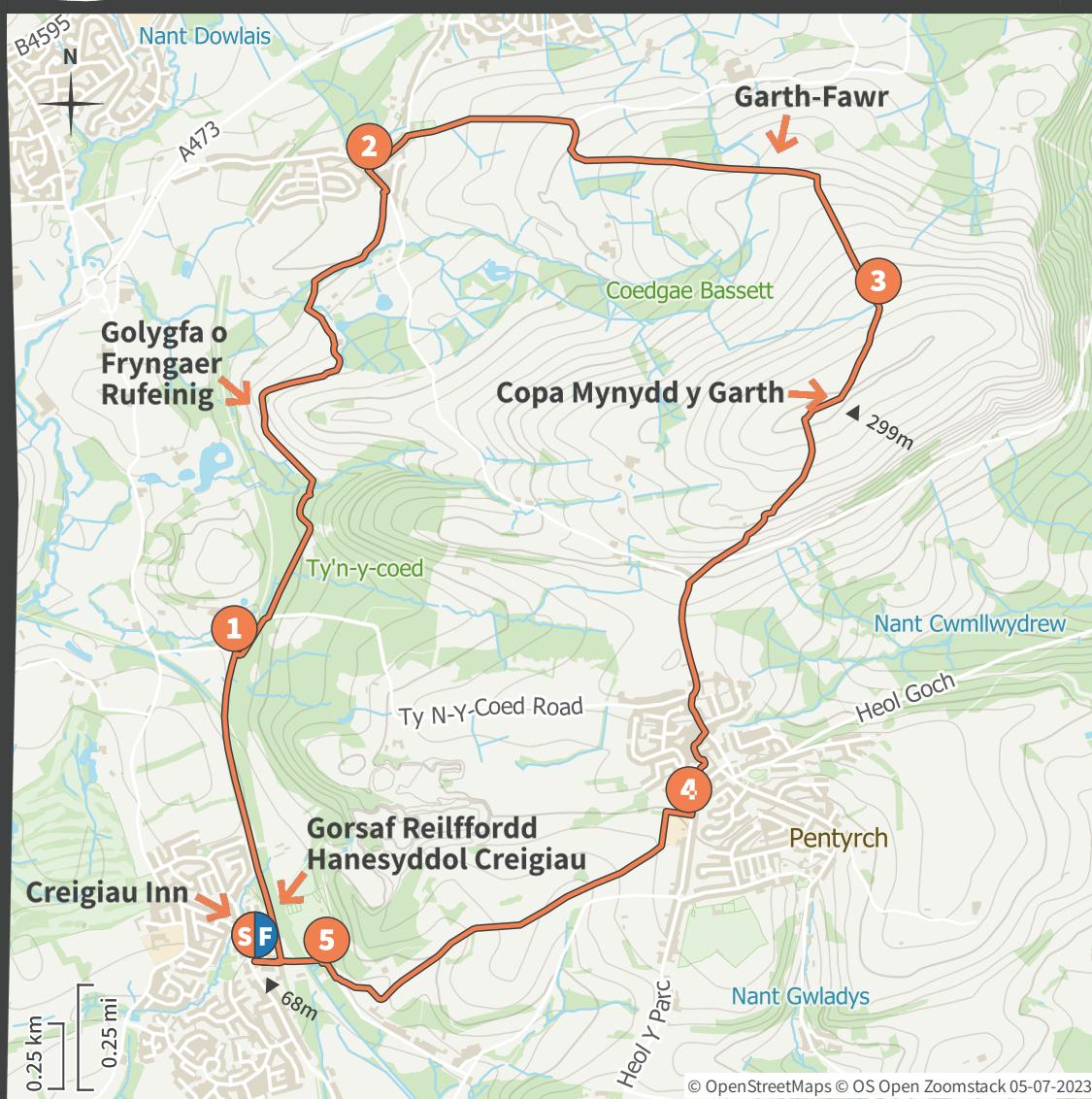


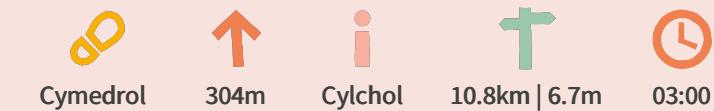
Garth Fawr

Mae chwyn yn tyfu yn ystafelloedd y Garth Fawr yn awr.

