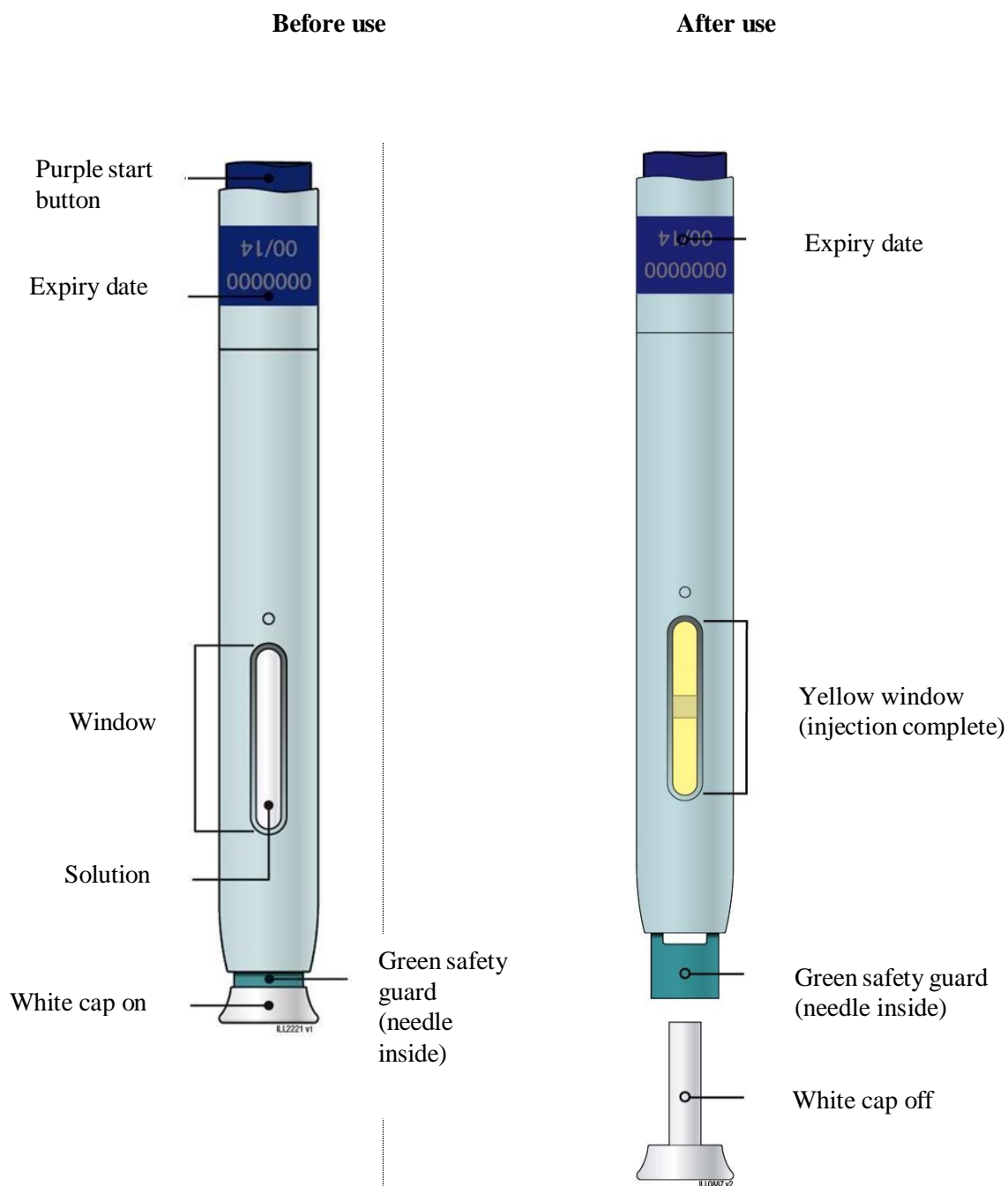


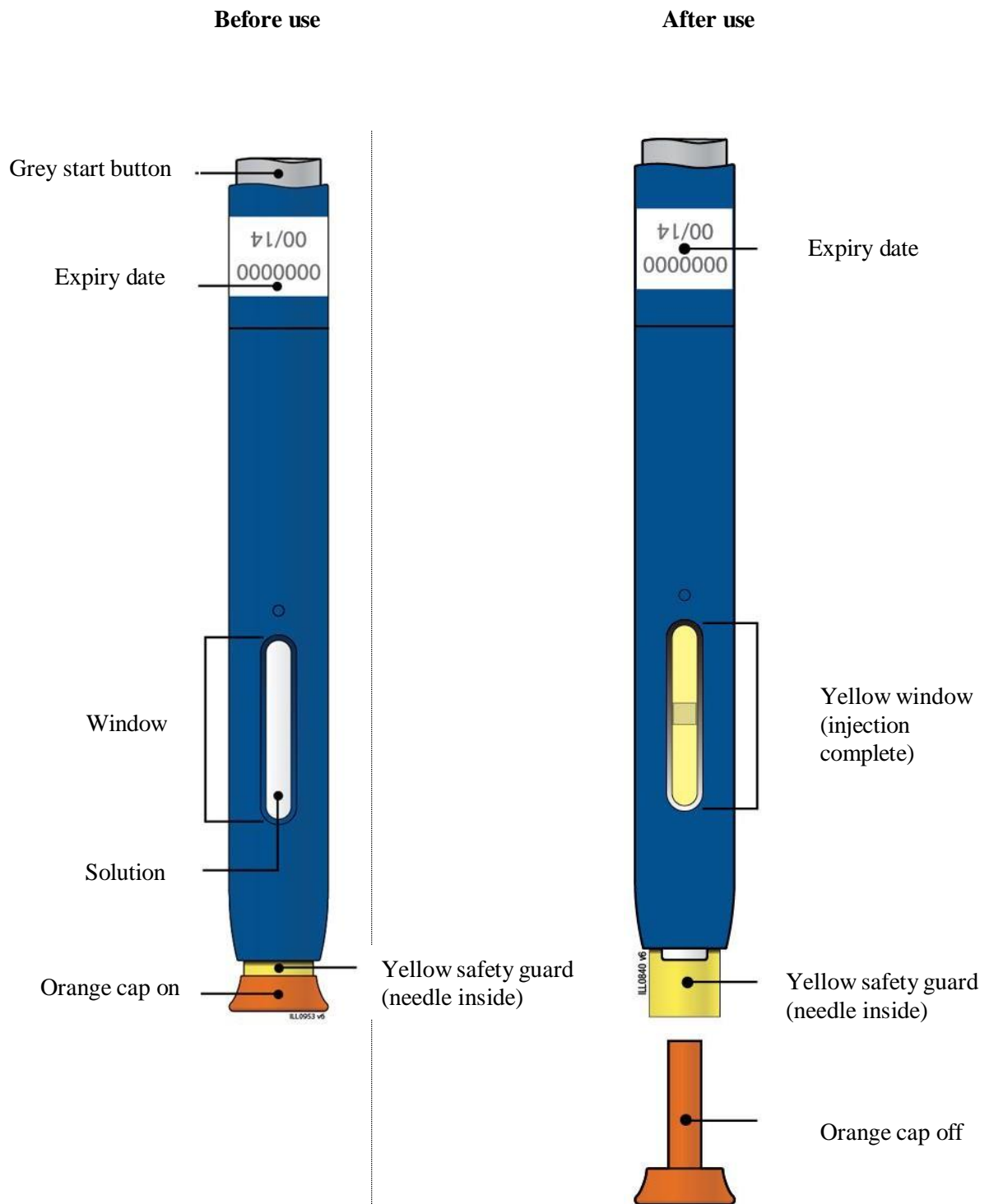
Instructions for use of Aimovig pre-filled pens

**Illustration of the Aimovig 70 mg pen** (with light blue body, purple start button, white cap and green safety guard)



Note: Needle is inside the green safety guard.

**Illustration of the Aimovig 140 mg pen (with dark blue body, grey start button, orange cap and yellow safety guard)**



Note: Needle is inside the yellow safety guard.

## General

**Before you use the Aimovig pre-filled pen, read this information.**



### Step 1: Prepare

Note: The prescribed dose of Aimovig is either 70 mg or 140 mg. This means that for the 70 mg dose you must inject the contents of one 70 mg single-use pen. For the 140 mg dose you must inject the contents of either one 140 mg single-use pen or two 70 mg single-use pens, one after the other.

#### (A)

Carefully lift Aimovig pre-filled pen(s) out of the carton. You may need to use either one or two pens based on your prescribed dose. Do not shake.

To avoid discomfort at the site of injection, leave the pen(s) at room temperature for at least 30 minutes before injecting.

Note: Do not try to warm the pen(s) by using a heat source such as hot water or microwave.

#### (B)

Inspect the pen(s). Make sure the solution you see in the window is clear and colourless to light yellow.

Note:

- Do not use the pen(s) if any part appears cracked or broken.
- Do not use any pen that has been dropped.
- Do not use the pen if the cap is missing or is not securely attached.

In all cases described above, use a new pen, and if you are unsure contact your doctor or pharmacist.

#### (C)

Gather all materials needed for the injection(s).

Wash your hands thoroughly with soap and water.

