We asked **1223**respondents How
important is
productivity to your
happiness?

417

say it is Distractions (e.g. Social Media)

288

Says I'm constantly being interrupted by colleagues

295

Says I do not do proper Time Management

37

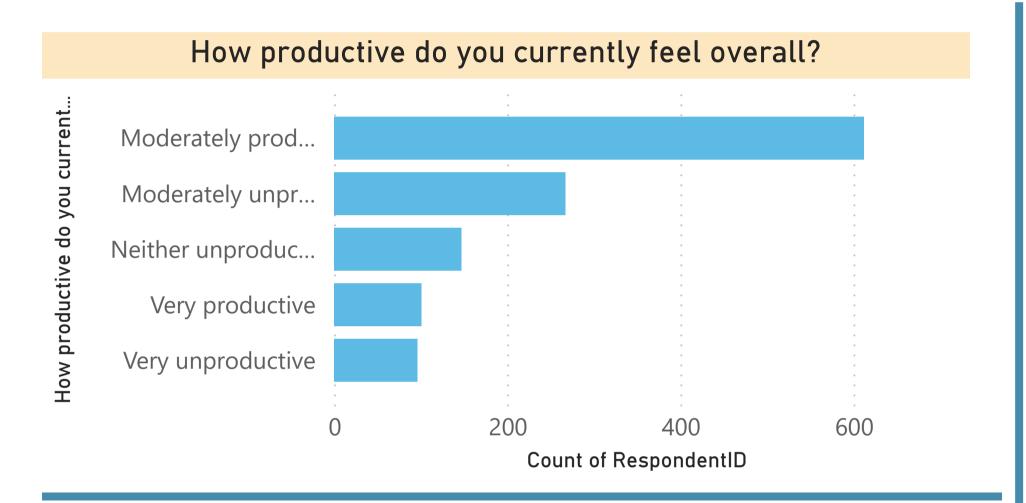
Says I do not have right Technology

186

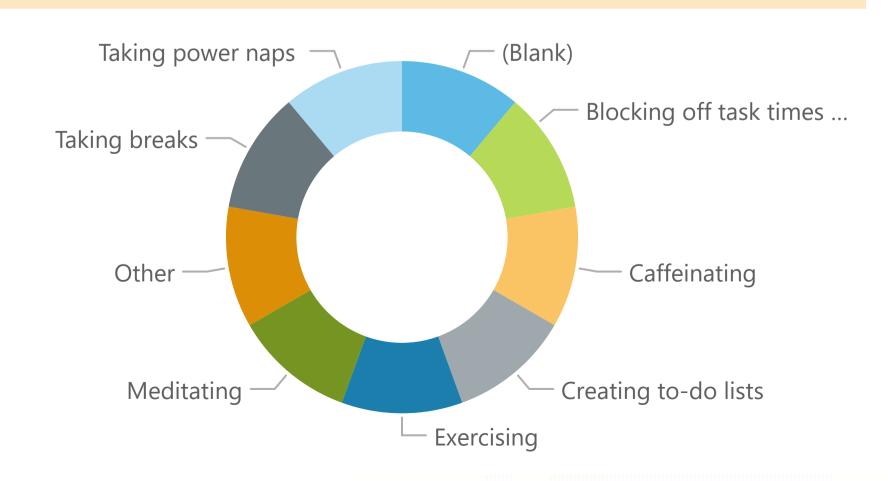
Says for other Reasons

## **Productivity Survey 2017**

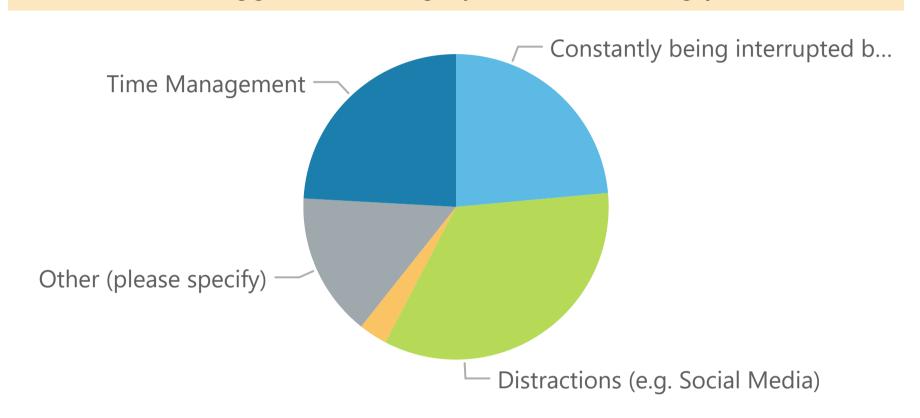
(Blank) <18 18-21 22-25 26-29 30-33 34-37 38-44 45-54 55+



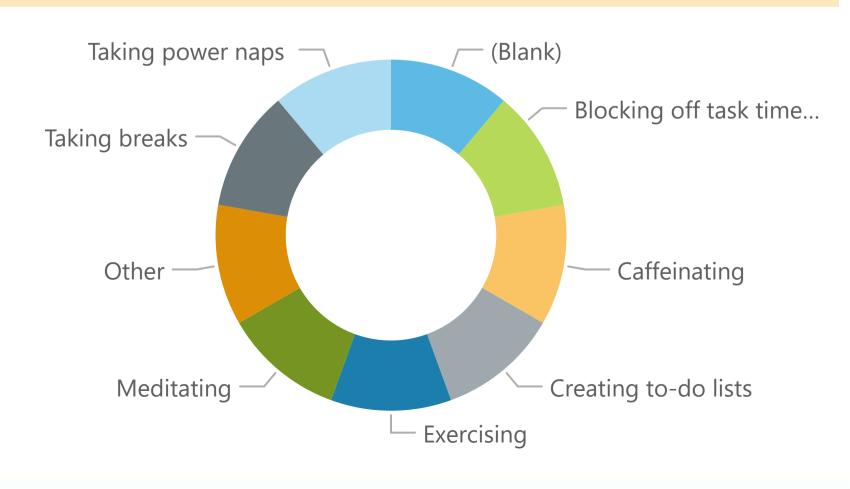
## How important is productive is to your happiness?



## What is the biggest challenge you face to being productive?



## What is helpful in being productive



295 Challange Time Managment

417

Challange Distractions

288
Challange Interuptions

186
Challange other

37
Challange Right Technology

23.55%

%Challange Interuption