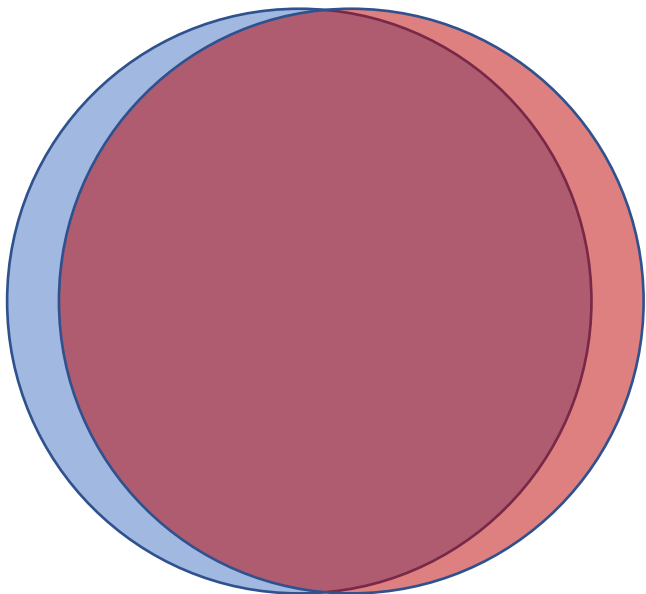


# Wave-models of Cognition & Mental Health

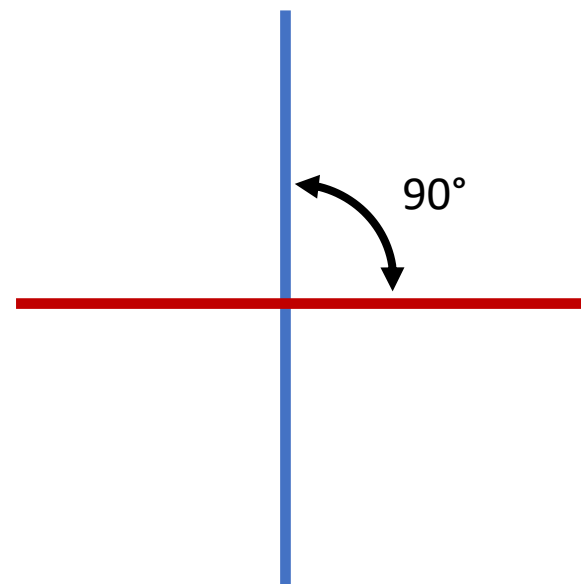
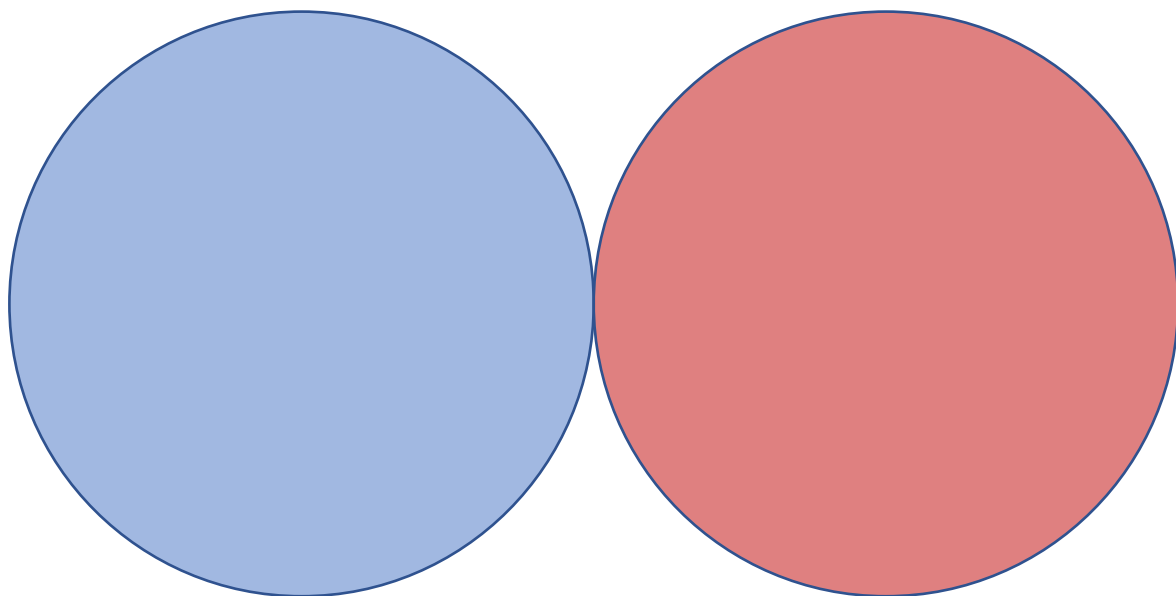
## Chris Ma 2022