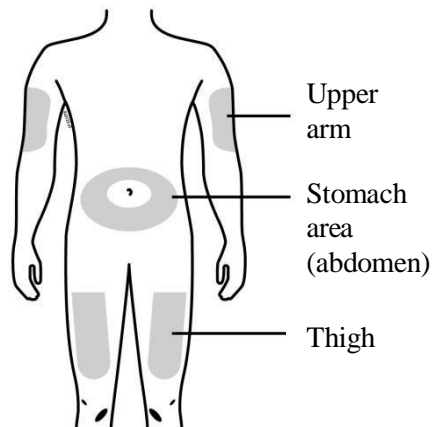
On a clean, well-lit work surface, place the:

- New pen(s)
- Alcohol wipe(s)
- Cotton ball(s) or gauze pad(s)
- Adhesive plaster(s)
- Sharps disposal container



**(D)**

Prepare and clean the injection site(s).



**Only use the following injection sites:**

- Thigh
- Stomach area (abdomen) (except for a 5 cm area around the navel)
- Outer area of upper arm (only if someone else is giving you the injection)

Clean the injection site with an alcohol wipe and let the skin dry.

Choose a different site each time you give yourself an injection. If you need to use the same injection site, just make sure it is not the same spot on that site you used last time.

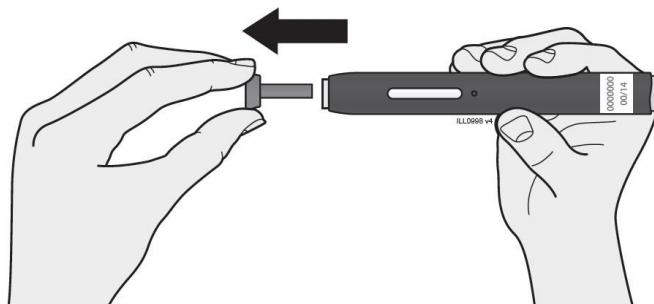
Note:

- After you have cleaned the area, do not touch it again before injecting.
- Do not choose an area where the skin is tender, bruised, red, or hard. Avoid injecting into areas with scars or stretch marks.

**Step 2: Get ready**

**(E)**

Pull the cap straight off, only when you are ready to inject. The injection must be administered **within 5 minutes**. It is normal to see a drop of liquid at the end of the needle or safety guard.



Note:

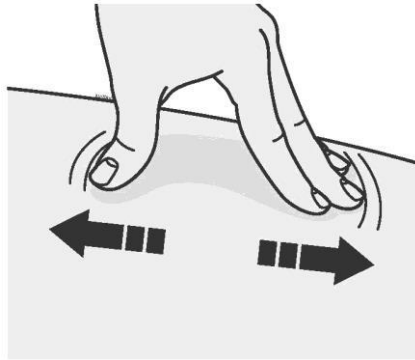
- Do not leave the cap off for more than 5 minutes. This can dry out the medicine.
- Do not twist or bend the cap.
- Do not put the cap back onto the pen once it has been removed.
- Do not put your fingers into the safety guard.

(F)

Create a firm surface at the selected injection site (thigh, stomach, or outer areas of the upper arm), by using **either** the Stretch method **or** the Pinch method.

**Stretch method**

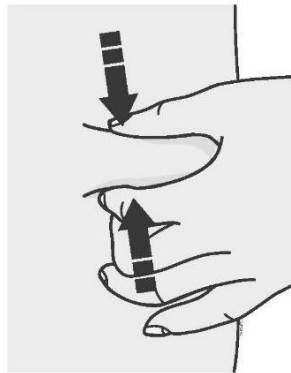
Stretch skin firmly by moving your thumb and fingers in opposite directions, creating an area about **five** cm wide.



or

**Pinch method**

Pinch skin firmly between your thumb and fingers, creating an area about **five** cm wide.

