

# Yu (August) Lam

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## Soft skills

Responsive and communicative  
Gregarious team member  
Enthusiastic and eagerness to learn

## Hard skills

Programming experience  
**Multilingual**-English, Mandarin,  
French

Outreach  
Social media management,  
Graphic design & video editing

## EDUCATION

September 2022 - June 2025

**Sentinel Secondary School - Grade 12**  
1250 Chartwell Dr, West Vancouver

## EXPERIENCE

May, 2022 - October, 2022

### Feed the need - West Vancouver

- Craft and wrap household items or gifts to support those facing physical or financial hardships.

April, 2022 - January, 2023

### Teen Advisory Group (TAG) - West Vancouver Memorial Library

- Virtual group meets Thursdays to plan and create presentations for high school students.
- Focus on graphic design and visual representation.

December, 2023 - Present

### Room 14 Graphics - West Vancouver Memorial Library

- Virtual group meets monthly, online or in Room 14.
- Focus on presentations and opportunities for and by high school students.

June 3- 4, 2022

### Bridge Festival - District of West Van

- Manage lines, inform customers about prices, lines, child policies.
- Communicate with vendors, stay alert for areas needing help.

July- August, 2022, 2023, 2024

### Harmony Arts festival (20+ hours) - District of West Van

- Engage younger audiences through art, support art vendors.
- Guide visitors and communicate with volunteers.

July 18-21, 2022

### Gymnastics - Half Day Gymnastics Camp (15 hours)

- Direct and support children in physical activities, including games and gymnastics to assist gymnastic coaches.

August 9 -12, 2022

### CAMPS - Outdoor (GECC) - Beach Kids Summer Camp (18.75 hours)

- Actively participate in games and physical activities to support camp leaders with young participants.

October, 2022 -  
January 30, 2023

**Sentinel Secondary - Le Festival de la Francophonie (50+ hours)**

- Organized and hosted through event decoration, communications and acting as guide during the festival

October 20-23, 2022

**Connecte Program - Counsel Jeunesse Francophone (CJF)**

- An overnight bootcamp that focuses on building leadership skills and teamwork through francophone cultures.

March 10-13, 2023

**Connecte Program - Counsel Jeunesse Francophone (CJF)**

- An overnight program to award and discuss individual projects promoting public engagement in Francophone culture.
- Builds leadership skills and teamwork.

July 5, 2022 - Jan 23rd, 2024

**CHAMP 2023 and 2024 program - Metro Vancouver Youth4Action**

- Support local sustainability projects in Metro Vancouver, focusing on traffic emissions and road difficulties at Sentinel Secondary.
- Provide outings to gain knowledge on local sustainability issues.

October 13, 2022 - June, 2024

**WHATEVER Committee - West Vancouver Youth Hub**

- Weekly in-person meetings to plan and work on youth hub projects.
- Promote queer awareness, community, and collaboration; take notes as minute taker.

October 26, 2021 - Present

**Otaku Club Lead - Sentinel Secondary**

- Skills: leadership, organization, communication, presentation, and planning.
- Inclusive and safe environment for anime and manga lovers

May 12, 2023 - 2024

**Concession - Youth Lounge**

- Responsible for setup and cleanup, maintaining a clean and sanitary work environment.
- Handle monetary transactions.

May 13, 2023 - December 28, 2023

**Board Games Group - Youth lounge**

- Facilitate the concession, setup, cleanup, and engage in activities

November 12, 2022 - June, 2024

**Intergenerational Youth Committee (IYC)**

- Utilized crafting, planning, leadership, public speaking, and other creative project-based skills.

October, 2023 - Present

**REVOLVE (STEM) Club executive - Sentinel Secondary**

- Public speaking and leadership in presenting factual information on STEM-related subjects.
- Graphic design and social media promotion
- Outreach, graphic design, presentation designer, meeting planner

October, 2023 - June, 2023

**Exécutif de La Comité d'immersion française - Sentinel Secondary**

- Team building and organization of projects and events focused on francophone culture education.

