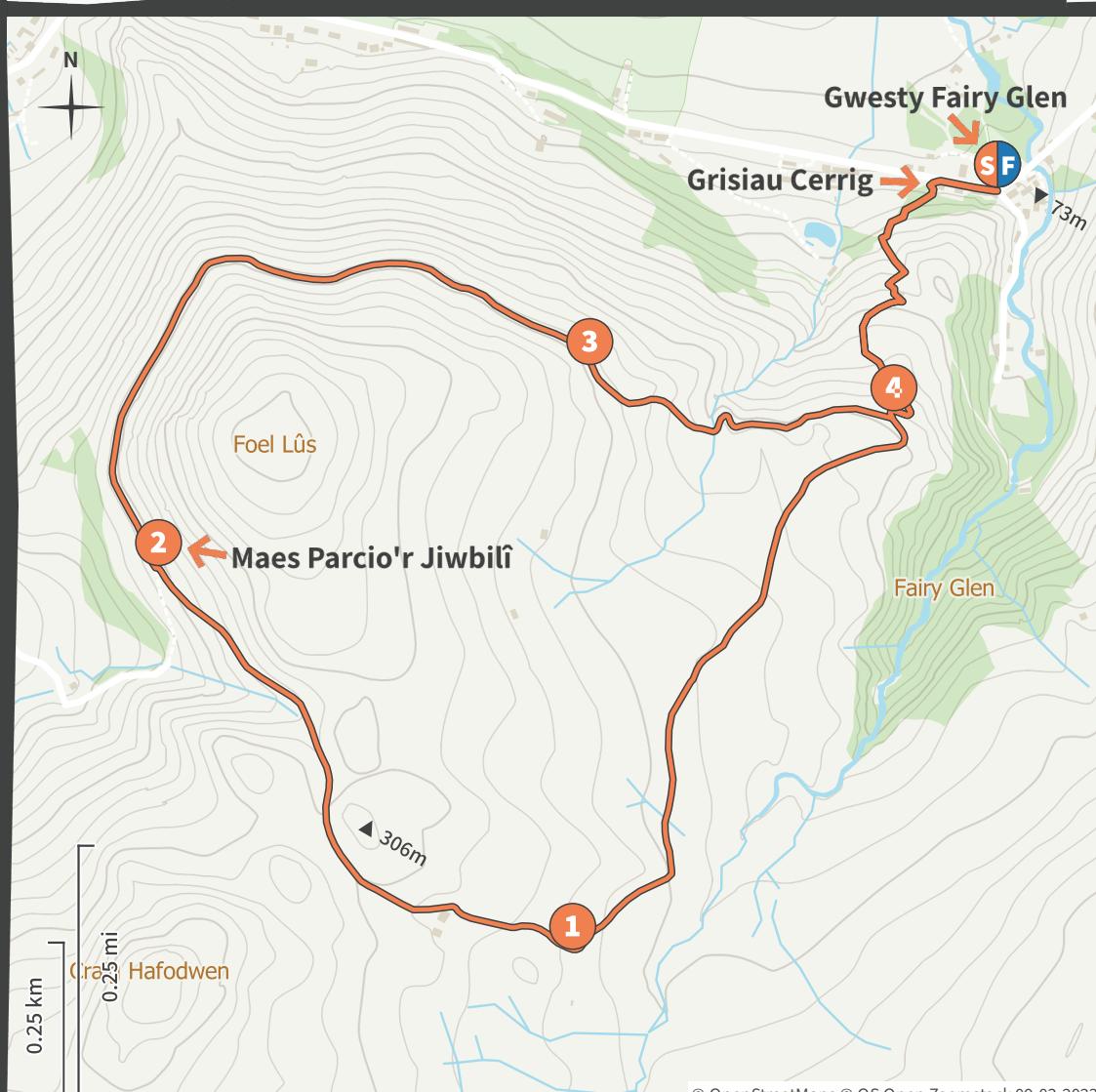




Foel Lûs drwy Gapelulo

Taith gerdded gymedrol yn y bryniau yn cychwyn o Gapelulo.

Traciau lludw gwastad yn bennaf gyda llethr serth ar ddechrau'r daith. Rhai rhannau mwdlyd sy'n gallu bod yn llithrig pan fyddant yn wlyb.



