

Toughest Sport by skill

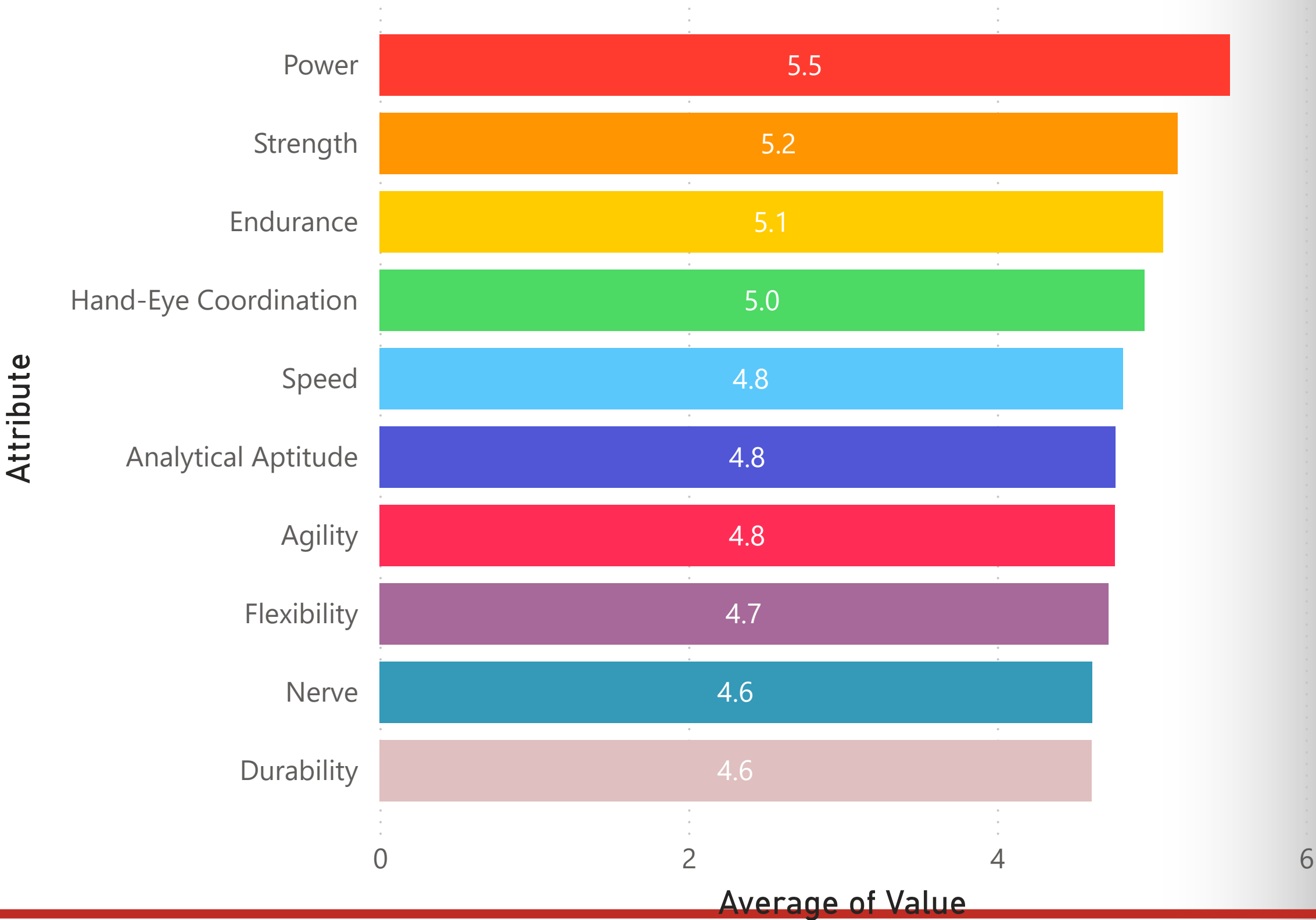
of Sports
60

of Skills
10

Toughness Range
0-10

- **ENDURANCE:** The ability to continue to perform a skill or action for long periods of time. Example: Lance Armstrong
- **STRENGTH:** The ability to produce force. Example: NFL linebackers.
- **POWER:** The ability to produce strength in the shortest possible time. Example: Barry Bonds.
- **SPEED:** The ability to move quickly. Example: Marion Jones, Maurice Green.
- **AGILITY:** The ability to change direction quickly. Example: Derek Jeter, Mia Hamm.
- **FLEXIBILITY:** The ability to stretch the joints across a large range of motion. Example: Gymnasts, divers.
- **NERVE:** The ability to overcome fear. Example: High-board divers, race-car drivers, ski jumpers.
- **DURABILITY:** The ability to withstand physical punishment over a long period of time. Example: NBA/NHL players.
- **HAND-EYE COORDINATION:** The ability to react quickly to sensory perception. Example: A hitter reacting to a breaking pitch; a drag racer timing acceleration to the green light.
- **ANALYTIC APTITUDE:** The ability to evaluate and react appropriately to strategic situations. Example: Joe Montana reading a defense; basketball point guard on a fast break.