Palmant ar ochr y ffordd, lonydd, llwybrau graean, caeau glaswelltog, llwybr ger nant a choetir. Rhai camfeydd a bryniau agored godidog.



Wedi mwynhau'r daith gerdded hon? Mae 145 o deithiau Llwybrau i Lesiant i'w harchwilio ledled Cymru!



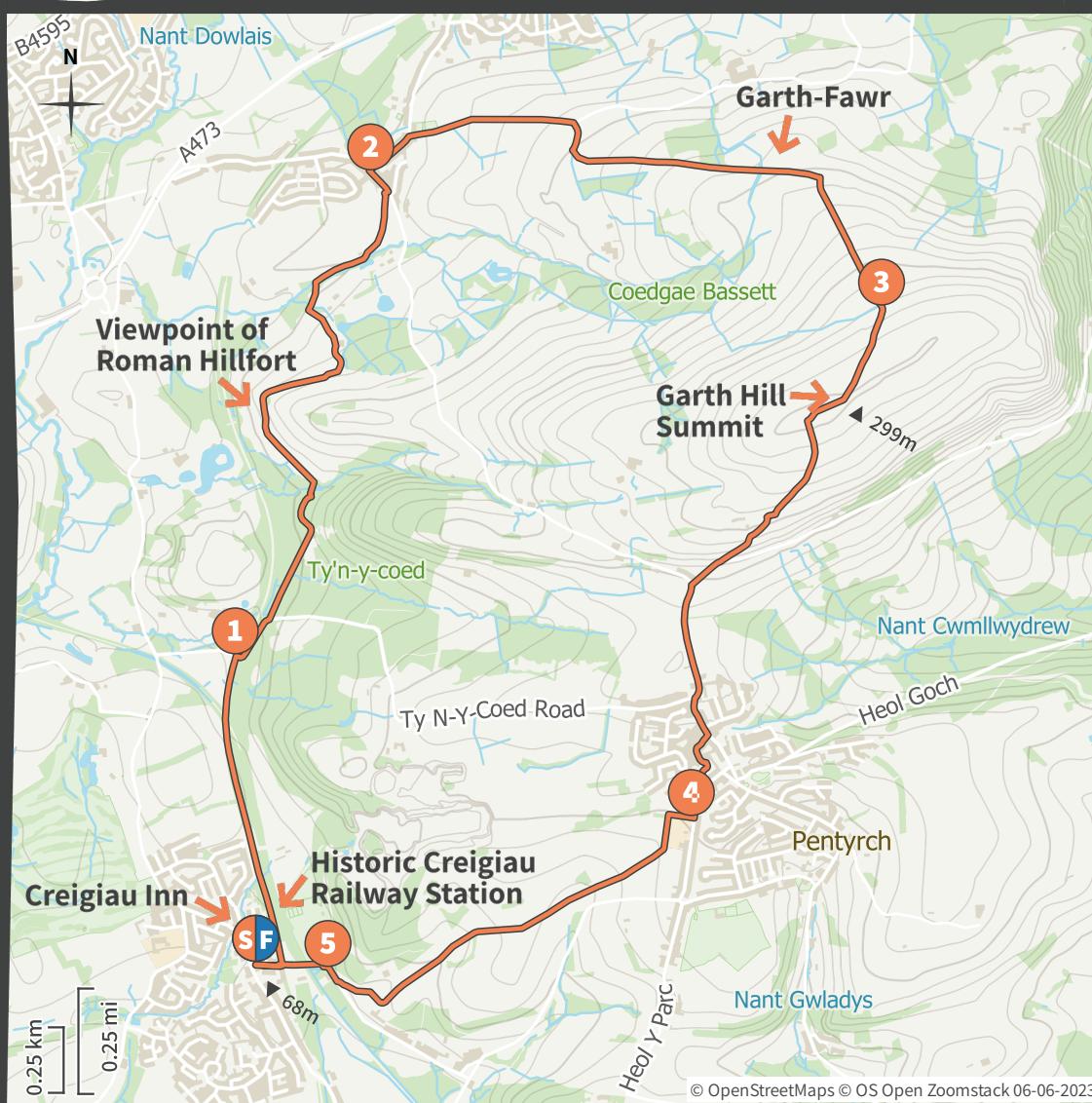
- S** Gan gychwyn o Creigiau Inn, trowch i'r Dd i fyny Station Road, heibio Station Terrace gan droi i'r Ch wrth ymyl ffens bren. Trowch i'r Dd ar ôl 20m i lawr i blatfform yr hen orsaif. Trowch i'r Ch a dilyn yr hen blatfform; bu hwn yn brysur unwaith gyda threnau glo yn mynd i ddociau'r Barri a threnau teithwyr o Gaerdydd, y Barri a'r Rhondda. Dilynwch yr hen drac, o dan bont gan groesi nant ymhen dipyn. Sylwch ar y pyst haearn sy'n cynnal y bont, gan barhau i esgynt yn raddol i Ty'n-y-Coed Lane. Trowch i'r Dd, yna i'r Ch i faes parcio yng Nghoedwig Ty'n-y-Coed.
- 1** Dilynwch y trac heibio walau cerrig, pwll a mynedfa chwarel ar y Dd. Trowch i'r Ch gyferbyn â'r fynedfa i'r chwarel gan groesi nant. Mae'r groesfan yn llithrig ac yn wlyb. Dringwch y bryncyn mwdlyd a thro i'r Ch yn y cae. Allwch chi weld bryngaer o'r oes haearn, fferm wynt a hen simnai pwll glo Cwm? Wrth yr arwydd llwybr troed trowch i'r Ch tuag at adeiladau ffermat arwydd llwybr troed arall a thrwy gât i gae. Dilynwch y llwybr sydd wedi'i farcio'n glir at nant a hrowch i'r Dd. Dilynwch y nant i gae, gan gerdded yn groes-gongi i ymuno â'r lôn. Trowch i'r Ch i Efail Isaaf.
- 2** Trowch i'r Dd wrth y Carpenters Arms ac i'r Dd wrth y capel. Dilynwch y lôn am tua 650m i fynedfa Fferm Garth Isaaf ar y Dd. Trowch i fyny'r dreif a chroesi camfa i'r Ch o gatiau metel mawr gan gerdded i fyny'r cae o dan a beilonau trydan at gât. Trowch i'r Ch i ymuno â'r trac, gan gadw'r ffens a llinell y coed ar y Ch. Cadwch i'r Dd o fferm adfeiliadol - Garth Fawr yw hon - gan ddilyn hen drac. Wrth y gât nesaf trowch i'r Dd i fyny'r allt i ymuno â thrac glaswelltog, gan fynd drwy sawl gât i gyraedd ochr bryn agored, sef Mynydd y Garth.
