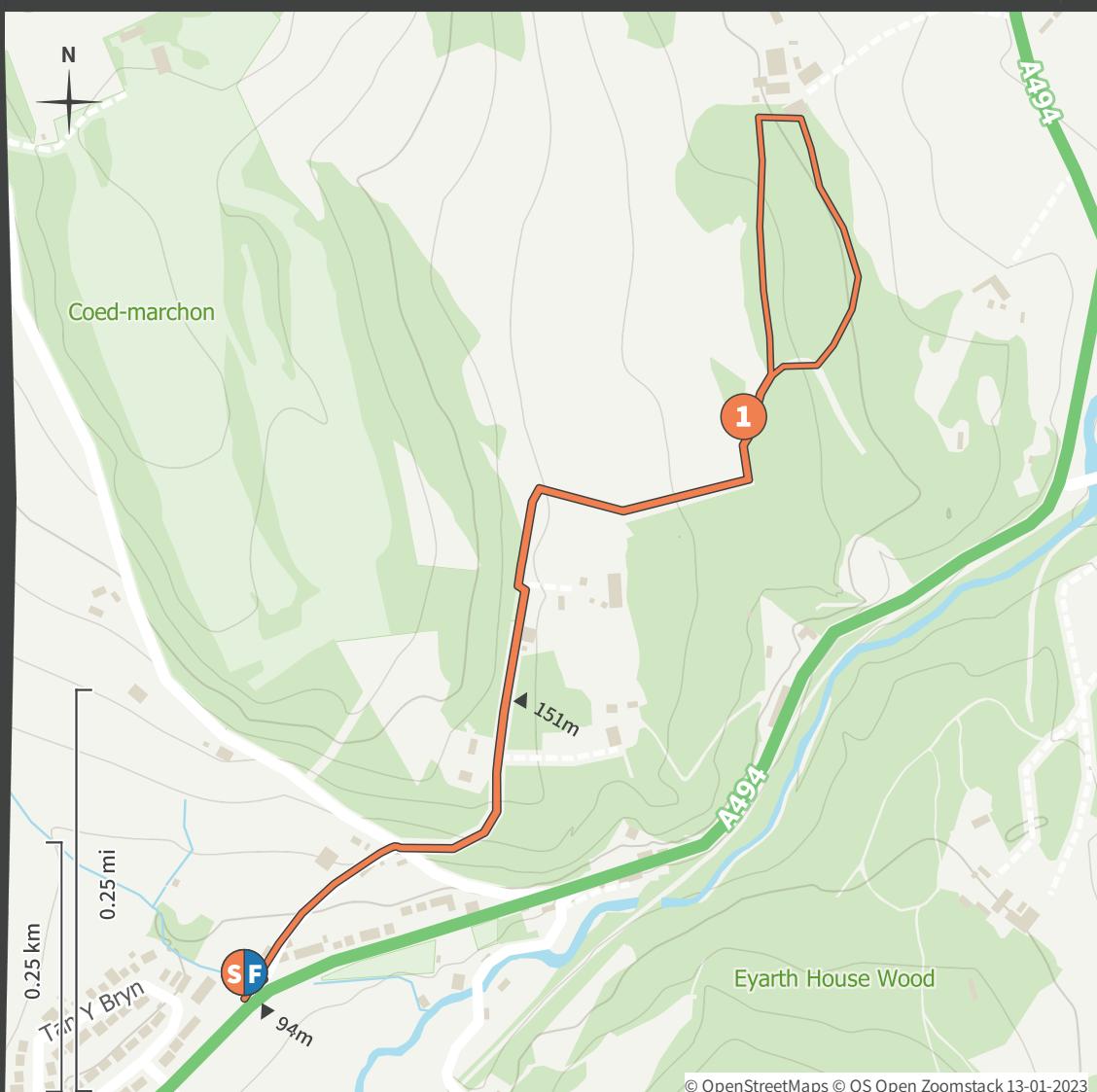




Llwybr Dolen Cilygroeslyd i'r Teulu

Taith hamddenol i'r warchodfa natur ac o'i chwmpas.

Cymsgedd o ffyrdd tawel, caeau a llwybrau troed. Dim camfeydd.



Wedi mwynhau'r daith gerdded hon? Mae 145 o deithiau Llwybrau i Lesiant i'w harchwilio ledled Cymru!



Hamddenol



86m



Cylchol



2.6km | 1.6m



01:00

S

Gan gychwyn o Siop Pwll Glas, trowch i'r Ch ac ewch i fyny'r allt ar yr is-ffordd heibio'r eglwys. Pan gyrraeddwr y groesffordd ewch yn syth drosti a dilyn y ffordd nes i chi gyrraedd diwedd y tarmac a gât mochyn. Dilynwrch linell y ffens i'r Dd (gan anwybyddu'r llwybr sy'n mynd i fyny'r allt). 100m ar y Dd ewch drwy'r gât mochyn gyntaf, gan groesi dros ddua badog a chae mawr (cadwch i'r Dd) gan gyrraedd gât mochyn wrth fynedfa'r warchodfa.

