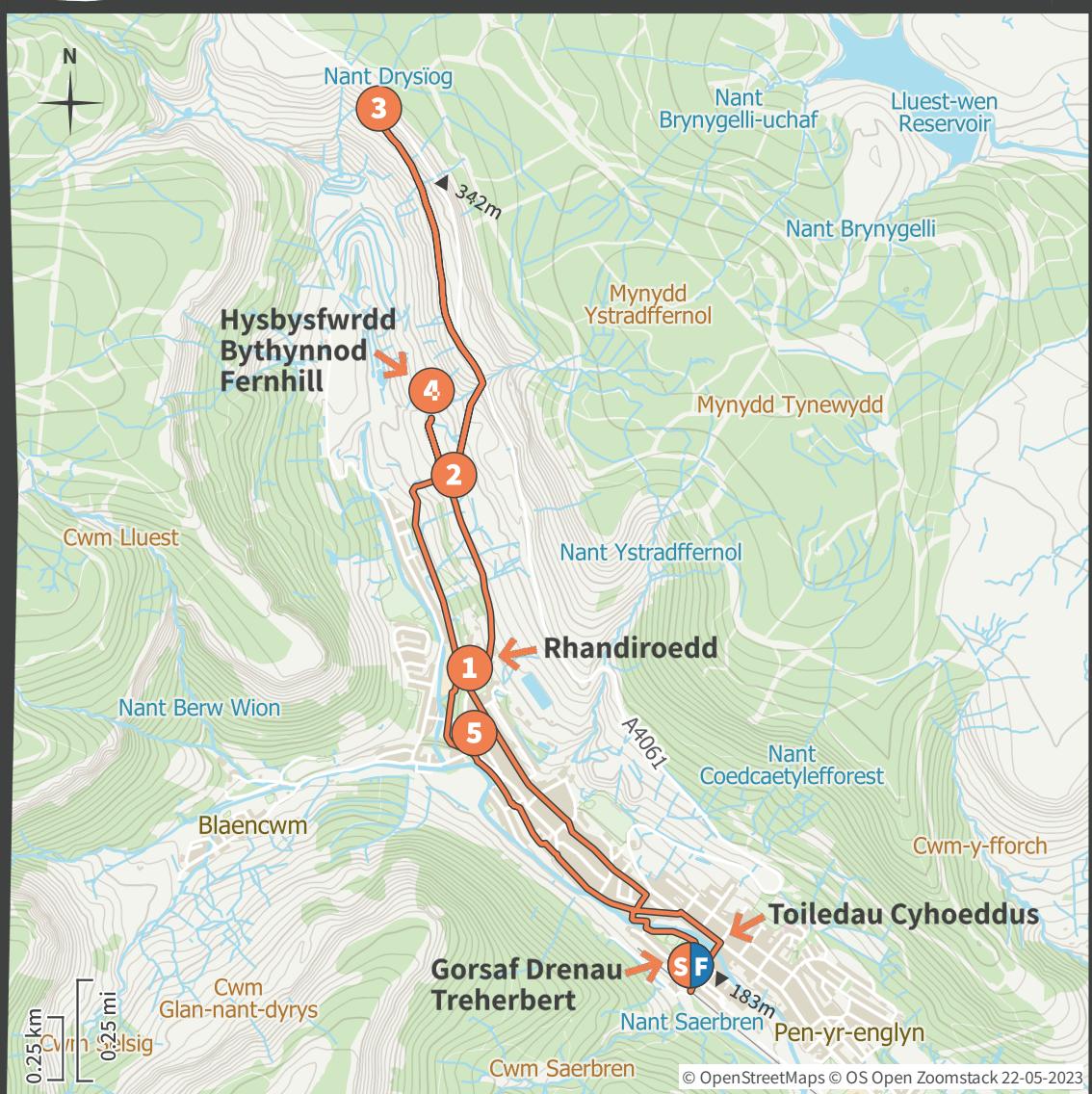




Bythynnod Fernhill a Rhaeadrau

Archwilio hanes y cwm a rhaeadr brydferth.