- *Unrelated to quantum-bio/mind/consciousness*
- *Related to neural networks, quantum computing*
- Is human dignity rational? i.e. is suicidality irrational?
- CBT v.2: Can we diagnosis *a priori* when talk therapy will help?
- Longterm: Can we restructure our language/culture/society such that non-invasive treatments are more effective more often?

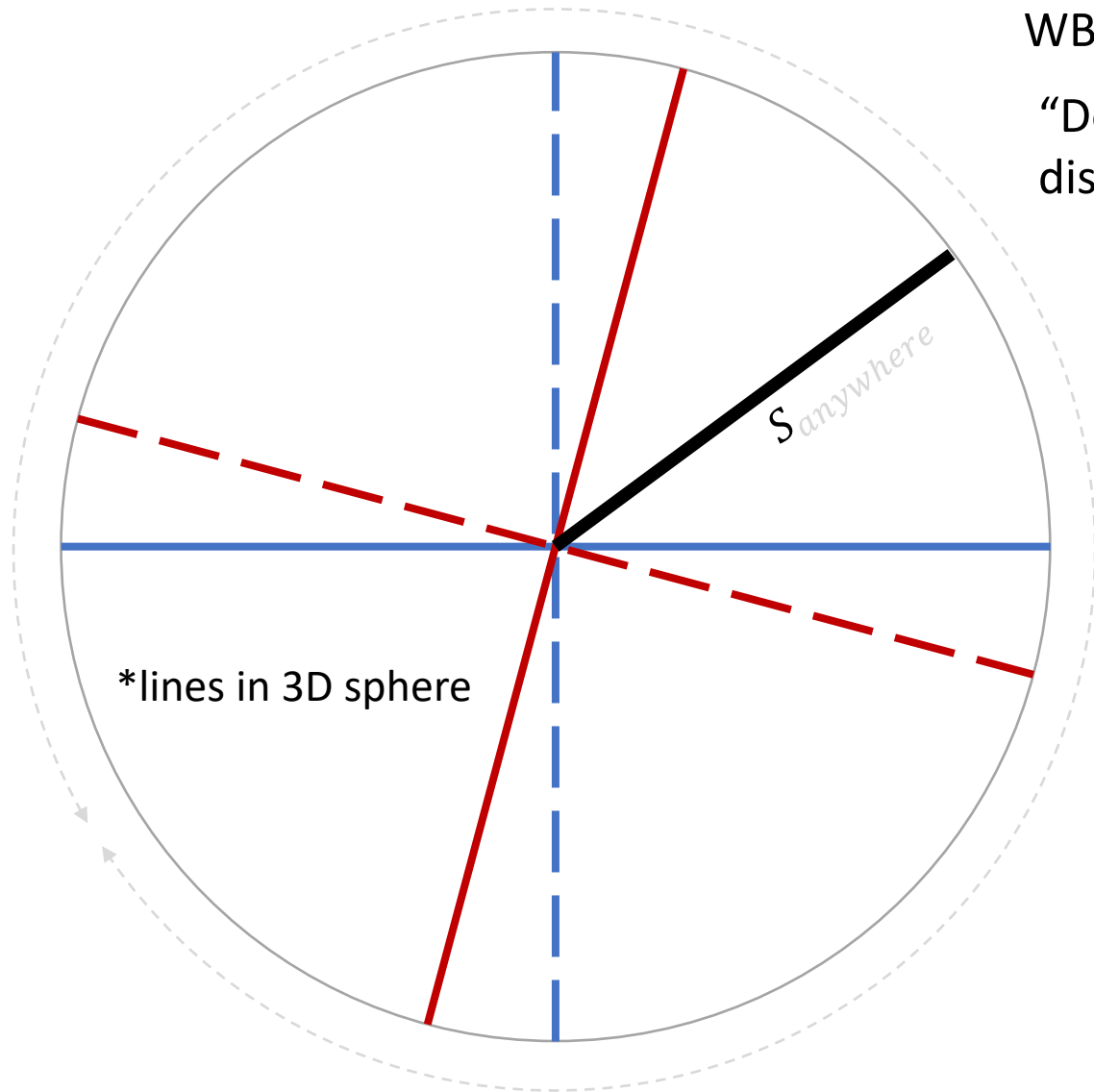


$$P(x) + (1 - P(x)) = 1$$

$$\cos^2 \theta + \sin^2 \theta = 1$$



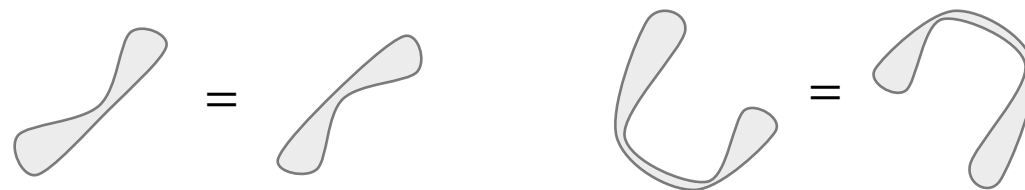
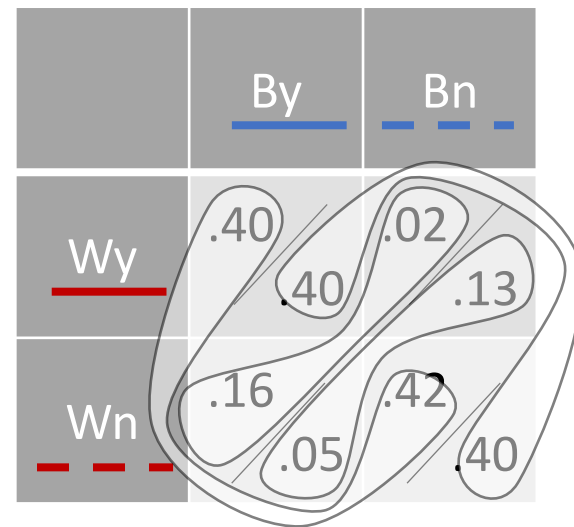
