



# Seminar Report

On

EEG based automatic depression assessment using deep learning techniques

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# **CERTIFICATE**

This is to certify that Mr. Raghav Gaggar of B.Tech., School of Computer Engineering & Technology, Trimester – IX, PRN. No. S1032171346, has successfully completed seminar on

EEG based automatic depression assessment using deep learning techniques

To my satisfaction and submitted the same during the academic year 2019 - 2020 towards the partial fulfillment of degree of Bachelor of Technology in School of Computer Engineering & Technology under Dr. Vishwanath Karad MIT- World Peace University, Pune.

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# **ABBREVIATION**

• WHO: World Health Organization

• EEG: Electroencephalogram

• ECG: Electrocardiogram

• MDD: Major Depressive Disorder

• MRI: Magnetic Resonance Imaging

• AI : Artificial Intelligence

• ML : Machine Learning

• DL : Deep Learning

• RNN: Recurrent Neural Network

• CNN: Convolutional Neural Network

• DCNN: Deep Convolutional Neural Network

• LSTM : Long Short-Term Memory Networks

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#### **ABSTRACT**

EEG based depression assessment using deep learning is a niche research domain. EEG is specifically used since it has shown to have the most prominent changes when a person becomes depressed. Depression is at an all-time high and according to WHO, it is going to become the second largest disability, or the cause of malady worldwide by 2020. Using the brain signals of the concerned person as the dataset, deep learning techniques can be applied to check whether the person is having depression and its severity, if tested positive after the diagnosis. Deep learning is gaining grounds in this research topic since it has the ability to automatically and adaptively do the feature extraction, which used to be hand thus making the whole process fully automated. The research will also open future avenues for suggesting possible behavioral interventions for a depressed person.

#### **KEYWORDS**

Electroencephalography, deep learning, depression, emotion recognition.

#### **TECHNICAL CONTENT**

#### 1. Introduction

Depression is a common mood disorder characterized by persistent feeling of loss, anger, sadness. It is a serious disorder that can occur in people of all age groups. Depression has affected a big part of the population, and nowadays observed to affect people of all age groups, including young kids also. Hence, depression assessment has become a rapidly growing research domain. Depression can be manifested in many forms. EEG, ECG signals, visual, vocal cues and some others are popularly used to detect depression and its severity, in a person. But little progress has been made in neuroscience and biomedical fields due to lack of sufficient data. But noteworthy progress has been made wherever the necessary data is available in this field. Earlier, we observed that machine learning algorithms were used for biomedical signals processing, but now deep learning has been recently gaining grounds. The earlier papers used to code the feature extraction part and the classification part separately to achieve the required goal. But with deep learning, this whole process can be automated and made into a single structure which takes raw EEG signals and gives the desired output. In fact, the newest deep learning systems built to solve this problem can also learn both local features and long-term dependencies for input signals.

## 1.1 Clinical background of depression

Depression is a mental illness often correlated with loss of interest, guilt feeling, low self-esteem, poor concentration, and in the worst case, having suicidal thoughts [1]. It is graded as mild, moderate, or severe depending on the severity of the symptoms. It is estimated that roughly more than 300 million people of all ages suffer from depression worldwide [2]. Depression can be treated with psychotherapy or medical prescription if diagnosed properly but remains a persisting health issue in the society as it often goes undiagnosed [2]. According to the Diagnostic and Statistical Manual of Mental Disorders of the American Psychiatric Association (APA), now in its fifth edition (DSM-5), subtypes of depressive disorders include: Major Depressive Disorder (MDD), Persistent Depressive Disorder (Dysthymia), Disruptive Mood Dysregulation Disorder (DMDD), Premenstrual Dysphoric Disorder (PDD), Substance/Medication-Induced Depressive Disorder (S/M-IDD), Depressive Disorder

Due to Another Medical Condition (DDDAMC), and Other Specified Depressive Disorder (OSDD) or Unspecified Depressive Disorder (UDD) [1].

At present, the doctors use the Diagnostic and Statistical Manual of Mental Disorders (DSM), for diagnosing of depression. But different doctors may prefer different standards, and this could lead to different diagnostic results. Hence, we need to come up with an automated diagnostic service.

