

Cybersecurity Autumn 2023

Exercises Compendium

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Contents

Info

Questions marked in bold are the important questions for report.
Currently in doubt about format of final report. Layout will change.

Exercise 02: Starting the Journey

Thinking About Threats

Answers based on the following relevant articles:

- [Microsoft mitigates China-based threat actor Storm-0558 targeting of customer email](#)
- [Mitigation for China-based threat actor activity](#)
- [Results of Major Technical Investigations for Storm-0558 Key Acquisition](#)

How did they separate access and infrastructure according to data relevance and impact?

They perform background checks, have dedicated identifiable accounts, secure access workstations and MFA using hardware token devices. They prevent the use of email and other communication tools which can compromise machines with malware or keylogs. They use Just in Time and Just Enough Access policies. They added the helper APIs, but failed to update relevant endpoint validation. Developers in other teams assumed that this validation was always performed and thus the disconnect happened.

How do roles and personnel fit into this, and which role could policies and training play?

Lack of evidence because of log retention policies. Because of a disconnect between team roles and personnel, validation was not performed.

Pentesting Intro

Which advantages for penetration testing would you see in the different approaches? What is the best option?

- NAT
- NAT Networks
- Bridged Networking
- Host Only

How does inspecting the ip configuration of a system help you with penetration testing? What is the security relevant aspect?

It does so by giving you info about all internet adapters, their protocols, their addresses, metrics, etc. etc.

How do you get the targeted user to execute our malicious payload?

Social Engineering, Disguising the file, exploiting vulnerabilities that allow for automatic code execution.

Is Metasploitable3 vulnerable to this exploit?

Testing the vulnerability is simple as connecting to the metasploitable vm and accessing sysinfo, verifying if it's correct. The vulnerability in this case, is an open nginx 8080 port, allowing us to connect. Metasploitable3 is very vulnerable to this exploit as it's designed to be so. It should close unused open ports, regularly update kernel and application versions, shut down unnecessary services and require validation before connection. It's quite easy to trick someone to download malicious files through torrenting, limewire, linkin-park-in-the-end.exe etc.

What is the practical use of this exercise? And why is the payload working in the way it is? How does this exercise relate to remote and reverse shells?

The practical use of this exercise is to see how easy it is to gain access to a vulnerable systems shell. The payload works how it does because

Which folder are you in when you get the meterpreter prompt? And what is the system-information?

I am in the folder that the payload.elf was run at

As user and the owner of this system – how would you mitigate this attack?

By not chmodding and running payloads which I don't know what are smh.

How does knowing usernames help an attacker/penetration tester?

It's a significant advantage as it allows you to brute-force passwords much faster and ensuring that you are actually on a user with specific permissions.

Now that you have access to the Metasploitable machine what else can we do? Get the list of users on this server, using a shell prompt by typing "shell" into the Meterpreter shell.

TODO

How does knowing usernames help an attacker/penetration tester?

It's a significant advantage as it allows you to brute-force passwords much faster and ensuring that you are actually on a user with specific permissions.

Using the meterpreter shell, check the output of the "arp" command. What do you find? Why could this information be relevant?

It displays internet-to-adapter address tables and when you're connected to a target machine, it shows the tables for that machine, which is very useful information when trying to penetrate.

Now lets be on the other side of the fence and investigate suspicious connections to our metasploitable server. Which command can you use to see network status and connections? Is there an anomaly or suspicious connection to our server? What makes it suspicious?

Unexpected source ip addresses, data transfers when you aren't expecting any, HTTP traffic on an unexpected port etc.

Exercise 03: General Assessment

Finding information with whois

Listing 1: Output of whois for sdu.dk

```
1 # Hello 185.136.116.160. Your session has been logged.
2 #
3 # Copyright (c) 2002 – 2023 by DK Hostmaster A/S
4 #
5 # Version: 5.1.0
6 #
7 # The data in the DK Whois database is provided by DK Hostmaster A/S
8 # for information purposes only, and to assist persons in obtaining
9 # information about or related to a domain name registration record.
10 # We do not guarantee its accuracy. We will reserve the right to remove
11 # access for entities abusing the data, without notice.
12 #
13 # Any use of this material to target advertising or similar activities
14 # are explicitly forbidden and will be prosecuted. DK Hostmaster A/S
15 # requests to be notified of any such activities or suspicions thereof.
16
17 Domain:                sdu.dk
18 DNS:                   sdu.dk
19 Registered:            1997–10–09
20 Expires:                2023–12–31
21 Registration period:   5 years
22 VID:                   no
23 DNSSEC:                Signed delegation
24 Status:                Active
25
26 Registrant
27 Handle:                ***N/A***
28 Name:                  Syddansk Universitet (University of Southern
    Denmark)
29 Address:               Campusvej 55
30 Postalcode:            5230
31 City:                  Odense M
32 Country:               DK
33
34 Nameservers
35 Hostname:              ns1.sdu.dk
36 Hostname:              ns2.sdu.dk
37 Hostname:              ns3.sdu.dk
```

What do you learn about SDU's network? In the protocol, note the IP range.

