

# Medical Status and Treating Physician Snapshot

*Simulated training document only — not an official or live claim file.*

## Medical Provider Network / Treatment Status

<b>MPN / HCN Status</b>	All treatment has occurred within the Anthem Blue Cross Workers' Compensation MPN, including PrimeCare Occupational Health (Riverside) and Riverside Orthopedic Medical Group.
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## Primary Treating Physician (PTP)

<b>PTP Name</b>	Laura Nguyen, M.D.
<b>Specialty</b>	Occupational Medicine.
<b>Clinic</b>	PrimeCare Occupational Health, Riverside, CA.

## Recent Medical Status

<b>MMI / P&amp;S Date</b>	04/10/2025 (per PTP; confirmed by Ortho AME).
<b>Last Visit Date</b>	07/15/2025 – follow-up confirming stable condition at MMI.
<b>Next Appointment</b>	None scheduled; follow-up on an as-needed (PRN) basis for flare-ups or new symptoms within future medical parameters.

## Ongoing Medical Plan

- Home exercise and self-management program for lumbar spine and left knee.
- PRN physical therapy for episodic flares, subject to utilization review.
- As-needed medications (NSAIDs and similar) for pain and inflammation.
- Potential intra-articular injections to left knee if clinically indicated in the future.