1

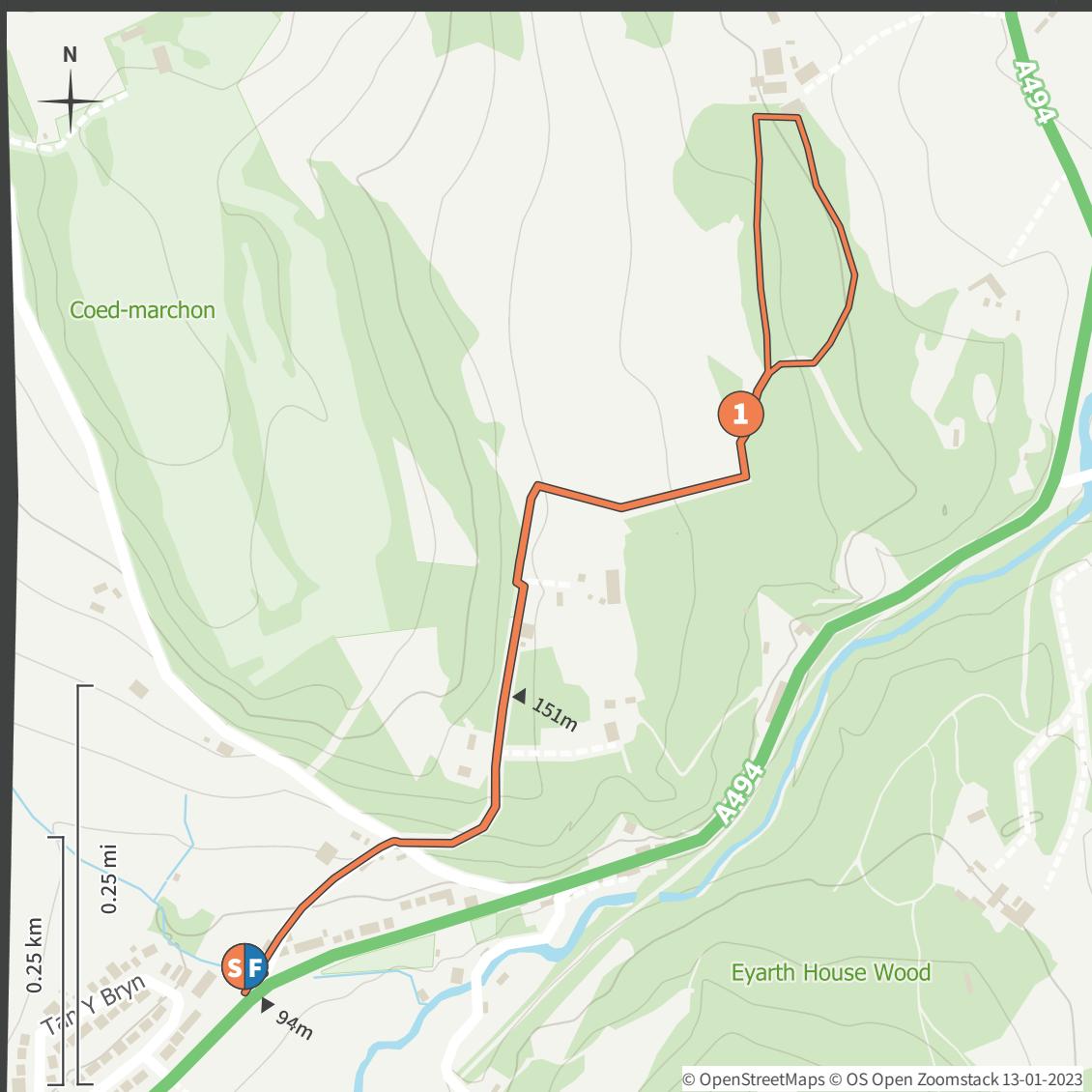
Ar ôl cyrraedd y warchodfa trowch i'r Ch a dilynwrch y llwybr. Pan fyddwr ym mhen pellaf y warchodfa bydd y llwybr yn disgyn ac yn dechrau dychwelyd i'r cyfeiriad y daethoch chi ohono. Mae nifer o droadau posibl i'r Dd yn dod â chi yn ôl i fyny at y llwybr uchaf lle y gallwr ddychwelyd i'r pentref yr un ffordd ag y daethoch chi.



Coed Cilygroeslwyd Family Loop

A leisurely walk to and around the nature reserve.

A mixture of quiet roads, fields and footpaths. Stile free.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



86m



Circular



2.6km | 1.6m



01:00

S

Starting from Siop Pwll Glas, turn L and head uphill along the minor road past the church. When you reach the crossroads go straight over and follow until you reach the end of the tarmac and a kissing gate. Follow the fence line to the R (ignoring the path that is heading up the hill). 100m on the R take the first kissing gate, crossing over two paddocks and a large field (keep R) reaching a kissing gate at the reserve entrance.

1

Once in the reserve, turn L and follow the path. Once at the far end of the reserve the path will drop lower and start to return the direction you have come from. A number of possible R hand turns bring you back up to the top path whereby you can return back to the village the same way you have come.



Consider the environment
Please think before you print



The Ramblers' Association is a registered charity.
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