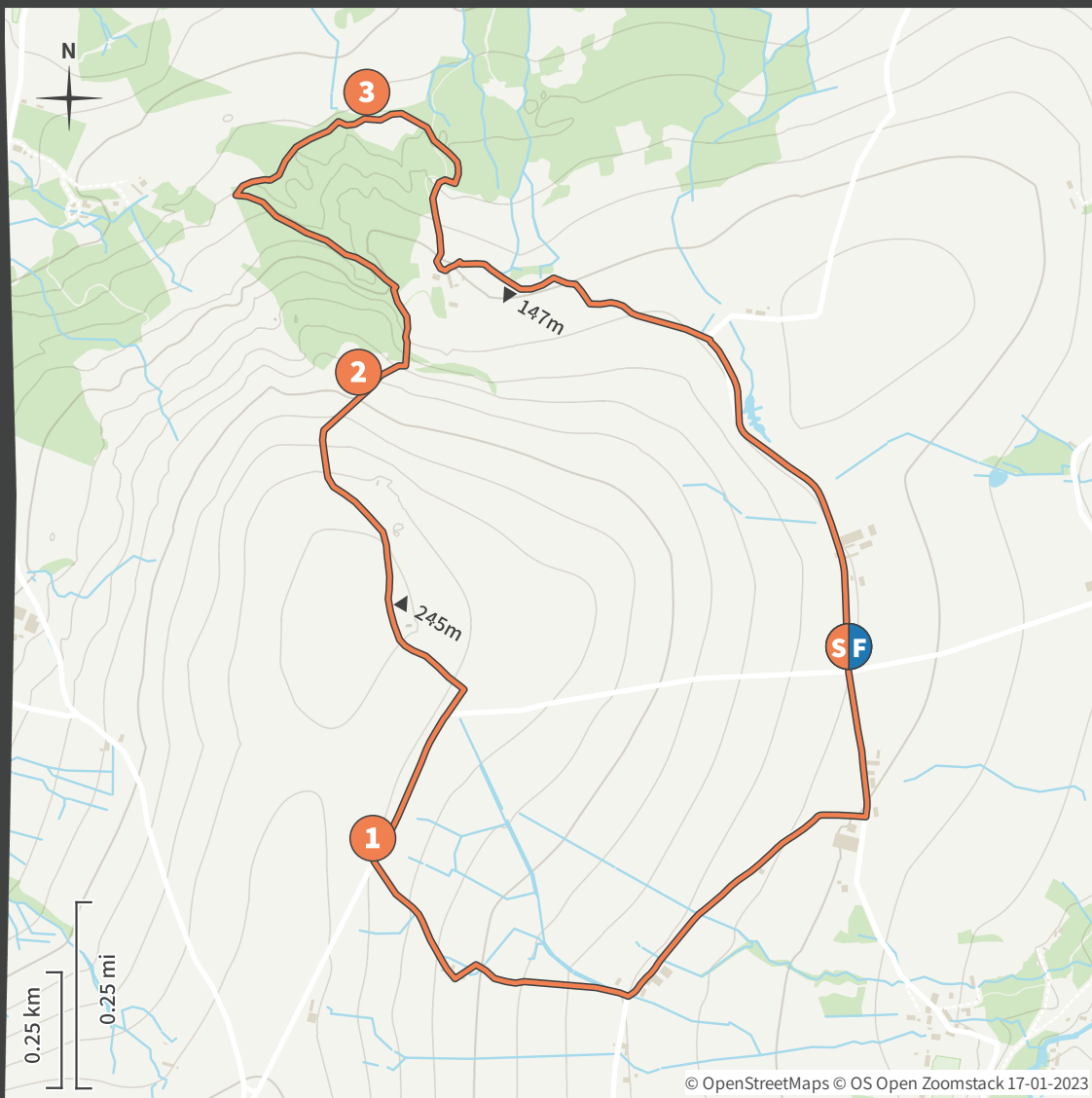




Ty Canol Woods Loop

Explore the ancient Coed Tŷ Canol National Nature Reserve.

A mixture of minor roads, moorland and woodland tracks. The moor and woodland can be particularly wet and muddy.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



148m



Circular



6.0km | 3.7m



02:00

- S** Starting from Canolfan Llwynihirion Brynberian, at the gate take the road straight ahead towards the village. At the junction turn R and continue following the road for 0.42 miles / 680m. Turn R through the signposted gate past the farmhouses. Follow the route as it gradually ascends through the field. Pass through a number of gates and continue to follow the waymarking posts as the path meanders past the white house of Pen Parc farm. Exit through a signposted gate turning R onto the tarmac road.
- 1** As you walk along the road observe the Standing Stones to your L, one of many prehistoric archaeological features in the area. Follow the road straight ahead and continue onto the bridledway signposted stony, muddy track (Feidr Soar). Turn L through the gates onto the open access moorland. We will be exploring Coed Tŷ Canol National Nature Reserve and you can learn more from the information board here. Follow the path along the fence with the impressive Carnedd Meibion Owen on the R. Continue as the path descends into the woods.
- 2** Go through the gate straight ahead. Follow the waymarking and muddy/stony track as it winds its way through the ancient woodland. Both a Site of Special Scientific Interest (SSSI) and Special Area of Conservation (SAC) the woods are home to more than 400 species of lichens. At the path junction take the L hand fork following Natural Resources Wales (NRW) Tŷ Canol walk. Follow the well waymarked trail turning R at the information board and continue crossing the boardwalk. Bear L at the quarry and L through the gap in the stone wall.
- 3** Cross the stream and follow the trail as the track begins to widen. At junction take the R hand fork and continue uphill until reaching a gate and information board. Go through the gate following the track with farm on R. Continue along the tarmac path. See if you can spot the Pentre Ifan Burial Chamber in the distance to the L. At the junction with the road continue straight ahead to arrive back at the Canolfan. Turning L and following the road leads to the burial chamber which is worth a visit if you have the time.