



Llwybr Aberllolwyn

Dolen siâp ffigwr wyth drwy gefn gwlad Ceredigion.

Cymysgedd o ffyrdd, llwybrau troed, llwybr beicio, llwybrau ceffylau a choetir.



Wedi mwynhau'r daith gerdded hon? Mae 145 o deithiau Llwybrau i Lesiant i'w harchwilio ledled Cymru!



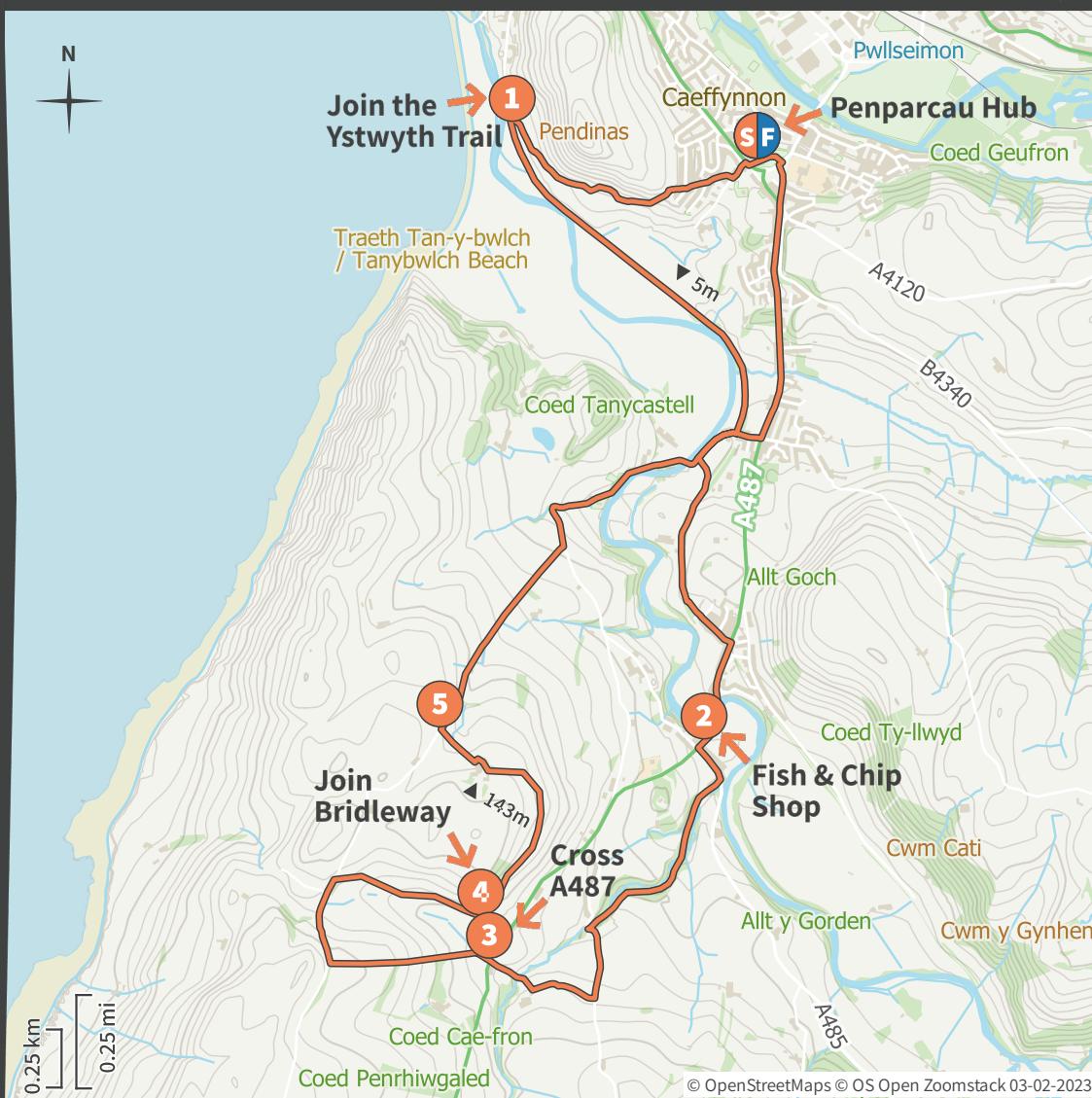
- S** Gan ddechrau o Hwb Penparcau, trowch i'r Dd a cherdded ar hyd Ffordd Penparcau am ychydig cyn troi i'r Ch i ymuno â Lôn Cae Pyrs. Cymerwch y troad cyntaf i'r Dd oddi ar Lôn Cae Pyrs i Barc Dinas, ewch yn syth dros y gylchfan ac yn eich blaen i fyny'r allt. Trowch i'r Dd ar y llwybr troed a pharhau i fyny'r trac drwy'r gât. Trowch i'r Ch i ymuno â'r llwybr isaf a dilyn yr arwydd am Lwybr Ystwyth. Dilynwch y llwybr hwn yn raddol i lawr yr allt drwy goetir a llwyni. Ar ôl i chi fynd heibio i arwyddost, parhewch i ddilyn yr arwyddion ar gyfer Llwybr Hen Domen.
- 1** Byddwch yn mynd drwy gât ac yn cyrraedd maes parcio (mae bwrdd gwybodaeth o'ch blaen am Lwybr Hen Domen). Trowch i'r Ch ac ymunwch â'r llwybr beiciau, sef Llwybr Ystwyth. Dilynwch y llwybr beiciau palmantog am ychydig. Pan gyrraeddwch ffordd sy'n arwain i Rydfelin, trowch i'r Dd a cherdded ar hyd y ffordd drwy'r pentref am ychydig. Trowch i'r Ch drwy'r gât i ddilyn Llwybr Ystwyth/llwybr troed. Dilynwch y llwybr nes i chi ymuno â'r A487, a cherdded ar hyd y ffordd drwy'r pentref. Bydd garej a siop pysgod a sglodion ar y Dd.
- 2** Trowch i'r Ch oddi ar y A487 gan ddilyn yr A485 tuag at Dregaron. Cerddwch ar hyd y ffordd heibio'r tai ar y Ch. Wrth i chi fynd heibio'r arwyddost am Lanfarian Pentre Bont fe welwch lwybr troed ar y dde. Trowch i'r Dd i ymuno â'r llwybr troed - byddwch