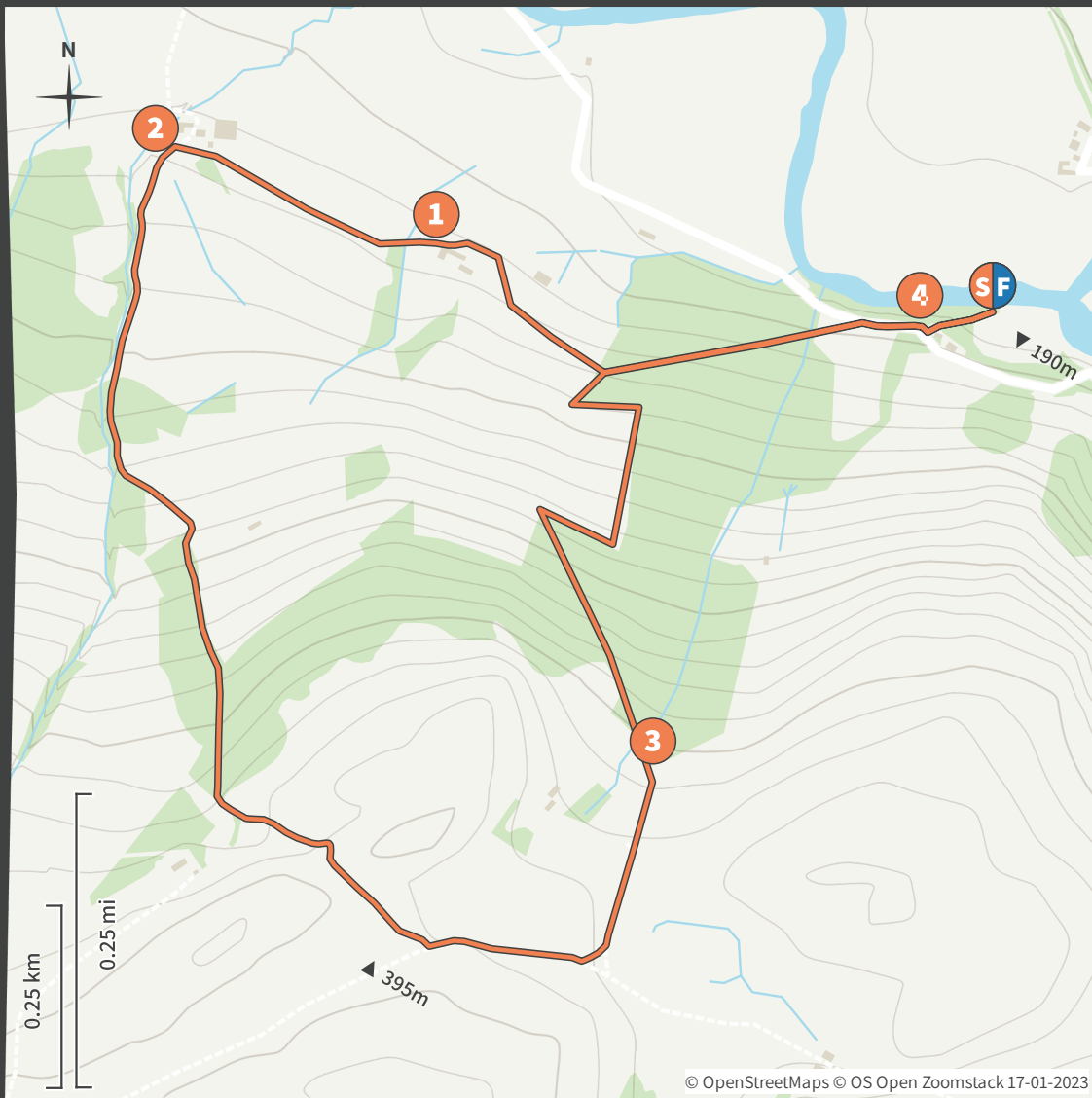




Llanwrthwl Junction Pool

Circular loop onto open access land.

Mixture of road, track, field and woodland.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



243m



Circular



4.5km | 2.8m



01:35

S

Starting from Junction Pool, where Wye meets Elan, face away from the river and turn R. Follow the track with the river on your R. Go through gate and join the road, continue straight for a short distance then turn L. Go through the gate and join the footpath. Head diagonally R through the field and across a stream, go over the stile into Dolifor Woods. Make your way through the open access woodland heading slightly uphill, go through the wooden gate and into the field. Head across the field keeping the fence on R toward the houses.

1

Turn R when you come to the garden land and head downhill. Go through the field gate on your L to join the track and turn immediately R and then L. Follow the track past the barn conversions on your L. Head through the gate onto the farmland along the track. Where the field splits, go through the gateway on the L and keep the fence on your R. There will be a gate on your R, go through this and head diagonally L across the field. Go over the stile and continue in the same direction towards the farm.

2

When you come to the farm, turn L to go uphill, keeping the fence on your R. Go through the pedestrian gate and turn R, head along the track and at the junction take a sharp L to head uphill. Join the bridleway here. Follow the bridleway up a steep hill with the woodland on you R. Continue through a gate but heading in the same direction. Be mindful not to follow the track to the house. Head onto then open access land. There will be a property and private land on your R but continue along the bridleway which curves around to the L.

3

You will arrive at a junction where another bridleway joins but continue to go around to the L where you will turn L and join the Wye Valley Walk to make your way back downhill. There is private land on your L and then you will see the stile taking you into the woodland, this is the top of Dolifor Wood. Go over the stile and make your way back down through the open access woodland, try to aim for the corner at the bottom R, but if you hit the fence turn R until you come to the stile to join the path you started on.

4

Go over the stile and continue straight across the field over the stream to the gate. Go through the gate to join to road and turn R, head along the road for a short distance. Turn L through the metal gate to make your way back down to The Glyn Bridge and Junction pool.