Average of Value by Attribute and Attribute



1-Boxing	2-Ice Hockey	3-Football	4-Basketball	5-Wrestling	6-Martial Arts	7-Tennis	8-Gymnastics	9-Baseball/Softb...	10-Soccer
11-Skiing: Alpine	11-Water Polo	13-Rugby	14-Lacrosse	15-Rodeo: Steer ...	16-Track and Fie...	17-Field Hockey	17-Speed Skating	19-Figure Skating	20-Cycling: Dista...
20-Volleyball	22-Racquetball/S...	23-Surfing	24-Fencing	25-Skiing: Freest...	26-Team Handball	27-Cycling: Sprin...	28-Bobsledding/...	29-Ski Jumping	30-Badminton
30-Skiing: Nordic	32-Auto Racing	33-Track and Fie...	34-Track and Fie...	35-Diving	36-Swimming (al...	37-Skateboarding	38-Track and Fie...	39-Rowing	40-Rodeo: Calf R...
40-Track and Fie...	42-Rodeo: Bull/B...	43-Track and Fie...	44-Weight-Lifting	45-Swimming (al...	46-Water Skiing	47-Table Tennis	48-Track and Fie...	49-Canoe/Kayak	50-Horse Racing
51-Golf	52-Cheerleading	52-Roller Skating	54-Equestrian	55-Archery	56-Curling	57-Bowling	58-Shooting	59-Billiards	60-Fishing

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Sport	Agility	Analytical Aptitude	Durability	Endurance	Flexibility	Hand-Eye Coordination	Nerve	Power	Speed	Strength	Total
Boxing	6.25	5.63	8.50	8.63	4.38	7.00	8.88	8.63	6.38	8.13	72.41
Ice Hockey	7.63	7.50	8.25	7.25	4.88	7.50	6.00	7.88	7.75	7.13	71.77
Football	6.38	7.13	8.50	5.38	4.38	5.50	7.25	8.13	7.13	8.63	68.41
Basketball	8.13	7.38	7.75	7.38	5.63	7.50	4.13	6.50	7.25	6.25	67.90
Wrestling	6.38	6.38	6.75	6.63	7.50	4.25	5.00	7.13	5.13	8.38	63.53
Martial Arts	6.00	6.88	5.88	5.00	7.00	6.00	6.63	7.75	6.38	5.88	63.40
Tennis	7.75	6.75	5.00	7.25	5.63	8.38	3.00	7.13	6.75	5.13	62.77
Gymnastics	6.38	4.13	6.88	5.38	10.00	4.50	7.50	6.63	5.00	6.13	62.53
Baseball/Softball	6.75	6.25	5.63	4.63	4.75	9.25	5.13	7.63	6.50	5.75	62.27
Soccer	8.25	7.50	6.25	7.75	4.75	6.50	3.63	5.13	7.25	4.50	61.51
Skiing: Alpine	6.13	5.63	6.00	5.13	5.63	5.13	8.38	6.00	7.38	5.25	60.66
Total	99.92	93.30	102.66	95.67	83.41	94.40	88.54	105.43	95.04	96.92	955.29

1-Boxing	4-Basketball	7-Tennis	10-Soccer	13-Rugby	16-Track and Field: Pole Vault	19-Figure Skating	22-Racquetball/S...	25-Skiing: Freestyle	28-Bobsledding/...	30-Skiing: Nordic
2-Ice Hockey	5-Wrestling	8-Gymnastics	11-Skiing: Alpine	14-Lacrosse	17-Field Hockey	20-Cycling: Distance	23-Surfing	26-Team Handball	29-Ski Jumping	32-Auto Racing
3-Football	6-Martial Arts	9-Baseball/Softball	11-Water Polo	15-Rodeo: Steer Wrestling	17-Speed Skating	20-Volleyball	24-Fencing	27-Cycling: Sprints	30-Badminton	33-Track and Field: High Jump