#### 1.2 EEG signals

Studies have shown that electroencephalogram (EEG) signals are a major indication of a person's emotional state. EEG signals are spontaneous biopotential signals which are recorded from the scalp. These signals are recorded through electrodes and represent the rhythmic electrical activities of the brain cells. The characteristics of EEG signals are usually described using waveforms, amplitudes, frequencies, and cycles. Hence, these can be used as a differentiating factor for the signals. The processing of EEG data generally includes preprocessing, feature extraction, feature selection and classification. In the preprocessing stage, the work basically includes electrooculogram removal, event extraction, EEG subsection, pseudotrace removal and so on [3].

#### 1.3 Structure of the report

The structure of the remaining report is as follows: Section 2 will cover the literature survey done with respect to the concerned topic. Section 3 will focus on the details of design/technology. Discussion on the report's findings and future scope in this area is discussed in the conclusion section.

#### 2. Literature Survey

#### 2.1 Methodology followed in previous studies

Few remarkable studies have been done related to the topic in hand. People have used EEG, ECG and magnetic resonance imaging (MRI) for the diagnosis of various diseases. EEG is frequently used to detect seizure. Petrosian et al. had applied recurrent neural network (RNN) and extracted features from EEG time series data for seizure prediction [4]. Mirowski addressed this issue by using convolutional neural network (CNN) to extract features from EEG data [5]. Acharya et al. developed CNN model can detect the seizure EEG signals with accuracy of 88.7% [6].

Wulsin used deep belief net (DBN) for anomaly detection using EEG [7]. Yildirim et al. proposed a CNN for 1D data, giving the solution to detect the abnormal EEG signals with detection error rate of 20.66% [8]. A paper also explored the effectiveness of deep extreme machine learning (DEML) on two brain-computer interface (BCI) data sets [9]. They have highlighted the advantages of using DEML in classification of BCI data sets. Another paper proposed a deep learning network with 100 hidden nodes in each layer to detect emotions from EEG signals [10]. They achieved a low classification performance having an accuracy of 53.42%. Supratak et al. used DeepSleepNet comprising of CNN and bidirectional-LSTM model which learnt single-channel EEG data for automated sleep stage classification [11].

Oh et al. made an automated classification of arrhythmia into 5 types using unprocessed ECG signals using a combination of CNN and LSTM [12]. In another study bidirectional LSTM network was used for the same purpose [13]. In a paper, deep 1D-CNN detected 17 classes of cardiac arrhythmia and attained an overall accuracy of 91.33% for the same [14].

Acharya et al. developed a 13-layer CNN model to detect depression accurately by using EEG signals, having able to get an accuracy of 93.54% (left hemisphere of the brain) and 95.96% (right hemisphere) [15]. In a previous paper, some of the authors of this paper presented a 13-layer CNN for the automated identification of seizure using EEG signals [6]. High sensitivity and specificity of 95% and 90% were

reported, respectively, based on 300 EEG signals, a large data set. Moreover, some of the authors have employed CNN in previous studies using Electrocardiogram (ECG) signals to diagnose various cardiac disorders [16-19]. In these studies, authors have obtained high diagnostic performances (more than 90%) even with noisy ECG signals. Based on prior experience with other biological signals, the same 13-layer CNN model is employed in this research. My base paper developed an even more accurate automated depression detection system with EEG signals as dataset, with accuracy of 97.66% (left hemisphere) and 99.125% (right hemisphere) [20]. It used a CNN-LSTM based hybrid deep learning algorithm to solve the purpose. CNN model is good in extracting temporal features and poor in learning sequential information. To overcome this problem, my base paper used the hybrid algorithm.

The overall procedure in my base paper to automatically detect depression is illustrated in Figure 1 below.

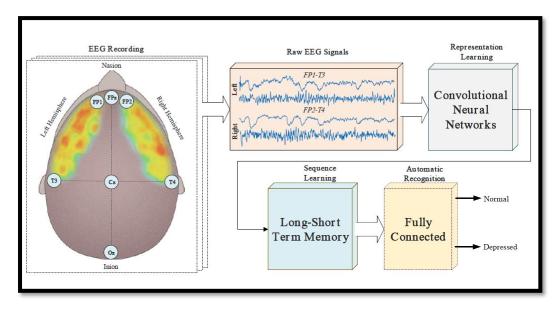


Figure 1. Procedure followed for EEG based automatic depression detection [20].

