

FITNESS ADDICT TULSA

Meal Prep Menu #8

**CHEESY CHICKEN AND
BROCCOLI**

MAMMA'S SPAGHETTI

served with Green Beans

HOTLINK IN A BLANKET

served with Corn

**HAM EGG AND CHEESE
BISCUT**

SWEETNESS

Oreo Cookie Parfiat

To order: text quantity of meals to 918-202-8053

Cash App: \$Tessmack. Venmo: @TessMack

Fitness Addict Tulsa Meal Prep