

TRIP TO INDIA

DELHI • AGRA • JAIPUR • RISHIKESH

holi

1 - 12 OF MARCH

mother india travels

HOLI

A CELEBRATION OF **NEW BEGINNINGS**, OF LOVE, OF THE VICTORY OF GOOD OVER ALL EVIL. ON THIS DAY, ALL ANIMOSITY IS SET ASIDE; DISTINCTIONS OF SOCIAL CLASS, RELIGION, AND RACE DISAPPEAR. ALL INEQUALITY VANISHES AMONG THE COLORS OF THE FESTIVAL, WHERE EVERYONE BECOMES PART OF THE GREAT **RAINBOW**.

IT IS NICKNAMED THE “**FESTIVAL OF COLORS**” BECAUSE IT IS TYPICALLY CELEBRATED BY THROWING COLORED POWDERS, WHICH WERE TRADITIONALLY PREPARED FROM MEDICINAL HERBS AND GROUND FLOWERS MIXED WITH WATER UNTIL THEY FORMED A POWDER.



ON THE FIRST DAY OF THE FESTIVAL, **HOLIKA DAHAN** TAKES PLACE. ENORMOUS **SACRED BONFIRES** ARE LIT, SYMBOLIZING THE PURIFICATION OF EVIL. IT IS ALSO COMMON TO RUB THE ASHES ON THE BODY AS A FORM OF **PURIFICATION**.

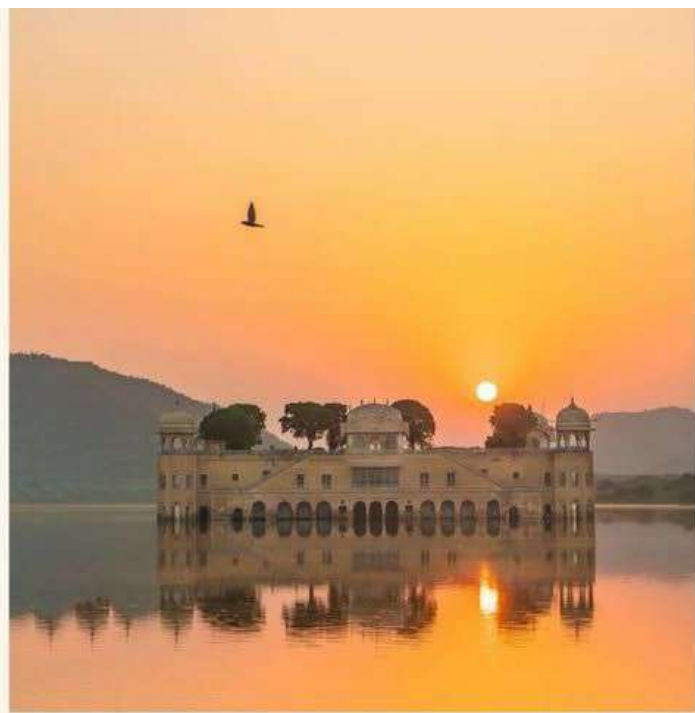
IN THE MORNING, WHEN THE BONFIRES DIE DOWN, THE TRUE CELEBRATION, CALLED **RANGWALI HOLI**, BEGINS, WITH PEOPLE COVERING THEMSELVES IN GULAL, THE FINE COLORED POWDER, AND DRENCHING ONE ANOTHER WITH WATER. THE **COLORS** USED CARRY IMPORTANT MEANINGS, BRINGING THEIR ENERGY AND **INTENTIONS** INTO OUR LIVES AS WELL.

WE WILL EXPERIENCE AN INDIA EVEN MORE **COLORFUL**, ALONG WITH ALL THE **ENERGY, RITUALS, AND TEACHINGS** OF THIS VERY SPECIAL FESTIVAL.



OUR TRIP WILL INCLUDE

- ✦ **ACCOMMODATION** : SHARED OR PRIVATE OPTIONS IN TRADITIONAL AND COMFORTABLE SETTINGS.
- ✦ **MEALS**: NOURISHING AND AUTHENTIC CUISINE.
- ✦ **AUTHENTIC EXPERIENCES**: PROFOUND EXPERIENCES, BEYOND TOURISM, INTO THE SOUL OF THE CULTURE
- ✦ **SACRED PILGRIMAGES**: VISIT TO POWERFUL TEMPLES AND SACRED SITES
- ✦ **PERSONALIZED GUIDANCE** : FULL SUPPORT THROUGHOUT THE JOURNEY.
- ✦ **ALL INTERNAL TRAVEL** INCLUDED; FLIGHTS, TRANSFERS, AND LOCAL TRANSPORT.
- ✦ **ALL ACTIVITIES** COVERED: NO HIDDEN COSTS
- ✦ **TRAVEL ASSISTANCE**: HELP WITH PREPARATIONS, VISAS, AND ORIENTATION.
- ✦ **COMMUNITY & REFLECTION** : A SANGHA (COMMUNITY) OF LIKE-HEARTED TRAVELERS WITH TIME FOR INTEGRATION.
- ✦ **DAILY YOGA PRACTICES** : TRADICIONAL HATHA YOGA, TAILORED TO EACH PARTICIPANT'S NEEDS, CONNECTING YOGA TEACHINGS WITH THE ESSENCE OF THE JOURNEY.



INDIA IS NOT JUST A PLACE YOU VISIT. IT IS A PLACE YOU **FEEL** AND
EXPERIENCE.

ITS **MAGIC** LIES IN THE GRAND TEMPLES AND MAJESTIC LANDSCAPES, YES, BUT
ABOVE ALL, IN THE SIMPLEST MOMENTS:
IN THE VIBRATION OF A PRAYER AT SUNRISE, IN THE SHARING OF A CHAI, IN
THE **SILENT WISDOM** OF A SMILE OR A GAZE, IN THE LIFE THAT DANCES IN
HARMONY WITHIN ITS **CHAOTIC RHYTHM**.

THIS WILL BE A JOURNEY THAT CULTIVATES THAT **PRESENCE** AND **BELONGING**.



WE WILL LIVE A **DEEP IMMERSION** IN THIS LAND THAT WELCOMES
AND TRANSFORMS US.

OBSERVING, UNDERSTANDING, AND EXPERIENCING IN DEPTH ITS
RITUALS, TRADITIONS, AND CULTURE.

WE WILL WALK BAREFOOT ACROSS THIS LAND. NOT ONLY THROUGH
ITS MOST **BEAUTIFUL** AND **PEACEFUL** LANDSCAPES, BUT ALSO
THROUGH **INTENSE** AND **CHALLENGING** STREETS AND TRAILS;
EXTERNAL AND INTERNAL PATHS THAT LEAD US TO FLOW AND
SURRENDER, TO SEE OUR REFLECTION IN THE OTHER, TO ACCEPT,
EMBRACE, AND HEAL. PATHS THAT GUIDE US TOWARD THE
DISCOVERY OF OUR **TRUE ESSENCE.**