We learn a whole lot about the network such as the date registered, the expiration date, address of registrant and hostnames.

Listing 2: Output of whois for the ip of sdu.dk

```

1
2 #
3 # ARIN WHOIS data and services are subject to the Terms of Use
4 # available at: https://www.arin.net/resources/registry/whois/tou/
5 #
6 # If you see inaccuracies in the results , please report at
7 # https://www.arin.net/resources/registry/whois/inaccuracy_reporting/
8 #
9 # Copyright 1997–2023, American Registry for Internet Numbers, Ltd.
10 #
11
12
13 NetRange:      20.33.0.0 – 20.128.255.255
14 CIDR:          20.48.0.0/12 , 20.40.0.0/13 , 20.36.0.0/14 , 20.33.0.0/16 ,
15                20.34.0.0/15 , 20.128.0.0/16 , 20.64.0.0/10
16 NetName:       MSFT
17 NetHandle:     NET-20-33-0-0-1
18 Parent:       NET20 (NET-20-0-0-0-0)
19 NetType:       Direct Allocation
20 OriginAS:
21 Organization:  Microsoft Corporation (MSFT)
22 RegDate:       2017-10-18
23 Updated:       2021-12-14
24 Ref:          https://rdap.arin.net/registry/ip/20.33.0.0
25
26
27 OrgName:       Microsoft Corporation
28 OrgId:         MSFT
29 Address:       One Microsoft Way
30 City:          Redmond
31 StateProv:     WA
32 PostalCode:    98052
33 Country:       US
34 RegDate:       1998-07-10
35 Updated:       2023-06-13
36 Comment:       To report suspected security issues specific to traffic
37                 emanating from Microsoft online services , including the distribution
38                 of malicious content or other illicit or illegal material through a
39                 Microsoft online service , please submit reports to:
40 Comment:       * https://cert.microsoft.com.
41 Comment:
42 Comment:       For SPAM and other abuse issues , such as Microsoft
43                 Accounts , please contact :
44 Comment:       * abuse@microsoft.com.
45 Comment:
46 Comment:       To report security vulnerabilities in Microsoft products

```


and services , please contact :

