

OUR POWERS

Letter To Parents & Guardians:

Hello parents and guardians,

Your student will be participating in a set of conversations about sexual health, healthy communication, and relationships.

Purpose:

- To create a space to openly talk about different topics that pertain to the sexual health of girls in the Eritrean and Ethiopian communities.
- To discuss the many societal, cultural, and religious pressures and expectations that many girls feel, but don't always talk about.
- To provide key skills and tools that can help navigate human development, relationships, sexual behaviors, etc.
- To get connected to resources and information, and other girls.

As a result, students may come home with questions about the values and expectations you have for them regarding these topics. We hope this will provide a meaningful opportunity for you to talk about these important topics together. A list of the topics that we'll be discussing will be provided below. If you have any questions, please feel free to contact us.

- Reproductive methods and contraceptive health
- Public health trends and information
- Rape culture
- Gender Identity and Sexual Health
- Mental Health and resources

Student name:

Student Signature:

Parent name (if student is under 18):

Parent Signature:

My information: Betelhem Munro; OURPOWERS.ethieri@gmail.com ; (206) 898-9771