

The Living Experiment

Figuring out life one educated guess at a time

Oh hi there hormones! Aren't you lovely when you're imbalanced/changing? (SRS +17 days)

My gf left today to fly back home. When Dr Supron said I was healing well, we looked into moving my flight up but I couldn't justify \$1100 USD to move it to today. For the past 24 hours I wish I had. And I expect that to continue tomorrow. Can't wait. I rode with to the airport so I could spend a bit more time with her before leaving. That meant being up at 245 AM (Chon Buri time) to get picked up at 3 AM. Thankfully the driver wanted to head back quickly so he hurried me along so I was able to (mostly) hold the stupid emotional breakdown I could feel coming in while at the airport. I cried a little in the car, but shit as soon as I got into the room and saw half the stuff gone and her not in bed... Ugh. The next 2 hours weren't pretty.

Finally got back to sleep around 630 AM local, and had set an alarm for 8 AM local to do dynamic dilation and get breakfast before my 945 AM post-op "here's what you need to know when you are back home" class. A ton of information was said during it, but most of it is already known if you read the common stuff around Suporn's surgery specifically. A quick highlight of the info discussed:

- Do not stop dilating. You need to reach surgical depth every time or you'll risk losing depth (I suspect this is slightly exaggerated and if you don't hit depth one time, but take some pain killers and hit it the next few times it's not going to be a problem... but deviate from their instructions at your own risk). If there is pain or issues preventing you from hitting full depth and dilating 3x/day using dynamic... email Sophie who you register with.

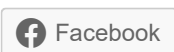
- Additionally make sure to clean things after month 2 when in the shower (i.e. stick fingers in a bit, run around the inside edges to clean out dead skin and stuff). You'll want to clean between the labia folds with soap you use on your skin after month 2 or so, as it'll get pretty interesting smelling apparently if not.
- If you start bleeding it's likely the urethra opening area. Apply pressure with finger/gauze/etc for 15 min and it should stop.
- If that isn't where the bleeding is from use a dilator statically for 15 min.
- Don't go to a gyno for the first year, unless it's for a UTI (as things are healing and they aren't knowledgeable of post-op <1 year Suporn after surgery care)
- If you can use the large dilator directly to full depth, you can skip the medium size for dynamic dilation.
- You may have some dead tissue (necrotic) that looks black. Suporn may remove some before leaving, he might not. It'll go away on its own. Just use Silvex in the central opening like they show you.
- Dilate before you fly out and when you get home from your return trip.
- That'll give you meds for the next month or two when you get home. I'm still going to talk to my endo anyways about getting US versions of them if they aren't available in the US.
- You might get granules which will hurt. Keep dilating, they will go away with time (note, you may be able to reduce these by being less active from what they were saying)

There was a lot more and they gave a booklet to talk further about things. But all in all nothing really surprising or unexpected or things I didn't already kind of know.

Then I got back to the room, broke down again because my gf isn't here now with me, and caught up on some stuff for a bit. Fuck I miss her, and fuck hormones fucking with me as I suspect that's likely the cause. I kind of think the Progesterone is the main culprit here as well. But it gives boobies. So boobs>crying for the time being.

Also – I'm going to back-fill a lot of the stuff for the past 10 days over the next week. It might be a bit out of order for a bit though.

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