

# FITNESS ADDICT TULSA

*Meal Prep Menu #15*

## **CHICKEN OR BEEF FAJITAS**

*served with Pepper, Onions and Mexican Corn*

## **BEEF AND BROCCOLI**

*served with Brown Rice*

## **CHICKEN ALFREDO**

*Served with Green Beans*

*\*Low Carb option.. NO Noodles\**

## **SAUSAGE BREAKFAST BURRITOS**

## **SWEETNESS**

*Blondies (Choc Chip Cookie Brownies)*

*To order: text quantity of meals to 918-202-8053*

*Cash App: \$fitaddicttul Venmo: @TessMack*

*Fitness Addict Tulsa Meal Prep*