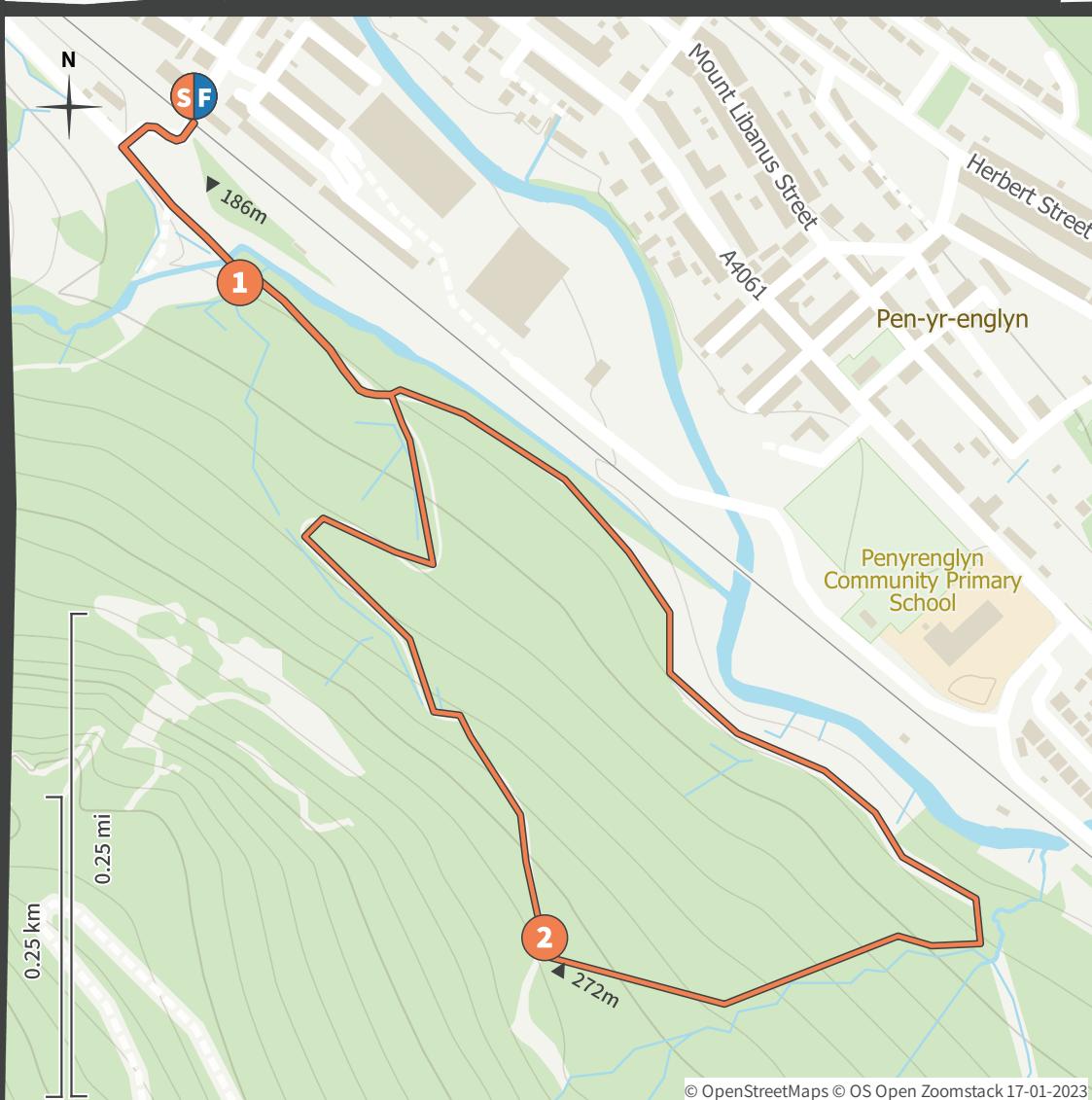




Forest Walk

Admire the tranquillity of the valley forest.

Gravelled and stoned paths on inclines/declines which can be loose underfoot. Potentially muddy paths.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



98m



Circular



2.6km | 1.6m



00:50

S

Starting from Treherbert train station, head safely over the train tracks via the pedestrian gates. Once over the tracks, take the path to the R which wraps around the 'Old Brewery' site. Take a L after the short ascent to the back of the site and through the side of the forest barrier. Continue on this path, over the 'Pixie bridge'. To the L of the bridge is a small waterfall and to the R you will see an open space with log benches to enjoy a seat before you head on.

1

Continuing on this path, at the first split, take a R which will start to ascend. Stay on the main path that wraps around the woodland. There is a gradual ascent on this path until the vegetation on your L opens up, giving you a view Pen-Yr-Englyn and Ynyswen and the incline has levelled out some. At this point, continue forward and stay on the main path as it cuts through the forest.

2

The path will begin to descend but be mindful the surface underfoot can have loose rocks, take care of your footing. Once at the bottom of the descent, turn L and continue on the wider path. Follow this main path all the way back to your starting point, crossing the Pixie Bridge once again, wrapping R around to the tracks of Treherbert train station. There are public toilets at the top of the street(Station Street), as well as shops along the top road (Bute Street).



Consider the environment
Please think before you print



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