\*like doing stats with Pearson's R (correlation) and  $R^2$  (variance explained)



WB / BW

“Do you think W people dislike B people?”

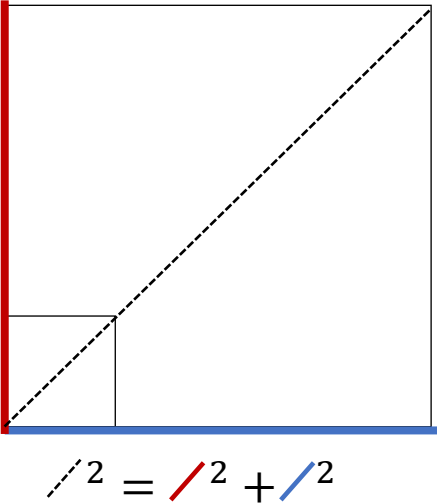
	<u>By</u>	<u>Bn</u>
<u>Wy</u>	.40 / .40	.02 / .13
<u>Wn</u>	.16 / .05	.42 / .40



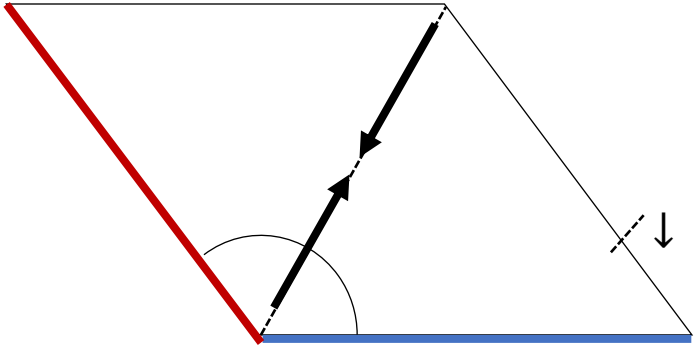
$$(\cos \theta \cos \varphi)^2 + (\sin \theta \cos \varphi)^2 = (\cos \varphi \cos(\theta + \varphi))^2 + (\cos \varphi \sin(\theta + \varphi))^2$$

$$\cos^2 \theta + \sin^2 \theta = \cos^2(\theta + \varphi) + \sin^2(\theta + \varphi) = 1$$

