

The Living Experiment

Figuring out life one educated guess at a time

Sex in a post-SRS life (SRS +196 days/7 months)

So I've gone through the first 6 calendar months now post-SRS. I'm done with month 7 by how they count (i.e. 4 weeks/month). First and foremost, I know many people have read the well known Suporn PDF and used it as their gold reference for a lot of information around SRS with Suporn. Well, a few weeks back the author [provided an update with revision](#) experiences as well as a section I wrote around the [fear and anxiety I experienced](#). It's a very well done document that has answers to almost any of the questions I would've had going into SRS and I highly recommend reading it and taking a PDF of it with you on your phone.

With that done, on to the updates! And honestly, there aren't many around the healing itself. Things keep getting better and better overall. Dilation is once every day or two now (I've gone 36 hours without any major issues) and it's a 20 minute thing now. Grab an oz or two of coconut oil that I warmed a bit with a hair drier so it's not as hard, smear it around and in all the folds, then get a glob of KY since I still have like 75 tubes of the stuff. Which, as an aside, I wouldn't get 6 months of it like I did (180 tubes). Get like 3 months worth and maybe like 90 tubes if you're going to get any. It's decent when mixed with coconut oil, but it isn't really great for sex as it dries out quicker than I'd like. It also seems that for a day or two every week or two I get random pain/discomfort in some way. It's nothing major or concerning, but it does happen. Last week, for example, was pain back to where the left labia joins the skin towards the anus. This is actually a similar spot to where I originally had a lot of intense pain now that I think about it. But it went away within a day or two and only happened for a few seconds.

But the main thing I have gained some experience with is sex. Granted it's only been with two partners, but still. These are people I've met off dating sites and were told prior to sex that I was post-op trans. They also were told that I was still kind of lost in the sex realm and it might be a lot of learning experiences so to bear with me. None of that was an issue with either of them. So first up based on chronological events:

Sex with a guy

First and foremost, this guy seems to be a pretty good person and I've enjoyed going on dates with him. You certainly can go find some strange, but personally I found it better to explore with somebody you can trust a bit and can talk through things with. First, sex with guys as a woman is fucking awesome. It's not without some issues which I'll get into shortly but it's way better than sex with male anatomy and imagining being a woman in the situation ever was or could've been. It's amazing what it feels like, and while similar to anal it's really different. And more intimate I feel. But, for me, it's not without some issues.

- Biggest thing is lack of fucking lubrication. If there is one thing I may forever be jealous/envious of cis women for it's their ability to self-lubricate. Well, at least with many women as not all self-lubricate well. I have also only tried QC thus far since I have stupid quantities of it left and expect better quality lube to improve this. *Likely resolution – get better lube likely try Sliquid or Shibari to start although need to look into this a bit more.*
- Size of your partner can be an issue. This guy is big. Like way big. He's 8 inches or so and thicker than the large Suporn dilator (I'd imagine about the orange soul source diameter if not slightly larger). I'm well into 7 with the large dilator in depth for reference. This has caused issues more than once and basically I have to dilate immediately before sex for it to work. Even fingers won't stretch it enough. *Likely resolution – I should be able to fix this by ordering the soul source orange dilator and using that regularly though.*
- Pain due to the two aforementioned points. Specifically due to the girth of him it's very similar to anal where I need to get a little ways in, wait, then go a little further. Once it's past the pelvic floor though it's a lot easier until he "bottoms out" so to speak. *Likely resolution – get the soul source dilator, and get better lube*

- Positions can be tricky as well since my depth seems to change based on the position. Which is pretty normal for cis women as well. Just how body geometries work it would seem. That said, this may ease up over time with further healing. TBD.

So that's the gist of things with the guy side of things (well... the only guy I've been with so I've got a small sample size). Now, let's go to:

Sex with a woman

So this is a weird one, and I don't entirely know what to make of it yet as I've only had sex with a woman once so far. Because of this, along with the specifics of what happened I'm not able to provide as clear bullets as above. Quick overview for context of this encounter, I met this girl on a dating site where we seemed to hit it off well. In person it was hard to figure out if she was into me or not, and after a few dates I asked and we agreed to keep it as a friendship. Cool. We continued to hang out as friends over the last few months. In Jan though she found out she had an extended work trip to Germany (Note – I'll put up a different post about this as there is some stuff that happened that warrants a different post) and said I'm welcome to come and stay with her if I wanted to fly out. So I redeemed some miles and spent 7 nights there. We kept it platonic, although through conversations found out we were into similar things sexually (i.e. kink) and into them in ways that meshed well with the other person. So fast forward to the end of the trip where we spent the weekend in Amsterdam. The second night there we took a nap before going out for the night to the red light district and LGBT bars where we were both open to a 3 some with a girl there if we found a girl we both liked (either in red light or at the bar). We drank a lot of wine and had some cheese, dried figs, and macaroons before the nap. At the end I said, "so I'm going to put this out there... we're in Amsterdam, I'm kind of drunk, and think it might be nice to just enjoy things here where whatever happens doesn't mean anything for our friendship." She was okay with it, although not enthusiastic it didn't seem. But I do have a bad habit of reading into this stuff in a negative way.

So the sex. We started with kissing, and caressing, and was a much more sensual type of sex than it has ever been when male anatomy has been involved (mine or others). Neither of us went down on one another, but we fingered and kissed a lot.

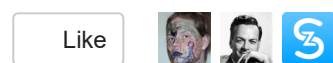
And it was a lot of fun. Like really fun. Unfortunately I was drunk and the stuff that happened towards the end has clouded clearly being able to recall the sexual stuff.

What happened you ask? Well... I had a breakdown. It initially got fired off because she got naturally wet, and no matter what I didn't. This made me feel that I was never going to have what I want, which is to forget I'm trans and be no different than a cis woman is. And in many ways that's true. But so far sexually, it isn't as it relates to getting natural lubrication going. It put me into a dark spiral. It also didn't help that I couldn't tell if she was into it/me or not and just doing it to do it. I don't even remember what all I said/did other than saying I was stupid for suggesting it and shouldn't have, and ending up with her holding me as I'm holding back tears.

Needless to say, I need to have more sex with women... but I need to get comfortable with myself and my body. I need to accept that I may never get naturally lubricated and find partners who are okay with it and don't make it into a "thing", which for the record she didn't at all make it uncomfortable or anything. Additionally, I need my clit to start feeling good with others play with it. Because right now it doesn't. Too much pressure is very easy to have happen. I feel kinda lost in this body sexually speaking and it's like going through losing my virginity again (#BornAgainVirgin). We'll see what the future holds. Who knows if sex with her will happen again, but the friendship does seem to be intact at least. I do feel really bad for her having to go through that though as I really wanted it to just be a fun and enjoyable weekend for both of us. These things happen though.

This has been a pretty long post and covered a lot, I've got two other posts I need to write up over the next week or so.

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One thought on “Sex in a post-SRS life (SRS +196 days/7 months)”



August 15, 2017 at 10:44 am

Hello, I found your blog via Reddit and it's really informative. I wanted to mention that I'm a cis woman in her mid thirties who has given birth, and I don't produce lubricant anymore. I haven't for awhile and I think it's due to hormones. A lot of women experience not creating lubricant (for all kinds of reasons...age, time of month/hormones, hydration, surgery).

I use Sliquid and generally have preferred the silicon lubes b/c they last longer for me. Lubing up myself and my partner has become a sexy part of foreplay.

I hope you find peace with your new lady parts. Method of lubing doesn't make you less female or less 'turned on.'

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