Llwybr Cylchol Caer Bach

Taith gylchol heriol sy'n cynnwys bryngaer.

Traciau lludw yn bennaf gyda chamfeydd ysgol. Serth iawn mewn rhai rhannau ac yn aml yn eithaf mwdlyd.

Egnïol | 713m | Cylchol | 16.9km | 10.5m | 05:30

S Gan gychwyn o faes parcio'r llyfrgell, dilynwch Fernbrook Road a chymerwch y troad cyntaf i'r Dd i Merton Park. Trowch i'r Dd ar ben Merton Park a dilynwch yr arwyddion ar gyfer y bysgodfa gan aros ar y llwybr troed ag arwyddion arno. Pan ddewch at gamfa a gât mochyn, croeswch y gamfa a throwch i'r Dd. Ar ôl i chi gyrraedd y ffordd, trowch i'r Dd a'i dilyn i fyny'r allt. Bydd y ffordd yn gwyro i'r Ch ac yna byddwch yn cyrraedd grid gwartheg. Dilynwch y llwybr ag arwydd arno i'r Dd.

1 Fe gyrhaeddwch garreg sy'n dangos fforch i dri chyfeiriad yn y llwybr. Dilynwch y llwybr canol yma i gyfeiriad Llangelynin. Mae'r llwybr hwn wedi'i farcio ag arwyddion carreg bach ac mae'n rhedeg rhwng dau drac. Bydd yn eich arwain at wal gerrig gyda chamfa bren ac arwyddbost. Croeswch y gamfa a dilynwch y llwybr ag arwydd arno i'r Ch nes i chi gyrraedd camfa arall sy'n arwain at bont. Croeswch y gamfa a'r bont a pharhau ar hyd y llwybr.

2 Bydd y llwybr yn arwain i fyny'r allt, gan ddilyn cae â wal gerrig o'i gwmpas ar y Dd. Ar ben pellaf y cae, ewch yn eich blaen yn syth i fyny'r allt a thros y grib nes i chi gyrraedd y corlannau defaid. Trowch i'r Dd wrth y corlannau defaid a dilynwch y wal gerrig i fyny'r allt. Wrth y fforch nesaf, cadwch i'r Ch a pharhau i ddilyn y wal. Dilynwch y llwybr dros y nant (ar gornel y wal), yna trowch i'r Ch i ymuno â'r llwybr gan ddyblu'n ôl i ddilyn y nant i fyny'r allt. Fe gyrhaeddwch wal arall ar y Ch, yna fe welwch fryngaer Caer Bach ar y Dd.

3 Ewch yn syth yn eich blaen ger y groesffordd nesaf ar ôl Caer Bach. Byddwch yn croesi sawl camfa ac yna'n ymuno â thrac graean wrth ymyl ffermdy. I ymestyn y daith, trowch i'r Ch ar hyd y trac hwn am tuag 1km i ymweld â'r siambr gladdu Neolithig, a fydd ychydig oddi ar y ffordd ar y Ch. Fel arall, trowch i'r Dd ar y trac hwn i ymuno â'r ffordd ac yna dilynwch y llwybr cyntaf ar y Dd, gan groesi'r gamfa ac i fyny'r allt serth. Byddwch yn croesi mwy o gamfeydd i gyrraedd man gwastad gyda golygfa o'r môr. Ewch yn syth yn eich blaen o'r fan hon gan ddilyn y llwybr i lawr yr allt.

4 Croeswch y nant, yna trowch i'r Dd wrth y fforch nesaf. O'r fan hon, bydd y llwybr yn croesi sawl nant gan fynd heibio i gwt carreg adfeiliedig. Ar ôl i chi gyrraedd y maen hir ac adfeilion adeiladau'r chwarel, ewch yn eich blaen i lawr y trac tuag at y gorlan. Oddi yno, dilynwch y llwybr i'r Ch a thros y grib yn ôl i'r cae. Ar ddiwedd y cae, trowch i'r Ch i groesi'r bont dros y nant a chroesi'r cae tuag at y gamfa. Ewch yn eich blaen nes i chi gyrraedd y prif drac sy'n arwain at faes parcio llwybr y Jiwbilî.

5 O faes parcio llwybr y Jiwbilî, dilynwch y ffordd i lawr yr allt nes i chi gyrraedd llwybr troed sy'n arwain i gae ar y Ch. Dilynwch y llwybr hwn yn ôl heibio'r bysgodfa. Pan fydd yn cyrraedd y ffordd, trowch i'r Dd, yna dilynwch y llwybr troed nesaf ar y Ch i ddychwelyd i'r man cychwyn.

Wedi mwynhau'r daith gerdded hon? Mae 145 o deithiau Llwybrau i Lesiant i'w harchwilio ledled Cymru!