Palmentydd, llwybrau beiciau, croesfannau ffordd. Llethrâu serth gan gynnwys llwybrau glaswelltog a rhannau mwdlyd o bosibl.



Wedi mwynhau'r daith gerdded hon? Mae 145 o deithiau Llwybrau i Lesiant i'w harchwilio ledled Cymru!



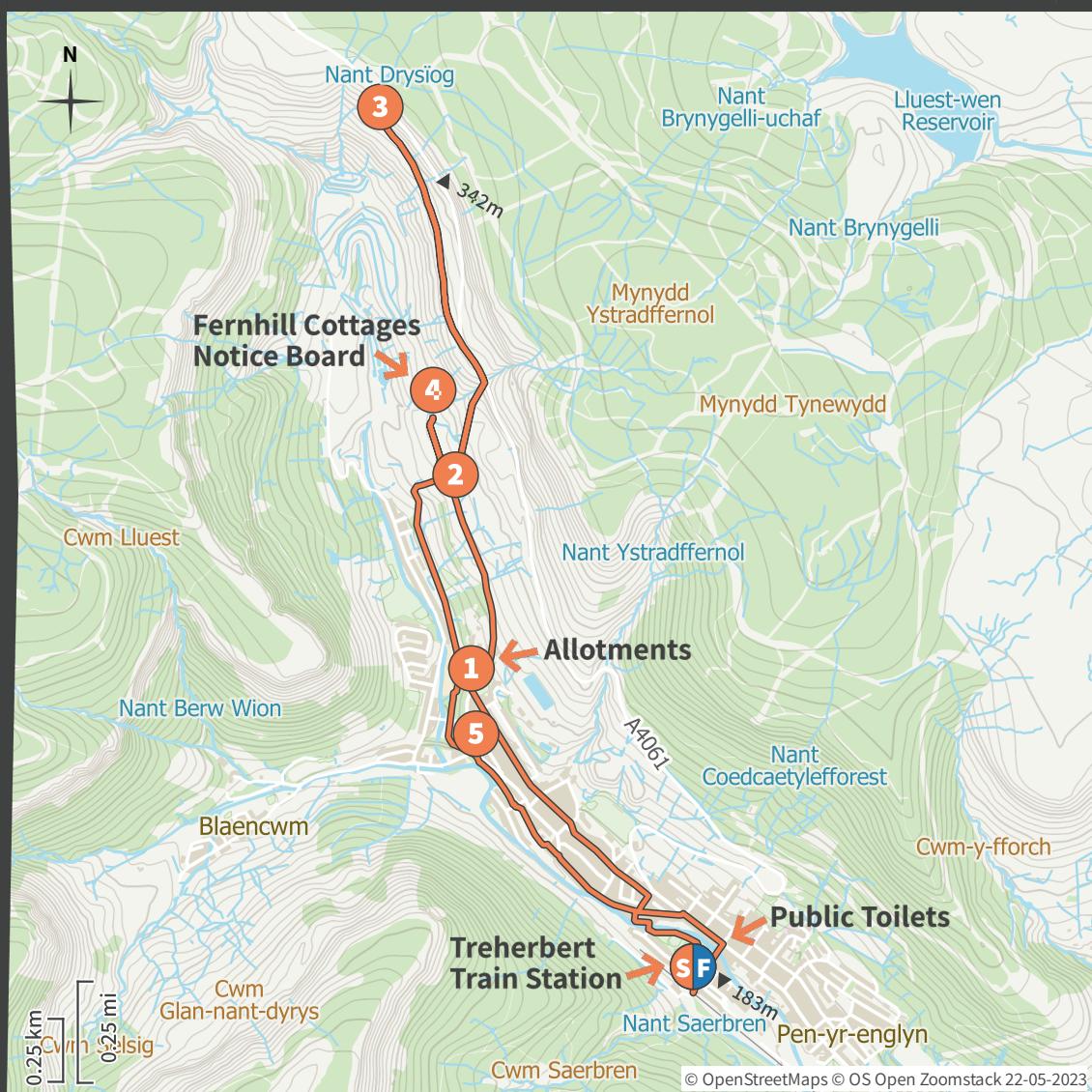
- S** Gan ddechrau o orsaf drenau Treherbert, cerddwch i ffwrdd o'r orsaf a chymryd y troad cyntaf ar y Ch i Taff Street. Trowch i'r Dd pan welwch y fynedfa i Barc Treherbert. Cerddwch o amgylch y parc gan gadw i'r Ch a dilyn yr afon i adael y parc ar yr ochr bellaf. Trowch i'r Dd dros y bont, yna i'r Ch ar yr ochr arall a dilyn i ymuno â ffordd. Croeswch draw i Hill Street a chymerwch yr ail droad ar y Ch i Park Place. Cerddwch ar y palmant ar y ffordd hon drwy Margaret Street gan droi i'r Dd ar y pen ac yna'n syth i'r Ch i Scott Street. Ewch yn eich blaen am ychydig llai na hanner milltir i ben Blaen-y-Cwm Terrace.
- 1** Ar ôl cyrraedd Blaen-y-Cwm Terrace, ger y rhandroedd, cadwch ar ochr Dd y palmant a throwch i'r Dd ble bydd y ffordd yn gwyo i ymuno â Coldra Road. Cadwch i'r Dd yr holl ffordd i ben pellaf Coldra Road lle y gwelwch grid gwartheg mawr a gât sy'n ymuno â'r llwybr beiciau. Cerddwch ar hyd y llwybr beiciau am 600 metr nes bod y llystyfiant o amgylch y trac yn lleihau ac mae'r ffens wedi mynd. Pan welwch drac troellog i gerbydau uwch eich pen ar y Dd, chwiliwch am llwybr cerdded ar y Dd sy'n mynd â chi i fyny'r allt ar ongl.
- 2** Dilynwch y llwybr sy'n torri ar draws y trac troellog ac yn mynd â chi i fyny at ffens. Gan gadw'r ffens ar y Ch, dilynwch hi i fyny'r bryn. Ar y brig ewch i'r Ch ger y clogfeini ac yna i'r Dd i ddringo tuag at Ffordd Rhigos. Pan gyrraeddwch y ffordd, trowch i'r Ch a chadw'n glos at y llain las ar y Ch i ganiatâu i geir basio'n ddiogel. Cerddwch am tua 250 metr yn dilyn llwybr cyhoeddus i'r glaswellt. Bydd y llwybr troed hwn yn mynd â chi uwchben y cwm ac yn rhoi golyga wych i chi i lawr i'r rhaeadr.
