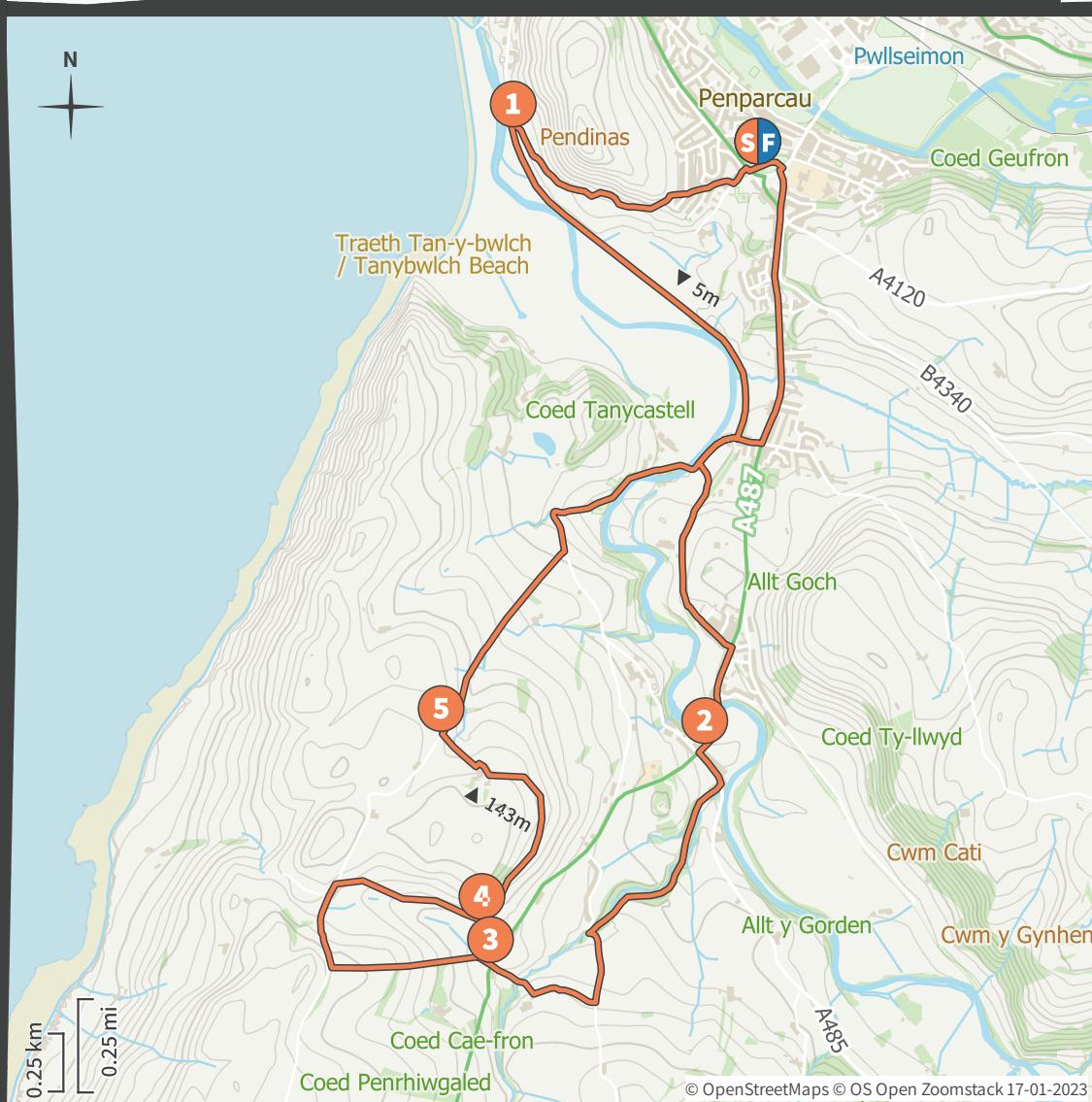




Aberllolwyn Loop

Figure of eight loop through Ceredigion countryside.

A mixture of road, footpaths, cycle path, bridleway and woodland.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



285m



Circular



13.1km | 8.1m



04:00

S

Starting from Penparcau Hub, turn R and walk along Penparcau Rd for a short distance before turning L onto Piercfield Lane. Take the first R off Piercfield Lane onto Parc Dinas, go straight over the roundabout and continue up the hill. Turn R onto the footpath and continue up the track through the gate. Turn L and take the lower path to follow the sign for Ystwyth Trail. Follow this path gently downhill through woodland and shrubland. You will pass an waymark post and continue to follow the signs for Lwybr Hen Domen Trail.

1

You will go through a gate and come to a car park (there is an information board in front of you about Lwybr Hen Domen Trail). Turn L and join the Ystwyth Trail Cycle Track. Follow the well paved cycle track for a while. You will come to a road into Rhydfelin, turn R and walk along the road through the village for a short distance. Turn L through the gate onto the Ystwyth Trail/footpath. Follow the path until you join A487, walk along the road through the village. There will be a garage as well as a fish and chip shop on your R.

2

Turn L off the A487 onto A485 towards Tregaron, walk along the road past the houses on your L. As you pass the sign post for Llanfarian Pentre Bont you will see a footpath on your R. Turn R to join the footpath - you will walk between the cottages and their gardens. Follow the footpath into Aberllolwyn Woods, this will follow the river and cross multiple bridges (has the atmosphere of a forgotten world). You will come to a gate - turn L after the gate onto Lon Rhyygwin and walk up the road and then take the first R onto the bridleway.

3

Follow the bridleway. Where there is a fork in the road take the L turn. Go through the gates into the farmyard, turn R and head behind the houses to a further gate. Continue straight along the bridleway - carefully cross A487 and go through the gate and join the footpath. Follow the footpath keeping the fence on your L, go through the gate and head in the same direction. Go over the stile on your L and turn R, head straight and go over the stile to join the road and turn R.

4

Continue along the road past a farm holding on your R, just above the buildings there is a footpath on your R. Head through the gates and along the footpath and through the fields. You will then come to a three way junction where you turn L onto the bridleway, follow the bridleway below the woodland. Continue on the bridleway through farmland and you will come through a farmyard. Continue along the track until you come to a tarmac road where you take a R.

5

Follow three road until a T junction where you turn L, follow the road which curves around to the R and down a hill where Llanychaearn church will be on your L. Continue along the road which joins the A487 in Rhydfelin. Turn L on the A487 and continue along the pavement back to Penparcau Hub.



Consider the environment
Please think before you print



The Ramblers' Association is a registered charity.
(England & Wales No.1093577, Scotland No.SC039799)

