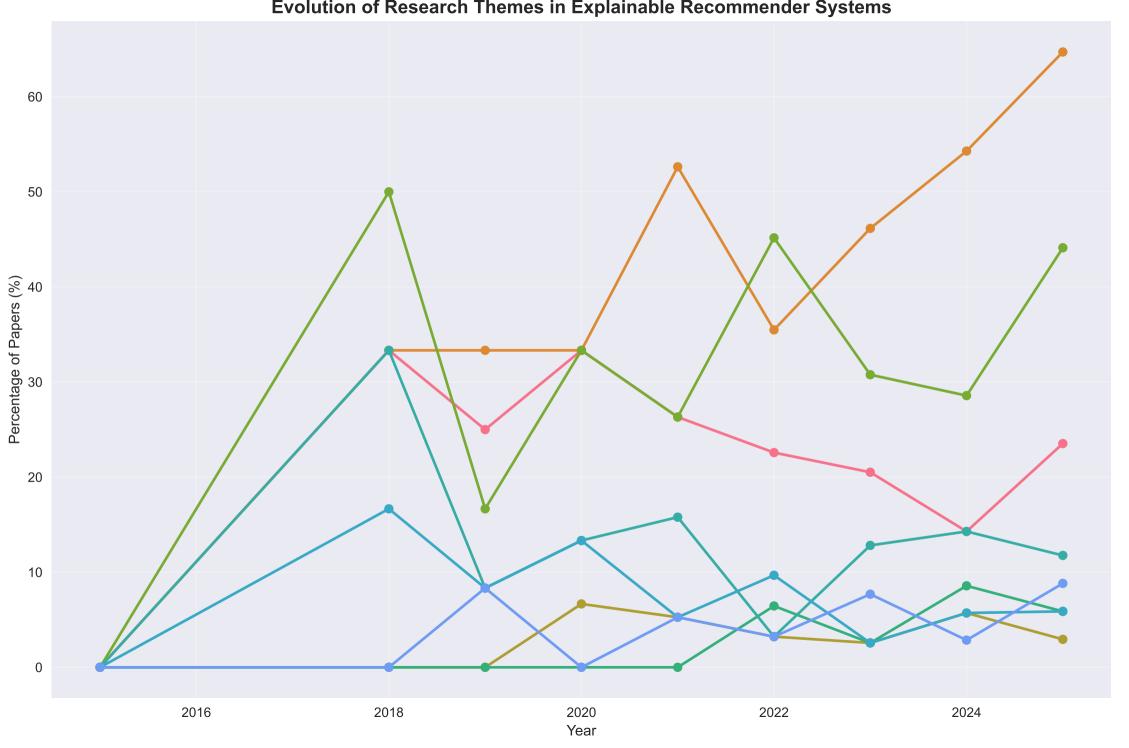Evolution of Research Themes in Explainable Recommender Systems