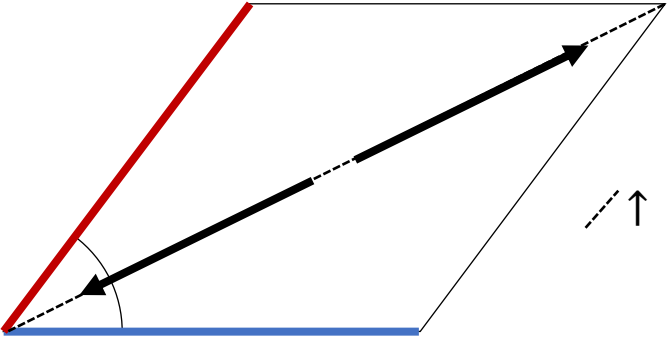
A given B or C? *(typical data)*  
 Gamble again given Won or Lost?  
*(two-stage gambling task)*  
 Cooperate given Opponent cooperates  
 or defects?  
*(prisoner's dilemma)*



A B	A C	A ?
.30	.10	.21



G W	G L	G ?
.60	.55	.35



C Oc	C Od	C ?
.26	.13	.36

$$P(A) = P(A|B)P(B) + P(A|G)P(G)$$

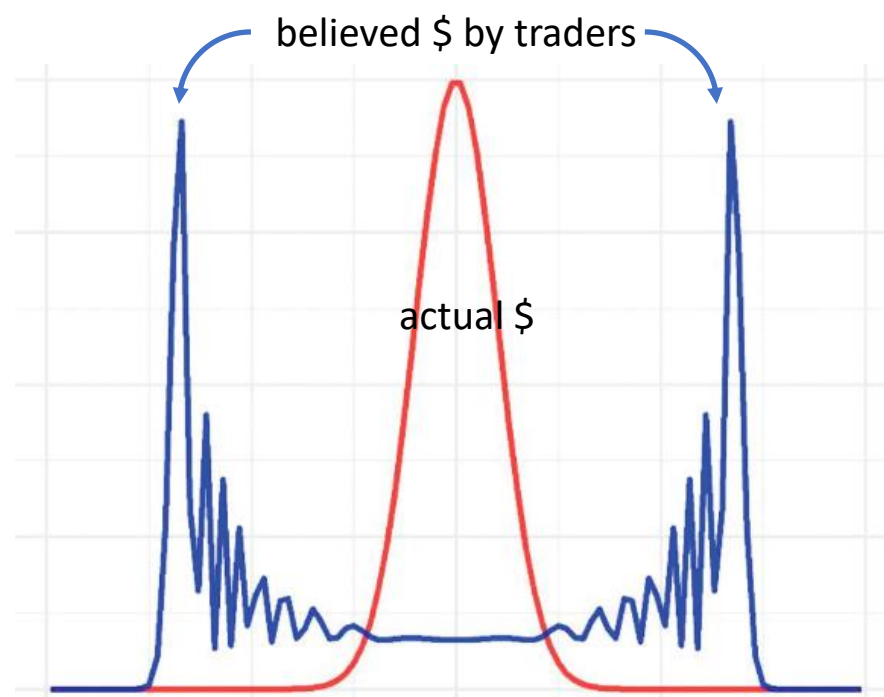
$$P(A) \approx \frac{P(A|B) + P(A|G)}{2}$$

