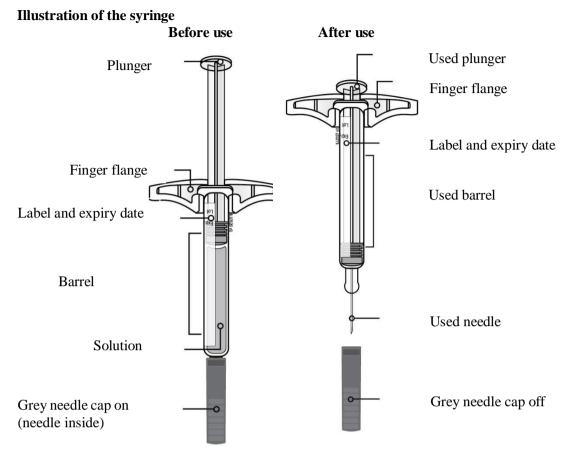
# Instructions for use of Aimovig pre-filled syringe



Note: Needle is inside the grey needle cap.

### General

Before you use the Aimovig pre-filled syringe, read this important information:



### **Step 1: Prepare**

Note: The prescribed dose of Aimovig is either 70 mg or 140 mg. This means that for the 70 mg dose you must inject the contents of one 70 mg single-use syringe. For the 140 mg dose you must inject the contents of either one 140 mg single-use syringe or two 70 mg single-use syringes, one after the other.

(**A**)

Remove Aimovig pre-filled syringe(s) from the carton by holding it/them at the barrel. You may need to use either one or two syringes based on your prescribed dose. Do not shake.

To avoid discomfort at the site of injection, leave the syringe(s) at room temperature for at least 30 minutes before injecting.

Note: Do not try to warm the syringe(s) by using a heat source such as hot water or microwave.

**(B)** 

Inspect the syringe(s). Make sure the solution you see in the syringe is clear and colourless to light yellow.

### Note:

- Do not use the syringe if any part of it appears cracked or broken.
- Do not use the syringe if it has been dropped.
- Do not use the syringe if the needle cap is missing or is not securely attached.

In all cases described above, use a new syringe, and if you are unsure contact your doctor or pharmacist.

# **(C)**

Gather all materials needed for the injections:

Wash your hands thoroughly with soap and water.

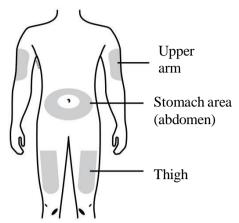
On a clean, well-lit work surface, place the:

- New syringe(s)
- Alcohol wipes
- Cotton balls or gauze pads
- Adhesive plasters
- Sharps disposal container



**(D)** 

Prepare and clean the injection site(s).



# Only use the following injection sites:

- Thigh
- Stomach area (abdomen) (except for a 5 cm area around the navel)
- Outer area of upper arm (only if someone else is giving you the injection)

Clean the injection site with an alcohol wipe and let the skin dry.

Choose a different site each time you give yourself an injection. If you need to use the same injection site, just make sure it is not the same spot on that site you used last time.

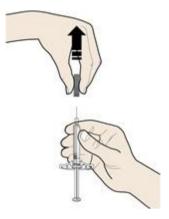
#### Note:

- After you have cleaned the area, do not touch it again before injecting.
- Do not choose an area where the skin is tender, bruised, red, or hard. Avoid injecting into areas with scars or stretch marks.

### Step 2: Get ready

**(E)** 

Pull the grey needle cap straight off and away from your body, only when you are ready to inject. The injection must be administered within 5 minutes. It is normal to see a drop of liquid at the end of the needle.

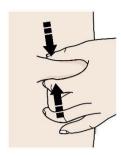


### Note:

- Do not leave the grey needle cap off for more than 5 minutes. This can dry out the medicine.
- Do not twist or bend the grey needle cap.
- Do not put the grey needle cap back onto the syringe once it has been removed.

**(F)** 

Firmly pinch the skin at the injection site.



Note: Keep skin pinched while injecting.

# Step 3: Inject

**(G)** 

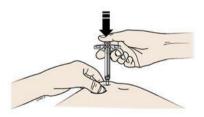
While pinching, insert the syringe needle into the skin at an angle of 45 to 90 degrees.



Do not place your finger on the plunger while inserting the needle.

**(H)** 

Using slow and constant pressure, push the plunger rod all the way down until it stops moving.



**(I)** 

When done, release your thumb, and gently lift the syringe off of the skin and then release the pinched skin.



Note: When you remove the syringe, if it looks like there is still medicine in the syringe barrel this means you have not received a full dose. Contact your doctor.

# Step 4: Finish

# **(J)**

Discard the used syringe and the grey needle cap. Put the used syringe in a sharps disposal container immediately after use. Talk to your doctor or pharmacist about proper disposal. There may be local regulations for disposal.

### Note:

- Do not reuse the syringe.
- Do not recycle the syringe or sharps disposal container. Always keep the sharps disposal container out of the reach of children.



# **(K)**

Examine the injection site.

If there is any blood on the skin, press a cotton ball or gauze pad onto the injection site. Do not rub the injection site. Apply an adhesive plaster if needed.

If your dose is 140 mg and you are using two Aimovig 70 mg syringes, repeat steps 1(D) to 4 with the second syringe to inject the full dose.