- 3** Dilynwch drac suddedig i fyny i frig y gefnen ac ewch i'r Dd i gyraedd piler triangli Mynydd y Garth (307m). Siambr gladdu o'r Oes Efydd yw'r 'Ploryn'. Ewch i lawr y trac tua'r de i gyfeiriad Pentyrch, at lôn darmac heibio bwthyn, trowch i'r Dd dros grid gwartheg ac yna i'r Ch ar y gyffordd. Dilynwch y ffordd hon heibio i droad ar y Dd a mynedfeydd i ystadau tai i gyraedd canol y pentref. Wrth y siopau cadwch i'r Dd. Dilynwch Bronllwyn tuag at yr ysgol gynradd.
- 4** Chwiliwch am yr arwydd llwybr troed ar y Dd ar gornel caeau chwarae'r ysgol. Dilynwch y ffens fetol o amgylch perimedr yr ysgol at gât yn y gornel bellaf a throwch i'r Dd. Cadwch at y llwybr hawl tramwy sydd wedi'i farcio'n dda. Cerddwch i lawr y cae gan gadw'r gwrych ar y Dd i chi. Dilynwch y llwybr hawdd drwy 5 gât arall i gefn y tai a thro i'r Dd drwy gât gan fynd yn syth ar draws y cae at gât arall sy'n arwain i lawr i Heol Pant y Gored a thro i'r Dd. Cerddwch heibio mynedfeydd y chwarel a maes chwarae Creigiau.
- 5** Trowch i'r Ch ger mynedfa'r cae chwarae. Ger y troad sydyn i'r Ch yn y ffordd, dilynwch y llwybr ger yr arwydd am Heol Creigiau. Mae'r llwybr hwn yn rhedeg ochr yn ochr â'r ffordd, ond yn ei hosgoi. Mae'r llwybr yn croesi'r fynedfa i ddepo bysiau Creigiau, yna heibio dwy bont reilffordd ar y Ch i ben pellaf gorsaf reilffordd seugr Creigiau. Dilynwch y llwybr ag arwyddion arno i fyny'r bryncyn at ffens bren (gan fynd yn ôl ar hyd rhan o'r llwybr ble y dechreuoach chi'r daith), trowch i'r Ch yna i'r Dd i Station Road, heibio Station Terrace i Ffordd Caerdydd ger Creigiau Inn, sef eich man cychwyn.