- 3** Mae sawl llwybr troed arall i'w archwilio yn yr ardal yma os ydymunwch wneud hynny, ond i barhau ar y llwybr hwn, rhaid dychwelyd i'r llwybr yr ydych newydd ei gerdded. Gwnewch yn siŵr eich bod yn edmygu'r golygfeydd cyn dychwelyd. Ewch yn ôl i ddiweddu Cam 1, lle y gwnaethoch adael y llwybr beiciau. Pan fyddwch yn ôl ar y llwybr, trowch i'r Dd a cherdded tuag at y bwrdd gwyo bodaeth. Yma fe welwch ychydig o hanes ysgrifenedig a delwedd sy'n dangos y gymuned a fu unaith yn byw yn y Cwm; Bythynnod Fernhill.
- 4** Unwaith y byddwch wedi darllen y bwrdd ewch i'r Ch i ddisgyn ar y trac. Yn fuan ar ôl tro ar y trac, ewch i'r Ch gan adael y prif llwybr, gan barhau i gerdded i lawr grisiau cerrig ac ar llwybr a allai fod yn fwdlyd. Dilynwch y llwybr o'ch blaen sy'n mynd o dan ganopi o goed, gan fynd heibio nant a rhesi o dai. Byddwch yn mynd heibio Ysgol Gynradd Pen Pych, yn cerdded o dan bont ac yn dychwelyd i gornel Blaen-y-Cwm Road. Croeswch y ffordd i ymuno â'r llwybr beiciau.
- 5** Byddwch yn mynd heibio nant ac yn cyrraedd ffordd (Eileen Place) gan ei chroesi i barhau i ddilyn y llwybr. Mae'r ardal rydych chi'n cerdded drwyddi wedi'i dynodi ar gyfer tyfu blodau gwylt naturiol. Ar ben y llwybr hwn, ewch i'r Dd a cherddwch drwy lôn fechan i Stryd Gwendoline. Ewch i'r Dd yma. Cerddwch ar y palmant ar yr ochr Dd a phan gyrraeddwch ben y ffordd, trowch i'r Dd, gan fynd heibio'r siopau. Ewch yn eich blaen nes i chi gyrraedd Station Street ar y Dd i ddychwelyd i orsaf drenau Treherbert.



