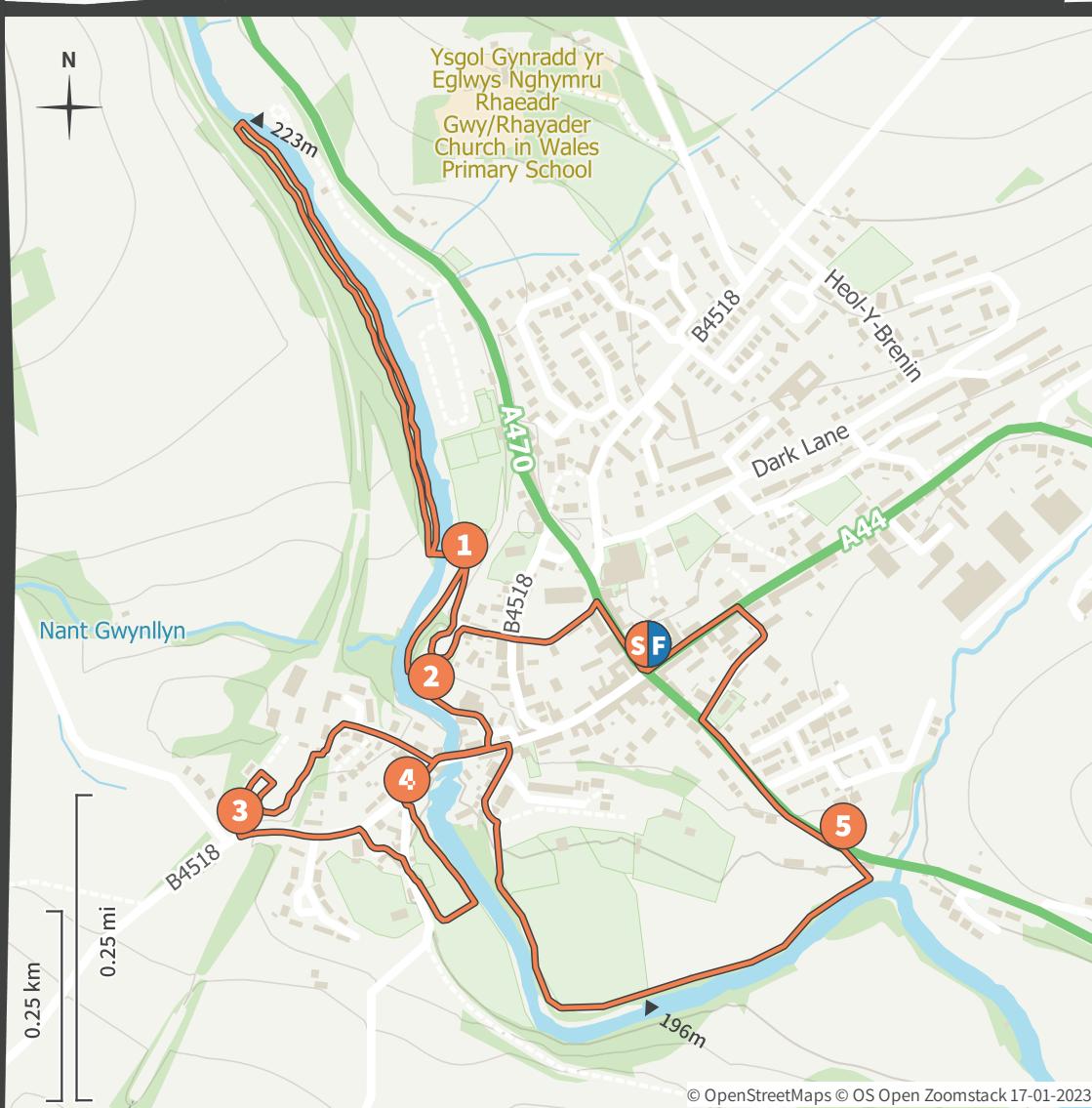




Riverside Walk

A fairly flat, stile free route around Rhayader.

Mixture of road, woodland, track, pavement and parkland.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



111m



Circular



5.0km | 3.1m



01:25

- S** Starting from the information board in the middle of Rhayader, head along North Street then turn L past the livestock market onto Cross Lane. Head along the lane and cross over Church Street onto Castle Road. The castle site is on your L where there is an information board, have a read and go through the wooden gate to explore the castle grounds. When you come out the castle grounds turn L and head down the path into Waun Capel Park.
- 1** At the bottom of the hill, head straight towards the bridge. Cross over the Elan River and turn R into the Waun Capel Woodland. Make your way through the woodland and feel free to explore and pick any of the routes through the mature trees. Continue straight to arrive amongst the beech trees and you will come to a fence, turn around at the fence and make your way back to the bridge perhaps picking a different path through the trees.
- 2** Cross back over the bridge and turn R. Walk along the path keeping the river on your R and past the craggy rocks on your L, you will come out at a car park and there is a Café straight ahead of you. Pop in for a drink or a bite to eat if you fancy. Walk to the R of the cafe, the road bends around to the R. Walk up the bank onto bridge street. Turn R and walk along the road. Cross the bridge and turn R onto Station Road, walk up Station road which curves to the L. Join the footpath to the L of the garages.
- 3** Head along the footpath through the woodland and you will come onto a car park, head straight through the car park and turn L onto the road. Follow the road to join the B4518. Turn L onto the road and walk into Cwmduddwr. Turn R past the Old School and Church to head towards The Triangle Inn Pub. Follow the road and head down the hill to the R. Go through the metal gates on your L into The Groe Park. Explore the park or have a rest. Walk to the river and turn L and you will eventually see steps leading up to the road.
- 4** Once on the B4518, road turn R and walk along Bridge Street, once again crossing the bridge. When you get to Water Lane, turn R. Head down the road which curves around the L and follow the sign saying Riverside Walk. You will see an information board on your L, have a read and then take the path on your R, you will pass the pump track and sports fields on your L. Follow the path keeping the river on your L. Look out for metal sculpture in the trees along here. There are plenty of benches along this route to sit and relax too.
- 5** When you come to a wooden covered bench, turn L to leave the riverside and head up the short bank. Turn L onto South Street. Head along South Street and then turn R onto Caeherbert Lane. Turn L onto Martins Way. Walk along Martins Way and turn L onto East Street, Co Op will be on your L. Head along East Street and you will arrive back at the information board where you started.