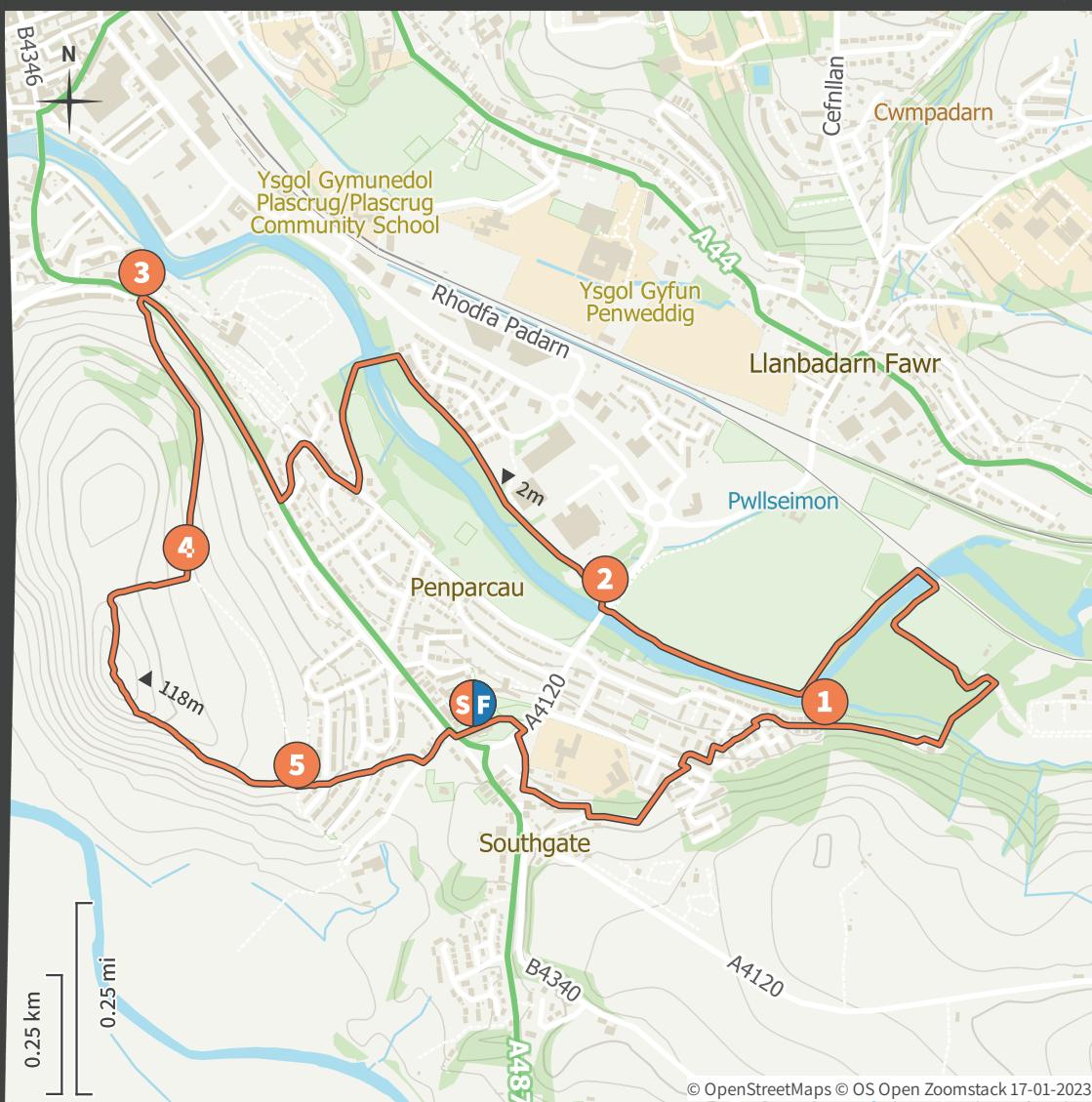




Southgate Pen Dinas Loop

A walk through the town to finish onto Pen Dinas.

A mixture of road, pavements, footpaths, and woodland.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Leisurely



175m



Circular



6.5km | 4.1m



02:00

- S** Starting from Penparcau Hub, use the underpass below A4120. Turn R and follow Llyn Yr Eos Rd uphill. After 100m turn L to continue on Llyn yr Eos Rd. At the end of the road turn R uphill to join Tan Y Fron Lane. Turn L and join a footpath round the edge of the woodland. You will join Heol Dinas: turn L and immediately R. Follow the road around to the R and then take a concrete path down steps on your L. At end of the railings turn R and then L, onto grass between the hedges. At the end turn L onto Heol Tyn Y Fron then R onto Gwel Afon.
- 1** Walk to the end of Gwel Afon and join the footpath onto the open access woodland into Coed Geufron. Make your way through the open access woodland and turn L over a stream. You will join a track, the Water Treatment Plan is on your R, you will turn L and follow the path to the Cricket Ground. Walk along the path keeping the cricket ground on your R. Turn L to cross the bridge over the Rheidol river, once across the river turn L and follow the path keeping the river on your L and the rugby field on your R.
- 2** Continue on the footpath under the A4120 . Follow the path past Morrisons on your R and keeping the river on your L. Make your way along the river path and turn L over Pont Saint footbridge to cross the river. Follow the path around the L and go past the allotments on your L. Turn R when you come to Fifth Avenue. Walk along the road and turn L onto Plas Helyg. Follow the road and turn R onto Penparcau Road.
- 3** Walk along Penparcau Road and head downhill for a short distance, then turn sharp L to take the footpath opposite Aberystwyth Holiday Village. Head up the hill along the footpath. Follow this well-trodden path through the woodland and enjoy the far-reaching views of Aberystwyth on your L.
- 4** Pass through a wooden pedestrian gate then turn R uphill onto a dirt track. Walk up the track for a short distance and then go through the pedestrian gate in front of you. You will now have a fence either side of you. Continue straight up the hill and go through the swinging metal gate. Keeping the fence line on your R follow the well-trodden path uphill, then, in about 50m, swing left up to the Wellington monument and the top of the ancient Bryngaer Pendinas hill fort. Enjoy the views out to sea here.
- 5** Head straight over the other side of the monument and pick up the path to start the descent. Continue downhill along the meandering path until you come to a T-junction of paths, where you turn L. Continue down through two pedestrian gates to join Parc Dinas. Turn L and follow the road down, keeping L at a roundabout. Turn L to join Piercefield Lane, head along the road to meet Penparcau Road. Head straight across the road (with care) to arrive back at Penparcau Hub.