

Assignment - 1

* Define a Problem statement and give a brief executive summary snapshot

A) Executive Summary Snapshot

B) Project Description

C) Project Scope.



Problem Statement.

Many Individuals struggle with managing their mental well-being due to lack of resources.

Executive Summary Snapshot.

This project aims to develop a mobile application designed to help users monitor & improve their mental well-being. This app will offer various features like mood tracking, mental health resources & progress report, etc.

The goal is to create user-friendly tool that supports mental health maintenance, which provides insights for (student) users.

Project Description.

The project involves the design, development and deployment of a mobile application focused on mental well-being. Many features will be provided such as daily mood logs, recommendations, educational resources on mental health, & a progress tracking system. The application will integrate user-friendly interfaces, secure data storage & personalized feedback to enhance user management.

Project Scope.

Features Development: Mood tracking, mental health resources, progress reports.

Design: User interface design to ensure ease of use.

Technology: App development for Android & IOS platforms.

Integration: Secure data management.

Testing: Beta testing with a select user group to refine features

Deployment: Launch on app stores & ongoing support for updates & bug fixes.

The project will focus on self-management & educational support