

# FITNESS ADDICT TULSA

*Meal Prep Menu #5*

## **MAMMA'S MEATLOAF**

*served with Mashed Potatoes*

## **CHEESY "TRASH"**

*made with ground beef, zucchini, carrots, and  
SO MUCH Cheese!*

## **FRIED PORK CHOPS**

*Served with Green Beans  
\*rotisserie not fried upon request\**

## **SAUSAGE BREAKFAST BURRITO**

## **SWEETNESS**

*Chocolate Mousse Parfait*

*To order: text quantity of meals to 918-202-8053  
Cash App: \$Tessmack. Venmo: @TessMack  
Fitness Addict Tulsa Meal Prep*