yn cerdded rhwng y bythynnod a'u gerddi. Dilynwch y llwybr troed i Goedwig Aberllolwyn, bydd hwn yn dilyn yr afon ac yn croesi nifer o bontydd (mae naws tebyg i fyd anghofiedig). Fe ddowch at gât - trowch i'r Ch ar ôl y gât i Lôn Rhydgywn a cherdded i fyny'r ffordd, yna cymerwch y troad cyntaf i'r Dd i ymuno â'r llwybr ceffylau.
- 3** Dilynwch y llwybr ceffylau. Pan fydd y ffordd yn fforchio cymerwch y troad i'r Ch. Ewch drwy'r gatiau i fuarth y fferm, trowch i'r Dd a cherddwch y tu ôl i'r tai at gât arall. Ewch yn syth yn eich blaen ar hyd y llwybr ceffylau - croeswch yr A487 yn ofalus ac ewch drwy'r gât i ymuno â'r llwybr troed. Dilynwch y llwybr troed gan gadw'r ffens ar y Ch i chi, ewch drwy'r gât a cherdded i'r un cyfeiriad. Ewch dros y gamfa ar y Ch a throwch i'r Dd gan gerdded yn syth yn eich blaen a thros y gamfa i ymuno â'r ffordd a thro'i'r Dd.
- 4** Ewch yn eich blaen heibio i fferm ar y Dd. Ychydig uwchben yr adeiladau mae llwybr troed ar y Dd. Ewch drwy'r gatiau ac ar hyd y llwybr troed a thrwy'r caeau. Yna byddwch yn cyrraedd cyffordd tair ffordd ble y bydd angen i chi droi i'r Ch i ymuno â'r llwybr ceffylau. Dilynwch y llwybr hwn islaw'r coetir. Arhoswch ar y llwybr ceffylau gan gerdded drwy dir fferm nes i chi gyrraedd buarth fferm. Ewch yn eich blaen ar hyd y trac nes i chi ddod at ffordd darmac. Trowch i'r Dde.
- 5** Dilynwch y ffordd hyd at gyffordd T ac yna troi i'r Ch. Dilynwch y ffordd sy'n gwyo i'r Dd, i lawr allt ble y gwellwch Eglwys Llanychaeaern ar y Ch. Ewch yn eich blaen ar hyd y ffordd sy'n ymuno â'r A487 yn Rhyd-felin. Trowch i'r Ch i ymuno â'r A487 a cherddwch ar hyd y palmant yn ôl i Hwb Penparcau.