June 11, 2023 - August 27, 2023

**Volunteer - Ambleside Farmers Market**

	<ul style="list-style-type: none"> <li>Promote market activities and events, managing traffic and vendor-customer communication.</li> <li>Apply multilingual skills and graphic design.</li> </ul>
September 3 - October 29, 2023 June 30 - October 27, 2024 May 4, 2025 - Present	<b>Assistant manager - Ambleside Farmers Market</b> <ul style="list-style-type: none"> <li>In addition to volunteer responsibilities</li> <li>Manage volunteers and handle local outreach and communications.</li> <li>Involve graphic design and video editing.</li> </ul>
February 27 - May 7, 2024	<b>Microsoft imagine - competition</b> <ul style="list-style-type: none"> <li>Design an innovative application for improving the world</li> </ul>
September, 2024 - May, 2025	<b>CyberPatriot XVII - cybersecurity competition</b> <ul style="list-style-type: none"> <li>North American competition</li> <li>Tasks: resolve vulnerabilities of different software systems</li> <li>Rank first in Canada (Round 1) - Platinum Ranking throughout</li> </ul>
March, 2025- May 2025	<b>CyberTitan - Canadian extension of CyberPatriot</b> <ul style="list-style-type: none"> <li>Second place in National competition</li> </ul>
April 3rd, 2025	<b>Young defenders of the North - Cybersecurity Hackathon</b> <ul style="list-style-type: none"> <li>First place out of 15 + teams</li> <li>Organized by SiberX and ISACA, hosted by Simon Fraser University</li> <li>Analyze breaches, track intrusions, and restore operations</li> </ul>
March 2025, Present	<b>Founder &amp; Organizer – Sentinel Music Program Instagram Team</b> <ul style="list-style-type: none"> <li>Founded and lead a student-run social media initiative to promote Sentinel's music program</li> <li>Plan and publish content for concerts, fundraisers, and musician spotlights, highlighting student talent and foster a welcoming, inclusive music community.</li> </ul>
September, 2020 - November, 2024	<b>Sentinel School Volleyball Team — Team Member (Grades 8–10, 12)</b> <ul style="list-style-type: none"> <li>Took a break from the team in Grade 11 to focus on academic and leadership commitments.</li> </ul>
March, 2021 - May, 2025	<b>Sentinel Secondary Badminton Team — Team Member (Grades 9–12)</b> <ul style="list-style-type: none"> <li>Contributed to the senior team's North Shore Championship wins in 2023 and 2024</li> <li>Team qualifies for BC Provincials in 2025</li> </ul>
2023 - 2025	<b>Model United Nations conferences - Delegate, Staff, and Assistant Director</b> <ul style="list-style-type: none"> <li>SMUN 2023 – WWII Historical Committee – Delegate (Norway)</li> <li>VMUN 2024 – UNICEF – Delegate (Argentina)</li> <li>CAIMUN 2024 – European Union – Delegate (Romania)</li> <li>CAHSMUN 2024 – Staff – Videographer</li> <li>NSMUN 2024 – United Nations Security Council – Delegate (China)</li> <li>SMUN 2024 – DISEC – Delegate (Ukraine)</li> <li>VMUN 2025 – European Parliament – Delegate (Bernard Guetta)</li> <li>NMUN 2025 – Parliament of British Columbia – Assistant Director</li> <li>CAHSMUN 2025 – FCC (Attack on Titan) – Delegate (Hange Zoë)</li> <li>CAIMUN 2025 – Cold War Cabinet – Delegate (Robert McNamara, Secretary of Defense)</li> </ul>

## TRAINING

Issued December 2019	Red Cross Swim Kids 9 - West Vancouver Aquatic Center
Issued May 17, 2019	Red Cross Babysitting - École Pauline Johnson
Issued November 26, 2018	Rank of 6th kyu - World Japan Karate Association Canada Diploma #A0675
Issued for until February 11, 2028	Vancouver CoastalHealth - FOODSAFE Level 1
Pre-summer 2022	Volunteer Training for West Vancouver District
Issued September 29, 2023	CyberSafe Certified (CyberSafeBC) - Justice Education Society of British Columbia
Issued December 12, 2023	CyberPatriot XVI - certification of participation (Ranked Gold)

## ACHIEVEMENTS

Issued August 19, 2022	GirlsB4Girls - appreciation Awards (12 hours)
Issued June 2023	École secondaire, SENTINEL secondary school - Grade 10 Honour roll
Issued June 2022	École secondaire, SENTINEL secondary school - Grade 9 Honour roll
Issued June 2021	École secondaire, SENTINEL secondary school - Grade 8 Honour roll
Issued March 2022	Sentinel STEM fellowship 2021-2022 - recognition award (14 hours)
Issued June 15, 2022	Theatre Company's Platinum Apprentice - Sentinel Stage Awards 2021
Issued May 1, 2023	West Vancouver - Youth Appreciation Award: Outstanding Youth Team <ul style="list-style-type: none"><li>- Le Festival de la Francophonie</li><li>- Whatever Youth Committee</li><li>- Intergenerational Youth Committee</li></ul>
Issued May 30 - June 1, 2023	Rock Ridge Debate Club - Finals Winner
Issued 2023	Connecte program service hour acknowledgement awards <ul style="list-style-type: none"><li>- For the Sentinel Francophonie festival</li></ul>
Issued January 23, 2024	Sentinel Iron Chef - First place
Issued March 3rd, 2024	Caimun 2024 - Honorable mentions (EU-Romania)
April 15, 2024	Spartan Spring Debate Invitational 2024 - 2nd Place Novice Team
Issued May 1, 2024	West Vancouver - Youth Appreciation Award: Outstanding Youth Team
Issued April 5, 2024	Wall of acclaim - District of West Vancouver
Issued December 7, 2024	SMUN 2024 – Outstanding Delegate (DISEC – Ukraine)

Issued April 3, 2025

Young defenders of the North - First Place

Issued May 9, 2025

NCL Spring 2025 Team Game - 99 Percentile (4779 teams)

Issued May 9, 2025

NCL Spring 2025 Individual Game - 53 Percentile (8573 individuals)

May 8, 2025

CyberPatriot XVII - Finalist: second place for CyberTitan (Platinum)

## REFERENCE

**Mahesh Chugani** : SD45 Instructor  
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**Jennifer Winning** : Executive Director of Artisan Farmers Market Society  
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