Table 1 below gives an overview of the studies done on automated depression detection using EEG signals.

Table 1. Overview of past studies on EEG based automatic depression assessment

Name of paper   Year		Model used	Accuracy	Advantages of the	Disadvantages
of			(In %)	method	of the method
	study				
Fractality	2012	Evolutionary	91.30	Discovered	Hand – crafted
analysis of		Pruning		Higuchi Fractal	feature
frontal brain in		Neural		Dimensions	extraction had
major		Network		showing	to be done.
depressive		(EPNN)		meaningful	
disorder[21]				differences	
				between MDD	
				and healthy	
				groups.	
Classification	2012	Artificial	98.11	This paper	The deep
of EEG		Neural		attempts to	learning
signals in		Network		classify EEG	model used
normal and		(ANN)		signals of normal	was not
depression				and depressed	capable of
conditions by				patients based on	learning short
ANN using				well established	or long term
RWE and				signal processing	dependencies.
signal entropy				techniques	
[22]				involving Relative	
				Wavelet Energy	
				(RWE).	

Depression	2014	Probabilistic	98.20	The feature	Hand – crafted
diagnosis		Neural	(Left)	extraction method	feature
support		Network		revolves around a	extraction had
system based		(PNN)	99.50	novel processing	to be done.
on EEG signal			(Right)	structure that	
entropies [23]				combines wavelet	
				packet	
				decomposition	
				(WPD) and non-	
				linear algorithms.	
A novel	2015	Support	98.00	A novel	The deep
depression		Vector		Depression	learning
diagnosis		Machine		Diagnosis Index	model used
index using		(SVM)		(DDI) is presented	was not
nonlinear				through judicious	capable of
features in				combination of	learning short
EEG signals				the nonlinear	or long term
[24]				features.	dependencies
EEG-based	2017	Support	98.40	Dataset used was	Hand – crafted
computer-		Vector		relatively bigger	feature
aided		Machine			extraction had
technique to		(SVM)			to be done.
diagnose					
major					
depressive					
disorder					
(MDD) [25]					

Automated diagnosis of depression EEG signals using linear prediction coding and higher order	2017	Bagged Tree	94.30	Seven different feature ranking are used to test and rank the extracted features.	There is loss of interpretability of the model.
spectra features [26]					
Major depression detection from EEG signals using kernel eigen-filter- bank common spatial patterns [27]	2017	Support Vector Machine (SVM)	81.23	Robust spectral- spatial EEG feature extractor called kernel eigen-filter-bank common spatial pattern (KEFB- CSP)	Accuracy is relatively less
Automated EEG-based screening of depression using deep convolutional neural network [15]	2018	Convolutional Neural Network (CNN)	93.54 (Left) 95.96 (Right)	Fully automated design	CNN is poor in learning sequential information.

Automated	2019	CNN-LSTM	97.66	The deep learning	The dataset
Depression			(Left)	model used was	used was still
Detection				capable of	not robust
Using Deep			99.12	learning both	enough,
Representation			(Right)	local	despite many
and Sequence				characteristics and	previous
Learning with				also short and	studies on this
EEG Signals				long term	topic. Also,
(My base				dependencies.	the method
paper) [20]					used is
					complex and
					intensive in
					terms of
					computation.

In order to detect single channel depression EEG signals, Bachmann at al. used combination of linear and nonlinear methods [28]. Puthankattil and Joseph used relative wavelet energy and entropy features extracted from the EEG signals to detect the depression [22]. Ahmadlou et al. used combination of wavelet filter bank and fractal dimension features to detect the depression automatically [29]. Faust et al. used nonlinear features extracted from the wavelet packet decomposition sub-bands of the EEG signals [23]. Acharya et al, have developed an index to detect the normal and depression subjects using a single integer developed using nonlinear features [24]. Bairy et al. [26] used features extracted from the linear predictive coding (LPC) residuals to discriminate depression signals from normal EEG signals.

