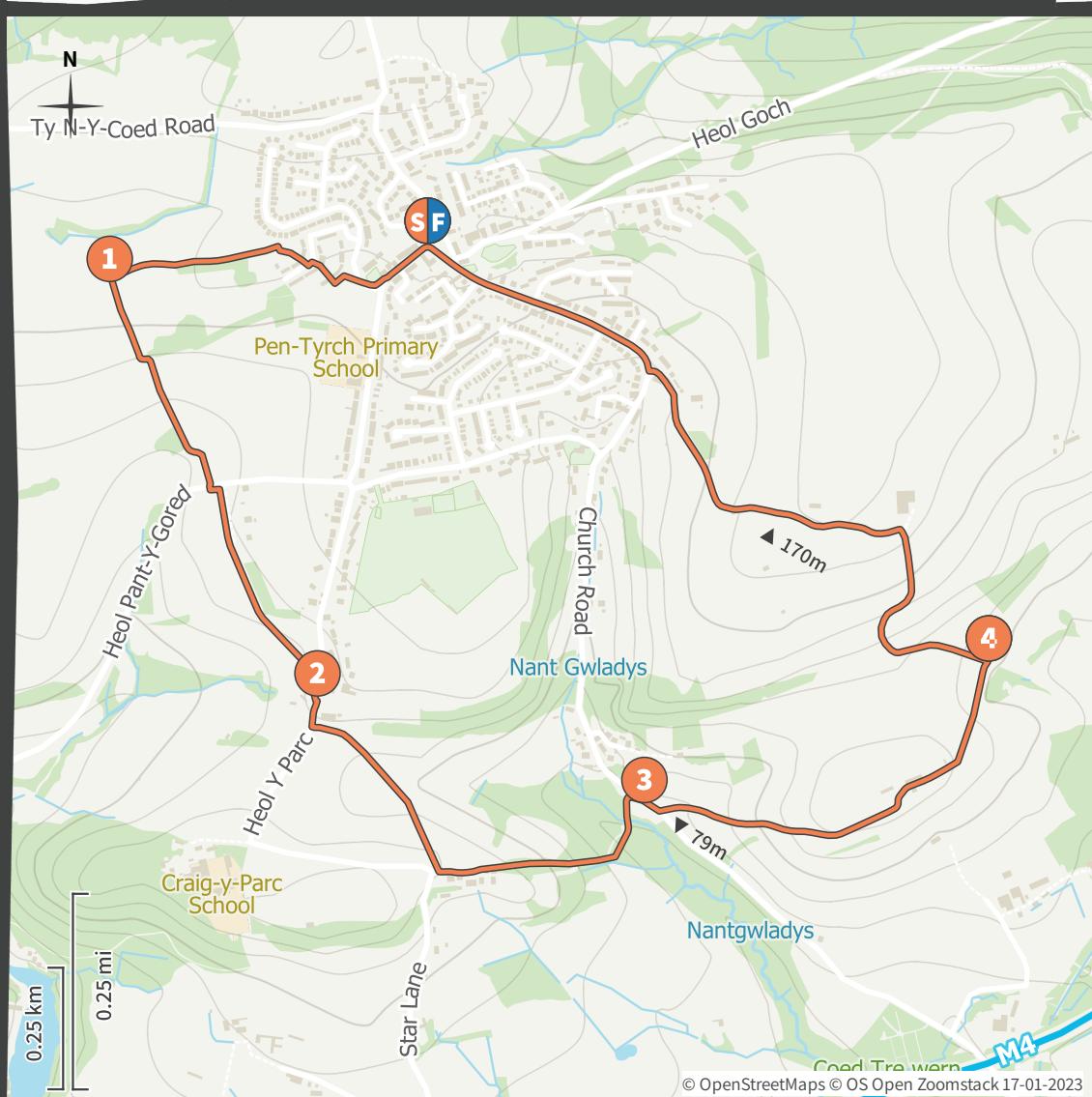




The Old Mule Tracks

You may hear the ancient travellers with their heavy loads.

Tarmac lanes and roads, gravel tracks and grassy fields. Some steps, a stream crossing and a few stiles.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!