

FITNESS ADDICT TULSA

Meal Prep Menu #13

CHEESEBURGER

served with Steamed Carrots

ROTISSERIE CHICKEN BREAST

Served with baked beans and baby potatoes

MAMA'S SPAGHETTI

Served with Garlic Bread (bake for 10 mins)

SWEETNESS

Almond Flour Orange infused Sugar Cookies

To order: text quantity of meals to 918-202-8053

Cash App: \$Tessmack. Venmo: @TessMack

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