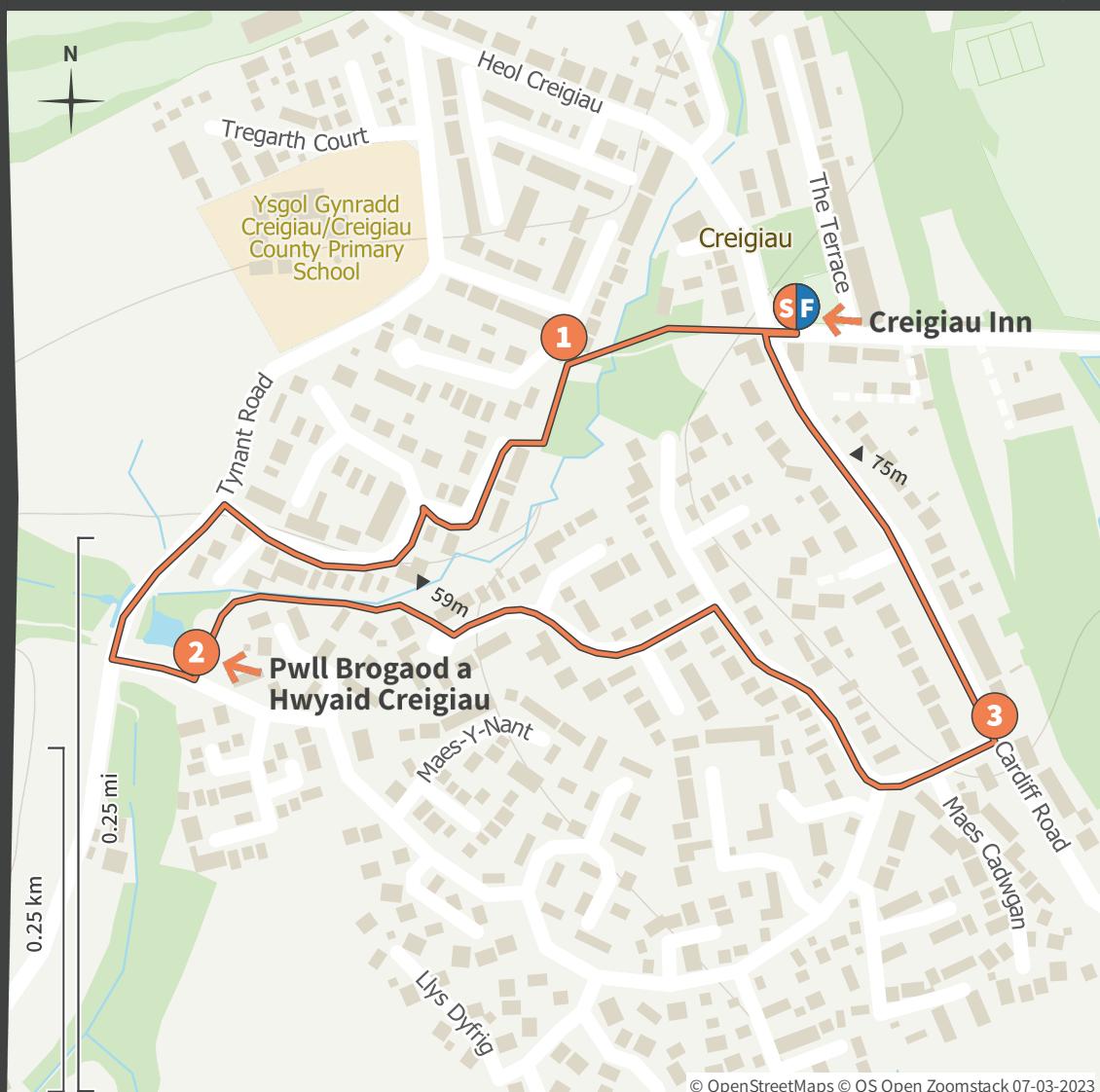




Pwll Hwyaid a Brogaod Creigiau

"Cwac" yma a "chrawc" fan draw!

Palmant neu darmac yn bennaf. Coetir/glaswellt am ran o'r daith.