43 Comment: * secure@microsoft.com.

44 Comment:

45 Comment: For legal and law enforcement—related requests , please
contact :

46 Comment: * msndcc@microsoft.com

47 Comment:

48 Comment: For routing , peering or DNS issues , please

49 Comment: contact :

50 Comment: * IOC@microsoft.com

51 Ref: https://rdap.arin.net/registry/entity/MSFT

52

53

54 OrgAbuseHandle: MAC74-ARIN

55 OrgAbuseName: Microsoft Abuse Contact

56 OrgAbusePhone: +1-425-882-8080

57 OrgAbuseEmail: abuse@microsoft.com

58 OrgAbuseRef: https://rdap.arin.net/registry/entity/MAC74-ARIN

59

60 OrgTechHandle: SINGH683-ARIN

61 OrgTechName: Singh , Prachi

62 OrgTechPhone: +1-425-707-5601

63 OrgTechEmail: pracsin@microsoft.com

64 OrgTechRef: https://rdap.arin.net/registry/entity/SINGH683-ARIN

65

66 OrgTechHandle: BEDAR6-ARIN

67 OrgTechName: Bedard , Dawn

68 OrgTechPhone: +1-425-538-6637

69 OrgTechEmail: dabedard@microsoft.com

70 OrgTechRef: https://rdap.arin.net/registry/entity/BEDAR6-ARIN

71

72 OrgTechHandle: IPHOS5-ARIN

73 OrgTechName: IPHostmaster , IPHostmaster

74 OrgTechPhone: +1-425-538-6637

75 OrgTechEmail: iphostmaster@microsoft.com

76 OrgTechRef: https://rdap.arin.net/registry/entity/IPHOS5-ARIN

77

78 OrgRoutingHandle: CHATU3-ARIN

79 OrgRoutingName: Chaturmohta , Somesh

80 OrgRoutingPhone: +1-425-882-8080

81 OrgRoutingEmail: someshch@microsoft.com

82 OrgRoutingRef: https://rdap.arin.net/registry/entity/CHATU3-ARIN

83

84 OrgTechHandle: MRPD-ARIN

85 OrgTechName: Microsoft Routing , Peering , and DNS

86 OrgTechPhone: +1-425-882-8080

87 OrgTechEmail: IOC@microsoft.com

88 OrgTechRef: https://rdap.arin.net/registry/entity/MRPD-ARIN

```

89
90
91 #
92 # ARIN WHOIS data and services are subject to the Terms of Use
93 # available at: https://www.arin.net/resources/registry/whois/tou/
94 #
95 # If you see inaccuracies in the results, please report at
96 # https://www.arin.net/resources/registry/whois/inaccuracy_reporting/
97 #
98 # Copyright 1997–2023, American Registry for Internet Numbers, Ltd.
99 #

```

The IP range is 20.33.0.0 - 20.128.255.255

What is the whois information for nextcloud.sdu.dk? What do you observe in comparison to the whois-information you gathered for www.sdu.dk

Listing 3: Output of whois for nextcloud.sdu.dk

```

1
2 #
3 # ARIN WHOIS data and services are subject to the Terms of Use
4 # available at: https://www.arin.net/resources/registry/whois/tou/
5 #
6 # If you see inaccuracies in the results, please report at
7 # https://www.arin.net/resources/registry/whois/inaccuracy_reporting/
8 #
9 # Copyright 1997–2023, American Registry for Internet Numbers, Ltd.
10 #
11
12
13 NetRange:      130.225.0.0 – 130.244.255.255
14 CIDR:          130.225.0.0/16, 130.226.0.0/15, 130.228.0.0/14,
15                130.244.0.0/16, 130.240.0.0/14, 130.232.0.0/13
16 NetName:       RIPE-ERX-130-225-0-0
17 NetHandle:     NET-130-225-0-0-1
18 Parent:        NET130 (NET-130-0-0-0-0)
19 NetType:       Early Registrations, Transferred to RIPE NCC
20 OriginAS:
21 Organization:  RIPE Network Coordination Centre (RIPE)
22 RegDate:       2003-11-12
23 Updated:       2003-11-12
24 Comment:       These addresses have been further assigned to users in
25 Comment:       the RIPE NCC region. Contact information can be found
26 Comment:       in
27 Comment:       the RIPE database at http://www.ripe.net/whois
28 Ref:           https://rdap.arin.net/registry/ip/130.225.0.0
29
30 ResourceLink:  https://apps.db.ripe.net/search/query.html

```

```

29 ResourceLink:  whois.ripe.net
30
31
32 OrgName:      RIPE Network Coordination Centre
33 OrgId:        RIPE
34 Address:      P.O. Box 10096
35 City:         Amsterdam
36 StateProv:
37 PostalCode:   1001EB
38 Country:      NL
39 RegDate:
40 Updated:      2013-07-29
41 Ref:          https://rdap.arin.net/registry/entity/RIPE
42
43 ReferralServer:  whois://whois.ripe.net
44 ResourceLink:  https://apps.db.ripe.net/search/query.html
45
46 OrgAbuseHandle: ABUSE3850-ARIN
47 OrgAbuseName:   Abuse Contact
48 OrgAbusePhone:  +31205354444
49 OrgAbuseEmail:  abuse@ripe.net
50 OrgAbuseRef:    https://rdap.arin.net/registry/entity/ABUSE3850-ARIN
51
52 OrgTechHandle:  RNO29-ARIN
53 OrgTechName:    RIPE NCC Operations
54 OrgTechPhone:   +31 20 535 4444
55 OrgTechEmail:   hostmaster@ripe.net
56 OrgTechRef:     https://rdap.arin.net/registry/entity/RNO29-ARIN
57
58
59 #
60 # ARIN WHOIS data and services are subject to the Terms of Use
61 # available at: https://www.arin.net/resources/registry/whois/tou/
62 #
63 # If you see inaccuracies in the results, please report at
64 # https://www.arin.net/resources/registry/whois/inaccuracy_reporting/
65 #
66 # Copyright 1997-2023, American Registry for Internet Numbers, Ltd.
67 #
68
69
70
71 Found a referral to whois.ripe.net.
72
73 % This is the RIPE Database query service.
74 % The objects are in RPSL format.
75 %
76 % The RIPE Database is subject to Terms and Conditions.