$$P(A) = \frac{P(A|B) + P(A|G)}{2} + \sqrt{P(A|B)P(A|G)} \cos \theta$$

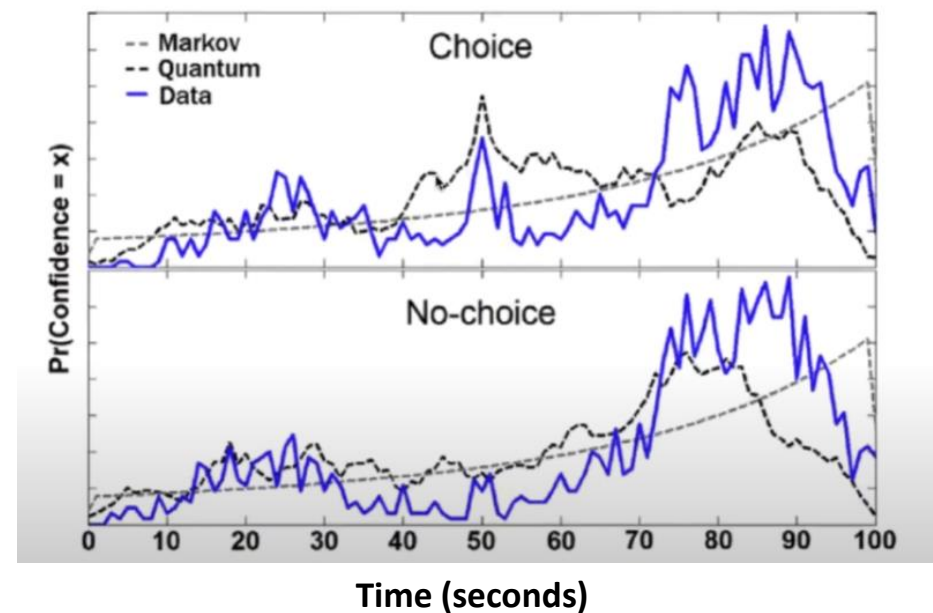




## Future stock prices

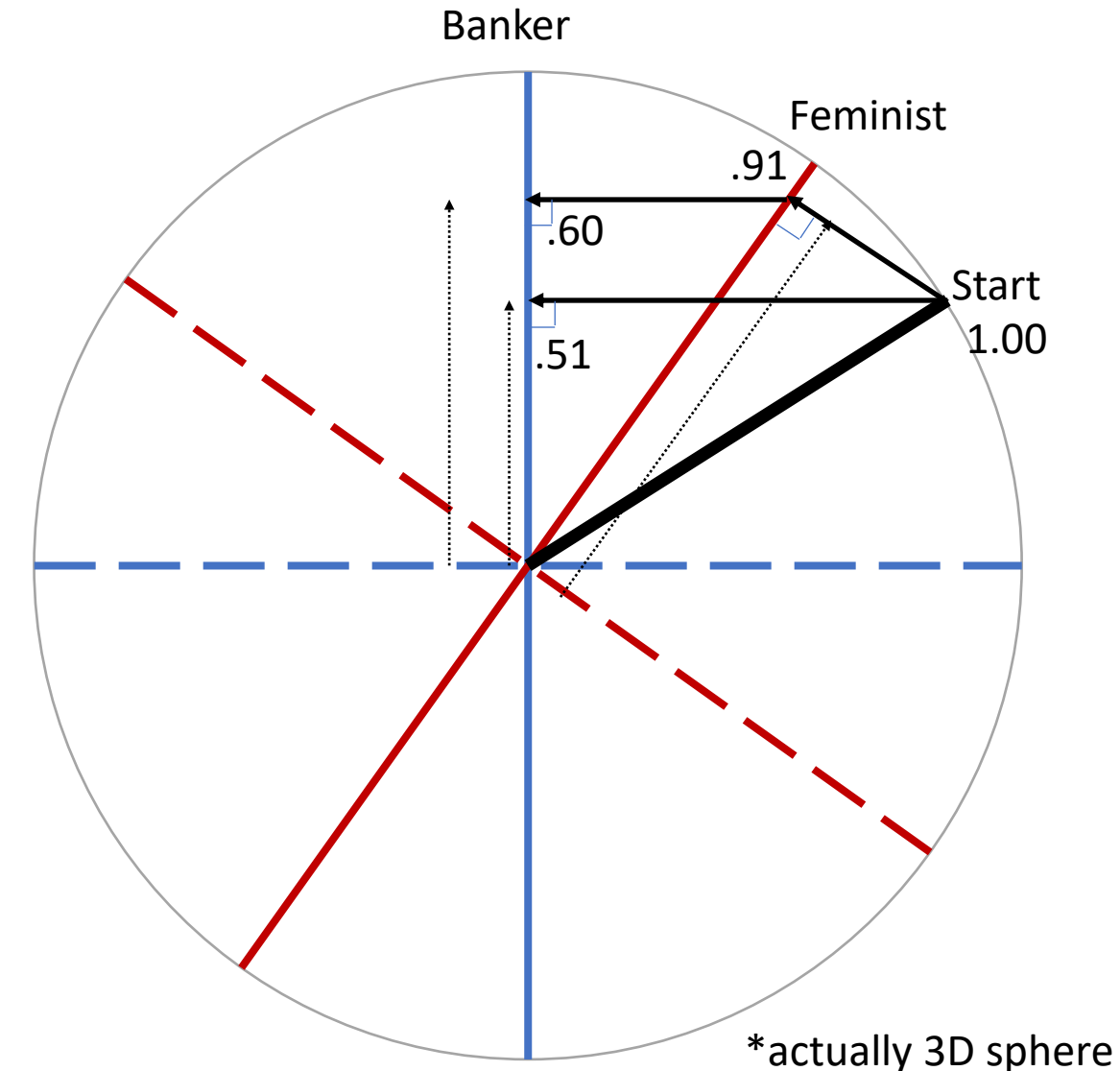


## Oscillating confidence after choice/no-choice



$\Psi$  = probability amplitude

Probability of  $x = \Psi(x)^2$



**Story:** Linda was a student at UC Berkeley who majored