Wedi mwynhau'r daith gerdded hon? Mae 145 o deithiau Lwybrau i Lesiant i'w harchwilio ledled Cymru!



Mynediad Hawdd



24m



Cylchol

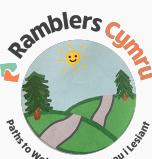


1.8km | 1.1m



00:45

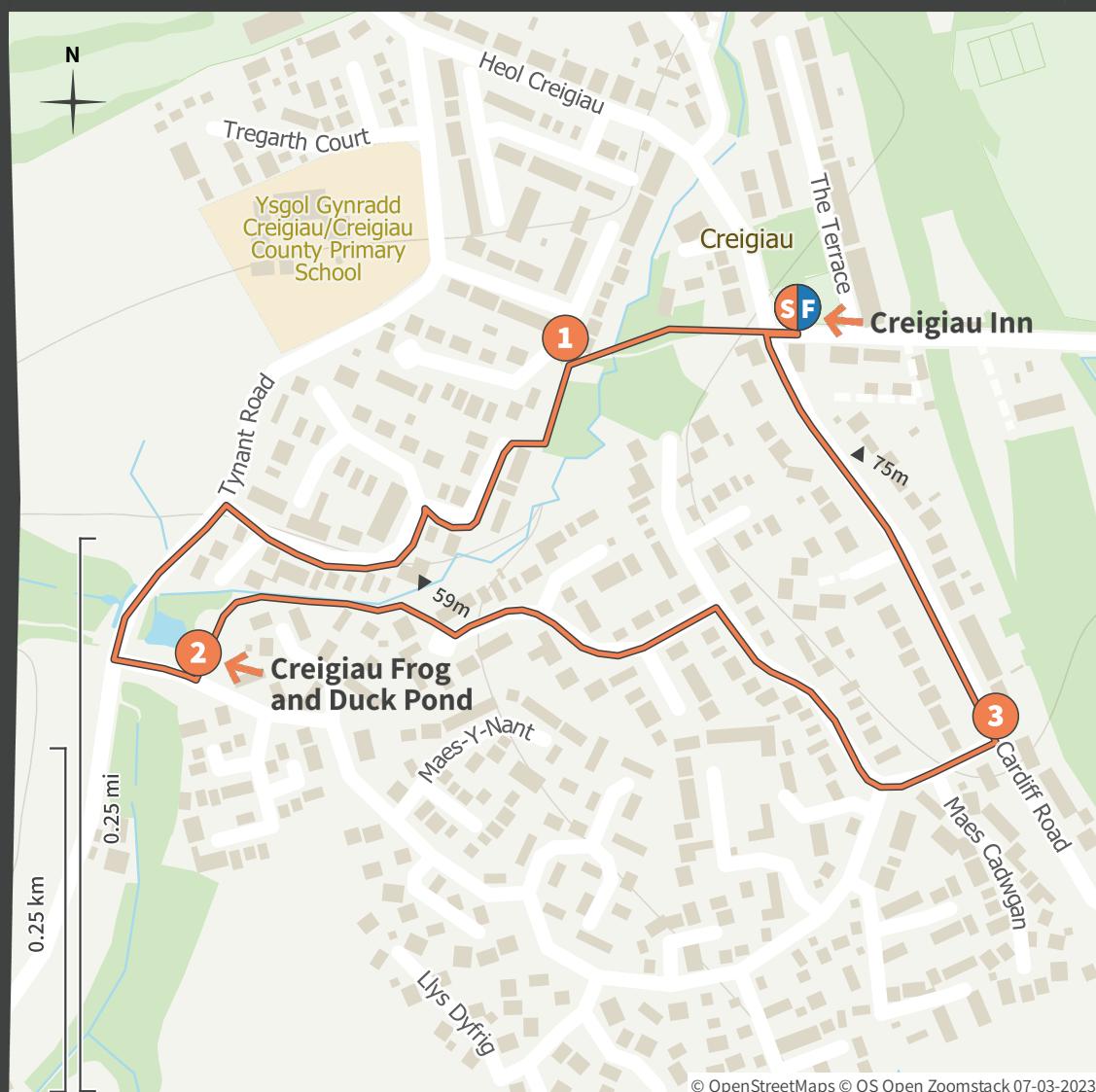
- S** Gan gychwyn o Creigiau Inn (gyda'r adeilad y tu ôl i chi), croeswch y ffordd (mae cwrw isel ar gael gyferbyn â'r maes chwarae). Ar ochr arall y ffordd, ewch i'r Ch tuag at y gyffordd a chroeswch y ffordd nesaf wrth y groesfan sebra. Ar yr ochr arall, trowch i'r Ch ac ewch yn syth i'r Dd i lawr llwybr heibio i feinciau ac i'r coetir. Arhoswch ar y llwybr hwn a chroeswch bont fechan, sy'n eich arwain yn y pen draw i Barc Castell-y-Mynach.
- 1** Gan wneud tro pedol bron i'r Ch, dilynwch y llwybr sy'n arwain y tu ôl i ychydig o dai (gyda ffensys gerddi ar y Dd). Ar ddiwedd y llwybr hwn, trowch i'r Dd a dilynwch hwn i Barc-y-Felin. Yma, dilynwch y ffordd, gan adael yr ystâd. Ger y gyffordd trowch i'r Ch, gan ddilyn y ffordd sy'n gwyro i'r Dd, gan adael yr ystâd. Ger y gyffordd nesaf (ar Ty Nant Road), trowch i'r Ch, gan gadw at y palmant. Cyn bo hir fe welwch Bwll Brogaod a Hwyaid Creigiau ar y Ch. Mae croeso i chi gymryd hoe fach yma i weld beth sydd yn y pwll.
- 2** Pan fyddwch yn barod, dilynwch yr arwydd llwybr ceffylau (ceffyl glas) ar hyd y glaswellt gyda thai ar y Dd i chi. Arhoswch ar y llwybr wrth iddo wyro i'r Dd y tu ôl i'r tai. Cyn hir byddwch yn dod i ddiwedd ystâd a chylchfan. Ewch i'r Ch yma a dilynwch y ffordd nes i chi gyrraedd cyffordd T. Trowch i'r Dd, gan ddilyn y ffordd wrth iddi wyro i'r Ch, gan ymuno â Cardiff Road.
- 3** Croeswch y ffordd pan fyddwch yn barod, gan ddefnyddio'r cwrw isel os yw'n well gennych, trowch i'r Ch a dilynwch y palmant nes i chi ddychwelyd i'r man cychwyn ger Creigiau Inn.



