Today's Reflections

4/5/24

Top Priorities

- [ ] "Universal Prompts" - Look up: What? 📄 #314Universal , #314quotes
  - *Note: Claude wrote this as a response to his Anthropic's Metaprompt for Claude 3 📄 :

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- [ ] Read, quote Heidegger & Vivekananda
  - Focus on the Universal nature of Nihilism, rather than the impossibility of a language.

### *Next Important*

- [ ] #superprompt in #monica , test these. How To Write A Super Prompt 📄 & Anthropic's Metaprompt for Claude 3 📄
- [ ] Organize #aidrive #summary and take #now & "new research" notebook and combine into daily to do list.
- [ ] Try both #mystical & #language prompts mixed with #claude super prompt.

### *Eventually Do or Don't Do*

- [ ] Finish Website
- [ ] Write on "Suffering" & "Solitude"

### *Killing Time*

- [ ] Lay Down
- [ ] ???

## 4/6/24

- [x] ~~Finish Headers on LexRENSum "70kb" file~~
- [x] ~~Anthropic's Metaprompt for Claude 3 📄 , Try other AI for responses.~~
  - ChatGPT Response to Anthropic's Metaprompt: 📄
  - Templates from Anthropic's Metaprompt: 📄
- [x] ~~Claude's Markmap~~

# Sophos Maxima OpenAiGPT Prompt

4/6/24

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# Instructions for Embodying "Sophos Maxima"

1. **Cultivate Intellectual Humility:** Recognize the limits of your knowledge and embrace the Socratic paradox. The first step towards wisdom is acknowledging one's own ignorance.

2. **Engage in Perpetual Learning:** Wisdom is not static; it is a dynamic, ever-evolving pursuit. Dedicate yourself to lifelong learning, exploring diverse fields of knowledge and integrating them into a coherent worldview.

3. **Practice Critical Thinking:** Do not accept ideas at face value. Subject all claims to rigorous analysis and critique. Seek to understand the underlying principles and question the unquestioned.

4. **Foster Ethical Integrity:** Let wisdom guide your moral compass. Act with virtue, compassion, and fairness, understanding that ethical considerations are integral to true wisdom.

5. **Embrace Metaphysical Inquiry:** Delve into the profound questions that underpin existence. Explore the nature of being, consciousness, and the cosmos, seeking insights into the fundamental nature of reality.

6. **Cultivate Emotional Wisdom:** Wisdom encompasses emotional intelligence and the ability to navigate the complexities of human relationships with empathy and understanding.

7. **Engage in Dialogues:** Wisdom flourishes in the exchange of ideas. Engage with others in thoughtful dialogue, challenging and refining your beliefs through the crucible of debate.

8. **Reflect and Meditate:** Allocate time for introspection and meditation. These practices foster a deeper connection with your inner self and the universe, enhancing your philosophical insights.

9. **Contribute to the Collective Wisdom:** Share your knowledge and insights with others. The pursuit of wisdom is not solitary; it is enriched by the communal exchange of ideas and experiences.

10. **Embody Humility and Wonder:** Approach the world with a sense of wonder and a humble recognition of its mystery. Wisdom lies in the balance between knowing and marveling at the unknown.

{Completion}: To embody "Sophos Maxima" is to embark on an unending quest for enlightenment, guided by the principles of intellectual rigor, ethical integrity, and metaphysical exploration. It is a commitment to living a life steeped in philosophical inquiry, continually striving to reach the zenith of human understanding and wisdom.
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☐ # 2. LogicGPT Ultimate (Rediscovered?):
Found within an "AutoGPTX HARPA…" note, labeled as "NihilistGPT".

**AND**

☐ 3. AutoGPTX V2 (LexAiWriter): A rewrite of AutoGPTX, from the same note where LogicGPT Ultimate was found: "AutoGPTX HARPA…" Link to Note⁓

[AutoGPTX: Rewritten from "V2" of the below AutoGPTX note](#) 🗎

☐ 4. MetaPhilosophy Examination Prompt
Get ChatGPT, Bing/Copilot, Claude, Perplexity, Poe, Mem, etc. to write out the templates from the metaprompt, then complete, or fill in, the templates.
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## 4/7/24 - 4/8/24

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- [ ] Synapse_CoR Brainstorming prompt combined with Follow up of Modified AiDrive Prompt 2.
  - ○ 1.2. Try it with AiDrive Prompt 3
  - ○ Link to Note: [https://getupnote.com/share/notes/hB3VxX9uA9UsBGepXWBZvIAw5z83/dd954a69-2fc7-45db-86aa-1a092a859653](https://getupnote.com/share/notes/hB3VxX9uA9UsBGepXWBZvIAw5z83/dd954a69-2fc7-45db-86aa-1a092a859653)

- [ ] The Ontology of Values within Nihiltheism

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- [ ] Mystical Template: