

Medical Status and Treating Physician Snapshot

Simulated training document only — not an official or live claim file.

Medical Provider Network / Treatment Status

MPN / HCN Status	All treatment has occurred within the Anthem Blue Cross Workers' Compensation MPN, including PrimeCare Occupational Health (Riverside) and Riverside Orthopedic Medical Group.
-------------------------	--

Primary Treating Physician (PTP)

PTP Name	Laura Nguyen, M.D.
Specialty	Occupational Medicine.
Clinic	PrimeCare Occupational Health, Riverside, CA.

Recent Medical Status

MMI / P&S Date	04/10/2025 (per PTP; confirmed by Ortho AME).
Last Visit Date	07/15/2025 – follow-up confirming stable condition at MMI.
Next Appointment	None scheduled; follow-up on an as-needed (PRN) basis for flare-ups or new symptoms within future medical parameters.

Ongoing Medical Plan

- Home exercise and self-management program for lumbar spine and left knee.
- PRN physical therapy for episodic flares, subject to utilization review.
- As-needed medications (NSAIDs and similar) for pain and inflammation.
- Potential intra-articular injections to left knee if clinically indicated in the future.