

## **DIET PLAN MANAGEMENT SYSTEM:**

## **Abstract**

Aspiring to bring about a healthy change in this modern world of cyber technology and people glued in front of their gadgets, the proposed system brings about a diet plan for a healthy body and a fit mind.

The proposed system asks for the customer to fill up a questionnaire enquiring what they actually want.

The system includes anything from Weight loss to weight gain to diabetics to even measures and tips to PCOD.

The system first enquires to so as to what the user's food consummation patterns is and only to the user's satisfaction and comfort is the plan offered.

Advantage of this proposed system is that the system puts in priority the user's comfort and satisfaction is the plan actually offered. The plan can always be altered to the customer's liking a comfort as and when needed.