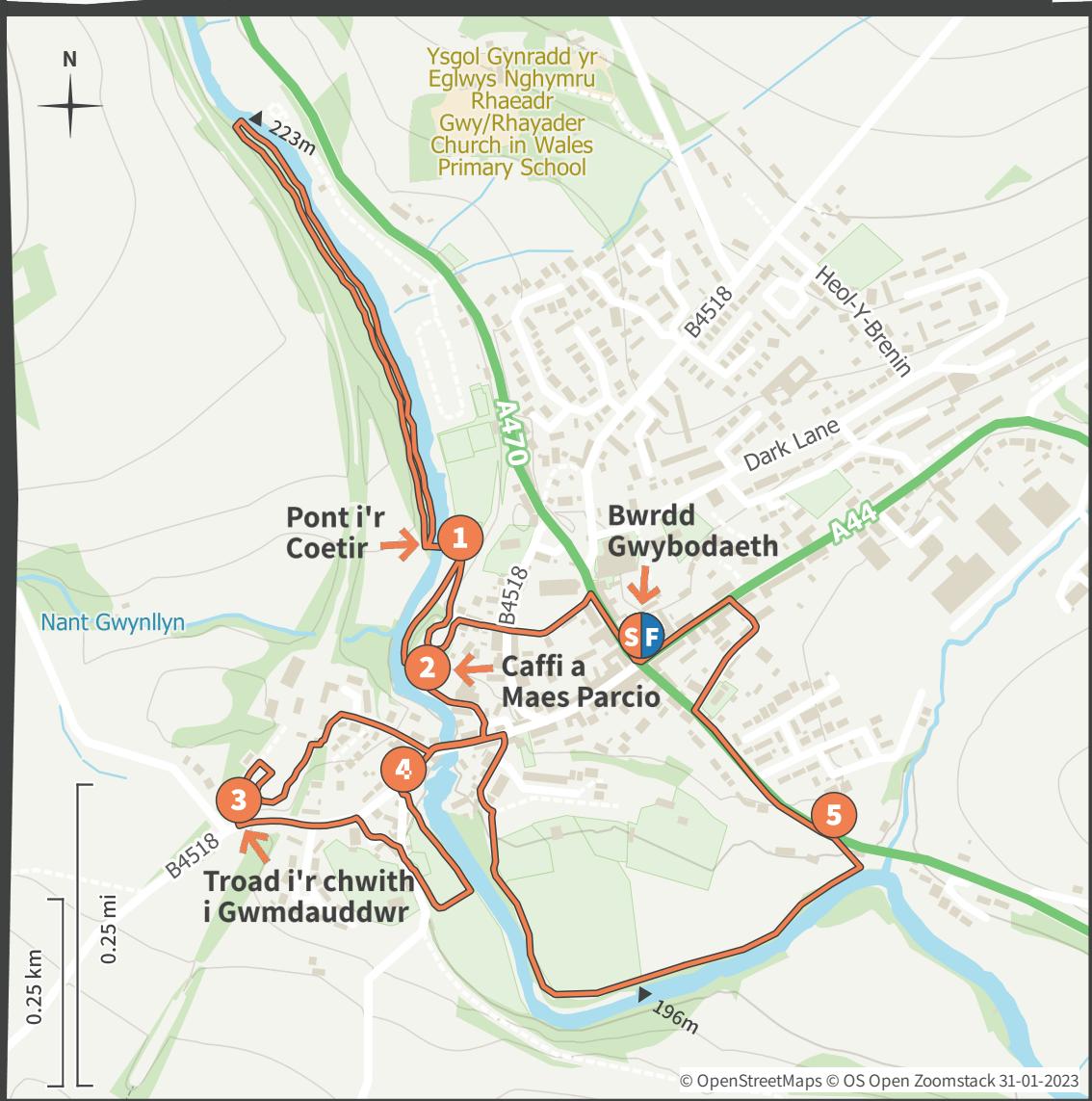




Llwybr Glan yr Afon

Llwybr gweddol wastad heb gamfeydd o amgylch Rhaeadr Gwy.

Cymsgedd o ffyrdd, coetir, traciau, palmentydd a pharcdir.