Fernhill Cottages & Waterfalls

Exploring history in the valley with a beautiful waterfall.

Pavements, cycle paths, road crossings. Steep ascents including grassy paths and potentially muddy spots.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Moderate



198m



Circular



9.2km | 5.7m



02:50

S

Starting from Treherbert Train Station, walk away from the station and take the first L onto Taff Street. Take the R when you see the entry to Treherbert Park. Walk around the park, banking L following the river to exit the park at the far side. Turn R over the bridge, then L at the other side and follow to meet a road. Cross over to Hill Street and take the second L to Park Place. Walk the pavement on this road through Margaret Street taking a R at the end then an immediate L onto Scott Street. Continue for just under half a mile to the end of Blaen-Y-Cwm Terrace.

1

When you've reached the end of Blaen-Y-Cwm Terrace, by the allotments, keep on the R hand side of the pavement and take the R which curves on to Coldra Road. Keep R all the way to the top of Coldra Road where you will see a large cattle grid and a gate which joins the cycle path. Walk this cycle path for 600 meters until the vegetation around the track reduces and the fence is gone. When you see a winding track for vehicles above you on your R, look for a walked path on your R which takes you uphill at an angle.

2

Take the walked path which cuts across the winding track and takes you up and around to a fence. Keeping the fence on your L, follow the line up the hill. At the top go L by the boulders and then R to climb towards the Rhigos Road. When you reach the road, head L and keep in tight on the L grass verge to allow cars to pass safely. Walk for around 250 meters following a public footpath into the grass. This footpath will walk you above the valley and give you a great view above the waterfall.

3

There are several other footpaths in the area to explore here if you wish to do so, but to continue on this route, you will return on the path you have just walked. Be sure to admire the views before setting back. Return to the end of Stage 1, where you left the cycle path. Once back to the path, turn R and head toward the information board. Here you will find some written history and an image that shows the community that once lived in this Valley; The Fernhill Cottages.

4

Once you've read the board head L to descend on the track. Shortly after a bend on the track, take a L off the main track, continuing your descent via some stone steps and on a potentially muddy path. Follow the path ahead which heads under a canopy of trees, passing a stream and rows of houses. You will pass Pen Pych Primary School, walk under a bridge and return to the corner of Blaen-Y-Cwm Road. Cross the road to join the cycle path.

5

Once on the cycle path, you will pass a stream and reach a road (Eileen Place) where you will cross directly over to continue the path. The area you are walking through is designated for natural wildflower growth. At the end of this path, go R through a small lane to bring you onto Gwendoline Street. Go R here. Walk the pavement on the R hand side and when you reach the top of the road, turn R, passing the shops. Keep on until you reach Station Street on your R and return to Treherbert Train Station.