

FITNESS ADDICT TULSA

Meal Prep Menu #5

CHICKEN NOODLE SOUP

served with mini crackers

CHEESY "TRASH"

*made with ground beef, potatoes, zucchini, carrots, and
SO MUCH Cheese!*

MAMMA'S POT ROAST

Served with cream style corn

BACON EGG & CHEESE

SWEETNESS

Chocolate Mousse

To order: text quantity of meals to 4918-202-8053

Cash App: \$Tessmack. Venmo: @TessMack

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