Wedi mwynhau'r daith gerdded hon? Mae 145 o deithiau Llwybrau i Lesiant i'w harchwilio ledled Cymru!



Hamddenol



286m



Cylchol



5.2km | 3.2m



01:45

S

Gan ddechrau o Westy'r Fairy Glen, cerddwch ar hyd Hen Ffordd Conwy, heibio'r rhesi o dai gwyn ar y Ch i chi nes i chi gyrraedd tŷ ar ei ben ei hun gyda grisiau cerrig wrth ei ymyl. Dringwch y grisiau hyn ac ewch drwy'r gât mochyn bren i ddechrau dringo'r bryn. Dilynwch y llwybr i fyny'r bryn a thrwy'r coed. Yna fy gyrraeddwr groesffordd yn union ar ôl mynd heibio i fbwthyn gwyn. Dilynwch y trac sy'n parhau i ddringo i fyny'r bryn.

1

Arhoswch ar y trac sy'n dilyn y wal gerrig ar y Ch. Ar ddiwedd y wal, fe welwch gwt bugail gwyrdd. Dilynwch y trac i'r Dd heibio Tyddyn y Ffrith. Bydd y trac yn eich arwain heibio carreg wen fawr yn dangos cyfarwyddiadau i rai o lwybrau a safleoedd hanesyddol diddorol yr ardal, cyn mynd i lawr yr allt tuag at faes parcio bach.

2

Yn y maes parcio, dilynwch y llwybr rhwng y ddau biler carreg ac o amgylch Foel Lûs. Adeiladwyd y llwybr hwn - a adwaenir fel Llwybr y Jiwbilî - ym 1887 i goffau Jiwbilî Aur y Frenhines Fictoria. Mae'n cynnwys golygfeydd godidog o'r arfordir o'i gwmpas a'r grug yn ei flodau yn ystod misoedd yr haf.

3

Gan ddilyn Llwybr y Jiwbilî, byddwch yn mynd heibio nifer o feinciau coffa cyn cyrraedd cyffordd gydag arwyddost pren a pholyn telegraff. Dilynwch lwybr ag arwyddion Cyngor Conwy yn syth o'ch blaen, ac yna'r llwybr isaf ar y fforch nesaf (sy'n arwain i lawr rhw ychydig i'r Ch). Bydd y llwybr hwn yn eich arwain at gyffordd llwybrau arall mewn tua 200m ger nant fechan.