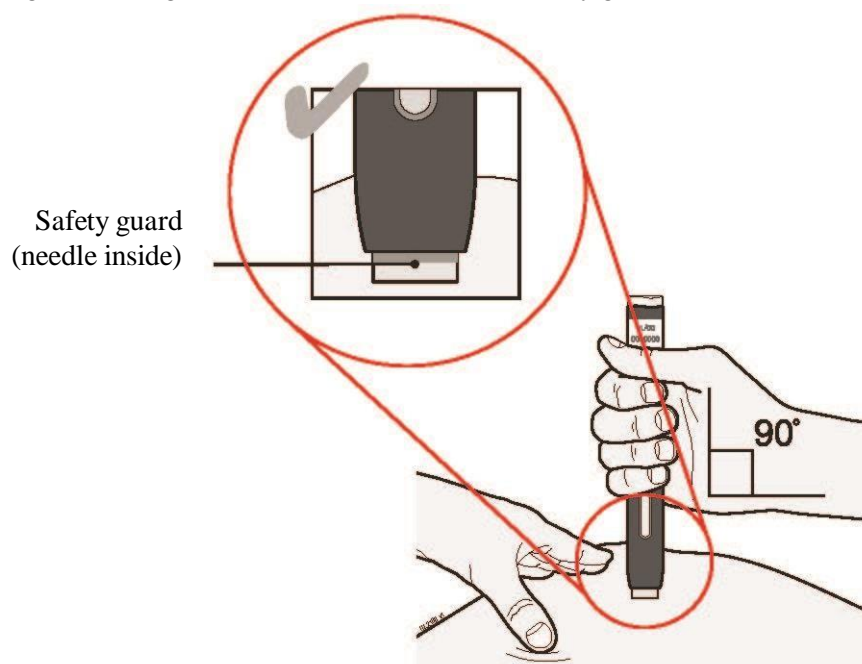


Note: It is important to keep skin stretched or pinched while injecting.

### Step 3: Inject

(G)

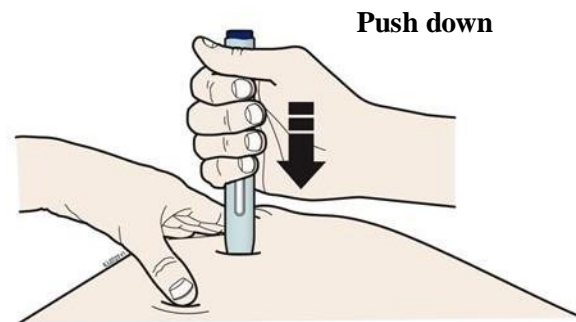
Keep holding the stretched/pinched skin. With the cap off, put the safety guard of the pen on the skin at an angle of 90 degrees. The needle is inside the safety guard.



Note: Do not touch the start button yet.

**(H)**

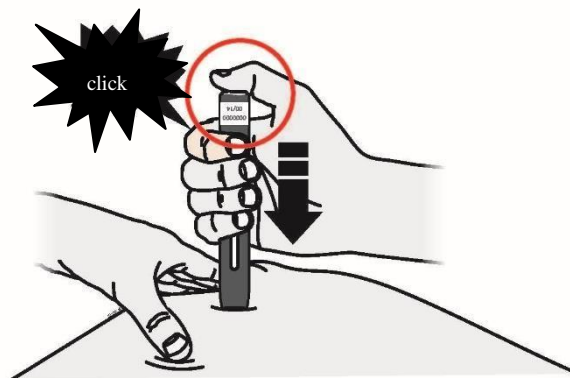
Firmly push the pen down onto the skin until it stops moving.



Note: You must push all the way down but do not touch the start button until you are ready to inject.

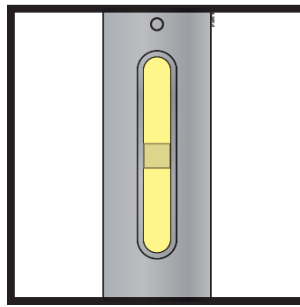
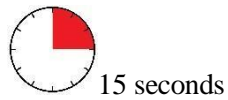
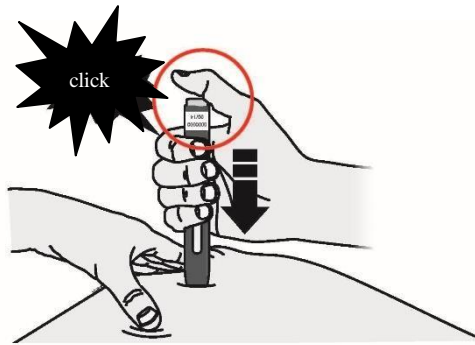
**(I)**

**Press** the start button. You will hear a click.

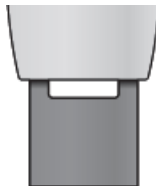


**(J)**

Remove your thumb from the button, but keep pushing down on the skin. The injection could take about 15 seconds.



Note: When the injection is completed, the window will turn from clear to yellow and you may hear a second click.



Note:

- After you remove the pen from the skin, the needle will automatically be covered by the safety guard.
- When you remove the pen, if the window has not turned yellow, or if it looks like the medicine is still injecting, this means you have not received a full dose. Contact your doctor immediately.



#### Step 4: Finish

##### (K)

Discard the used pen and the cap.

Put the used pen in a sharps disposal container immediately after use. Talk to your doctor or pharmacist about proper disposal. There may be local regulations for disposal.

Note:

- Do not reuse the pen.
- Do not recycle the pen or sharps disposal container.
- Always keep the sharps disposal container out of the reach of children.



##### (L)

Examine the injection site.

If there is any blood on the skin, press a cotton ball or gauze pad onto the injection site. Do not rub the injection site. Apply an adhesive plaster if needed.

**If your dose is 140 mg and you are using two Aimovig 70 mg pens, repeat steps 1(D) to 4 with the second pen to inject the full dose.**