#### 2.2 Dataset used in previous studies

The dataset used by most of the studies listed in the Table 1 comprises of 15 normal and 15 depressed patients. The EEG signals used by Acharya et al. [15] and in my base paper [20] were obtained from the Psychiatry Department, Medical College, Calicut, Kerala, India. It had EEG signals of 15 normal and 15 depressed subjects obtained from left half

(FP1-T3 channel) and right half (FP2-T4 channel) of the brain. The EEG signals were sampled at a sampling rate of 256 Hz and the power line was eliminated with a 50 Hz notch filter. Artifacts resulting from muscles and eye movements within the EEG signals were manually removed by experts. The EEG data of 30 subjects were evaluated in two separate categories as left and right hemisphere EEG data belonging to normal and depressed classes. It consists of 4798 depression and 4318 normal EEG records (files) with each file having 2000 samples. Figure 2 below illustrates the difference in the EEG signals of a healthy and depressed person.

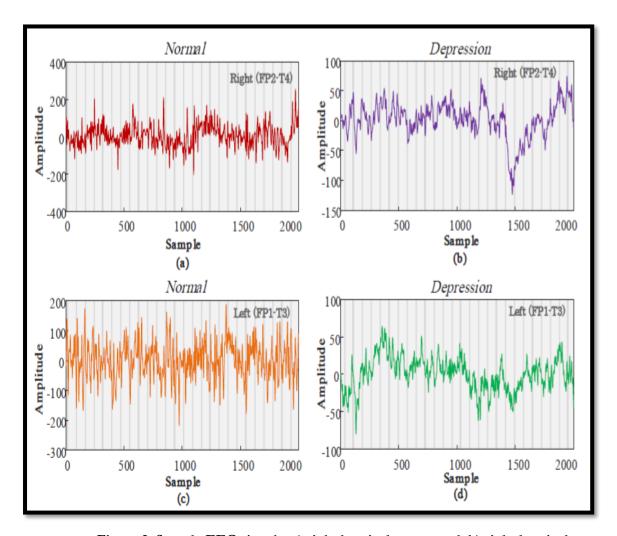


Figure 2. Sample EEG signals: a) right hemisphere normal, b) right hemisphere depression, c) left hemisphere normal and d) left hemisphere depression [20].

#### 2.3 Details of the recent deep learning architectures used to solve the problem

A CNN has three types of layers - convolution, pooling, and fully - connected, which appear in it in this order. In the study by Acharya et al. [15], the CNN model is made up of 5 convolutional layers, 5 pooling layers, and 3 fully - connected layers shown in Figure 3. The filter is a weighted vector used for convolving the input and gets adjusted during training. The filter for the convolution and pooling operations are set at 5 and 2, respectively. Filters of 5 and 2 are selected because they provided the most accurate results. Also, the stride (number of sampling point window is shifted in each operation) is fixed at 1 and 2 for the convolution and pooling operations.

Table 1. Parameters of the CNN architecture (for both left and right hemisphere records) [15].

Layers	Type	Number of neurons	Filter size	Stride
0-1	Convolution	1996 x 5	5	1
1-2	Max-pooling	998 x 5	2	2
2-3	Convolution	994 x 5	5	1
3-4	Max-pooling	497 x 5	2	2
4-5	Convolution	493 x 10	5	1
5-6	Max-pooling	246 x 10	2	2
6-7	Convolution	242x 10	5	1
7-8	Max-pooling	121 x 10	2	2
8-9	Convolution	117x 15	5	1
9-10	Max-pooling	58 x 15	2	2
10-11	Fully-connected	80	-	-
11-12	Fully-connected	40	-	-
12-13	Fully-connected	2	-	-

The network is trained using the backpropagation algorithm [60] with a batch size (the number of training samples in an iteration) of 5. An optimization algorithm, adaptive moment estimation (Adam) [61] is adopted in this work to update the parameters of the proposed network structure. It was observed it enables the network to converge at a fast rate thereby improving the efficiency of the training process.

To avoid overfitting and improve the generalization, the dropout technique is applied to the fully - connected layers 11 and 12. During training for each mini-batch, some of the neurons from these layers are selected randomly and dropped. This forces the model to learn from a subset of input features and not the entire input features. The rate is set to 0.9. i.e. a probability of 90% a neuron will be kept and a probability of 10% that a neuron will be dropped out during the training.

