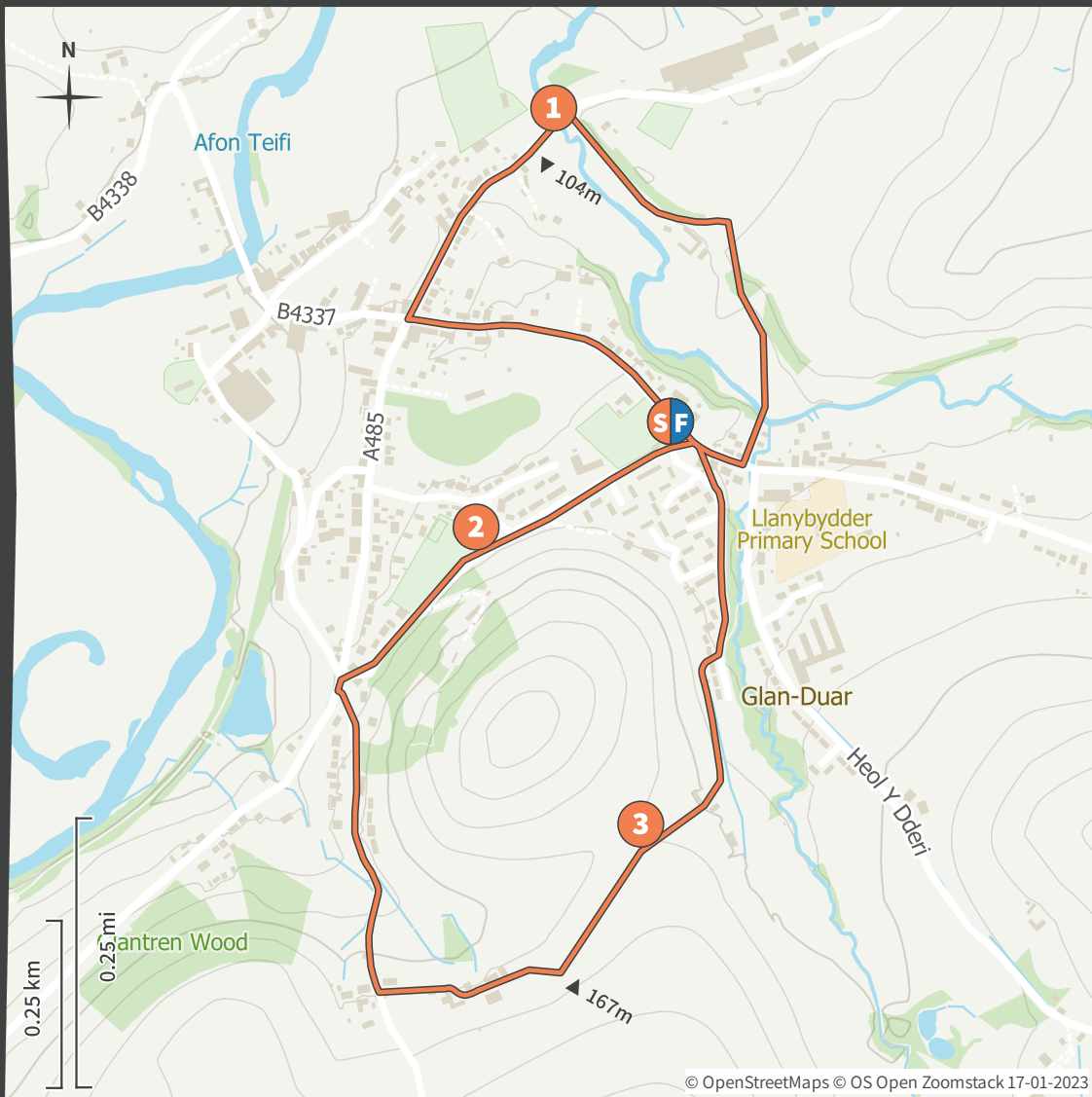




Ffigwr Wyth o Lanybydder

A family friendly tour taking in local points of interest.

A mixture of paved streets, minor roads and fields. Livestock presence likely, sections of this route can be muddy.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



82m



Circular



4.0km | 2.5m



01:10

- S** Starting from Aberduar Baptist Chapel bear L passing the Memorial Garden and turn R at the T-junction. After a short distance turn L at footpath sign following the path alongside a garage. Cross the footbridge over the Duar (a tributary of the River Teifi) ahead. Go through the gate and follow the route as you ascend the grassy banking into a field. Cross field bearing L towards a kissing gate. Turn L through the gate and follow the stony track downhill passing farm buildings on L. Turn L at the road heading into Llanybydder.
- 1** Take care to keep to the grassy verge on a short unpaved section here. Continue along the pavement until reaching the crossroads where the grade II listed Cross Hands Hotel is located. Both the Horse and Soldier statues, positioned at opposing sides of the junction, were created by local welder Alan Davies. Turn L along Heol Llansawel, follow the road turning R onto Bro Einon passing the Chapel. A moving Memorial Garden, dedicated to local young people, is located on your L opposite the Chapel. Continue ahead to a playground on the R.
- 2** If you have children along take some time with them to enjoy the playground before continuing along the route. Follow the road, turning L and immediately L again onto Heol Glantren. Continue following the road as it gradually ascends turning L at Glantrenfach farm. The hedge patterned peak to the L is that of 'Pen y Gaer', a scheduled ancient monument comprising the remains of a defended enclosure which probably dates back to the Iron Age. Follow the track through the farm yard, entering the field ahead and continue along fence line.
- 3** Take the gate/stile ahead entering the next field. Crossing the field towards the buildings, exit via gate onto track and head L. Follow the track down and around turning L at the T-junction onto Bro Einon. Continue along Bro Einon, passing a lovely little woodland and Nant Einon, enjoy a rest in nature here on one of our Paths to Wellbeing project benches. Learn about other local routes from our information board before continuing along the road to the Chapel starting point.