```

```

77 % See https://apps.db.ripe.net/docs/HTML-Terms-And-Conditions
78
79 % Note: this output has been filtered.
80 %      To receive output for a database update, use the "-B" flag.
81
82 % Information related to '130.225.128.0 - 130.225.159.255'
83
84 % Abuse contact for '130.225.128.0 - 130.225.159.255' is 'abuse@cert.dk'
85
86 inetnum:          130.225.128.0 - 130.225.159.255
87 netname:          SDU-v4-POOL-01
88 country:          DK
89 geofeed:          https://info.net.deic.dk/deic-geofeed.csv
90 org:              ORG-SUI1-RIPE
91 admin-c:          UN61-RIPE
92 tech-c:           UN61-RIPE
93 status:           ASSIGNED PA
94 remarks:          Generated by DeIC on 2022-07-28 for more information
95                   contact netdrift@deic.dk
96 mnt-by:           DEIC-MNT
97 mnt-by:           AS1835-MNT
98 created:          2015-12-10T10:05:14Z
99 last-modified:    2022-07-28T11:50:21Z
100 source:          RIPE
101
102 organisation:     ORG-SUI1-RIPE
103 org-name:         Syddansk Universitet , IT-service
104 org-type:         other
105 address:          Campusvej 55
106 address:          5230 Odense M
107 address:          DK
108 mnt-ref:          AS1835-MNT
109 mnt-by:           AS1835-MNT
110 mnt-by:           DEIC-MNT
111 created:          2012-05-03T10:51:17Z
112 last-modified:    2022-01-28T14:00:25Z
113 source:          RIPE # Filtered
114
115 role:             DeIC Netdrift
116 address:          DeIC
117 address:          DTU Building 304
118 address:          2800 Lyngby
119 address:          Denmark
120 phone:            +45 35 888 222
121 fax-no:           +45 35 888 201
122 admin-c:          AMD2-RIPE
123 tech-c:           AMD2-RIPE
124 tech-c:           JF6044-RIPE

```

```

124 tech-c:          HUB10-RIPE
125 nic-hdl:        UN61-RIPE
126 mnt-by:         AS1835-MNT
127 mnt-by:         DEIC-MNT
128 created:        2008-11-24T13:12:55Z
129 last-modified:   2022-01-28T14:00:26Z
130 source:         RIPE # Filtered
131 abuse-mailbox:   abuse@cert.dk
132
133 % Information related to '130.225.0.0/16 AS1835'
134
135 route:          130.225.0.0/16
136 descr:          Forskningsnettet - 130.225
137 origin:         AS1835
138 mnt-by:         AS1835-MNT
139 mnt-by:         DEIC-MNT
140 created:        1970-01-01T00:00:00Z
141 last-modified:   2022-01-28T14:00:18Z
142 source:         RIPE
143
144 % This query was served by the RIPE Database Query Service version 1.108
    (BUSA)

```

The IP range is 130.225.128.0 - 130.225.159.255 for one.

In addition, the output is much more detailed without having to query the ip address instead of the website name.

Question: nmap

Nmap scans can be set up to evade firewalls. Which tags would you use for sending packets with specified ip options?

To do that you would use `-ip-options` with one of several options such as "R" to set a record route.

Nmap scans can be set up to evade firewalls. Which tags would you use for spoofing your MAC address?

In that case I would use the tag `-spoof-mac` with either a specific mac address or 0 passed to use a random one.

Comparing the Tools

Compare your results from each of the previous activities in each question (e.g., sparta vs nessus vs openvas). Take notes and discuss overlaps and differences in results, pros and cons, ease of use for each tool.

GVM, NESSUS, LEGION, METASPLOITABLE VMs

Collecting the Assessment Information

Find possible vulnerabilities with metasploitable3 (both Windows and Ubuntu). State tools and resources used and then select 4 vulnerable services for each of the metasploitable VMs for which you document the following:

†Service, port number and version number, e.g., FTP 21 vxxxxx TODO

†Describe or explain at least one vulnerability that you found for that service, i.e., what is the underlying issue and what can be achieved? How severe is that issue? (You do not have to state how to exploit the vulnerability or go into technical details. We will look into this later btw. The intricate technicalities are mostly outside the scope of the course.) But make sure you describe what possible outcomes of the exploit are, what the impact for a real system were and how critical you would assess the issue due to the effects, i.e., argue for your assessment

TODO

†For each of the vulnerabilities in the previous point, note the CVE and/or Source of information about the vulnerability for that version. Using metasploit's info command might help you here, if you want to go to the command line.

TODO

Completing the Assessment

†Create a final report, extending the collected information with an overall review of the security concerns in both the Metasploitable-3 Windows and Ubuntu systems, e.g., different criticality levels of the services (an overview of how bad the situation is) and which ones to be prioritized when addressing security issues (a selection of the most relevant issues for prioritisation). For this use a combination of the results from the tools that you used or one of the tools.

Note, that you shouldn't just copy and paste the severity of the tools you use, but read through the CVE you selected and try to determine how critical it is. I.e., what is the possible impact? Is the service inoperable, or is intellectual property at risk?

TODO

Exercise 04: SQL Injection

Preparation

try command `mysql -h <METAPLOITABLE IP> -P 3306`

Nessus does say it was unable to get version number for the MySQL server because it is restricted.

Does it mean the MySQL server is protected against cyber attacks?

It doesn't necessarily mean that the server is protected against attacks. Restricting the version number is one security measure, but it doesn't mean that the entire server is secure from any and all exploits.

How could that protection look like?

Protection against cyberattacks could be things like using strong passwords, restricting access to only certain users or groups, using TLS encryption, disabling unnecessary features in the MySQL server, logging access to the server, updating to the latest versions and security patches frequently, setting up a firewall etc.

And what exactly would it protect against?

Hiding the version-number protects against exploits that are available for certain versions of the MySQL server, while making use of general best-practices when it comes to security configuration, ensures that the amount of available exploits are minimized.

Spying with SQL Injections

Please shortly discuss your opinion of this web server's configuration concerning directory listings

Directory listings should always be disabled for public websites, as it gives potential bad actors access to information about potential vulnerabilities and files that no user would need access to.

What type of SQLi attack works? Can you explain why?

What is the # sign for? Can we generally assume it to do the trick?

Include four relevant username/password combinations in your report. What is the issue with the passwords in the data base and what could be done to secure them?

Which other problem allows you to get into the machine using ssh? How could this be prevented?

Elevation of Privilege

Which are the individual issues that allowed us to go from a web interface to root access, and how would you address them as a server's operator to prevent them being exploited? Describe the issues you identified and try to come up with suggestions on how to fix them

Can SQL Injection expose an otherwise inaccessible data base server?

How likely do you think an attack scenario as presented here is?

Using our Foot in the Door for Access to Other Services

Is sudo necessary? What do we gain by using it?

Using sudo specifies the command to be run with root privileges.

Are there other ways to search for a file? Which do you know?

Can you find anything interesting?

What's the username, password and database name?

What was the problem with the web application?

Which ports and services were the problem associated with?

How did you exploit the vulnerability?

And what were you able to do?

How would you suggest to fix the problem? (Do some online research about SQL injections solutions.)

Draft a short and crisp, the relevant parts of a policy trying to prevent these issues.

Fully Explore Local Accounts

What are benefits of performing this scan after already having full access?

Post-Exploitation

Thinking as an attacker, what would your next steps be?

As an operator, what would you do to counteract?

Exercise 05: Drupal

Background

Which vulnerabilities do you think can be used? Pick two potential vulnerabilities and describe them in terms of why you picked them, i.e., date and exploit effect.

For the rest of the tutorial, we will use the vulnerability *dubbed drupageddon*. What is the underlying vulnerability?

What is so severe about the issue?

Post-Exploitation

What are possible activities/aims for the post-exploitation phase?

Write out the list in the file that has the “User Accounts”?

How does having a list of user names help?

What do the excellent post exploitation scripts for linux offer?

Reflection

What is the main issue with the web server? How did it help selecting potential exploits?

When opening the drupal web page, you are greeted by a warning. Do you think this is good practice? Why or why not?

Given a more restrictive web server configuration, finding the relevant information wouldn't have been that easy. Please check dirbuster, to be found in the “Web Application Analysis” menu. How could this tool help you finding information? Try it out on the Ubuntu metasploitable VM. Use `/usr/share/dirbuster/wordlists/directory-list-2.3-medium.txt` as dictionary.

How can effective spying with tools like dirbuster be prevented?

This attack didn't get us all the way to root. How would you continue the pentest? What would be your next actions?

Do you have any specific things in mind you would try to get root access?

What makes getting a remote shell so powerful?

Exercise 06: Social Engineering

Defense

Which technical tools can be used to defend against social engineering attacks and against which?

Give examples on how you, as IT-experts, can either stop or mitigate Social Engineering.

Experiment: Attack and Defen