The proposed CNN model is trained using 90% of the EEG dataset. The remaining 10% of the dataset is used to test the model.

In my base paper[20], the CNN learns the local features of input EEG signals (representation learning). The aim of sequential learning is to model short-term and long-term memory. Although, the short-term memory is very well modeled by standard recurrent neural networks (RNN), it cannot be effective in long-term dependencies due to vanishing gradient problems. The biggest problem encountered when training artificial neural networks with back propagation is the vanishing gradient problem, which makes it difficult to train the previous layers and learn the network[30]. To overcome this long-term dependency problem, there is a need for neural networks that can remember the input information given over a long time and decide which data to remember. The solution to the problem was LSTM. In the LSTM architecture, unlike the RNN architecture, there are special hidden units called memory cells that are used to remember the previous input for a long time. The deep learning architecture used in it is described in Figure 4.

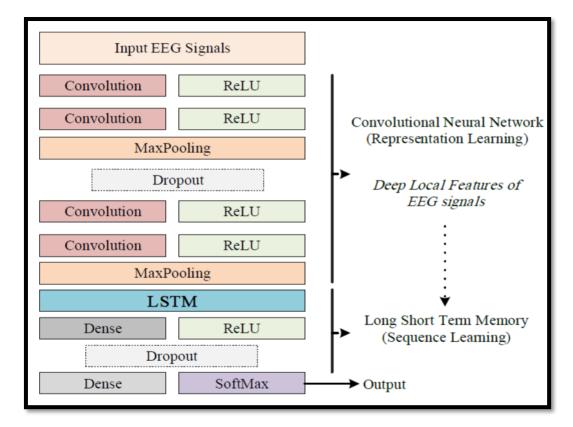


Figure 3. Overview of architecture used in my base paper[20].

In the dataset, raw signals belonging to 30 subjects are scaled to a range of [0, 1].

The training and validation datasets are used to train the deep learning model. The test set is the data which was never used by the model during training. Therefore, the test performance of the trained model can be observed more effectively through test data.

## 2.4 Evaluation methods used for the deep learning architectures

Both the papers discussed above in section 2.3 [15][20] used k-fold (k was equal to 10 in both papers) cross validation process for evaluating the architecture used. In this technique, the data is randomly divided into k equal parts. k-1 parts are used in the training phase of the model and the remaining part is used in the testing phase. This process repeats until all parts are evaluated in the test phase.

Acharya et al. [15] used the ten-fold cross-validation strategy on the test dataset (10% of the EEG data). The testing of the proposed model is repeated 10 times. Then, an overall performance is computed by averaging the results from all 10 iterations.

My base paper also used random splitting technique for better evaluation. In random splitting technique, the data is divided randomly into training, validation and testing. It is a widely used technique especially in deep learning studies where data is large. In this study, the dataset for each group is divided into 70% training, 15% validation and 15% test sets and this procedure is shown in Figure 5.

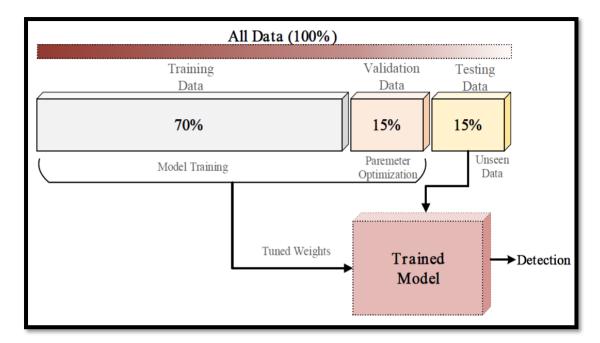


Figure 4. The way data in hand was used for the deep learning model discussed [20].

#### 2.5 Results of evaluation

In [15], the proposed network was trained and tested on a computer with 2 Intel Xeon (2.40 GHz processor) with a 24 GB RAM. It required approximately 199.07 seconds to finish an epoch of training on the left hemisphere data and 198.68 seconds to finish one epoch of training on the right hemisphere data.

The overall result in this paper is described in Figure 6 below

Table 2. Overall performance by the architecture used in [15].