in philosophy and she was active in the anti-nuclear movement.

**Task:** Rate the probability of the following events (Morier & Borgida, 1984)

- Linda is a feminist **(.83)**
- Linda is a bank teller **(.26)**
- Linda is a feminist and a bank teller **(.36)**

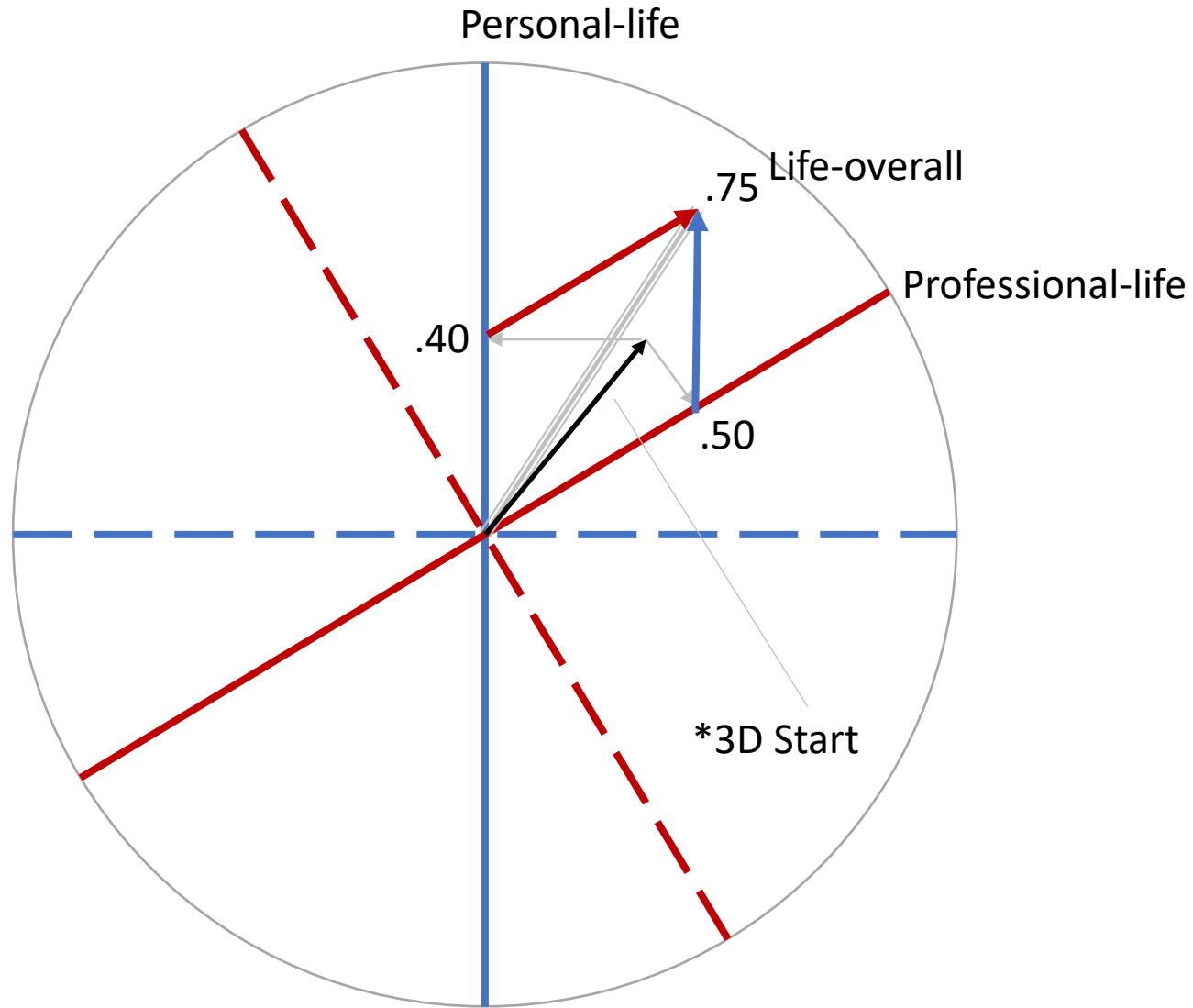
$$\text{Projection}(F \leftarrow S) = .91$$
$$.91^2 = .83$$