Garth Fawr

Weeds now grow in the rooms of Garth Fawr.

Roadside pavement, lanes, gravel paths, grassy fields, a stream path and woodland. Some stiles and fine open hillside.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



- S** Starting from Creigiau Inn turn R up Station Road past Station Terrace turning L beside a wooden fence. Turn R after 20m down to the old station platform. Turn L and follow the old platform; once busy with coal trains going to the docks in Barry and passenger trains from Cardiff, Barry and the Rhondda. Follow along the old track, under a bridge and eventually cross a stream. Notice iron bridge supports, and continue gently uphill to Ty'n-y-Coed Lane. Turn R, then L into a car park at Tyn y Coed Woods.
- 1** Follow the track past stone walls, a pond and a quarry entrance on the R. Turn L opposite the quarry down to cross a stream. The crossing is wet. Climb the muddy bank and go L in the field. Can you spot an iron age hill fort, a windfarm and chimney of the closed Cwm colliery? At the footpath sign turn L towards farm buildings to another footpath sign to a gate into a field. Follow the clearly marked route to a stream and turn R. Follow the stream to a field, cross diagonally to join the lane. Turn L into Efail Isaf.
- 2** Turn R at the Carpenters Arms and R at the chapel. Follow the lane for about 650m to the entrance of Garth Isaf Farm on R. Turn up the drive to cross a stile on the L of large metal gates and head up the field under electricity pylons to a gate. Turn L on the track, keeping fence and tree line on your L. Keep R of a derelict farm; this is Garth-Fawr following an old track. At the next gate turn R uphill on a grassy track, passing through several gates eventually reaching the open hillside of Garth Hill.
- 3** Follow a sunken track up to the top of the ridge and take a small detour to the right to reach the trig point of Garth Hill (307m). The 'Pimple' is a Bronze Age burial chamber. Descend south on the track towards Pentyrch, to a tarmac drive past a cottage, turn R to a cattle grid then L at the road junction. Follow this road past a turning on the R and entrances to housing estates to emerge in the centre of the village. At the shops keep to the R, follow Bronllwyn towards the primary school.
- 4** Look out for the footpath sign on the R at the corner of the school playing fields. Follow the metal fence around the perimeter of the school to a gate tucked on the far corner and turn R. Keep to the well-marked right of way. Head down the field keeping the hedge on your R. Follow the easy path through 5 more gates to the back of the houses and turn R through a gate and straight across the field to another gate that leads down to Heol Pant y Gored and turn R. Walk past the entrances of the quarry and Creigiau recreation ground.
- 5** Turn L at the entrance to the recreation ground. At the sharp L bend in the road take a path next to the Creigiau road sign. This path runs parallel to but avoids the road. The path crosses the entrance to Creigiau bus depot then past two railway bridges on your L to the end of the overgrown Creigiau railway station. Take the marked path up the bank to a wooden fence (retracing your steps from the start of the walk), turn L then R onto Station Road past Station Terrace to Cardiff Road by Creigiau Inn where you started.