Hamddenol



111m



Cylchol



5.0km | 3.1m



01:25

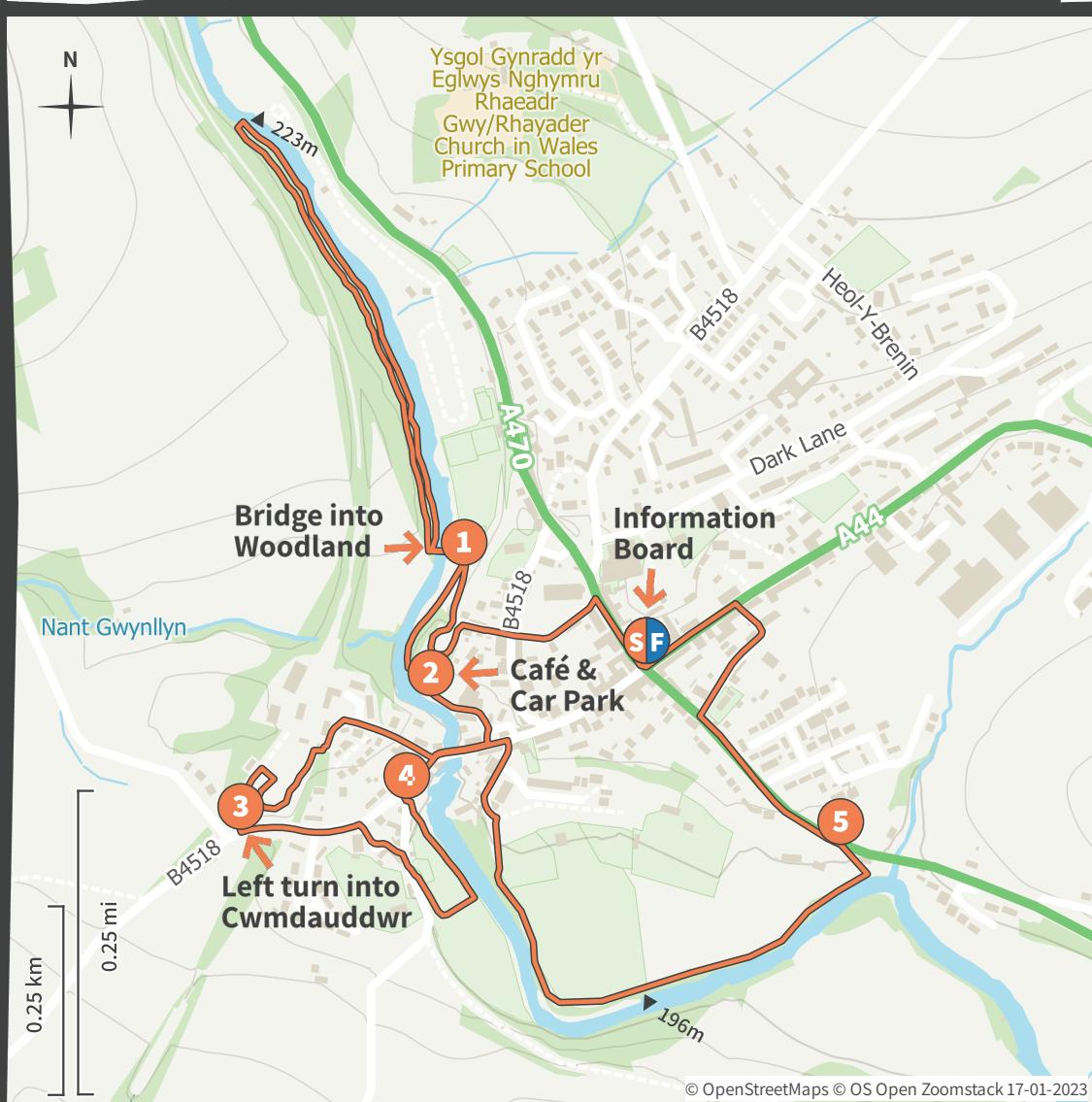
- S** Gan ddechrau o'r hysbysfwrdd yng nghanol Rhaeadr Gwy, cerddwch ar hyd North Street ac yna troi i'r Ch heibio'r farchnad da byw i Lôn y Groes. Ewch ar hyd y lôn a chroesi dros Church Street i Castle Road. Mae safle'r castell ar y Ch lle ceir bwrdd gwybodaeth. Ar ôl darllen y wybodaeth ewch drwy'r gât bren i archwilio tir y castell. Pan ddowch allan o dir y castell trowch i'r Ch ac ewch i lawr y llwybr i Barc Waun Capel.
- 1** Ar waelod yr allt, ewch yn syth tuag at y bont. Croeswch Afon Elan a trowch i'r Dd i Goetir Waun Capel. Ewch yn eich blaen drwy'r coetir ble mae croeso i chi archwilio a dewis unrhyw un o'r llwybrau drwy'r coed aedd fed. Ewch yn syth yn eich blaen nes i chi gyrraedd coed ffawydd ac fe welwch ffens. Trowch rownd wrth y ffens a cherdded yn ôl at y bont gan ddewis llwybr gwahanol drwy'r coed.
- 2** Croeswch yn ôl dros y bont a trowch i'r Dd. Cerddwch ar hyd y llwybr gan gadw'r afon ar y Dd i chi, heibio'r creigiau garw ar y Ch ac fe gyrraedd wchfaes parcio ble y gwellch Gaffi yn syth o'ch blaen. Galwch i mewn am baned neu damaid i'w fwyta os ydych chi awydd. Cerddwch i'r Dd o'r caffi. Mae'r ffordd yn gwyo i'r Dd. Cerddwch i fyny'r bryncyn i Heol y Bont. Trowch i'r Dd a cherdded ar hyd y ffordd. Croeswch y bont a trowch i'r Dd i Station Road, cerddwch i fyny Station Road sy'n gwyo i'r Ch. Ymunwch â'r llwybr troed i'r Ch o'r garejus.
- 3** Ewch ar hyd y llwybr troed drwy'r coetir nes i chi gyrraedd maes parcio. Ewch yn syth drwy'r maes parcio a throi i'r Ch i ymuno â'r ffordd. Dilynwch y ffordd i ymuno â'r B4518. Trowch i'r Ch i ddilyn y ffordd i Gwmdauddwr. Trowch i'r Dd heibio'r Hen Ysgol a'r Eglwys i gyfeiriad tafarn y Triangle Inn. Dilynwch y ffordd ac ewch i lawr yr allt i'r Dd. Ewch drwy'r gatiau metel ar y Ch i Barc y Gro. Archwiliwch y parc neu cymerwch seibiant. Cerddwch at yr afon a throi i'r Ch ac ymhen dipyn fe welwch risiau yn arwain i fyny at y ffordd.
- 4** Ar ôl i chi gyrraedd y B4518, trowch i'r Dd a cherdded ar hyd Heol y Bont, gan groesi'r bont unwaith eto. Pan gyrraedd wchfaes Water Lane trowch i'r Dd. Ewch i lawr y ffordd sy'n gwyo i'r Ch a dilyn yr arwydd Rhodfa Glan yr Afon. Fe welwch fwrdd gwybodaeth ar y Ch. Ar ôl ei ddarllen dilynwch y llwybr ar y Dd. Byddwch yn pasio'r trac pwmpio i feiciau a'r meysydd chwarae ar y Ch. Dilynwch y llwybr gan gadw'r afon ar y Ch i chi. Cadwch eich llygaid ar agor am gerflun metel yn y coed. Mae digon o feinciau ar hyd y llwybr hwn i eistedd a chael hoe fach hefyd.
- 5** Pan gyrraedd wchfaes faint bren, trowch i'r Ch i adael glan yr afon ac ewch i fyny'r bryncyn byr. Trowch i'r Ch i South Street. Ewch ar hyd South Street ac yna troi i'r Dd i Lôn Caerherbert. Trowch i'r Ch i Martins Way. Cerddwch ar hyd Martins Way a trowch i'r Ch i East Street, bydd siop Co-op ar y Ch. Ewch ar hyd East Street i ddychwelyd at y bwrdd gwybodaeth lle y gwnaethoch ddechrau eich taith.