$$\text{Projection}(B \leftarrow S) = .51$$
$$.51^2 = .26$$

$$\text{Projection}(B \leftarrow F \leftarrow S) = .60$$
$$.60^2 = .36$$



$\Psi$  = probability amplitude  
Probability of  $x = \Psi(x)^2$



## Interference & Mental Health



### Ex1. Content despite challenges

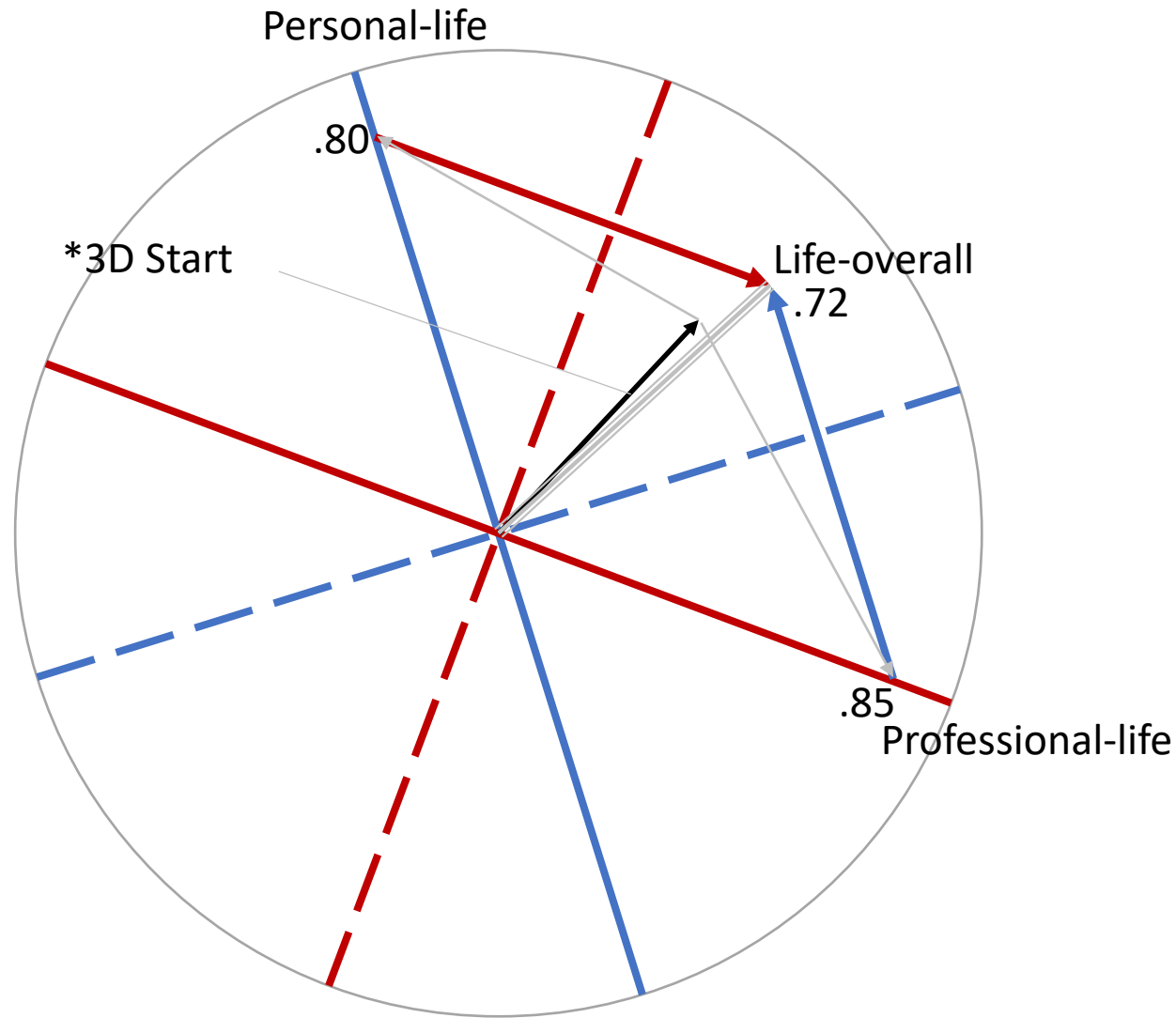
- Are you doing well in your personal-life? **(.16)**
- Are you doing well in your professional-life? **(.25)**
- Are you doing well overall? **(.56)**

Can be split (family, friends, work, school).

