Community Involvement Programme for Scholars

CIP for NUS Scholars Objective

- Scholars to have a holistic university experience through involvement with the community
- Develop a sense of service and commitment to the wider community and a sense of perspective, by helping the less fortunate in practical and meaningful ways

CIP for NUS Scholars Requirement

- 80 hours of community involvement programmes or projects deemed appropriate and/or directed by NUS, by the end of the course of study – recommended within six semesters

- 60 hours of community involvement programmes or projects by the end of five semesters of studies

- Reminders will be sent at key junctures, for those who do not fulfil requirement

CIP for NUS Scholars

Sign up for your preferred community project/ activity

Check with OSA if the activity can be counted as CIP hours.

Check with organisation:
• Are they able to endorse your participation?
• Briefing required for first time volunteers?

Record the duration of your participation after each session. Form can be downloaded here.

Staff or student in-charge to verify your time log at the end of each session.

Submit your time log to OSA at the end of each semester.

Upon completion of the 80 hours:
Complete and submit the post-service evaluation and reflection form to OSA.

Time Log

Community Involvement Programme – Time Log

Full Name
Matriculation No.
Contact No.
Email
Name of Scholarship

Name of Organisation/ Organiser	Name of Activity	Date	Time In	Time Out	Total no. of hours completed	Verification by I/C of organisation (Name, Signature and Stamp)

> Name of NUS student organisation/ external organisation/ voluntary welfare organisation

> Student or staff in-charge of the organisation/ activity to verify your participation.

Post-Service Evaluation

<u>**Community Involvement Programme – Evaluation**</u>
(To be submitted after completion of 80 hours)

PART I: Rating the Impact of the Experience

Please indicate the level of impact this community involvement experience has had on you in the areas listed below. Please rate using a scale of 1-6, with 1 being not at all helpful and 6 being extremely helpful.

The experience from the Community Involvement Programme has helped me:	Not		Somewhat		Very	
	1	2	3	4	5	6
1. *Achieve a higher level of awareness of needs/ problems found in the community.*						
2. Have a better understanding of the factors that create those problems and needs.						
3. Learn how to communicate better with people.						
4. Learn to work cooperatively in a team.						
5. Become more aware of the resources my community needs.						
6. Become more aware of the resources I can provide to the community.						
7. Realise I can make a difference by giving back to the community.						

PART II: Self Reflection

1. What have you learnt from this experience?

2. Would you consider volunteering on a regular basis? Please elaborate.

CIP Opportunities

Internal (within NUS)
- ACE Wing (College of Alice and Peter Tan)
- Computing for Voluntary Welfare Organisations
- Eusoff Voluntary Corps
- NUS BP Mentoring
- NUS Caretalyst
- NUS Medical Society Community Service Projects
- NUS Rotaract Club
- NUS Science Volunteer Corps
- NUS Students' Community Service Club
- NUS Volunteer Action Committee
- Red Cross Youth (NUS Chapter)
- Sheares Hall Voluntary Corps
- Uni-Y NUS
- University Scholars Club, Community Service Wing

Note: this list is non-exhaustive

External
- SgCares (www.sgcares.org)
- TOUCH Community Services (partners@touch.org.sg)

Note: this list is non-exhaustive

Note: CIP opportunities are not limited to the groups listed here. Students are free to source for their preferred community projects.

Basic Do's and Don'ts

✓ **Respect the organisation and/or beneficiary you are helping.**
✓ **Avoid sensitive topics such as race, religion or politics when interacting with beneficiaries.**
✓**Dress and behave appropriately.**
✓**Any information you obtain from the organisation about the beneficiary must be kept confidential.**

× **Do not take photographs or video images of beneficiaries unless prior permission is sought.**
× **Do not give money, personal gifts or run errands on behalf of the beneficiary.**

FAQ

Q What sort of community projects/ voluntary work is considered as CIP?

A Activities must have some form of meaningful interaction and engagement with the community you are helping.

Q Does my involvement in a CCA count as CIP?

A No. Regular CCA activities such as meetings and trainings do not count as CIP.

Q Will my participation in an Overseas Community Involvement Programme count towards the 80 hours?

A Yes. However only the execution of the OCIP will be considered as CIP hours. Preparation work and project meetings does not count as CIP.

FAQ

Q Can I look for community projects or volunteering opportunities with external organisations?

A Yes. Inform the external organisation beforehand. Bring the CIP form for the in-charge to verify at the end of the activity.

Q What if I complete the 80 hours within my first 2 years?

A You may submit your time log and reflection form to OSA when you complete your 80 hours.

Q Can I do beyond the 80 hours?

A Yes. You are free to do beyond the 80 hours.

Useful Links

Time Log and Reflection Form:

http://www.nus.edu.sg/osa/images/so/downloads/cip_post_service_eval_time_sheet.docx

Thank you!