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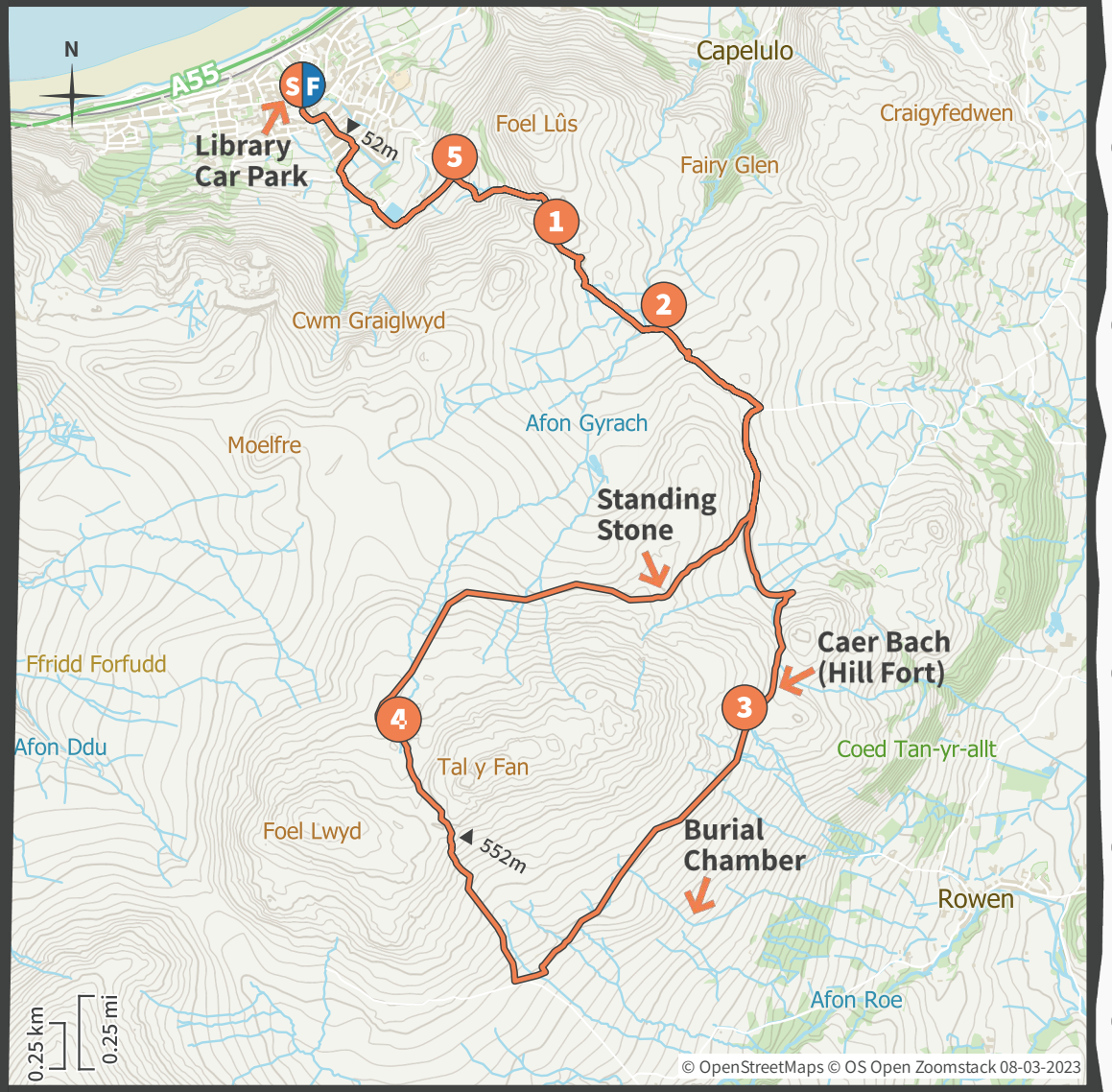
Caer Bach Loop

A challenging circular route featuring a hill fort.

Mostly dirt paths with ladder stiles. Very steep in some areas and often quite muddy.



Strenuous | 713m | Circular | 16.9km | 10.5m | 05:30

S Starting from the library car park, follow Fernbrook road and take the first R onto Merton Park. Turn R at the top of Merton Park and follow signs for the fishery and then stay on the signposted footpath. When you come to a stile and kissing gate, cross over and turn R. Once you hit the road, turn R and follow it uphill. The road will curve to the L and then you'll reach a cattle grid. Follow the signposted route to your R.

1 You'll reach a marker stone indicating a three-way fork in the path. Take the middle path here towards Llangelynin. This path is marked with a small stone marker and runs between two tracks. It will lead you to a stone wall with a wooden stile and a signpost. Cross the stile and follow the signposted route to the L until you reach another stile leading to a bridge. Cross over the stile and bridge and continue along the path.

2 The path will lead uphill, hugging a dry stone walled enclosure on the R. At the end of the enclosure, continue straight uphill and over the ridge until you reach the sheep folds. Turn R at the sheep folds and follow the dry stone wall uphill. At the next fork, keep L to continue along the wall. Follow the path over the stream (at the corner of the wall) and then turn L onto the path doubling back to follow the stream uphill. You'll come to another wall on your L, and then Caer Bach hillfort will be on your R.

3 Continue straight at the next crossroads after Caer Bach. You'll cross several stiles and then join a gravel track beside a farm house. For an optional detour, turn L along this track for approximately 1km to visit the Neolithic burial chamber, which will be just off the road on your L. Otherwise, turn R on this track to join the road and then take the first path on the R, over the stile and steeply uphill. You'll cross more stiles to reach a flat area with a view of the sea. Continue straight from here on the path trending downhill.

4 Cross the stream and then turn R at the next fork. From here, the path will lead across several streams and past a ruined stone hut. Once you reach the standing stone and ruined quarry buildings from the ascent, continue down the track towards the sheep fold. From there, follow the track L and over the ridge back to the enclosure. At the end of the enclosure, turn L to cross the bridge over the stream and cross the field towards the stile. Continue until you reach the main track which leads to the Jubilee path car park.

5 From the Jubilee path car park, follow the road downhill until you reach a footpath heading into a field on your L. Take this path and follow it back past the fishery. Once it reaches the road, turn R, and then take the next footpath on your L which leads back to the start location.

Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!

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