

## The Living Experiment

Figuring out life one educated guess at a time

### And then it got easy (SRS +17 weeks)

First, I've switched to weeks in my updates instead of days. My updates have been hit or miss more frequently and beyond that most people aren't going to want to convert 119 days into weeks/months. So, it's much easier to swap to weeks as that's easier math to convert to months. So you'll start to see that in the title pages.

Now, on to the actual post and relevant content. So two weeks ago I was in Dallas for a second time last month. It was a really good trip (well except on the work side of things as that really didn't get everything done once again and will need yet another trip down to do that work). One of the really cool things was dilation the last day there all of a sudden was super easy. The morning it was normal. That evening I was already "loosened up" in the pelvic floor and it just slid right in to like 14 cm pretty quick. I waited to post a lot about it in case it was a fluke. But now that it's been about 10 days or so of pretty consistent easier dilations... I'm feeling comfortable to say that basically the 4 month mark was the next milestone.

Prior to that dilating would take 45-60 minutes usually. Sometimes it'd be a little faster, but not usually. However, now I'm done usually in 30 minutes or so from start. I'll sometimes go longer just because I can at that point and I'm watching a show or something. But I can get up at 715, shower, dilate, and shower again by 8 (assuming I don't shave or anything in the shower). Whereas before I'd have to shower before roommates @ like 630 I can now sleep in another 30 minutes from where I used to have to get up at month 2ish. So that's pretty cool. I'm expecting in a week or so for things to tighten back up for a few days or something before becoming easier again based on how the healing process has gone thus far.

I still need to dilate 2x/day. I dilated 1x/day Sunday and Monday morning was tighter again. I could go down to 1x/day if I have to for some reason, but it's much better to do it twice a day still. Which isn't too bad now that basically both dilations are done in the amount of time it used to take for a single dilation session at 2 months in. Reading in the FB group from other girls it appears that 3-5 months is about where it gets easier, usually about 4 months for most girls. Then the next big one is around the 5-7 mark where the one day dilation stuff is even easier/faster. At this point dilation still feels onerous in ways (like now I'm doing this blog to delay dilating... so far for 45 minutes), and I don't look forward to it still. But I hate it less and less. It's becoming more and more just a part of life. Unfortunately since I dropped to 2x/day earlier than I should've it means I'll be stuck here for a long time. Or so it'll feel like anyways. Because I've been at 2x/day for 7-8 weeks roughly now, and likely have another 7-8 before I'll get to one more a day. Upside is since it's the holiday period time is going really quickly (well that and more of my life has crumbled in the past week as roommates are moving out and now my next 2-3 year plan is out the window and has to be re-worked... but that'll happen). The rest of this month should go quick. Then Jan might go quick as well since I'm expecting another work trip or two in Jan.

Finally, still haven't gotten off and things usually are kinda "meh" feeling down there. Doesn't feel good or bad just like rubbing my arm more or less. I haven't had sex again since [the first time](#). I did have some sexual stuff happen in Dallas, but nothing really of note and it really didn't do anything for me. I think that one of the main reasons anymore is I need to have an emotional connection. I don't know that I can get off on meaningless/emotionless sex anymore. We'll see though as I'm still a ways off in healing and have a lot ahead of me on this road. I am trying to get back out there dating and stuff after the end of relationships (although part of me wishes the one ex would say she wants me in her life and to start dating again), but I'm not really forcing anything. Unfortunately at this point still I have to disclose I'm trans as things are healing and you can tell due to the scarring/swelling that still exists. But there's potential there for the short term. Since my 3 year plan is in chaos I don't even know if I'll be in the same state 6 months from now so I'm not sure about relationships. Whatever. Sex will be enjoyable again one day. Until then, dilate and get back to work.

Oh, and one more thing... did volleyball last night without issues dilating after. So that's cool. Looks like I can return to sports (I was doing my normal stupidity of diving and stuff) now. Starting a soccer and vball league in Jan which should be fun especially since it shouldn't make dilation harder based on recent experiences with exercise+dilation soon after.

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