Frog and Duck Pond

A "quack" here and a "ribbit" there!

Mostly pavement or tarmac. Section of woodland/ grass walking.



Enjoy this ramble? There are 145 Paths to Wellbeing routes to explore across Wales!



Easy Access



24m



Circular



1.8km | 1.1m



00:45

S

Starting from the Creigiau Inn (with the building behind you), head straight over the road (drop kerb available opposite the playground). When on the other side of the road, head L towards the junction and cross the next road at the zebra crossing. On the other side, turn L and immediately R to go down a path past some benches and into the woodland. Continue along this path and over a small bridge, eventually leading you out onto Parc Castell-Y-Mynach.

1

Almost u-turning to your L, take the path that leads behind some properties (with garden fencing on your R). When at the end of this path, turn R and follow this onto Parc-y-Felin. Here, follow the road, exiting the estate. At the junction take a L, once again following the road that curves round to the R, exiting the estate. At the next junction (onto Tŷ Nant road), turn L, sticking to the pavement. You will soon spot Creigiau Frog and Duck Pond on your L. Feel free to take a rest here and see what can be spotted in the pond.

2

When ready, follow the bridleway sign (blue horse) along the grass with houses to your R. Continue to follow the path round to the R through a path that leads behind the houses. You will soon come to an end of an estate with a round about. Here go L and follow the road until you meet a T-junction. Turn R, following the curving road, eventually curving round to the L, taking you out onto Cardiff road.

3

Cross the road when ready, using the drop kerb if preferred, turn L and follow the pavement till you come back to the Creigiau Inn at the start point.