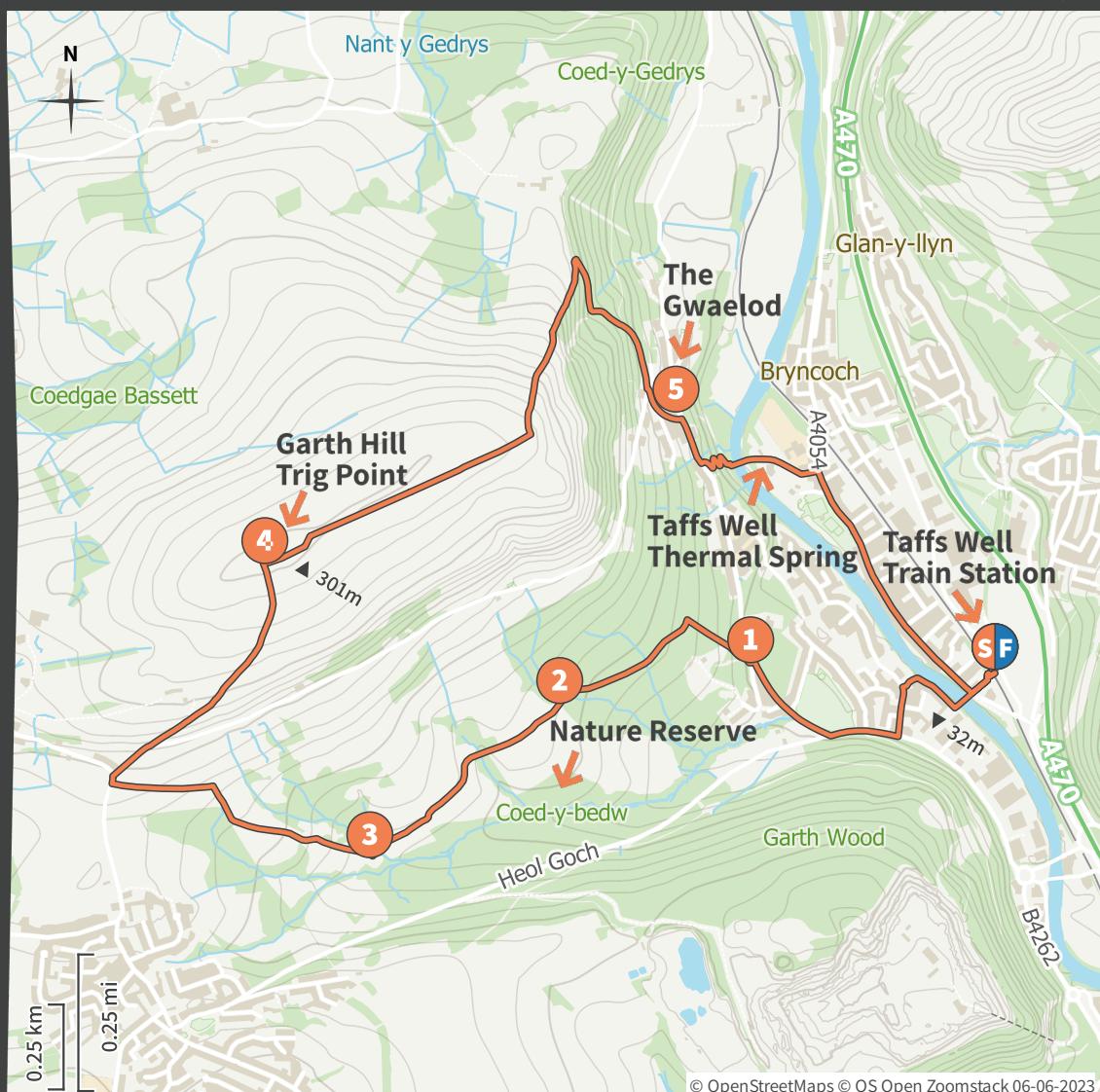




Garth Hill from Taffs Well

Take in the 360° views at the top of Garth Hill.

Pavements, forest and field paths, steep inclines and declines at times including a rocky surface.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



- S** Starting from Taffs Well Train Station, head for Taffs Well down a footpath and not into the car park. Cross Cardiff Road at the zebra crossing toward the river. Cross the river using the bridge and take the immediate R through a lane which will lead you to River Glade. Head L on River Glade to the main road. Turn R, walking past Heol Berry and follow the bend in the road R after the recreational ground. Walk the pavement on the L hand side, passing the bus stop and row of houses, where you will come to a signpost to Georgetown on your L.
- 1** Turn L, then immediately R onto footpath, here which will ascend up 2 flights of steps (which can be muddy). When you reach the top, you will see a signpost and a stile, walk past these and head up the woodland path into the woods. Walk this path uphill until it meets a junction and turn L. Walk this path through the woods passing 2 dips. At the second dip, follow the signpost that takes you over the stream and after a short ascent will lead you to a gate.
- 2** Head across the field, walking the most obvious route, keeping fencing close on your R. On your R you will see Garth Hill. The field dips down to another gate. Head on, being guided on the track by the wooden posts along the route. You will pass an old farmhouse on your L where you can still see the remains of the chimney stack. Continue through another gate and head straight on to the metal footpath sign and another gate on the opposite side of the field. Enter the next field via the gate and turn R at the second metal post, directing you uphill.
- 3** Make your way uphill toward the signpost, bearing L through new trees, up to some steps and a gate. Walk the path ahead and uphill and turn L to a gate. Head slightly R across the next field to a gate with steps down to Mountain Road. Turn R and R, continuing up Mountain Road. Go through the gate next to a cattlegrid and bear L at the fork. Then as the road starts to head toward a house, peel R off the tarmac road onto a dirt path. Follow this path up to the trig point of Garth Hill, passing 2 benches along the way. Admire the views.
- 4** Descend from the trig point the opposite side you climbed up and head R along the ridgeway. Continue on this path for some time which keeps central of the ridgeway until the path begins to dip down and give you views of Nant-Garw and Taffs Well Rugby fields. Turn L and then R and head down the steep hill to a gate and onto a narrow, steep path (which can be rocky underfoot), keeping the fence line on your L until you meet a path and turn R. Head down this path, through a gate and when the path meets the road and sharp corner, take the L splint which brings you past The Gwaelod Pub.
- 5** With the pub on your L, turn R at the road and walk to see a footpath sign on your L. This path leads you to a winding descent with benches along the way and railings for your support. At the bottom of this path, head down the stairs to the river crossing which will lead you to the main road and go R toward Taffs Well High Street. Continue back to the train station and your starting point, L at the zebra crossing and back over the footbridge.