

SANGGUNIANG KABATAAN WESTERN BICUTAN



WAIVER, CONTRACT, AND RELEASE OF LIABILITY FORM TEENBAYAN: A safe space for youth

I. Participant Information:

- Full Name: _____
- Address: _____
- Phone Number: _____
- Email: _____

II. Emergency Contact Information:

- Full Name: _____
- Relationship: _____
- Phone Number: _____

III. Assumption of Risk:

I, the undersigned, understand that participating in physical exercise, fitness programs, and other activities at **TEENBAYAN: A safe space for youth** involves inherent risks, including but not limited to bodily injury, heart attack, muscle strain, and other physical and emotional injuries. I voluntarily assume all risks associated with my participation in these activities.

IV. Release and Waiver:

In consideration of being allowed to participate in the activities and programs at **TEENBAYAN: A safe space for youth**, I hereby release, discharge, and hold harmless **TEENBAYAN: A safe space for youth**, its owners, employees, instructors, trainers, agents, and representatives from any and all claims, demands, damages, rights of action, or causes of action, present or future, arising out of or connected with my participation in any activity at **TEENBAYAN: A safe space for youth**, including any injuries resulting therefrom.

V. Medical Disclaimer:

I acknowledge that **TEENBAYAN: A safe space for youth** is not responsible for any health problems that may result from training programs, exercises, or use of facilities. I agree that it is my responsibility to consult with a physician prior to and regarding my participation in physical activity. I certify that I am in good physical condition and have no medical or health condition

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that would prevent my participation in physical activities at **TEENBAYAN: A safe space for youth**.

VI. Indemnification:

I agree to indemnify and hold harmless **TEENBAYAN: A safe space for youth**, its owners, employees, instructors, trainers, agents, and representatives from any and all claims, actions, suits, procedures, costs, expenses, damages, and liabilities, including attorney's fees, brought as a result of my involvement at **TEENBAYAN: A safe space for youth** and to reimburse them for any such expenses incurred.

VII. Photo/Video Release:

I understand that during my participation in activities at **TEENBAYAN: A safe space for youth**, I may be photographed or videotaped. I agree to allow my photo, video, or film likeness to be used for any legitimate purpose by **TEENBAYAN: A safe space for youth**, including but not limited to marketing materials and social media.

VIII. Severability:

If any provision of this waiver and release is found to be unenforceable, the remaining terms shall be enforced to the fullest extent permitted by law.

TERMS AND CONDITIONS

Terms and Conditions:

1. Access and Use:

- Member will have access to the Gym facilities during operating hours, which are 9:00AM – 7:00PM.
- Member agrees to follow all Gym rules and regulations, including those posted in the facility and any instructions provided by Gym staff.

2. Health and Safety:

- Member certifies that they are in good health and have no medical conditions that would prevent them from participating in physical activities at the Gym.
- Member agrees to use the equipment and facilities in a safe and responsible manner and to report any injuries or equipment malfunctions to Gym staff immediately.

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3. Liability Waiver:

- Member acknowledges that participation in physical activities and use of the Gym facilities involves inherent risks, including but not limited to bodily injury. Member voluntarily assumes all risks associated with their use of the Gym.
- Member agrees to release, discharge, and hold harmless the Gym, its owners, employees, instructors, trainers, agents, and representatives from any and all claims, demands, damages, rights of action, or causes of action arising out of or connected with the Member's use of the Gym facilities.

4. Photo/Video Release:

- Member agrees to allow their photo, video, or film likeness to be used for any legitimate purpose by the Gym, including but not limited to marketing materials and social media.

5. Severability:

- If any provision of this Contract is found to be unenforceable, the remaining terms shall be enforced to the fullest extent permitted by law.

I have read this waiver, contract, and release of liability and fully understand its terms. I understand that I am giving up substantial rights, including my right to sue, and I acknowledge that I am signing this agreement freely and voluntarily.

Participant Signature: _____

Date: _____

Parent/Guardian Signature (if under 18): _____

Date: _____

Gym Representative Signature: _____

Date: _____