	Tp	Tn	FP	Fn	Accuracy	Sensitivity	Specificity	
					(%)	(%)	(%)	
Left	1,984	2,055	104	175	93.54	91.89	95.18	
Right	2,065	2,087	87	109	95.49	94.99	96.00	
$T_P$ = true positive $T_N$ = true negative $F_P$ = false positive $F_N$ = false negative								

In my base paper, experiment was performed on a Linux Server (Ubuntu 16.04.4) with a NVDIA GTX 1080 GPU. The model was implemented with Python using Keras deep learning libraries. The training took an average of 52 second for each epoch.

The overall result in this paper is described in Figure 7 and Figure 8 below.

Table 3. Overall performance by the architecture in testing right hemisphere (Fp2-T4) [20]

	Predicted								
	Classes	Depression	Normal	Accuracy (%)	Precision (%)	Sensitivity (%)	Specificity (%)		
ctual	Depression	342	5	99.12	99.70	98.55	99.70		
Act	Normal	1	336	JJ.12	98.53	99.70	98.55		

Table 4. Overall performance by the architecture in testing left hemisphere (Fp1-T3) [20].

		Predicted							
	Classes	Depression	Normal	Accuracy (%)	Precision (%)	Sensitivity (%)	Specificity (%)		
ual	Depression	327	10	97.66	98.19	97.03	98.27		
Actua	Normal	6	341	77.00	97.15	98.27	97.03		

#### 2.5 Impact of the studies

Figure 9 below shows how depression assessment has been an increasingly important research domain

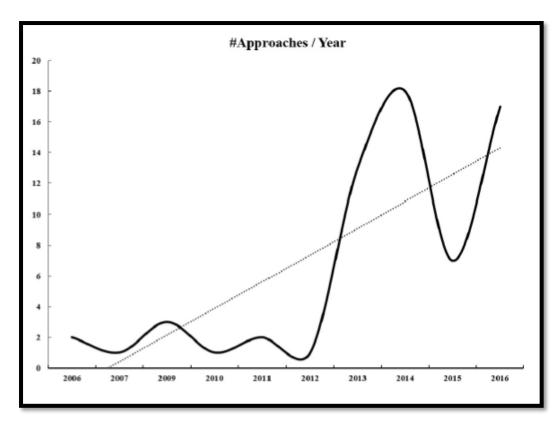


Figure 5. Number of studies in the field of depression assessment by year of publication [31]

In spite of the saturation achieved in this field in the number of studies done on it, the reviewed studies have come up with commendable results and have had a great impact both in research domain and commercially.

In Acharya et al. [15], he proposed CNN model can be implemented in a clinical setting to be used as a tool for objective diagnosis of depression using EEG signals. In the current clinical practice, the diagnosis of depression is based on questionnaires and the physical emotions displaced by the patients. Furthermore, the proposed diagnosis system can be installed as a web-based application to be used by non-specialist clinicians remotely. Once the EEG signals are obtained from the patients, they will be sent to the servers (located in the hospitals) in the cloud where the

proposed CNN model can be used to make the diagnosis. The diagnosis can be sent immediately to the clinic.

Our right hemisphere is higher than the left as reported by Acharya et al. [15]. This is because the activation of frontal cortex of right hemisphere is higher during depression than left hemisphere. Hence, right hemisphere EEG will contribute more than the left hemisphere.

The CNN – LSTM model used in my base paper is accurate and robust in detecting the depression using EEG signals. The proposed model detects unknown EEG signals fast and accurately. Therefore, the proposed model is useful and can be easily implemented for clinical applications.

Based on the results obtained by Acharya et al. [15] using the proposed model with a limited number of EEG data, it can be concluded that the CNN model can be used for computer-assisted diagnosis of depression rather reliably. Moreover, this proposed algorithm can serve as a second-opinion to validate the diagnosis made by a clinician.

In my base paper, a novel depression detection system based on EEG signals was presented. This model consists of a combination of LSTM network that is effective in learning long-term dependencies present in the CNN architecture, which is powerful in extracting the local features

But, there are still some research gaps that need to be filled. They are –

- Dataset can be made more robust by including EEG signals of people of different ethnicity, which were not a part of the dataset used.
- Only one feature (EEG signals) are used for our purpose. Multiple features can be combined to produce more reliable results.
- There is no gender based classification done on the data, which is supported by many of the approaches to perform better.