Aberllolwyn Loop

Figure of eight loop through Ceredigion countryside.

A mixture of road, footpaths, cycle path, bridleway and woodland.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



285m



Circular



13.1km | 8.1m



04:00

S

Starting from Penparcau Hub, turn R and walk along Penparcau Rd for a short distance before turning L onto Piercfield Lane. Take the first R off Piercfield Lane onto Parc Dinas, go straight over the roundabout and continue up the hill. Turn R onto the footpath and continue up the track through the gate. Turn L and take the lower path to follow the sign for Ystwyth Trail. Follow this path gently downhill through woodland and shrubland. You will pass an waymark post and continue to follow the signs for Lwybr Hen Domen Trail.

1

You will go through a gate and come to a car park (there is an information board in front of you about Lwybr Hen Domen Trail). Turn L and join the Ystwyth Trail Cycle Track. Follow the well paved cycle track for a while. You will come to a road into Rhydfelin, turn R and walk along the road through the village for a short distance. Turn L through the gate onto the Ystwyth Trail/footpath. Follow the path until you join A487, walk along the road through the village. There will be a garage as well as a fish and chip shop on your R.

2

Turn L off the A487 onto A485 towards Tregaron, walk along the road past the houses on your L. As you pass the sign post for Llanfarian Pentre Bont you will see a footpath on your R. Turn R to join the footpath - you will walk between the cottages and their gardens. Follow the footpath into Aberllolwyn Woods, this will follow the river and cross multiple bridges (has the atmosphere of a forgotten world). You will come to a gate - turn L after the gate onto Lon Rhydygwn and walk up the road and then take the first R onto the bridleway.

3

Follow the bridleway. Where there is a fork in the road take the L turn. Go through the gates into the farmyard, turn R and head behind the houses to a further gate. Continue straight along the bridleway - carefully cross A487 and go through the gate and join the footpath. Follow the footpath keeping the fence on your L, go through the gate and head in the same direction. Go over the stile on your L and turn R, head straight and go over the stile to join the road and turn R.

4

Continue along the road past a farm holding on your R, just above the buildings there is a footpath on your R. Head through the gates and along the footpath and through the fields. You will then come to a three way junction where you turn L onto the bridleway, follow the bridleway below the woodland. Continue on the bridleway through farmland and you will come through a farmyard. Continue along the track until you come to a tarmac road where you take a R.

5

Follow three road until a T junction where you turn L, follow the road which curves around to the R and down a hill where Llanychaearn church will be on your L. Continue along the road which joins the A487 in Rhydfelin. Turn L on the A487 and continue along the pavement back to Penparcau Hub.



Consider the environment
Please think before you print



The Ramblers' Association is a registered charity.
(England & Wales No.1093577, Scotland No.SC039799)