4

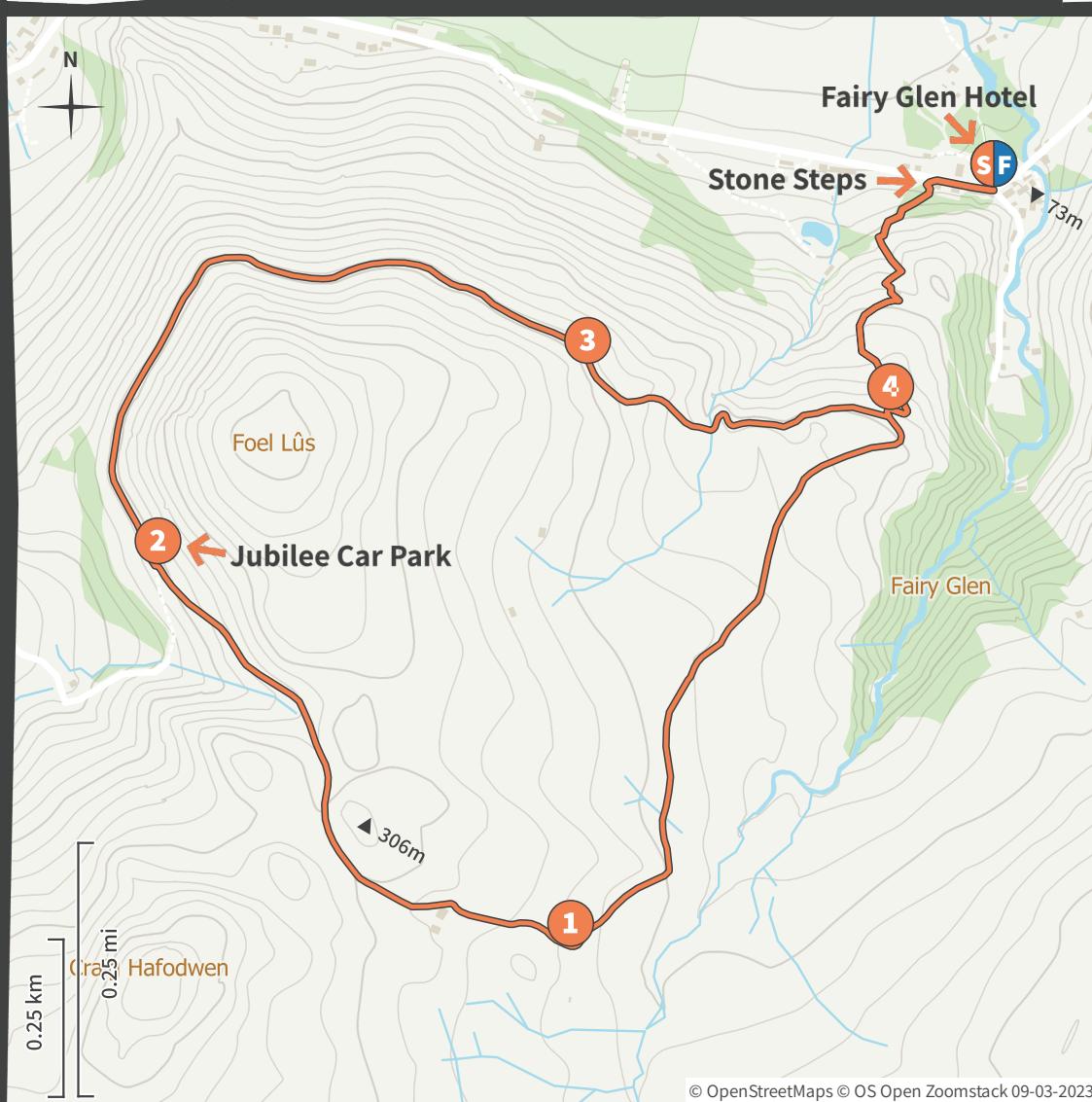
Croeswch y nant a dilynwch y llwybr i'r Ch o amgylch y grib. Ar y gyffordd nesaf fe welwch at arwyddost metel sy'n nodi'r trac y gwnaethoch ei ddilyn wrth i chi ddringo i fyny'r bryn. Trowch i'r Ch yma i ddilyn y trac i lawr y bryn. Parhewch i lawr y bryn heibio'r bwthyn gwyn a thrwy'r coed i ddychwelyd i'r man cychwyn ar Hen Ffordd Conwy.



Foel Lûs Via Capelulo

A moderate hill walk starting from Capelulo.

Dirt paths, mostly level with a steep initial ascent. Some muddy sections can be slippery when wet.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



286m



Circular



5.2km | 3.2m



01:45

- S** Starting from the Fairy Glen Hotel, head along Conwy Old Road, past the rows of white houses on your L until you reach a detached house with stone steps alongside. Head up these steps and through the wooden kissing gate to begin the ascent. Follow the path uphill and through the woods. You'll come to a crossroads just past a white cottage. Follow the track which continues uphill.
- 1** Stay on the track, which hugs the dry stone wall to your L. At the end of the wall, you'll see a green shepherd's hut. Follow the track to the R past Tyddyn y Ffrith. The track will lead you past a large white stone showing directions to some of the interesting paths and historic sites in the area, before trending downhill towards a small car park.
- 2** At the car park, follow the path between the two stone pillars and around Foel Lûs. This path - known as the Jubilee Path - was built in 1887 to commemorate Queen Victoria's Golden Jubilee. It features stunning views of the surrounding coastline and impressive heather blooms during the summer months.
- 3** Following the Jubilee Path, you'll pass several memorial benches before reaching a junction with a wooden fingerpost and a telegraph pole. Follow the Conwy Council waymarked route straight ahead, and then take the lower path at the next fork (which drops down slightly to the L). This path will lead you to another path junction in approximately 200m adjacent to a small stream.
- 4** Cross over the stream and follow the path L around the ridge. At the next junction you will reach a metal signpost indicating the track you followed during the ascent. Turn L here to follow the track downhill. Continue downhill past the white cottage and through the woods to return to the start location on Conwy Old Rd.



Consider the environment
Please think before you print



The Ramblers' Association is a registered charity.
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