

# HealthAI Nexus - AI-Generated Prescription

**Date:** November 07, 2025

<b>Patient Name:</b>	asu21
<b>Age:</b>	30 years
<b>Weight:</b>	90.0 kg
<b>Height:</b>	170.0 cm

## Prescription:

**\*\*Prescription for asu21\*\*** **\*\*Patient Information:\*\*** - Name: asu21 - Age: 30 years - Weight: 90.0 kg - Height: 170.0 cm **\*\*Diagnosis:\*\*** Viral Upper Respiratory Tract Infection (URTI), possibly Influenza (Flu) or a severe cold. **\*\*Medications:\*\*** 1. **\*\*Acetaminophen (Tylenol)\*\*** - Dosage: 650-1000 mg - Frequency: Every 4-6 hours as needed - Duration: Until symptoms resolve, but do not exceed 4000 mg in 24 hours 2. **\*\*Ibuprofen (Advil, Motrin)\*\*** - Dosage: 200-400 mg - Frequency: Every 4-6 hours as needed - Duration: Until symptoms resolve, but do not exceed 1200 mg in 24 hours 3. **\*\*Dextromethorphan (Robitussin)\*\*** - Dosage: As directed on the label - Frequency: Every 4-6 hours as needed for cough suppression - Duration: Until cough symptoms resolve 4. **\*\*Saline Nasal Spray\*\*** - Dosage: As directed on the label - Frequency: Every 8-12 hours as needed for nasal decongestion - Duration: Until nasal congestion resolves **\*\*Instructions for Use:\*\*** - Take acetaminophen and ibuprofen with food to minimize stomach upset. - Use dextromethorphan only for cough suppression at night to avoid drowsiness during the day. - Apply saline nasal spray as directed to relieve nasal congestion. - Stay hydrated by drinking plenty of fluids, such as water, clear broths, or electrolyte-rich beverages. - Rest and avoid strenuous activities to help your body recover. - Use a humidifier to add moisture to the air, which can help relieve congestion and cough. **\*\*Precautions:\*\*** - Do not exceed the recommended dosages of acetaminophen and ibuprofen to avoid liver damage or stomach ulcers. - Be cautious when combining dextromethorphan with other medications, especially those that can cause drowsiness. - Monitor your body temperature and seek medical attention if your fever exceeds 103°F (39.4°C). - Watch for signs of dehydration (excessive thirst, dark urine, dizziness) and seek medical attention if they occur. - If you experience difficulty breathing, chest pain, severe headache, or confusion, seek immediate medical attention. **\*\*Follow-up Recommendations:\*\*** - Monitor your symptoms closely and adjust your medication use as needed. - If your symptoms worsen, last longer than expected, or you experience any severe side effects, consult with your healthcare provider. - Schedule a follow-up appointment with your healthcare provider if your symptoms do not improve with treatment or if you have concerns about your condition. - Consider consulting with a healthcare professional for personalized guidance on managing your symptoms and preventing future infections. **\*\*Disclaimer:\*\*** This prescription is based on the information provided and is intended for the patient's specific condition. It is essential to follow the instructions carefully and seek medical attention if symptoms worsen or if there are concerns about the treatment plan. **\*\*Healthcare Provider Information:\*\*** [Insert Healthcare Provider's Name] [Insert Healthcare Provider's Contact Information] **\*\*Date:\*\*** [Insert Date] Please consult with your healthcare provider before starting any new medications or if you have any questions or concerns about your treatment plan.

**IMPORTANT DISCLAIMER:**

This prescription is AI-generated for informational purposes only. It does NOT constitute professional medical advice, diagnosis, or treatment. This is NOT a valid legal prescription. Always consult with a qualified, licensed healthcare provider before taking any medications or following any treatment recommendations. Do not use this for self-medication.