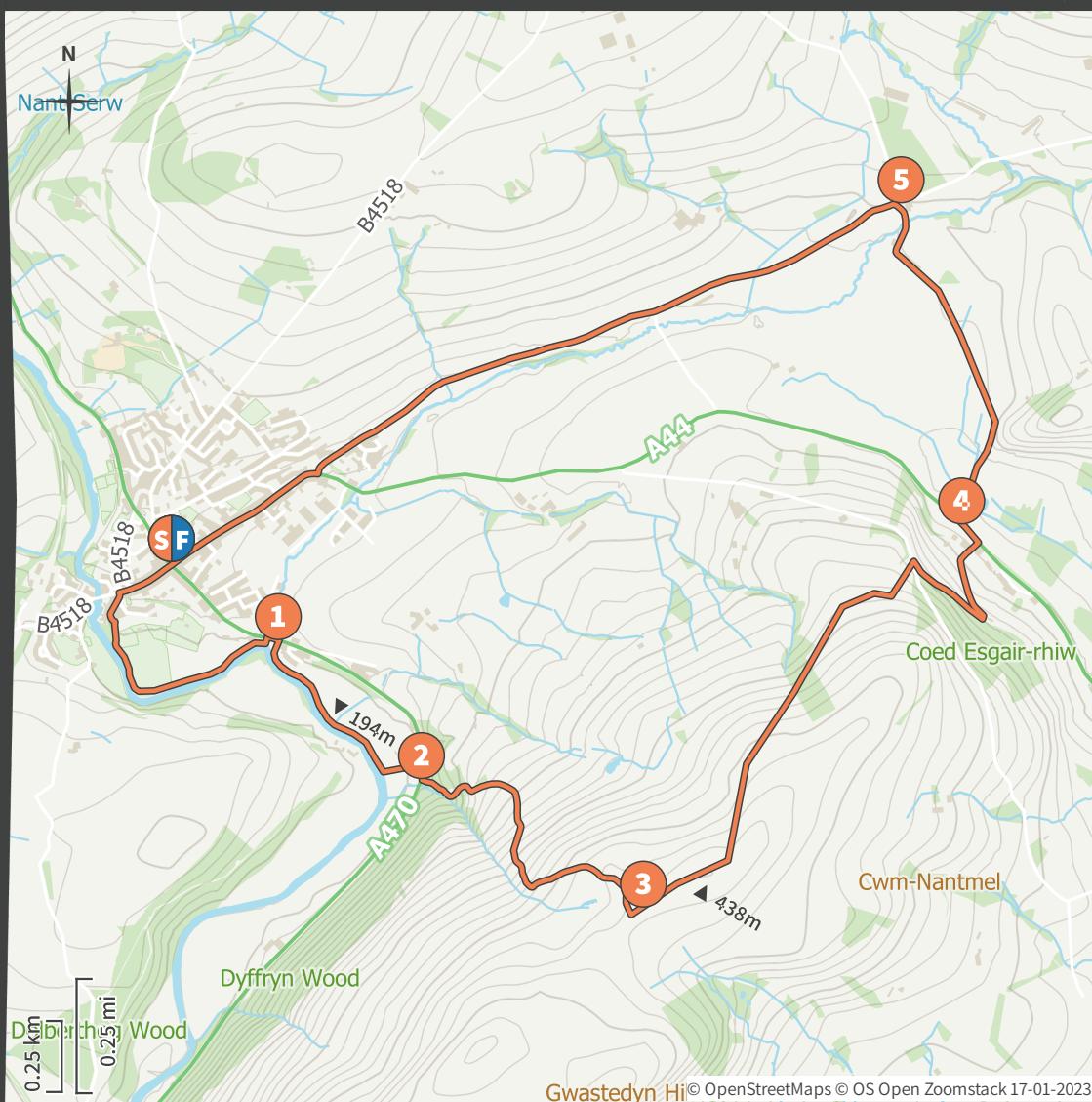




# Gwastedyn Hill Loop

Circular hilly loop onto Gwastedyn hill.

Mixture of road, track, field and woodland.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Moderate



287m



Circular



9.8km | 6.1m



03:00

- S** Starting from the information board in the middle of Rhayader, head along the B4518 (Bridge Street) toward the Elan Valley. Go through the town and when you get to Water Lane turn L. Head down the road which curves around the the L. Follow the sign saying Riverside Walk. You will see an information board on your L, have a read and then take the path on your R. You will pass the pump track and sports fields on your L. Follow the path keeping the river on your R. Cross the footbridge and follow the path to the L.
- 1** Head up the path and you will join the A470, turn R and walk along the pavement for a short distance. You will then see a waymark post and a footpath between the houses on your R, head along the footpath back towards the river. When you come to the river the path goes around to the L. Follow the path and head through the gate into the field. Continue through the fields keeping the river on your R, cross a footbridge past the water plantation on your L.
- 2** At the end of the water treatment plant, turn L and follow the path keeping the water treatment plant on your L. Head straight and up the bank through the gates to join the A470. Turn R and walk along the road for a about 50m, then turn L to join the bridleway. Go over the stile/through the gate and climb up through the woods, there is a stream on your R. Head up the hill through the gate/over the stile and continue up the track which curves slightly to the R. Do not follow the red signs here.
- 3** Head through another gate/over a stile straight on, the path then bends around to the L. Continue up the hill and along the path past craggy rocks until you reach the fence line. Turn L at the fence line and head through an old metal gate. Follow the track, keeping the fence line on your L. Go through the field gate. Follow the track and come to a waymark post, from here pick your path and head diagonally L slightly downhill through the bracken towards the waymark post in the distance.
- 4** Go over the stile and head diagonally R across the field, heading downhill towards the trees. Go through the gate and straight through the wood. Follow the track keeping the fence on your L. When you reach the fence line ahead turn R and follow the path downhill to the L, keeping the fence on your L. Go over the stile and cross the road, turn R onto the track in front of the houses on your R and turn L onto the road. Head along the road and turn L onto A44, walk a short distance on the road and turn R onto the footpath/track.
- 5** Head along the tarmac road and go L at the fork. Go through the gates, there is a waymark post of your R. Continue along the track a short distance, there is a footpath on your L. Go through the gate into the field. Head along the path to join a track. Go along the track but as the track curves continue straight on the footpath towards the farm. Turn R after the shed and walk past the house on your L, walking up the drive. Turn L onto the road and head straight to join the A44. Continue straight to the town centre.