Applications: narcissism, anxiety, mania, overconfidence, biases, etc.

H1: people feel happy despite challenges if there are multiple happy thoughts they can easily switch between (i.e. small rotation between happy categories of thoughts)

$\Psi$  = probability amplitude  
Probability of  $x = \Psi(x)^2$



## Interference & Mental Health



### Ex2. Sad despite doing well

- Are you doing well in your personal-life? **(.64)**
- Are you doing well in your professional-life? **(.72)**
- Are you doing well overall? **(.51)**

**Overall << (Personal+Professional)/2**

Can be split more finely (family, friends, work, school).

Applications: depression, anxiety, imposter syndrome, loss aversion etc.

H2: people feel sad despite doing well if the categories they're doing well in are far apart (i.e. large angle)



# Wave-Models of Cognition & Mental Health

## Chris Ma 2022

- community of interest
- the social issue
- outlines the core theoretical and research considerations
- a key change agent
- highlighted core recommendations directed to that change agent
- psych/neuro/soc-sci/MH researchers
- non-replication, contradictory findings, research stagnation
- possible fundamental stats problem: *classical vs wave probabilities*
- gov/non-gov funding bodies, institutes, agencies, foundations (*Open Science*)
- need open data to test wave-MH
- need Q tools in R, SPSS, Excel, webapps. Built-in by default
- need nuanced CBT/social-structures

## Hn

- religion, identity, practices etc: interference effect that sets canonical S resets
  - idiom: thinking about clearing your one's interferes with clearing one's mind
  - humility: feeling proud of being humble
  - irony/sincerity, sarcasm/earnestness, honesty/deception, threat/feint
- family crimes overlooked: orthogonality of family/ingroup and morality
- courtrooms: clever lawyers rotate witnesses into certain/uncertain frames of mind re topic at hand
- persuasion/rhetoric: flipping someone's opinion (i.e. rotate  $90^\circ$ ) takes min 4 reasons carefully spaced and sequenced for half or three-quarters success rate.  $(\cos^4(22.5^\circ))^2 = .531$ ,  $(\cos^9(10^\circ))^2 = .759$ 
  - antivax, truckers, warmongers
  - quantitative prediction of chains of arguments (e.g. disproportionate effect of large jumps)
- restores intrinsic human identity and free will into psychology contra behaviourism: no Hilbert spaces are the same
  - probabilistic proportions are not due to noise or randomness, but due to adversarial adaptive conditions making entropy maximization gametheoretically optimal (e.g. RPS)
- restores human agency into psychology: no abstract "forces" or factors that affect you, only specific things that can be grouped into factors or forces in linguistic discussion, but can't truly be generalised.
  - solutions can be individual specific
- quantitatively articulate modelling of social construction theories

# Wave-Models of Cognition & Mental Health

## Chris Ma 2022

- potential obstacles
- potentially unwanted implications
- misused “quantum” label in popular culture
- Philosophical implication of giving up on knowable “determinism” (God plays dice, Schrodinger’s cat)
- Implication that chaos or pure randomness can be optimal in adversarially adaptive systems

# Wave-Models of Cognition & Mental Health

## Chris Ma 2022

- Short-term: CBT v.2
- Long-term: Humanity v.3 (Evolutionary theory v.2)
  - non-intrinsic socially constructed self
  - ingroup/outgroup (religion, family, identity etc)
  - cognitive distortions
  - heuristics and biases in probabilistic thinking
  - argumentative fallacies
  - persuasion and rhetoric in law
  - corruption in politics and organisations
  - reconciling secular/religious human dignity
- Downsides:
  - the indignity of mathematising human dignity
  - proving some ppl can't be helped non-invasively (or that everyone can be helped)
  - psychological manipulation made more effective for good and bad actors

# Wave-Models of Cognition Primer

Chris Ma 2022

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Wang, Z., Solloway, T., Shiffrin, R. M., & Busemeyer, J. R. (2014). Context effects produced by question orders reveal quantum nature of human judgments. *Proceedings of the National Academy of Sciences*, 111(26), 9431–9436. <https://doi.org/10.1073/pnas.1407756111>