Riverside Walk

A fairly flat, stile free route around Rhayader.

Mixture of road, woodland, track, pavement and parkland.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



111m



Circular



5.0km | 3.1m



01:25

- S** Starting from the information board in the middle of Rhayader, head along North Street then turn L past the livestock market onto Cross Lane. Head along the lane and cross over Church Street onto Castle Road. The castle site is on your L where there is an information board, have a read and go through the wooden gate to explore the castle grounds. When you come out the castle grounds turn L and head down the path into Waun Capel Park.
- 1** At the bottom of the hill, head straight towards the bridge. Cross over the Elan River and turn R into the Waun Capel Woodland. Make your way through the woodland and feel free to explore and pick any of the routes through the mature trees. Continue straight to arrive amongst the beech trees and you will come to a fence, turn around at the fence and make your way back to the bridge perhaps picking a different path through the trees.
- 2** Cross back over the bridge and turn R. Walk along the path keeping the river on your R and past the craggy rocks on your L, you will come out at a car park and there is a Café straight ahead of you. Pop in for a drink or a bite to eat if you fancy. Walk to the R of the cafe, the road bends around to the R. Walk up the bank onto bridge street. Turn R and walk along the road. Cross the bridge and turn R onto Station Road, walk up Station road which curves to the L. Join the footpath to the L of the garages.
- 3** Head along the footpath through the woodland and you will come onto a car park, head straight through the car park and turn L onto the road. Follow the road to join the B4518. Turn L onto the road and walk into Cwmduddwr. Turn R past the Old School and Church to head towards The Triangle Inn Pub. Follow the road and head down the hill to the R. Go through the metal gates on your L into The Groe Park. Explore the park or have a rest. Walk to the river and turn L and you will eventually see steps leading up to the road.
- 4** Once on the B4518, road turn R and walk along Bridge Street, once again crossing the bridge. When you get to Water Lane, turn R. Head down the road which curves around the L and follow the sign saying Riverside Walk. You will see an information board on your L, have a read and then take the path on your R, you will pass the pump track and sports fields on your L. Follow the path keeping the river on your L. Look out for metal sculpture in the trees along here. There are plenty of benches along this route to sit and relax too.
- 5** When you come to a wooden covered bench, turn L to leave the riverside and head up the short bank. Turn L onto South Street. Head along South Street and then turn R onto Caeherbert Lane. Turn L onto Martins Way. Walk along Martins Way and turn L onto East Street, Co Op will be on your L. Head along East Street and you will arrive back at the information board where you started.