#### 3. Details of design/technology

The algorithm used is a hybrid CNN-LSTM deep learning model.

#### 3.1 CNN

A Convolutional Neural Network (ConvNet/CNN) is a Deep Learning algorithm which can take in an input image, assign importance (learnable weights and biases) to various aspects/objects in the image and be able to differentiate one from the other. The pre-processing required in a ConvNet is much lower as compared to other classification algorithms. While in primitive methods filters are hand-engineered, with enough training, ConvNets have the ability to learn these filters/characteristics.

The architecture of a ConvNet is analogous to that of the connectivity pattern of Neurons in the Human Brain and was inspired by the organization of the Visual Cortex. Individual neurons respond to stimuli only in a restricted region of the visual field known as the Receptive Field. A collection of such fields overlap to cover the entire visual area.

A covnets is a sequence of layers, and every layer transforms one volume to another through differentiable function. Types of layers: Let's take an example by running a covnets on of image of dimension 32 x 32 x 3.

Input Layer: This layer holds the raw input of image with width 32, height 32 and depth 3.

Convolution Layer: This layer computes the output volume by computing dot product between all filters and image patch. Suppose we use total 12 filters for this layer we'll get output volume of dimension 32 x 32 x 12.

Activation Function Layer: This layer will apply element wise activation function to the output of convolution layer. Some common activation functions are RELU:  $\max(0, x)$ , Sigmoid:  $1/(1+e^-x)$ , Tanh, Leaky RELU, etc. The volume remains unchanged hence output volume will have dimension  $32 \times 32 \times 12$ .

Pool Layer: This layer is periodically inserted in the covnets and its main function is to reduce the size of volume which makes the computation fast reduces memory and also prevents from overfitting. Two common types of pooling layers are max pooling and average pooling. If we use a max pool with 2 x 2 filters and stride 2, the resultant volume will be of dimension 16x16x12.

Fully-Connected Layer: This layer is regular neural network layer which takes input from the previous layer and computes the class scores and outputs the 1-D array of size equal to the number of classes [32].

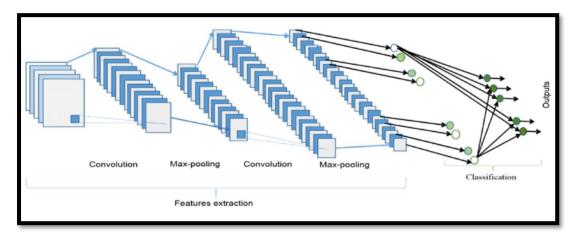


Figure 6. Architecture of CNN [33]

#### **3.2 LSTM**

#### Structure Of LSTM:

LSTM has a chain structure that contains four neural networks and different memory blocks called cells.

Information is retained by the cells and the memory manipulations are done by the gates. There are three gates –

Forget Gate: The information that no longer useful in the cell state is removed with the forget gate. Two inputs  $x_t$  (input at the particular time) and  $h_t$ -1 (previous cell output) are fed to the gate and multiplied with weight matrices followed by the addition of bias. The resultant is passed through an activation function which gives a binary output. If for a particular cell state the output is 0, the piece of information is forgotten and for the output 1, the information is retained for the future use.

Input gate: Addition of useful information to the cell state is done by input gate. First, the information is regulated using the sigmoid function and filter the values to be remembered similar to the forget gate using inputs  $h_t-1$  and  $x_t$ . Then, a vector is created using tanh function that gives output from -1 to +1, which contains all the possible values from  $h_t-1$  and  $x_t$ . Atlast, the values of the vector and the regulated values are multiplied to obtain the useful information

Output gate: The task of extracting useful information from the current cell state to be presented as an output is done by output gate. First, a vector is generated by applying tanh function on the cell. Then, the information is regulated using the sigmoid function and filter the values to be remembered using inputs  $h_t$ -1 and  $x_t$ . At last, the values of the vector and the regulated values are multiplied to be sent as an output and input to the next cell [34].

