

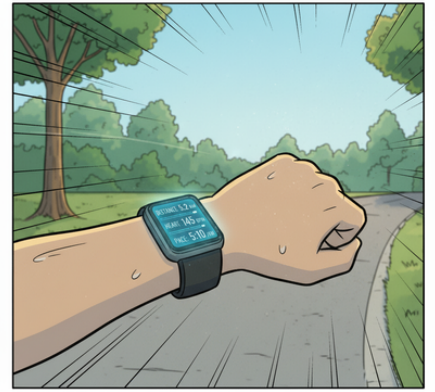
STORY BOARD



Frame 1: Pierre prepares for his morning run and wears his swattn.



Frame 2: He starts running full of energy.



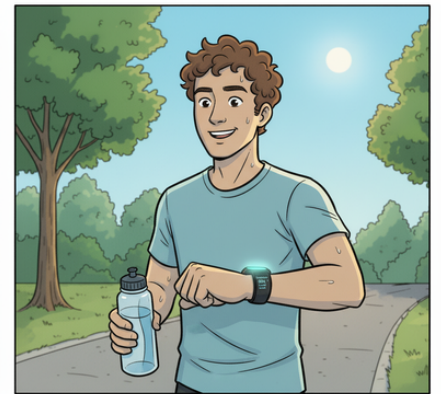
Frame 6: The swattn tracks his distance heart rate, and pace.



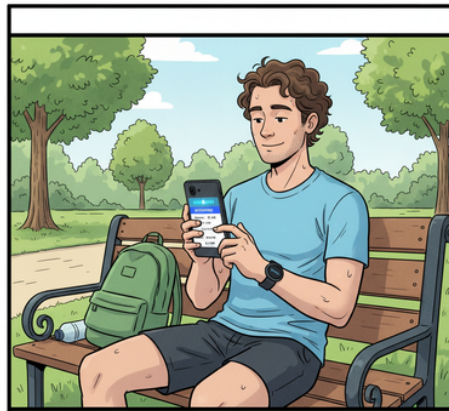
Frame 3: The swattn vibrates and displays a hydration reminder reminder "Thst water".



Frame 4: Pierre steps and drinks water from his bottle.



Frame 5: The swattn displays his current hydration level level (e.p. "Good").



Frame 7: After finishing, Pierre checks a summary report on his phone synced with the watch.