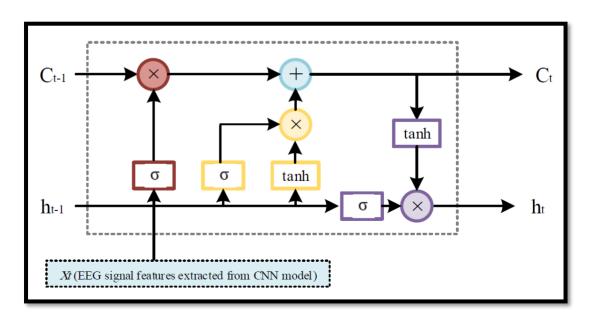


Figure 7. Architecture of LSTM [20]

## 3.3 CNN-LSTM hybrid

The CNN LSTM model is specifically designed for sequence prediction problems with spatial inputs, like images or videos. This architecture involves using Convolutional Neural Network (CNN) layers for feature extraction on input data combined with LSTMs to perform sequence prediction on the feature vectors. In short, CNN LSTMs are a class of models that are both spatially and temporally deep and sit at the boundary of Computer Vision and Natural Language Processing. These models have enormous potential and are being increasingly used for many sophisticated tasks such as text classification, video conversion, and so on [35].

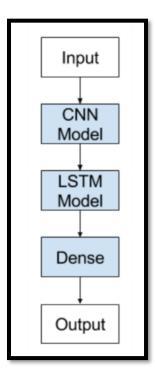


Figure 8. Generic architecture of CNN-LSTM model [35].

## **CONCLUSION**

Thus, this research work gave a review of the various studies done on depression detection. It focused on areas like EEG, deep learning, depression and emotion recognition. It showed and explained detailed approaches followed by different papers for achieving the intended result. The proposed CNN – LSTM hybrid model did not require the semi-manually-selected extraction and selection of features for classification. Rather, the model could self-learn and picked up distinct features during the training of the algorithm. The algorithm attained a high accuracy of 97.66% and 99.12% using EEG signals from the left and right hemisphere, respectively. Based on the results obtained with a limited number of EEG data, it can be concluded that the CNN – LSTM model can be used for computer-assisted diagnosis of depression rather reliably. Moreover, this proposed algorithm can serve as a second opinion to validate the diagnosis made by a clinician.

There is a good future scope of research in this topic.

Some of the points that can be considered are –

- More robust models can be developed using huge database obtained from diverse races. The developed model can be used to detect the early stage of depression and other neurological disorders using EEG signals.
- Prognosis of depression is an area in research which is not very much explored and has a lot of scope for development.
- Wireless EEG caps have also come in the market. They can help a lot as until
  now we were restricted to settle in a place to record our EEG signals, which
  would not be required now.
- fMRIs and MEG, along with EEG can also be used to detect depression for more reliable results.

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# **BASE PAPER FIRST PAGE (SPRINGER)**

# Automated Depression Detection Using Deep Representation and Sequence Learning with EEG Signals

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#### Abstract

Depression affects large number of people across the world today and it is considered as the global problem. It is a mood disorder which can be detected using electroencephalogram (EEG) signals. The manual detection depression by analyzing the EEG signals requires lot of experience, tedious and time consuming. Hence, a fully automated depression diagnosis system developed using EEG signals will help the clinicians. Therefore, we propose a deep hybrid model developed using of convolutional neural network (CNN) and long-short term memory (LSTM) architectures to detect depression with EEG signals. In the deep model, temporal properties of the signals are learned with CNN layers and the sequence learning process is provided through the LSTM layers. In this work, we have used EEG signals obtained from left and right hemispheres of the brain. Our work has provided 99.12% and 97.66% classification accuracies for the right and left hemisphere EEG signals respectively. Hence, we can conclude that the developed CNN-LSTM model is accurate and fast in detecting the depression using EEG signals. It can be employed in psychiatry wards of the hospitals to detect the depression using EEG signals accurately and aid the psychiatrists.

Keywords: Depression detection, deep learning, CNN-LSTM, hybrid deep models, EEG signals.

#### 1. Introduction

In recent years, deep learning architectures have achieved significant success in the areas of computer vision and natural language processing [1-4]. However, very little progress has been made in neuroscience and biomedical domains due to the availability of few data [5]. With rapid enhancement of available neurological data, there has been a significant improvement in the

# PLAGIARISM CHECK REPORT

